

2025-26 YMCA STATE TIME STANDARDS

GIRLS				EVENT	BOYS			
9-10	11-12	13-14	15-18		9-10	11-12	13-14	15-18
33.99	29.99	28.29	27.79	50 free	34.29	30.29	27.29	26.29
1:16.49	1:06.49	1:02.09	1:01.19	100 free	1:18.59	1:08.69	1:00.49	57.59
2:50.99	2:24.99	2:18.09	2:15.09	200 free	2:54.69	2:30.99	2:11.99	2:05.99
7:44.89	6:44.99	6:34.99	6:24.99	500 free	7:54.99	6:54.99	6:14.99	5:44.99
-----	-----	12:39.99	12:39.99	1,000 free	-----	-----	12:09.99	12:09.99
-----	-----	19:59.99	19:59.99	1,650 free	-----	-----	19:29.99	19:29.99
40.69	35.79	-----	-----	50 back	41.39	36.79	-----	-----
1:30.49	1:15.99	1:13.99	1:12.99	100 back	1:31.79	1:19.69	1:12.99	1:10.99
-----	2:47.09	2:39.99	2:36.99	200 back	-----	2:55.59	2:37.69	2:31.69
46.29	39.69	-----	-----	50 breast	47.79	41.69	-----	-----
1:43.29	1:27.19	1:22.49	1:21.49	100 breast	1:43.79	1:31.49	1:18.99	1:16.99
-----	3:10.09	2:56.99	2:53.99	200 breast	-----	3:18.79	2:51.79	2:45.79
41.19	34.19	-----	-----	50 fly	42.39	35.99	-----	-----
1:40.49	1:22.49	1:12.49	1:11.49	100 fly	1:40.49	1:26.19	1:09.49	1:07.49
-----	3:11.59	2:48.99	2:45.99	200 fly	-----	3:22.99	2:43.99	2:37.99
1:26.49	1:16.49	-----	-----	100 IM	1:30.49	1:20.49	-----	-----
3:15.09	2:46.59	2:37.99	2:34.99	200 IM	3:23.69	2:54.69	2:31.99	2:25.99
-----	6:18.89	5:31.89	5:25.89	400 IM	-----	6:29.89	5:30.09	5:17.09
2:22.99	2:03.99	1:58.99	-----	200 free relay	2:25.99	2:05.99	1:52.99	-----
-----	-----	-----	4:18.99	400 free relay	-----	-----	-----	3:53.99
2:39.99	2:18.99	2:12.99	2:11.99	200 medley relay	2:42.99	2:22.99	2:06.99	1:58.99

8 & Under Girls

25.99
52.99
1:36.99
29.99
1:02.99
33.99
1:10.99
29.99
1:02.99
1:43.99

Event

25 Free
50 Free
100 Free
25 Back
50 Back
25 Breast
50 Breast
25 Fly
50 Fly
100 IM

8 & Under Boys

26.99
54.99
1:37.99
31.99
1:04.99
35.99
1:12.99
31.99
1:04.99
1:46.99