

Week of April 6, 2026														
Atlantis Swimming	Group	Monday 4/6	Tuesday 4/7	Wednesday 4/8	Thursday 4/9	Friday 4/10	Saturday 4/11	Sunday 4/12						
	Gold	OFF	6:30-8:00pm	6:30-8:00pm	OFF	5:30-7:00am	9:15-11:15am	2:00-4:00pm						
	Silver A		6:30-8:00pm	6:30-8:00pm		OFF	11:15-12:45pm	2:00-3:30pm						
	Silver B	OFF	6:15-7:30pm	OFF	6:15-7:30pm	11:15-12:30pm	10 & Under Clinic 3:30-4:00pm							
	Bronze A		OFF	5:15-6:15pm										
	Bronze B			5:15-6:15pm	11:15-12:15pm									
	Speedster A	OFF	5:15-6:15pm											
	Speedster B													
	Lessons/ Evaluations	OFF	OFF	OFF	3:30-6:30pm	OFF	9:30-12:30am 1:30-4:30pm	OFF						
Covington														
Groves														
Seaholm														
Tweak					Lessons/Evaluations									

Week of April 6, 2026								
Atlantis Swimming Senior & Masters	Group	Monday 4/6	Tuesday 4/7	Wednesday 4/8	Thursday 4/9	Friday 4/10	Saturday 4/11	Sunday 4/12
	Masters	OFF	5:30-7:00am	OFF	5:30-7:00am	5:30-7:00am	OFF	OFF
	Senior		5:30-7:00am	OFF	OFF	5:30-7:00am	9:15-11:15am	OFF
		6:30-8:30pm	6:30-8:30pm	6:30-8:30pm	OFF	OFF	OFF	3:30-5:30pm
Northhills Middle								
Groves								