

November 1, 2025

Hurricane Penguins Newsletter

Upcoming Events

Nov. 7-9
DCAC Red, White, & Blue Meet

Nov. 15-16
SAC Thanksgiving Classic Meet

November 17

Team Pictures - Hartland

November 19
Team Pictures - Lakeland



Team Picture Day is Coming!

Team pictures are planned for Nov. 17 (Hartland), and Nov. 19 (Milford), from 5:15-7:15p. Please plan to attend one of these sessions – even if you don't plan to purchase, your swimmer will be included in the team photo. Please wear your team suit. Macaroni and adelie groups will be photographed first, followed by rockhoppers, royals and seniors. Questions? Contact LaShaon Day at lashonday2@yahoo.com.

Resources

- *Website: www.penguinssc.com
- *Sports Engine Motion App: <u>iOS</u> or <u>Android</u>
- *Parent Facebook Group:

facebook.com/groups/hurricanepenguinsparents

- *Team Facebook Page: facebook.com/HurricanePenguins
- *Contact us! -Click Here -

Time Standards: What they are and what they mean

USA/Michigan Swimming time standards are benchmarks for swimmers, ranging from "B" to "AAAA," which are used to motivate and track improvement. (You can find a breakdown of "B" through "AAAA" time standard by age group here.) These standards help swimmers set goals, compare their performance to others of the same age and gender, and qualify for meets.

In the past, regional meet time standards were "B" qualifying times, but this year it has changed in some events/age groups. You can view Michigan Swimming regional time standards here. Regional qualifying times are all listed as slower than state championship qualifying times.

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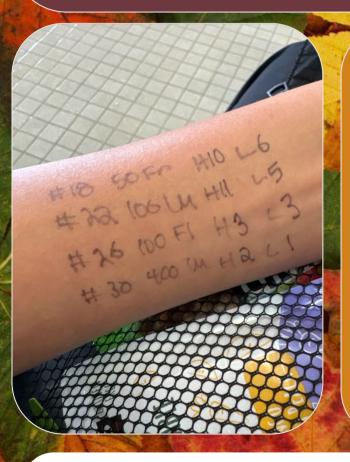
Time Standards Continued...

Swimmers who qualify to swim at the regional meet still have an opportunity to compete at the state age group championships if they swim a qualifying time at regionals. Some swimmers will compete at both regionals and states, but if a swimmer has 5 or more state championship qualifying times, they will not swim at regionals unless approved by Coach Janette. The regional meet will be March 7-8, 2026.

Swimmers who qualify during the season, or at regionals, are eligible to compete in their designated state meet, which includes the 10 & Under Championship, MAGS (Michigan Age Group States) for 11-14 year olds, and Ultra Championships which has no age limit. Additionally, if any qualifying relay time is achieved during the season, the top 4 fastest swimmers are eligible to compete at championships whether they earned an individual qualifying time or not. In this case, Coach Janette will notify qualifying swimmers in the time leading up to the event. The 10 & Under meet is at Saline High School March 14-15, MAGS will be held at EMU March 20-22, and Ultra at Oakland University March 27-29.

Last, any swimmer who earns a "AAA" time standard, qualifies for the Zone Meet which traditionally happens in the first weekend in January.

All motivational and qualifying time standards for the 2025-2026 Short Course Yard season are now available and can be found here https://www.miswim.org/page/times/custom-page.



Writing Events on Your Swimmer's Arm

To help your swimmer stay organized during meets, it's good practice to arrive on the pool deck with their event information already written on their arm using a black sharpie. Before you arrive at the meet, you can look up the event number and the corresponding stroke they are swimming using the app or website, or complete this task together at swimmer checkin.

After warmups are complete, coaches get the heat sheets, and this is the time for your swimmer to add what heat (H) and lane (L) they are swimming to their arm (see picture). Please note, if you are helping your swimmer, please have them write on the NON DOMINANT arm. It makes it so much easier for your swimmer to fill in those details using their dominant writing hand!

Safe Sport

USA Swimming's Safe Sport program is an independent nonprofit organization responsible for preventing and responding to abuse and misconduct. It is a requirement that all members comply with the USA Swimming Code of Conduct and the policies and procedures set within the U.S. Center for SafeSport. Educational resources and training programs are available to you and your swimmer. Use this link to view a recent email from USA Swim's Safe Sport, including resources and links to learn more about the resources available to you.

BA Halloween Town USA Improvement Report

Declan Bahr 9-10 100 Back BB Time -3.99, 100 Free B Time -2.71, 50 Back BB Time -1.30, 50 Free B Time -1.67; Vivian Brennan 13 & O 100 Fly -1.03, 100 IM -4.19, 200 Breast -8.28, 400 IM -9.28; Jackson Campbell 13 & O 100 Back B Time -2.27, 100 Breast -1.97, 100 Free -3.23, 200 IM -1.12; Skylar Carr 11-12 100 Free B time -1.73, 500 Free B Time -1:13.38; Daniel Cazan-London 13 & O 100 Free -3.12, 100 IM -5.09, 200 Back -1.34, 200 Breast -16.91, 200 Free -0.69, 200 IM -15.83; Alex Chevalier 11-12 50 Back -11.20; Charlotte Collar 11-12 50 Free -0.10; Leo Collar 9-10 100 Breast -3.82, 50 Free -2.80; Ethan Day 13 & O 100 Fly BB Time -29.44, 100 IM B Time - 13.05, 200 Free -2.48, 50 Free A Time -1.23; Greyson Day 11-12 100 IM -11.62, 50 Fly -0.51, 50 free -0.87; Vinny DeRose 13 & O 100 Free -1.24, 100 Back -0.63; Adrian Deich 13 & O 100 Free -9.84; Julianna Fenton 8 & U 25 Back -4.63, 25 Breast -11.42, 25 Fly -0.04, 50 back -7.79, 25 Free -1.01; Wyatt Fenton 9-10 100 IM -1.02, 50 Back B Time -2.31, 50 Fly B time -13.06, 50 Free B time -2.37; Jesse Filice 9-10 50 Back -0.27, 50 Breast -1.46; Tyler Glynn 11-12 100 Back B Time -6.41, 100 Free BB Time, 100 IM B time -8.05, 200 Breast B Time, 200 Free BB Time -0.72, 50 Back B Time -4.41, 50 breast B Time -4.23, 50 Free BB Time; Nora Gorski 9-10 100 Fly A Time -5.33, 100 Free A Time -1.26, 100 IM A Time -4.66, 200 Free -0.78 AA Time, 200 IM A Time -1.09, 50 Free A Time -1.27; Zoey Haines 11-12 100 Fly BB Time -2.83, 100 Free -0.55, 50 Fly-0.65, 50 Free -0.23;

Peyton Ham 9-10 100 Back -1.39, 100 Fly -4.06, 100 Free BB Time -3.87, 100 IM -6.57, 200 Free -6.30, 50 Back -2.78, 50 Fly B Time -2.56, 50 Free BB Time -0.85; Domenica Hunter 11-12 100 Free -1.88, 200 Free -10.45, 50 Fly -4.55, 50 Free -2.21; Stella Jerant 11-12 100 Free -2.0, 50 Free -0.46; Thomas Kiebel 13 & O 100 Back -25.72, 100 Fly -9.68; Madeline Maravolo 13 & O 400 IM -4.71, 50 Free -0.36, 500 Free -4.46; Nathaniel Maravolo 9-10 100 Breast BB Time -5.36, 100 IM BB Time -2.78, 200 Free A Time -3.82, 50 Free -1.25; Thomas Maravolo 11-12 100 Breast -2.89, 200 Free -3.84, 50 Free -0.88Corinne Mayer 11-12 100 Fly -0.78, 100 Free -1.41, 200 Back A Time -3.07, 200 Flv AA Time -10.59, 200 IM -0.89, 400 IM 1st -6.38, 50 Free AA Time -0.61; Lyla Mullett 11-12 100 Fly -6.04, 100 Free -9.72, 200 IM -7.09, 50 Breast -5.38; Connor O'Connell 9-10 100 IM B Time -0.22; Oliver O'Connell 8 & U 50 Free -0.01; Scarlett O'Connell 11-12 100 Breast -3.43, 100 IM -3.88, 50 Fly -3.49; Magaie Reed 8 & U 25 Fly 10th place -1.57, 25 Free 14th place -3.51, 50 Back 12th place -2.91Declan Sherer 9-10 100 Breast B Time -9.91, 100 IM -4.80, 50 Back -2.80, 50 Breast -0.61, 50 Free B Time -5.31; Ryan Schlosser 13 & O 100 Back -0.34, 100 Free -2.82, 100 IM -23.30, 50 Free -2.19; Annabelle Smith 9-10 100 Breast B Time -13.37, 100 IM -11.92, 50 Free B Time -2.96; Michael Smith 13 & O 100 IM B Time -8.26, 200 Free BB Time -5.71, 50 Free BB Time -1.66; Sierra Zundel 9-10 100 Breast B Time -38.19, 100 IM -15.15, 50 Fly -17.61

A Note on Swim Meet Signups

Please remember to keep an eye on the calendar for upcoming meets. You can do this by monitoring our "Events" page on the website as well as watching for email notifications from Coach Janette when new meet registrations open for upcoming meets. Sign ups for meets are typically about 4 weeks before an event is scheduled. It's important parents and swimmers plan for upcoming meets and sign up on time. (For a full list of meets for the season, see our "Meet Schedule" page.) Many meets can fill up fast, and late additions cannot be added after the initial entry submission. Coach Janette always sends final reminders 7 days before the final sign up deadline.