

**Life Time Frozen Festival - 1/8/2023**  
**Hosted by Life Time Michigan Swim Team**  
**Lakeland High School**  
**Session Report**

Session: 1 Saturday AM

Day of Meet: 1 Starts at 09:10 AM Heat Interval: 20 Seconds / Back +15 Seconds

| Round  | Event                                | Entries | Heats | Starts at |       |
|--------|--------------------------------------|---------|-------|-----------|-------|
| Finals | 1 Mixed 12 & Under 200 Butterfly     | 3       | 1     | 09:10 AM  | _____ |
| Finals | 2 Mixed 200 Butterfly                | 10      | 2     | 09:14 AM  | _____ |
| Finals | 3 Girls 8 & Under 25 Butterfly       | 5       | 1     | 09:21 AM  | _____ |
| Finals | 4 Boys 8 & Under 25 Butterfly        | 4       | 1     | 09:22 AM  | _____ |
| Finals | 5 Girls 12 & Under 50 Backstroke     | 40      | 5     | 09:24 AM  | _____ |
| Finals | 6 Boys 12 & Under 50 Backstroke      | 34      | 5     | 09:31 AM  | _____ |
| Finals | 7 Girls 12 & Under 100 Backstroke    | 18      | 3     | 09:39 AM  | _____ |
| Finals | 8 Boys 12 & Under 100 Backstroke     | 9       | 2     | 09:46 AM  | _____ |
| Finals | 9 Girls 100 Backstroke               | 14      | 2     | 09:51 AM  | _____ |
| Finals | 10 Boys 100 Backstroke               | 8       | 1     | 09:55 AM  | _____ |
| Finals | 11 Girls 12 & Under 200 IM           | 16      | 2     | 09:58 AM  | _____ |
| Finals | 12 Boys 12 & Under 200 IM            | 13      | 2     | 10:05 AM  | _____ |
| Finals | 13 Girls 200 IM                      | 9       | 2     | 10:13 AM  | _____ |
| Finals | 14 Boys 200 IM                       | 4       | 1     | 10:20 AM  | _____ |
| Finals | 15 Girls 12 & Under 50 Freestyle     | 35      | 5     | 10:24 AM  | _____ |
| Finals | 16 Boys 12 & Under 50 Freestyle      | 39      | 5     | 10:30 AM  | _____ |
| Finals | 17 Girls 50 Freestyle                | 27      | 4     | 10:36 AM  | _____ |
| Finals | 18 Boys 50 Freestyle                 | 10      | 2     | 10:40 AM  | _____ |
| Finals | 19 Girls 12 & Under 100 Freestyle    | 24      | 3     | 10:42 AM  | _____ |
| Finals | 20 Boys 12 & Under 100 Freestyle     | 22      | 3     | 10:47 AM  | _____ |
| Finals | 21 Girls 100 Freestyle               | 16      | 2     | 10:53 AM  | _____ |
| Finals | 22 Boys 100 Freestyle                | 13      | 2     | 10:57 AM  | _____ |
| Finals | 23 Girls 12 & Under 50 Breaststroke  | 24      | 3     | 11:01 AM  | _____ |
| Finals | 24 Boys 12 & Under 50 Breaststroke   | 26      | 4     | 11:05 AM  | _____ |
| Finals | 25 Girls 12 & Under 100 Breaststroke | 16      | 2     | 11:10 AM  | _____ |
| Finals | 26 Boys 12 & Under 100 Breaststroke  | 8       | 1     | 11:15 AM  | _____ |
| Finals | 27 Girls 100 Breaststroke            | 14      | 2     | 11:18 AM  | _____ |
| Finals | 28 Boys 100 Breaststroke             | 4       | 1     | 11:22 AM  | _____ |
| Finals | 29 Girls 8 & Under 25 Backstroke     | 4       | 1     | 11:24 AM  | _____ |
| Finals | 30 Boys 8 & Under 25 Backstroke      | 6       | 1     | 11:25 AM  | _____ |
| Finals | 31 Mixed 12 & Under 200 Backstroke   | 18      | 3     | 11:27 AM  | _____ |
| Finals | 32 Mixed 200 Backstroke              | 13      | 2     | 11:38 AM  | _____ |
| Finals | 33 Girls 12 & Under 50 Butterfly     | 24      | 3     | 11:45 AM  | _____ |
| Finals | 34 Boys 12 & Under 50 Butterfly      | 21      | 3     | 11:49 AM  | _____ |
| Finals | 35 Mixed 12 & Under 400 IM           | 5       | 1     | 11:53 AM  | _____ |
| Finals | 36 Mixed 400 IM                      | 2       | 1     | 12:00 PM  | _____ |
| Finals | 37 Mixed 12 & Under 200 Freestyle    | 20      | 3     | 12:06 PM  | _____ |
| Finals | 38 Mixed 200 Freestyle               | 21      | 3     | 12:17 PM  | _____ |
| Finals | 39 Girls 12 & Under 100 IM           | 20      | 3     | 12:27 PM  | _____ |
| Finals | 40 Boys 12 & Under 100 IM            | 15      | 2     | 12:33 PM  | _____ |
| Finals | 41 Girls 100 IM                      | 14      | 2     | 12:38 PM  | _____ |
| Finals | 42 Boys 100 IM                       | 8       | 1     | 12:42 PM  | _____ |

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| Round | Event                             | Entries | Heats | Starts at      |
|-------|-----------------------------------|---------|-------|----------------|
|       | Swimmers Counts for Warm-ups: 174 | ====    | ====  |                |
|       | Entry / Heat Totals:              | 656     | 98    |                |
|       | Finish Time                       |         |       | 12:44 PM _____ |

**Life Time Frozen Festival - 1/8/2023**  
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Session: 2 Saturday 1000

Day of Meet: 1 Starts at 01:20 PM Heat Interval: 20 Seconds / Back +15 Seconds

| Round  | Event                            | Entries | Heats | Starts at |       |
|--------|----------------------------------|---------|-------|-----------|-------|
| Finals | 43 Mixed 1000 Freestyle          | 26      | 4     | 01:20 PM  | _____ |
|        | Swimmers Counts for Warm-ups: 26 | ====    | ====  |           |       |
|        | Entry / Heat Totals:             | 26      | 4     |           |       |
|        | Finish Time                      |         |       | 02:22 PM  | _____ |

**Life Time Frozen Festival - 1/8/2023**  
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Session: 3 Sunday AM

Day of Meet: 2 Starts at 09:10 AM Heat Interval: 20 Seconds / Back +15 Seconds

| Round  | Event                                | Entries | Heats | Starts at |       |
|--------|--------------------------------------|---------|-------|-----------|-------|
| Finals | 44 Girls 12 & Under 200 IM           | 3       | 1     | 09:10 AM  | _____ |
| Finals | 45 Boys 12 & Under 200 IM            | 5       | 1     | 09:14 AM  | _____ |
| Finals | 46 Girls 200 IM                      | 8       | 1     | 09:18 AM  | _____ |
| Finals | 47 Boys 200 IM                       | 0       | 0     | 09:21 AM  | _____ |
| Finals | 48 Mixed 12 & Under 500 Freestyle    | 32      | 4     | 09:21 AM  | _____ |
| Finals | 49 Mixed 500 Freestyle               | 16      | 2     | 09:56 AM  | _____ |
| Finals | 50 Girls 12 & Under 100 Freestyle    | 28      | 4     | 10:10 AM  | _____ |
| Finals | 51 Boys 12 & Under 100 Freestyle     | 24      | 3     | 10:19 AM  | _____ |
| Finals | 52 Girls 100 Freestyle               | 19      | 3     | 10:25 AM  | _____ |
| Finals | 53 Boys 100 Freestyle                | 10      | 2     | 10:30 AM  | _____ |
| Finals | 54 Mixed 12 & Under 400 IM           | 4       | 1     | 10:34 AM  | _____ |
| Finals | 55 Mixed 400 IM                      | 12      | 2     | 10:40 AM  | _____ |
| Finals | 56 Girls 12 & Under 100 Backstroke   | 21      | 3     | 10:53 AM  | _____ |
| Finals | 57 Boys 12 & Under 100 Backstroke    | 14      | 2     | 11:01 AM  | _____ |
| Finals | 58 Girls 100 Backstroke              | 8       | 1     | 11:06 AM  | _____ |
| Finals | 59 Boys 100 Backstroke               | 10      | 2     | 11:08 AM  | _____ |
| Finals | 60 Girls 12 & Under 50 Backstroke    | 23      | 3     | 11:13 AM  | _____ |
| Finals | 61 Boys 12 & Under 50 Backstroke     | 16      | 2     | 11:17 AM  | _____ |
| Finals | 62 Girls 12 & Under 50 Breaststroke  | 20      | 3     | 11:21 AM  | _____ |
| Finals | 63 Boys 12 & Under 50 Breaststroke   | 16      | 2     | 11:25 AM  | _____ |
| Finals | 64 Girls 12 & Under 50 Butterfly     | 14      | 2     | 11:27 AM  | _____ |
| Finals | 65 Boys 12 & Under 50 Butterfly      | 9       | 2     | 11:30 AM  | _____ |
| Finals | 66 Mixed 12 & Under 200 Freestyle    | 13      | 2     | 11:32 AM  | _____ |
| Finals | 67 Mixed 200 Freestyle               | 23      | 3     | 11:40 AM  | _____ |
| Finals | 68 Girls 8 & Under 25 Freestyle      | 7       | 1     | 11:49 AM  | _____ |
| Finals | 69 Boys 8 & Under 25 Freestyle       | 8       | 1     | 11:50 AM  | _____ |
| Finals | 70 Girls 12 & Under 100 IM           | 22      | 3     | 11:51 AM  | _____ |
| Finals | 71 Boys 12 & Under 100 IM            | 14      | 2     | 11:57 AM  | _____ |
| Finals | 72 Girls 100 IM                      | 13      | 2     | 12:02 PM  | _____ |
| Finals | 73 Boys 100 IM                       | 3       | 1     | 12:05 PM  | _____ |
| Finals | 74 Girls 8 & Under 25 Breaststroke   | 7       | 1     | 12:08 PM  | _____ |
| Finals | 75 Boys 8 & Under 25 Breaststroke    | 6       | 1     | 12:09 PM  | _____ |
| Finals | 76 Girls 12 & Under 100 Butterfly    | 4       | 1     | 12:10 PM  | _____ |
| Finals | 77 Boys 12 & Under 100 Butterfly     | 7       | 1     | 12:11 PM  | _____ |
| Finals | 78 Girls 100 Butterfly               | 14      | 2     | 12:13 PM  | _____ |
| Finals | 79 Boys 100 Butterfly                | 5       | 1     | 12:17 PM  | _____ |
| Finals | 80 Girls 12 & Under 50 Freestyle     | 35      | 5     | 12:19 PM  | _____ |
| Finals | 81 Boys 12 & Under 50 Freestyle      | 22      | 3     | 12:25 PM  | _____ |
| Finals | 82 Girls 50 Freestyle                | 15      | 2     | 12:28 PM  | _____ |
| Finals | 83 Boys 50 Freestyle                 | 16      | 2     | 12:30 PM  | _____ |
| Finals | 84 Mixed 12 & Under 200 Breaststroke | 13      | 2     | 12:32 PM  | _____ |
| Finals | 85 Mixed 200 Breaststroke            | 16      | 2     | 12:40 PM  | _____ |

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| Round  | Event                                | Entries | Heats | Starts at |       |
|--------|--------------------------------------|---------|-------|-----------|-------|
| Finals | 86 Mixed 12 & Under 200 Backstroke   | 10      | 2     | 12:47 PM  | _____ |
| Finals | 87 Mixed 200 Backstroke              | 8       | 1     | 12:55 PM  | _____ |
| Finals | 88 Girls 12 & Under 100 Breaststroke | 5       | 1     | 12:59 PM  | _____ |
| Finals | 89 Boys 12 & Under 100 Breaststroke  | 6       | 1     | 01:01 PM  | _____ |
| Finals | 90 Girls 100 Breaststroke            | 7       | 1     | 01:03 PM  | _____ |
| Finals | 91 Boys 100 Breaststroke             | 5       | 1     | 01:06 PM  | _____ |
|        | Swimmers Counts for Warm-ups: 164    | =====   | ===== |           |       |
|        | Entry / Heat Totals:                 | 616     | 91    |           |       |
|        | Finish Time                          |         |       | 01:08 PM  | _____ |