
2025 HOLIDAY INVITE

MEET ANNOUNCEMENT

About the Championship

Date: December 6 & 7, 2025

Location: Waterford Kettering High School

Entry Deadline: Friday, November 28, 2025

Hosted by: Farmington Family YMCA Stingrays

Meet Director: David Rembiesa

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ABOUT THE INVITATIONAL MEET

This meet is a sanctioned, closed, inter-association YMCA Invitational meet. This meet and all participants will adhere to the Rules that Govern YMCA Competitive Sports and the Swimming Addendum to the Rules that Govern YMCA Competitive Sports. USA Swimming technical rules and [Minor Athlete Abuse Prevention Policy](#) (MAAPP) will be followed. The meet is not YMCA sanctioned.

USA-S/Michigan Swimming Approval Number: MIAP2526040

ADJUSTMENTS TO THE MEET ANNOUNCEMENTS: The Meet Committee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet or due to unforeseen issues of weather or facility problems. Changes will be communicated as far in advance as possible. None of the required elements for a YMCA Invitational Meet can be changed.

MEET TIMELINE: Warm-up and start times for all sessions are subject to change depending on the size of the meet. If needed, a revised schedule of events will be distributed to participating teams before the meet.

Saturday, December 6 and Sunday, December 7

AM Session: Warm-ups: 8:00 AM

Events: 9:00 AM

PM Session: Warm-ups: Immediately following the AM session
(or the completion of Time Trials, if applicable),
not before 12:00 PM

Events: One hour after the start of warmups, not
before 1:00 PM

INCLEMENT WEATHER/CANCELLATION: The National Lightning Safety Institute, National Athletic Trainers Association, American College of Emergency Physicians, USA Swimming and YMCA of the USA all recommend or require closing an indoor pool during an electrical storm. This policy will be followed at the meet.

If there would be a Weather Delay issued (electrical / winter weather etc.) the meet plan of delay/ cancellation will be decided by the meet director. Refunds associated with the weather will not be given.



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LOCATION AND FACILITY

Location: Waterford Kettering High School – 2800 Kettering Drive, Waterford, Michigan 48329

Waterford Kettering High School is a 25 yard, 8 Lane pool. Pool depth ranges from 8.5 to 14 feet at the start and 3.5 to 14 feet at the turn. There will be Colorado electronic timing used for all races except 25 yard events. Three supervised warm-up/warm-down lanes will be available during the meet. Lockers are available (please bring your own lock).

Note: Farmington Family YMCA Stingrays and Waterford Kettering High School assume no responsibility for lost articles.

Pursuant to applicable Michigan law, no glass will be allowed on the deck of the pool or in the locker rooms. No smoking is allowed in the building or on the grounds.

No bare feet are allowed outside of the pool area. Swimmers must have swim sandals or shoes to go into the hallway or concessions.

Emergency Action Plan is available for review at the pool office.

WEB SITE

Meet Information and updates will be sent to participating teams as needed prior to the meet. There is no formal website for the meet.

Online Meet Results: Results will be available on Meet Mobile if available.

CONTACT INFORMATION

Meet Director:	David Rembiesa - rembiesa@gmail.com
Entry Chairperson:	Sean Smith - ffysinvitational@yahoo.com
Administrative Official:	Sean Smith - ffysinvitational@yahoo.com
Meet Referees:	Jason Rembisz - headofficialffys@gmail.com
Officials Coordinators:	Jason Rembisz - headofficialffys@gmail.com
Safety Directors:	David Rembiesa - rembiesa@gmail.com



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ELIGIBILITY

ATHLETE

YMCA Membership: An athlete must be a YMCA member in good standing who holds an annual, full privilege membership at the YMCA he/she represents for a period of at least 90 days prior to the first day of the meet. An athlete may have only represented that YMCA team in competition for a period of 90 days prior to the first day of the meet, excluding scholastic competition.

Amateur Status: An athlete may not have represented a college, university or other post-high school institution in any competition and may not have accepted pay or compensation for competing as a swimmer.

Athlete Protection Training: Athletes age 18 and older must have completed athlete protection training in the past 12 months.

Unattached Athletes: There is no unattached status in YMCA Swimming.

Age: An athlete must be at least 5 years of age, and not older than twentyone (21) on the first day of the Meet. New. **A swimmer's age group will be determined by the swimmer's age on the first day of the meet (This is new for the 2025/26 season).**

Times: There are no time standards for this meet

Athletes with a Disability: Swimmers with a disability are welcome to enter this meet. The coach or team entry person must alert the meet director and the meet referee as to the need for any special accommodations or seeding arrangements at the time the entry is submitted. If modifications to USA Swimming rules are necessary, then the coach or athlete must notify the meet referee of any disability prior to competition.

COACH

Required Certifications: Coaches must hold current certifications in the following courses in order to receive a deck credential:

- Safety Training for Swim Coaches
- Basic Life Support (Professional Rescuer CPR)
- First Aid
- Principles of YMCA Competitive Swimming and Diving
- Child/Athlete Protection Training



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A list of the acceptable certifications can be found in the CERTIFICATION REQUIREMENTS FOR SWIM COACHES or SWIMMING ADDENDUM TO THE RULES THAT GOVERN YMCA COMPETITIVE SPORTS

Coach Registration: Each coach must have completed the annual YMCA on-line coach registration process prior to the entry deadline. Coaches who are not registered and approved will not be permitted on deck.

Teams without A Coach at the Meet: All athletes and teams must have at least one certified and credentialed YMCA coach designated as being responsible for their supervision during competition. When a YMCA team will not have a coach present, that YMCA may authorize an eligible coach from another YMCA attending the meet to be responsible for their athletes at the meet. The Meet Director and Meet Referee must be notified of this situation.

TEAM

Team Registration: Each team must have completed the annual YMCA on-line team registration and paid the annual registration fee prior to the entry deadline.

Insurance: Each team that participates in the meet must have a current and correct Certificate of Liability Insurance, in effect through the last day of the meet.

ENTRY INFORMATION

ENTRY LIMITS: Swimmers may enter a maximum of four individual events per session plus one relay per day. FFYS will limit entries to 3,000. Entries will be accepted on a first come, first served basis. Clubs with refused entries will be notified.

OVER-SUBSCRIPTION: Teams who submit entries that violate the above entry limits will have the swimmer automatically disqualified from the extra events. Coaches do not get to enter extra events and scratch swimmers from their least desirable events. Teams who submit entries that violate the above entry limits will be notified that they must make changes. If the matter is not addressed by 5:00 PM, Monday, December 1, 2025, the swimmer will automatically be dropped from the offending event.

BREAKS: *It is highly suggested that coaches review the order of events prior to approving swimmer entries.* A minimum of a five-minute break will be added after



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relay events. Additional breaks are provided naturally by the order of events, but **will not** be added to accommodate swimmers signing up for back-to-back events.

USA-S IDs: This meet has been approved by USA Swimming. All individual times will be automatically submitted for entry into SWIMS as long as the correct swimmer name (as registered with US/MS Swimming) and date of birth have been included with your entry.

TIME STANDARDS:

Individual events: There are no time standards.

Relay events: There are no time standards.

TIMES: No Times (NT) are allowed. Submit entry times in Actual Time (no conversion), SCY. Coaches, please provide estimated times where possible. We would like to reduce the amount of NT swimmers.

ENTRY FEES:

\$6.00 per swimmer surcharge for facility rental.

\$6.00 per individual event (maximum of 4 per day, per swimmer)

\$20.00 per relay team

ENTRY DEADLINE: All entries are due by **Friday, November 28, 2025 at 5:00 PM**. Acceptance of entries after the deadline will be left to the sole discretion of the meet director. No deck entries will be accepted unless exceptional circumstances are shown.

ENTRY PROCEDURE: HY-TEK entries are preferred. You may download the Hy-Tek Events file for Team Manager or Team Unify by navigating to the "Coach Info/Meet Package" page found on the Farmington Stingray website (www.teamunify.com/Home.jsp?_tabid_=0&team=miffys). Entry files may be emailed at or before the Entry Deadline to ffysinvitational@yahoo.com.

PAYMENT: Please make checks payable to "FFYS BOOSTERS" and mail check and completed forms to:

Farrah Brown-Smith
FFYS Treasurer
30045 Pipers Ln
Farmington Hills, MI 48334



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Entry fees must be paid at the time entries are submitted. An entry will not be considered complete until both the entry and the fee are received.

There will be no refund of an entry fee once the entry is accepted unless the event is cancelled (e.g., inclement weather or power outage). If the event is cancelled, the fee will be returned less a surcharge to cover out of pocket expenses incurred.

VOLUNTEERS/OFFICIALS/TIMERS

OFFICIALS AND TIMERS: It is suggested that if a team has a YMCA official present, that they contribute to officiating the event. If you are interested in officiating, please email headofficialfys@gmail.com

Each participating team will be asked to provide 3 timers per session and asked to send the names of 3 timers to the meet director at rembiesa@gmail.com. Their names will be added to the volunteer sign up. Please send by 12/1/2025.

SIGN-UP PROCEDURE: Host teams volunteers will sign up via their team website.

ATTIRE: YMCA approved uniform for officials.

CHECK-IN PROCEDURE

EVENT CHECK-IN: There will be positive check-in for the 500 freestyle only. Check-in sheets will be available at the announcer table and will close 15 mins after the start of warm-up. Failure to check in will cause the swimmer to be scratched from their event.

COACHES MEETING/SCRATCH MEETING: Saturday at 7:15 a.m. It is the responsibility and obligation of each team or unattached swimmer to be represented at all coach's meetings. Coaches, or other team and swimmer representatives, are responsible for all information presented at these meetings being passed on to those from their team not in attendance.

OFFICIALS AND TIMERS MEETING: An Officials meeting will be held 45 minutes prior to the start of each session. A Timers meeting will be held approximately 30 minutes prior to the start of each session. All meeting times will be indicated by the Meet Director or Meet Referee and shared in final meet communications.



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Declaration of Relay Swimmers: The names and order of four relay swimmers must be declared **15 minutes after the start of warmups**. The order of relay swimmers may be changed (by coaches only) up to the start of the heat. If a coach wishes to change the order of the four swimmers that will swim, the coach must indicate the change to the Deck Referee or his/her designee sufficiently in advance to the start of the heat so as not to delay the heat. The Deck Referee or his/her designee in the coach's presence will alter the order of swimmers on the relay card. If the relay fails to swim in the final order as declared on the relay card - the relay will be disqualified.

MEET PROCEDURES AND OPERATIONS

MEET COMMITTEE: The Committee will consist of the Meet Directors, Meet Referee, Entry Chair/Administrative Official, and Safety Director.

RULES: The meet will run under Rules That Govern YMCA Competitive Sports, Swimming Addendum to the Rules That Govern YMCA Competitive Sports, USA-S Technical Rules.

MEET FORMAT: The meet will be run as a Timed Finals meet. A swimmer's age group will be determined by the swimmer's age on the first day of the meet (This is new for the 2025/26 season).

EVENT SEEDING: Except for distance events (500 freestyle), all events will be pre-seeded. All events are timed finals and will be seeded slowest to fastest except for the 500 freestyle, which will be swam fastest to slowest. The Meet Referee / Administrative Official reserves the right to combine heats.

SCRATCH PROCEDURES / NO SHOW: There is no penalty for scratching an event or failure to compete during the meet. If an athlete does not swim an event, that event still counts toward the athlete's total number of events for the meet.

DECLARED FALSE START: An athlete may withdraw from a heat by electing to take a declared false start. Such declaration must be made known to the Deck Referee before the heat is announced. A declared false start counts as an event swum for the athlete and will be counted in the maximum number of events allowed for each athlete.

WARM-UP SAFETY PROCEDURES: Teams will be assigned lanes for warm-ups. As needed, teams will need to share lane space and work cooperatively in reflection of the YMCA values and sportsmanship. Teams will be notified of warm-up times and lanes prior in final meet communications.



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During designated warm up sessions, athletes may only enter the competition pools from the starting end. Athletes are expected to use a three-point entry in which they sit on the side of the pool then slide into the pool gently, with one hand on the wall. The exception is during specific warm up periods when sprint lanes are designated for practicing racing starts.

Coaches are responsible for the safety of their athletes and are expected to monitor them at all times during warm up sessions.

MARSHALLING: There will be marshaling on deck at the meet for 10 and under age groups during the morning sessions. Afternoons are self-marshaled.

STARTS: 'Fly-over' starts will be used at this meet. All swimmers (except for Backstroke starts) should remain in the water at the completion of their race until the next heat has begun.

TECH SUITS: Coaches should communicate to all 12 & Under swimmers that if a swimmer selects to wear a tech suit, the suit must have a visible green FINA checkmark on it. If there is a complaint and a swimmer is found to be wearing an illegal swimsuit, that swimmer will have an opportunity to change into a FINA-compliant suit and will be allowed to compete, although any such change shall not result in any meet delays (meaning that the swimmer may miss their event).

SWIMS (USA-S): This meet has been approved by USA Swimming. Therefore, all individual times will be automatically submitted for entry into SWIMS as long as the correct swimmer name (as registered with US/MS Swimming) and date of birth have been included with your entry.

RESULTS: Any results displayed on the scoreboard are unofficial until final results are published. Results will be posted in the hallway outside the spectator viewing area. Final results will be emailed to each team following the completion of the meet.

PROTEST PROCEDURE: Protests may only be initiated by a person with standing, that is, a coach or YMCA supervisor whose team is competing in the meet. The Championship committee will arbitrate protests, eligibility issues, safety rules and other issues.

Protests against the judgment decisions of starters, stroke, turn, place and relay take-off judges can only be considered by the Referee and the Referee's decisions will be final USA-S Rule 102.23).

CONDUCT AND RESTRICTIONS:



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- The Meet Referee reserves the right to dismiss any swimmer, coach and/or spectator from the competition due to inappropriate conduct.
- Deck access is limited to only registered and approved coaches, swimmers, and working officials.
- Deck changing, in whole or in part, into or out of a swimsuit when wearing just one suit in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes is prohibited.
- Photographs are not allowed to be taken behind the block during competition.
- Massage tables are not permitted.
- Individuals are responsible for the security of their personal belongings and are encouraged not to bring valuables to the meet venue and not to leave items unattended.
- Shaving is not permitted in any areas of the facility.

AWARDS AND RECOGNITION

AWARDS:

Ribbons will be awarded for all 8&Under, 9-10, 11-12, 13-14 individual events only, places 1-12. 10&Under events will be awarded as 8&Under and 9-10. 11&Over events will be awarded as 11-12 and 13-14. 13&Over events will be awarded as 13-14.

Ribbons will be awarded for places 1-6 for all 12 & Under relay events. All awards will be provided to the coaches at the end of our weekend meet on Sunday.

NO AWARDS WILL BE MAILED.

TIME TRIALS

There will be no time trials available at this meet.

SPECTATORS

ADMISSION FEE:

Swimmers and children under 10: Free

Adults and children over 10: \$5.00 per day

HEAT SHEETS/PROGRAMS: Programs covering all seeded events will be available for \$5.00.



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CONCESSION STAND: Food and beverages will be available. A hospitality area will be available for coaches and officials. Swim equipment vendors may also be present during the meet.

LOST AND FOUND: Lost and found items will be maintained in the computer room for the duration of the meet.

CONDUCT AND RESTRICTIONS:

- No Flash Photography at the start of competition races.
- No personal chairs are allowed in the spectator area
- Parents are responsible for the conduct of their children. Children are not allowed to roam the facility unattended.
- The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- No smoking, drugs, or alcohol are permitted in the swimming complex.
- Pursuant to applicable Michigan law, no glass will be allowed on the deck of the pool or in the locker rooms.
- No bare feet allowed outside of the pool area. Swimmers need to have shoes to go into the hallway, to awards, or concessions.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

LIABILITY, SAFETY AND EMERGENCY PROCEDURES

INSURANCE: Each Association participating in this meet must have insurance coverage for representative(s) including leadership and participants who will be in attendance for the period of the meet. The Declaration Form must be signed by each YMCA participating in the meet.

LIABILITY LIMITS:

- In granting of the USA-S/Michigan Swimming approval, it is understood and agreed that USA Swimming and Michigan Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet.
- In granting the YMCA Sanctioning, it is understood and agreed that YMCA of the USA shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet.



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EMERGENCIES: The facility personnel will handle all emergencies at the meet. These individuals will provide CPR and first aid as needed and will ensure that individuals with serious injuries are transported immediately to the nearest hospital for further treatment. Defibrillators will be on site.

Any coach, athlete or official who recognizes an emergency situation should immediately inform the facility's personnel and then make sure the vicinity of the emergency is clear for the emergency personnel to do their job.

UNACCOMPANIED ATHLETE: Each athlete must have a certified coach responsible for him/her while on the pool deck. The coach of the athlete must authorize in writing a coach from another team to represent their team and be responsible for the swimmer(s).

CONCUSSION AWARENESS: This meet will follow the YMCA of USA Concussion procedure. Anyone who observes or has knowledge of a potential head injury should immediately notify lifeguards and/or hired medical personnel. Once the injury report is completed, the lifeguard and/or hired medical personnel will notify the Event Staff, the athlete's coaching staff, and the Meet Director.

If a head injury occurs, the action plan below will be followed:

1. Athlete is removed immediately from participation by the Meet Director
2. Athlete must be evaluated by a licensed healthcare professional experienced in identifying and treating concussions. In addition, the athlete must be in compliance with the laws that are in effect within the jurisdiction where the meet is held.
3. The coaching staff will inform the athlete's parents or guardians about the possible concussion and give or send them the fact sheet on concussion.
4. The athlete will not be allowed back to warm-up or compete until a healthcare professional, experienced in evaluating concussions, determines that the athlete is symptom-free and is OK to return to participation.

DIRECTIONS

Follow directions to Waterford Kettering High School – [2800 Kettering Drive, Waterford, Michigan 48329](#)

LODGING

Lodging is not specific to the host team.



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PARKING

No fees for parking. Keep fire lanes open. Respect handicap parking notifications.



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APPENDIX 1: ORDER OF EVENTS

Saturday, December 6th

Morning Session		Afternoon Session	
Warm-up at 8:00am Session starts at 9:00am		Warm-up after the AM session, no earlier than 12:00pm Session starts no earlier than 1:00pm	
Event #	Event Name	Event #	Event Name
101	Girls 9-10 200 Free Relay	201	Girls 11-12 200 Free Relay
102	Boys 9-10 200 Free Relay	202	Boys 11-12 200 Free Relay
103	Girls 8 & Under 100 Free Relay	203	Girls 13-18 200 Free Relay
104	Boys 8 & Under 100 Free Relay	204	Boys 13-18 200 Free Relay
105	Girls 10 & Under 100 IM	205	Girls Open 200 IM
106	Boys 10 & Under 100 IM	206	Boys Open 200 IM
107	Girls 8 & Under 25 Free	207	Girls 11 & Over 100 Freestyle
108	Boys 8 & Under 25 Free	208	Boys 11 & Over 100 Freestyle
109	Girls 9-10 50 Fly	209	Girls 11-12 50 Breaststroke
110	Boys 9-10 50 Fly	210	Boys 11-12 50 Breaststroke
111	Girls 10 & Under 100 Free	211	Girls 13 & Over 200 Breaststroke
112	Boys 10 & Under 100 Free	212	Boys 13 & Over 200 Breaststroke
113	Girls 8 & Under 50 Back	213	Girls 11 & Over 100 Backstroke
114	Boys 8 & Under 50 Back	214	Boys 11 & Over 100 Backstroke
115	Girls 9-10 100 Back	215	Girls 11 & Over 100 Butterfly
116	Boys 9-10 100 Back	216	Boys 11 & Over 100 Butterfly
117	Girls 8 & Under 25 Breast	217	Girls Open 500 Freestyle
118	Boys 8 & Under 25 Breast	218	Boys Open 500 Freestyle
119	Girls 9-10 50 Breast		
120	Boys 9-10 50 Breast		



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Sunday, December 7th

Morning Session		Afternoon Session	
Warm-up at 8:00am Session starts at 9:00am		Warm-up after the AM session, no earlier than 12:00pm Session starts no earlier than 1:00pm	
Event #	Event Name	Event #	Event Name
301	Girls 9-10 200 Medley Relay	401	Girls 11-12 200 Medley Relay
302	Boys 9-10 200 Medley Relay	402	Boys 11-12 200 Medley Relay
303	Girls 8 & Under 100 Medley Relay	403	Girls 13-18 200 Medley Relay
304	Boys 8 & Under 100 Medley Relay	404	Boys 13-18 200 Medley Relay
305	Girls 9-10 200 Free	405	Girls 11 & Over 100 IM
306	Boys 9-10 200 Free	406	Boys 11 & Over 100 IM
307	Girls 8 & Under 25 Back	407	Girls 11 & Over 200 Freestyle
308	Boys 8 & Under 25 Back	408	Boys 11 & Over 200 Freestyle
309	Girls 9-10 50 Back	409	Girls 11-12 50 Backstroke
310	Boys 9-10 50 Back	410	Girls 11-12 50 Backstroke
311	Girls 8 & Under 25 Fly	411	Girls 13 & Over 200 Backstroke
312	Boys 8 & Under 25 Fly	412	Boys 13 & Over 200 Backstroke
313	Girls 9-10 100 Fly	413	Girls 11 & Over 100 Breaststroke
314	Boys 9-10 100 Fly	414	Boys 11 & Over 100 Breaststroke
315	Girls 9-10 100 Breast	415	Girls 11 & Over 50 Freestyle
316	Boys 9-10 100 Breast	416	Boys 11 & Over 50 Freestyle
317	Girls 8 & Under 50 Free	417	Girls 11-12 50 Butterfly
318	Boys 8 & under 50 Free	418	Boys 11-12 50 Butterfly
319	Girls 9-10 50 Free	419	Girls 13 & Over 200 Butterfly
320	Boys 9-10 50 Free	420	Boys 13 & Over 200 Butterfly



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APPENDIX 2 ENTRY SUMMARY & WAIVER :

Individual Events _____ X \$ 6.00 = \$ _____

Relay Events _____ X \$ 20.00 = \$ _____

Total Swimmers Entered _____ X \$ 6.00 = \$ _____

Total Amount of entry fees enclosed: \$ _____

* Combine your entries numbers from both the Friday distance meet and Saturday/Sunday meet if your team has swimmers in both invitationals.

Send completed summary & waiver along with a **CHECK payable to FFYS Boosters.**

Farrah Brown-Smith
FFYS Treasurer
30045 Pipers Ln
Farmington Hills, MI 48334

Entry Deadline & Payment: Friday, November 28, 2025 at 5:00 PM

Enclosed is a total of \$ _____ covering fees for all entries. In consideration of acceptance of this entry, I/we hereby, for ourselves, our heirs, administrators and assigns, waive and release any and all claims against the Farmington Y Stingrays swim team, the Farmington Family YMCA and Waterford Kettering High School for injuries and expenses incurred by me/us at said meet or on the road to and from the meet. I/we are bonafide amateur athletes and are eligible to compete in all events I/we have entered.

CLUB: _____ CLUB CODE: _____

SIGNATURE: _____ POSITION: _____

ENTRY CHAIRMAN: _____ PHONE: (____) _____

ENTRY CHAIRMAN EMAIL ADDRESS: _____

ADDRESS: _____ CITY: _____ ZIP: _____

COACH: _____ PHONE: (____) _____



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This is the last page of the Meet Announcement