

2024 Spring Practice Grid (subject to change)

April 15th-June 1st

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Technical/ Development (Primarily 10U)	5:30-6:30 YMCA		5:30-6:30 YMCA		5:00-6:00 GB	
Age Groupers (Most 11-13 year-olds)	5:00-6:30pm YMCA	4:00-6:00pm Swartz Creek	5:00-6:30pm YMCA	6:00-7:30pm Swartz Creek	6:30-8:00 GB	
Senior Group (Primarily High Schoolers)	*4:00-6:00pm YMCA	6:00-8:00pm Swartz Creek	*4:00-6:00pm YMCA	4:00-6:00pm Swartz Creek	6:30-8:00 GB	9am-11am YMCA Lift

* ½ Lift and ½ Swim

*GB-Grand Blanc

*Schedule is subject to change depending on registration.

USA Swimming memberships are needed for meets.

- Everyone must attend 1 meet that is registered.
- If you aren't registered but want to attend meets there is a coaching fee

Meet Dates

May 17th-19th: CW, Wolverine Classic LCM (EMU) Long Course Meters

May 31st-2nd: USSC, SCY (Stoney Creek High School), Short Course Yards