

Atlantis Swimming Schedule Week of Mar 25, 2019

|                                                                      |             | Monday                  | Tuesday                                               | Wednesday              | Thursday                                              | Friday                  | Saturday     | Sunday       |
|----------------------------------------------------------------------|-------------|-------------------------|-------------------------------------------------------|------------------------|-------------------------------------------------------|-------------------------|--------------|--------------|
|                                                                      |             | Mar 25, 2019            | Mar 26, 2019                                          | Mar 27, 2019           | Mar 28, 2019                                          | Mar 29, 2019            | Mar 30, 2019 | Mar 31, 2019 |
| North                                                                | Speedster A | 5:30-6:15pm<br>Ferndale | OFF                                                   | 6:30-7:15pm<br>Seaholm | OFF<br>(until 4/10)                                   |                         |              |              |
|                                                                      | Speedster B |                         |                                                       |                        |                                                       |                         |              |              |
|                                                                      | Speedster C |                         |                                                       |                        |                                                       |                         |              |              |
|                                                                      | Bronze E    | 5:30-6:45pm<br>Ferndale |                                                       | 6:30-7:30pm<br>Seaholm |                                                       |                         |              |              |
|                                                                      | Bronze L    |                         |                                                       |                        |                                                       |                         |              |              |
|                                                                      | Silver E    | 6:15-7:45pm<br>Ferndale | 6:30-7:45pm<br>Seaholm                                | 6:30-7:30pm<br>Seaholm |                                                       |                         |              |              |
|                                                                      | Silver L    |                         |                                                       |                        |                                                       |                         |              |              |
|                                                                      | Gold        | 6:30-8:00pm<br>Ferndale | 6:30-8:00pm<br>Seaholm                                | 7:00-8:00pm<br>Seaholm |                                                       |                         |              |              |
|                                                                      | Masters     | 5:30 - 7:00am<br>Groves | 5:30 - 7:00am<br>Groves                               | OFF                    | 5:30 - 7:00am<br>Groves                               | 5:30 - 7:00am<br>Groves |              |              |
| South<br><small>(held at<br/>Ferndale High<br/>School M-Sat)</small> | Speedster   | 5:30-6:15pm             | OFF                                                   | 6:30-7:15pm<br>Seaholm | OFF<br>(until 4/10)                                   |                         |              |              |
|                                                                      | Bronze      | 5:30-6:45pm             |                                                       | 6:30-7:30pm<br>Seaholm |                                                       |                         |              |              |
|                                                                      | Silver      | 6:15-7:30pm             |                                                       | 6:00-7:30pm            |                                                       |                         |              |              |
|                                                                      | Gold        | 6:30-8:00pm             | 6:30-8:00pm                                           | 7:00-8:00pm<br>Seaholm |                                                       |                         |              |              |
|                                                                      | Masters     | 5:30-6:45am             | 5:30-6:45am                                           | OFF                    | 5:30-6:45am                                           | 5:30-6:45am             |              |              |
| Seniors                                                              | Senior PM   | 4:30-6:00pm<br>Ferndale | 4:30-6:00pm<br>Ferndale                               | 7:00-8:00pm<br>Seaholm | OFF                                                   | OFF<br>(until 4/10)     |              |              |
|                                                                      | Senior AM   | OFF                     | 5:30- 7:00am<br>Groves<br>Required for All<br>Seniors | OFF                    | 5:30- 7:00am<br>Groves<br>Required for All<br>Seniors |                         |              |              |