



Appendix B

EGRA Waves Athlete Code of Conduct

All Waves swimmers age 13 or older must review and sign this code of conduct prior to their first practice.

A swimmer should expect the following:

1. I will treat all coaches, swimmers, officials, and fans with respect regardless of age, race, creed, gender, or abilities, and I expect to be treated accordingly. Swimmers who exhibit sexist, racist, homophobic, or otherwise inappropriate behavior will be faced with consequences.
2. I will not engage in unsportsmanlike behavior with any official, coach, swimmer, or other parent/guardian such as arguing, taunting, refusing to shake hands, or other profane language or gestures. I will encourage my parents, guardians, and teammates to also engage in good sportsmanship.
3. I will refrain from foul language, violence, and behavior deemed dishonest, offensive, or illegal.
4. I will respect all home facilities including equipment/equipment rooms, locker rooms, pool deck or pool lobby; I will respect all other facilities that we may train or compete at knowing that we are guests at such facilities. I will respect and care for the property of others. Vandalism, intentional damage to property, or theft will not be tolerated.
5. I understand that social media is "Forever." Homophobic, misogynistic, racist, or otherwise insensitive material found on my social media may be used against me by recruiting and college admissions, and as such, may result in consequence from the EGRA organization.
6. I understand that I am a role model for my younger teammates and siblings. I will hold myself to a higher standard so that the program can continue to grow under a successful and welcoming culture. If I see something not in line with the club values outlined in this document, I will report it to a coach, parent or board member.
7. I understand that EGRA does not tolerate the use of drugs, tobacco, or alcohol. EGRA will maintain a wholesome and safe environment in which the swimmers can develop their athletic potential and grow into mature young adults (Appendix B of the Team Handbook).
8. I will adhere to all travel meet policies found in Appendix C of our Team Handbook. I understand that any infraction occurred during team travel will not only incur the discipline listed in infractions below, but also may result in my immediate dismissal from the remainder of the trip.
9. I will obey all of USA Swimming's Rules and Codes of Conduct. I will obey EGRA's Minor Athlete Abuse and Anti-Bullying Policy (found in Appendix E of the Team Handbook). I understand bullying and abuse of any kind will not be tolerated.

I understand that my affiliation with the team extends beyond the pool and I understand that I am a representation of the entire EGRA Waves organization. I realize that I should conduct

myself within the values held by the organization to the best of my ability including displaying good sportsmanship, kindness, and politeness.

Infractions:

1st Infraction: Meeting with the coach to remind swimmer of the Code of Conduct and redirect to desired behavior. If personal actions or behavior of the swimmer directly or indirectly impacted a 2nd party, reconciliatory action is recommended and may be facilitated by the coach.

2nd Infraction: A period of sitting out from practice will occur, duration to be determined by the disciplining coach; and a meeting with the parents of the swimmer will occur. Should a second infraction occur at a swim meet, that swimmer may be removed from the rest of their events. Events will not be refunded.

3rd Infraction: Dismissal and/or suspension from practice and competition for a determined length of time and a meeting with parents, Head/Group Coach(s), and, depending on severity of infraction, members of the Board of Directors.

4th Infraction: Dismissal from the team for the duration of the current season (including practice and competition) *and* subsequent season. Swimmer may re-apply for roster status by meeting criteria including, but not limited to in person meeting with coach and parents as well as a conditional plan of return that would outline expectations for return.

If the infraction is determined to be extremely serious, coaches may move to a higher level of infraction. Examples of such infractions could include compromising the safety or culture of our swim club for other participants or coaching staff, degrading the value and or mission of the club or include malice in intent or nature.

Parents who are dissatisfied with the disciplinary steps taken with their child have the right to appeal to the Board of Directors. In such an instance, the parent(s) will notify the Head Coach and Board President. The decision of the Board of Directors will be final. Should this committee find grounds for the expulsion of any swimmer, that decision will be represented immediately for the remainder of the season and refunds will not be granted.

Swimmer Name (print)

Swimmer Signature _____ Date
