

## **Grosse Pointe Gators Swim Club Inc. Policy on Minor Athlete Abuse Prevention (Updated June 10, 2019)**

### **Grosse Pointe Gators Swim Club Inc. ("GPG") Minor Athlete Abuse Prevention Policy ("MAAPP") covers five (5) areas:**

1. One-on-One Interactions
2. Social Media & Electronic Communication → replaces 2018 Electronic Communication Policy
3. Travel: Local & Team → replaces 2017 Team Travel Policy
4. Locker Rooms & Changing Areas
5. Massages & Rubdowns

MAAPP will apply to all adults who interact with and have direct and frequent contact with minor athletes, including adult athletes. The language used in the policy is Applicable Adult. All Applicable Adults will be required to follow MAAPP, and include:

- All non-athlete members and adult athlete members
- Participating non-members (e.g., meet marshals, meet computer operators, timers, parent meet volunteers etc.);
- Club adult staff and board members; and
- Any other adult authorized to have regular contact with or authority over minor athletes. Collectively "Applicable Adult(s)"

### **General Requirement**

MAAPP must be reviewed and agreed to in writing by all athletes, parents, coaches and other non-athlete members of member clubs on an annual basis with such written agreement to be retained by GPG (electronically through registration).

### **Policy 1: One on One Interactions**

#### **I. Observable and Interruptible**

One-on-one interactions between a minor athlete and an Applicable Adult (who is not the minor's legal guardian) must occur at an observable and interruptible distance from another adult unless meeting with a Mental Health Care Professional and/or Health Care Provider (see below) or under emergency circumstances.

#### **II. Meetings**

- 1) Meetings between a minor athlete and an Applicable Adult may only occur if another adult is present and where interactions can be easily observed and at an interruptible distance from another adult, except under emergency circumstances.
- 2) If a one-on-one meeting takes place, the door to the room must remain unlocked and open. If available, it must occur in a room that has windows, with the windows, blinds, and/or curtains remaining open during the meeting.
- 3) Meetings must not be conducted in an Applicable Adult or athlete's hotel room or other overnight lodging location during team travel.

### **III. Meetings with Mental Health Care Professionals and/or Health Care Providers**

If a Mental Health Care Professional and/or Health Care Provider meets with a minor athlete in conjunction with participation, including at practice or competition sites, a closed-door meeting may be permitted to protect patient privacy provided that:

- 1) The door remains unlocked;
- 2) Another adult is present at the facility;
- 3) The other adult is advised that a closed-door meeting is occurring; and
- 4) Written legal guardian consent is obtained in advance by the Mental Health Care Professional and/or Health Care Provider, with a copy provided to the club.

### **IV. Phone Calls**

Phone calls are to be treated like one-on-one interactions and are allowed between Applicable Adults and minor athletes only for the purpose of communicating information directly related to team activities. A telephone call between an Applicable Adult and a minor athlete also must be observable and interruptible by another adult.

### **Policy 2: Social Media and Electronic Communications (Overrides previous Policy on Electronic Communication from September 8, 2018)**

#### **I. Content**

All electronic communication from Applicable Adults to minor athletes must be professional in nature.

#### **II. Open and Transparent**

Absent emergency circumstances, if an Applicable Adult with authority over minor athletes needs to communicate directly with a minor athlete via electronic communications (including social media), the minor athlete's legal guardian must be copied. If a minor athlete communicates to the Applicable Adult (with authority over the minor athlete) privately first, said Applicable Adult must copy the minor athlete's legal

guardian on any electronic communication response to the minor athlete. When an Applicable Adult with authority over minor athletes communicates electronically to the entire team, said Applicable Adult must copy another adult.

### **III. Requests to Discontinue**

Legal guardians may request in writing that their minor athlete not be contacted through any form of electronic communication by GPG or by an Applicable Adult subject to this Policy. The organization must abide by any such request that the minor athlete not be contacted via electronic communication, or included in any social media post, absent emergency circumstances.

### **IV. Hours**

Electronic communications must only be sent between the hours of 8:00 a.m. and 8:00 p.m., unless emergency circumstances exist or during competition travel. This requirement does not include weekly group communication emails or email blasts regarding GPG events/news, which are often auto generated outside of these hours. During swim practices, swim meets and competitions, these office hours will extend one hour before warm up starts and one hour after the meet or practice is finished for the day (if these times are outside guidelines above).

### **V. Prohibited Electronic Communication**

Applicable Adults with authority over minor athletes are not permitted to maintain private social media connections with unrelated minor athletes and such Applicable Adults are not permitted to accept new personal page requests on social media platforms from minor athletes, unless the Applicable Adult has a fan page, or the contact is deemed as celebrity contact as opposed to regular contact. Existing social media connections with minor athletes must be discontinued, unless written permission from minor athlete's Legal Guardian is obtained, with a copy provided to the club. Minor athletes may "friend" GPG's official page.

Applicable Adults with authority over minor athletes must not send private, instant or direct messages to a minor athlete through social media platforms.

### **Policy 3: Travel Local & Team (overrides previous Travel Policy from September 11, 2017)**

#### **I. Local Travel**

Local travel consists of travel to training, practice and competition that occurs locally and does not include coordinated overnight stay(s).

Applicable Adults must not ride in a vehicle alone with an unrelated minor athlete, absent emergency circumstances, and must always have at least two minor athletes or another adult in the vehicle, unless otherwise agreed to in writing by the minor athlete's legal guardian.

## **II. Team Travel**

Team travel is travel to a competition or other team activity that the organization plans and supervises.

1) During team travel, when doing room checks two-deep leadership (two Applicable Adults should be present) and observable and interruptible environments must be maintained.

When only one Applicable Adult and one minor athlete travel to a competition, the minor athlete's legal guardian must provide written permission in advance and for each competition for the minor athlete to travel alone with said Applicable Adult.

Team Managers and Chaperones who travel with GPG must be USA Swimming members in good standing.

2) Unrelated non-athlete Applicable Adults must not share a hotel room, other sleeping arrangement or overnight lodging location with an athlete.

Minor athletes should be paired to share hotel rooms or other sleeping arrangements with other minor athletes of the same gender and of similar age. When a minor athlete and an adult athlete share a hotel room or other sleeping arrangement, the minor athlete's legal guardian must provide written permission in advance and for each instance for the minor to share a hotel room or other sleeping arrangement with said adult athlete.

Meetings during team travel must be conducted consistent with the One-on-One Interactions section of this Policy (i.e., any such meeting must be observable and interruptible). Meetings must not be conducted in an individual's hotel room or other overnight sleeping location.

### **Policy 4: Locker Rooms and Changing Areas**

#### **I. Requirement to Use Locker Room or Changing Area**

The designated locker room or changing area must be used when an athlete or Applicable Adult changes, in whole or in part, into or out of a swimsuit when wearing just one suit (e.g., deck changing is prohibited).

#### **II. Use of Recording Devices**

Use of recording capabilities of any cell phone or device, including voice recording, still cameras and video cameras in locker rooms, changing areas, or similar spaces by a minor athlete or an Applicable Adult is prohibited.

#### **III. Undress**

An unrelated Applicable Adult must not expose her breasts, or his or her buttocks, groin or genitals to a minor athlete under any circumstance. An unrelated Applicable Adult

must not request an unrelated minor athlete to expose the minor athlete's breasts, buttocks, groin or genitals to the unrelated Applicable Adult under any circumstance.

#### **IV. One-on-One Interactions**

Except for athletes on the same team or athletes attending the same competition, at no time are unrelated Applicable Adults permitted to be alone with a minor athlete in a locker room or changing area, except under emergency circumstances. If the organization is using a facility that only has a single locker room or changing area, separate times for use by Applicable Adults must be designated.

#### **V. Monitoring**

The club must regularly and randomly monitor the use of locker rooms and changing areas to ensure compliance with this Policy. Locker rooms and changing areas may be monitored by use of the following methods:

- 1) Conducting a sweep of the locker room or changing area before athletes arrive;
- 2) Posting staff directly outside the locker room or changing area during periods of use;
- 3) Leaving the doors open when adequate privacy is still possible; and/or
- 4) Making occasional sweeps of the locker rooms or changing areas with women checking on female locker rooms and men checking on male locker rooms.

Every effort must be made to recognize when a minor athlete goes to the locker room or changing area during practice and competition, and, if the minor athlete does not return in a timely fashion, to check on the minor athlete's whereabouts.

#### **VI. Legal Guardians in Locker Rooms or Changing Areas**

Legal guardians are discouraged from entering locker rooms and changing areas. If a legal guardian does enter a locker room or changing area, it must only be a same-sex legal guardian and the legal guardian should notify a coach or administrator in advance.

### **Policy 5: Massages and Rubdowns/Athlete Training Modalities**

#### **I. Definition:**

In this section, the term "Massage" refers to any massage, rubdown, athletic training modality including physical modalities (e.g., stretching, physical manipulation, injury rehabilitation, etc.) and electronic or instrument assisted modalities (e.g., stim treatment, dry needling, cupping, etc.).

#### **II. General Requirement**

Any Massage performed on an athlete must be conducted in an open and interruptible location and must be performed by a licensed massage therapist or other certified professional. However, even if a coach is a licensed massage therapist, the coach must not perform a rubdown or massage of an athlete under any circumstance.

### **III. Additional Minor Athlete Requirements**

- 1) Written consent by a legal guardian must be obtained in advance by the licensed massage therapist or other certified professional, with a copy provided to the club.
- 2) Legal guardians must be allowed to observe the Massage.
- 3) Any Massage of a minor athlete must be done with at least one other adult present and must never be done with only the minor athlete and the person performing the Massage in the room.