

Individual Meet Results

2025 LIFE & Royal Swimming Winter Fest 11-Jan-25 to 12-Jan-25 Yards
Location: Troy High School

Time	F/P/S	Event			Place	Points	Improv
Maya Abukhaled (9) W							
57.85Y	F # 5B	Women 9-10 50 Back	LIFE-MI		13	---	---
1:01.64Y	F # 15B	Women 9-10 50 Free	LIFE-MI		14	---	---
1:09.76Y DQ	F # 23B	Women 9-10 50 Breast	LIFE-MI		---	---	---
3D Scissors kick							
DQ	F # 39B	Women 9-10 100 IM	LIFE-MI		---	---	---
7P Declared false start - Misc							
Alice Aguilar (10) W							
1:54.75Y	F # 50B	Women 9-10 100 Free	LIFE-MI		8	---	0.53
	54.24	1:54.75					
	(54.24)	(1:00.51)					
1:03.72Y	F # 60B	Women 9-10 50 Back	LIFE-MI		5	---	---
2:15.72Y	F # 88B	Women 9-10 100 Breast	LIFE-MI		5	---	6.41
	1:07.35	2:15.72					
	(1:07.35)	(1:08.37)					
Husam Alkhoury (6) M							
NS	F # 61A	Men 8 & Under 50 Back	LIFE-MI		---	---	---
NS	F # 69	Men 8 & Under 25 Free	LIFE-MI		---	---	---
NS	F # 81A	Men 8 & Under 50 Free	LIFE-MI		---	---	---
Alessandro Ardanese (10) M							
41.72Y	F # 16B	Men 9-10 50 Free	LIFE-MI		6	---	-5.94
3:49.75Y	F # 31D	Men 9-10 200 Back	LIFE-MI		1	---	---
3:45.03Y	F # 37D	Men 9-10 200 Free	LIFE-MI		2	---	-1.53
2:00.03Y	F # 40B	Men 9-10 100 IM	LIFE-MI		5	---	---
	58.17	2:00.03					
	(58.17)	(1:01.86)					
10:00.44Y	F # 48D	Men 9-10 500 Free	LIFE-MI		4	---	---
	2:47.91	3:51.28 4:55.68 7:59.93 10:00.61	---	---	---		
	(2:47.91)	(1:03.37) (1:04.40) (3:04.25) (2:00.68)	---	---	---		
	---	10:00.44					
	---	(10:00.44)					
1:50.06Y	F # 57B	Men 9-10 100 Back	LIFE-MI		5	---	---
	51.67	1:50.06					
	(51.67)	(58.39)					
46.19Y	F # 61B	Men 9-10 50 Back	LIFE-MI		1	---	-3.03
2:18.54Y	F # 89B	Men 9-10 100 Breast	LIFE-MI		3	---	---
	1:07.58	2:18.54					
	(1:07.58)	(1:10.96)					

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Time	F/P/S	Event	Place	Points	Improv	
Claudio Ardanese (12) M						
47.87Y	F # 6C	Men 11-12 50 Back	LIFE-MI	10	---	-2.73
4:02.50Y	F # 12C	Men 11-12 200 IM	LIFE-MI	5	---	-22.53
	1:04.12	2:08.06	3:06.30	4:02.50		
	(1:04.12)	(1:03.94)	(58.24)	(56.20)		
1:31.04Y	F # 20C	Men 11-12 100 Free	LIFE-MI	6	---	-20.34
	41.53	1:31.04				
	(41.53)	(49.51)				
3:52.38Y DQ	F # 31F	Men 11-12 200 Back	LIFE-MI	---	---	---
1:45.93Y	F # 40C	Men 11-12 100 IM	LIFE-MI	7	---	13.31
	53.07	1:45.93				
	(53.07)	(52.86)				
9:38.32Y	F # 48F	Men 11-12 500 Free	LIFE-MI	6	---	---
	44.95	1:45.56	2:45.26	3:45.96	4:45.94	5:48.80
	(44.95)	(1:00.61)	(59.70)	(1:00.70)	(59.98)	(1:02.86)
	9:38.16	9:38.32				
	(52.55)	(0.16)				
1:46.91Y	F # 57C	Men 11-12 100 Back	LIFE-MI	6	---	-24.56
	49.79	1:46.91				
	(49.79)	(57.12)				
46.65Y	F # 63C	Men 11-12 50 Breast	LIFE-MI	6	---	-2.54
1:45.40Y	F # 71C	Men 11-12 100 IM	LIFE-MI	6	---	12.78
	53.82	1:45.40				
	(53.82)	(51.58)				
NS	F # 77C	Men 11-12 100 Fly	LIFE-MI	---	---	---
Benjamin Berry (12) M						
1:55.65Y	F # 8C	Men 11-12 100 Back	LIFE-MI	5	---	---
	1:55.53	1:55.65				
	(1:55.53)	(0.12)				
1:57.41Y	F # 26C	Men 11-12 100 Breast	LIFE-MI	6	---	---
	53.68	1:57.41				
	(53.68)	(1:03.73)				
1:07.66Y	F # 34C	Men 11-12 50 Fly	LIFE-MI	12	---	---
NS	F # 37F	Men 11-12 200 Free	LIFE-MI	---	---	---
Donavan Berry (9) M						
53.72Y	F # 6B	Men 9-10 50 Back	LIFE-MI	12	---	---
1:39.96Y	F # 20B	Men 9-10 100 Free	LIFE-MI	6	---	---
	45.26	1:39.96				
	(45.26)	(54.70)				
1:15.28Y DQ	F # 34B	Men 9-10 50 Fly	LIFE-MI	---	---	---
1E Non-simultaneous arms						
2:09.68Y DQ	F # 40B	Men 9-10 100 IM	LIFE-MI	---	---	---
	1:01.58	2:09.68				
	(1:01.58)	(1:08.10)				
1M Not towards breast off the wall - fly						

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Time	F/P/S	Event		Place	Points	Improv
Evan Black (10) M						
1:39.50Y	F # 51B	Men 9-10 100 Free	LIFE-MI	5	---	4.10
	45.51	1:39.50				
	(45.51)	(53.99)				
50.74Y	F # 65B	Men 9-10 50 Fly	LIFE-MI	3	---	2.56
41.24Y	F # 81B	Men 9-10 50 Free	LIFE-MI	4	---	-7.43
2:06.49Y	F # 89B	Men 9-10 100 Breast	LIFE-MI	2	---	1.47
	1:01.15	2:06.49				
	(1:01.15)	(1:05.34)				
Owen Black (12) M						
3:08.12Y	F # 45C	Men 11-12 200 IM	LIFE-MI	1	---	-8.80
38.19Y	F # 65C	Men 11-12 50 Fly	LIFE-MI	1	---	1.47
31.49Y	F # 81C	Men 11-12 50 Free	LIFE-MI	3	---	-2.36
3:48.42Y	F # 84F	Men 11-12 200 Breast	LIFE-MI	5	---	---
	49.19	1:47.79 2:48.34 3:48.42				
	(49.19)	(58.60) (1:00.55) (1:00.08)				
3:31.81Y	F # 86F	Men 11-12 200 Back	LIFE-MI	3	---	---
	49.87	1:45.23 3:32.92 3:31.81				
	(49.87)	(55.36) (1:47.69) (1.11)				
Simon Black (6) M						
1:14.91Y	F # 61A	Men 8 & Under 50 Back	LIFE-MI	7	---	-3.67
32.84Y	F # 69	Men 8 & Under 25 Free	LIFE-MI	8	---	0.59
49.05Y	F # 75	Men 8 & Under 25 Breast	LIFE-MI	1	---	-2.39
1:19.79Y	F # 81A	Men 8 & Under 50 Free	LIFE-MI	4	---	---

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Time	F/P/S	Event	Place	Points	Improv	
Lucas Bluhm (13) M						
1:32.77Y	F # 10	Men 100 Back	LIFE-MI	6	---	-4.02
	45.90	1:32.77				
	(45.90)	(46.87)				
37.99Y	F # 18	Men 50 Free	LIFE-MI	6	---	2.04
1:24.37Y	F # 22	Men 100 Free	LIFE-MI	9	---	2.12
	40.55	1:24.37				
	(40.55)	(43.82)				
1:44.04Y	F # 42	Men 100 IM	LIFE-MI	4	---	-1.86
	48.88	1:44.04				
	(48.88)	(55.16)				
8:14.13Y	F # 49	Mixed 500 Free	LIFE-MI	7	---	4.80
	41.86	1:31.06 2:20.67 3:09.15 4:00.65 4:51.07 5:42.86 6:34.69				
	(41.86)	(49.20) (49.61) (48.48) (51.50) (50.42) (51.79) (51.83)				
	7:27.68	8:14.13				
	(52.99)	(46.45)				
1:41.75Y	F # 59	Men 100 Back	LIFE-MI	4	---	4.96
	1:43.07	1:41.75				
	(1:43.07)	(1.32)				
1:49.67Y	F # 79	Men 100 Fly	LIFE-MI	5	---	3.51
	52.09	1:49.67				
	(52.09)	(57.58)				
4:10.50Y	F # 85	Mixed 200 Breast	LIFE-MI	7	---	13.41
	56.24	2:00.69 3:05.83 4:10.50				
	(56.24)	(1:04.45) (1:05.14) (1:04.67)				
2:05.87Y	F # 91	Men 100 Breast	LIFE-MI	3	---	14.00
	58.84	2:05.87				
	(58.84)	(1:07.03)				
Aaron Carrera Cardozo (11) M						
1:36.66Y	F # 51C	Men 11-12 100 Free	LIFE-MI	8	---	2.26
	44.75	1:36.66				
	(44.75)	(51.91)				
50.19Y	DQ F # 61C	Men 11-12 50 Back	LIFE-MI	---	---	---
2L Shoulders past vertical toward breast						
1:01.17Y	F # 65C	Men 11-12 50 Fly	LIFE-MI	5	---	---
42.03Y	F # 81C	Men 11-12 50 Free	LIFE-MI	9	---	-1.60
2:00.37Y	F # 89C	Men 11-12 100 Breast	LIFE-MI	8	---	0.11
	58.60	2:00.37				
	(58.60)	(1:01.77)				

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Amer Charafeddine (10) M						
59.21Y DQ	F # 6B	Men 9-10 50 Back	LIFE-MI	---	---	---
		2L Shoulders past vertical toward breast				
56.65Y	F # 16B	Men 9-10 50 Free	LIFE-MI	11	---	-9.79
2:08.60Y	F # 20B	Men 9-10 100 Free	LIFE-MI	8	---	-46.20
	1:02.76	2:08.60				
	(1:02.76)	(1:05.84)				
NS	F # 40B	Men 9-10 100 IM	LIFE-MI	---	---	---
2:04.18Y	F # 51B	Men 9-10 100 Free	LIFE-MI	8	---	-50.62
	1:00.13	2:04.18				
	(1:00.13)	(1:04.05)				
1:05.88Y	F # 61B	Men 9-10 50 Back	LIFE-MI	6	---	-3.97
1:02.16Y	F # 81B	Men 9-10 50 Free	LIFE-MI	9	---	-4.28
Sally Charafeddine (11) W						
1:44.93Y	F # 7C	Women 11-12 100 Back	LIFE-MI	2	---	---
	47.40	1:44.93				
	(47.40)	(57.53)				
35.69Y	F # 15C	Women 11-12 50 Free	LIFE-MI	5	---	-6.61
50.87Y DQ	F # 23C	Women 11-12 50 Breast	LIFE-MI	---	---	---
		3C Butterfly kick				
1:56.83Y DQ	F # 39C	Women 11-12 100 IM	LIFE-MI	---	---	---
	51.83	1:56.83				
	(51.83)	(1:05.00)				
		1E Non-simultaneous arms - fly				
3:28.03Y DQ	F # 44C	Women 11-12 200 IM	LIFE-MI	---	---	---
		3D Scissors kick - breast				
1:28.16Y	F # 50C	Women 11-12 100 Free	LIFE-MI	5	---	-11.00
	42.77	1:28.16				
	(42.77)	(45.39)				
51.93Y	F # 60C	Women 11-12 50 Back	LIFE-MI	7	---	2.84
3:17.75Y	F # 66E	Women 11-12 200 Free	LIFE-MI	1	---	---
	47.46	1:38.64 2:30.99 3:17.75				
	(47.46)	(51.18) (52.35) (46.76)				
37.67Y	F # 80C	Women 11-12 50 Free	LIFE-MI	7	---	-4.63
Aiden Choi (12) M						
1:14.74Y	F # 51C	Men 11-12 100 Free	LIFE-MI	4	---	-6.51
	36.63	1:14.74				
	(36.63)	(38.11)				
1:30.68Y	F # 71C	Men 11-12 100 IM	LIFE-MI	4	---	-1.80
	46.46	1:30.68				
	(46.46)	(44.22)				
32.91Y	F # 81C	Men 11-12 50 Free	LIFE-MI	4	---	2.24
1:42.60Y	F # 89C	Men 11-12 100 Breast	LIFE-MI	4	---	-8.89
	49.78	1:42.60				
	(49.78)	(52.82)				

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Time	F/P/S	Event	Place	Points	Improv			
Amber Choong (16) W								
1:12.46Y	F # 9	Women 100 Back	LIFE-MI	6	---	6.25		
	35.46	1:12.46						
	(35.46)	(37.00)						
1:22.66Y	F # 27	Women 100 Breast	LIFE-MI	3	---	1.78		
	23.07	1:22.66						
	(23.07)	(59.59)						
2:24.75Y	F # 38	Mixed 200 Free	LIFE-MI	5	---	16.82		
14:18.67Y	F # 43	Mixed 1000 Free	LIFE-MI	12	---	---		
	34.80	1:13.05	1:54.16	2:36.67	3:19.03	4:01.03	4:45.81	5:31.66
	(34.80)	(38.25)	(41.11)	(42.51)	(42.36)	(42.00)	(44.78)	(45.85)
	6:16.03	7:00.46	7:44.08	8:28.18	9:12.76	9:56.98	10:40.65	11:24.62
	(44.37)	(44.43)	(43.62)	(44.10)	(44.58)	(44.22)	(43.67)	(43.97)
	12:08.51	12:51.87	13:35.55	14:18.67				
	(43.89)	(43.36)	(43.68)	(43.12)				
6:17.76Y	F # 49	Mixed 500 Free	LIFE-MI	2	---	20.46		
	32.26	1:07.45	1:44.97	2:23.13	3:02.27	3:41.48	4:20.57	5:00.02
	(32.26)	(35.19)	(37.52)	(38.16)	(39.14)	(39.21)	(39.09)	(39.45)
	5:39.22	6:17.76						
	(39.20)	(38.54)						
1:15.51Y	F # 58	Women 100 Back	LIFE-MI	2	---	9.30		
	36.45	1:15.51						
	(36.45)	(39.06)						
1:13.04Y	F # 78	Women 100 Fly	LIFE-MI	2	---	2.58		
	33.86	1:13.04						
	(33.86)	(39.18)						
2:40.03Y	F # 87	Mixed 200 Back	LIFE-MI	2	---	17.60		
	37.32	1:17.41	1:59.25	2:40.03				
	(37.32)	(40.09)	(41.84)	(40.78)				

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Time	F/P/S	Event				Place				Points	Improv	
Claire Choong (13) W												
2:59.44Y	F # 2	Mixed 200 Fly				LIFE-MI				3	---	15.84
	38.05	1:22.26	2:09.91	2:59.44								
	(38.05)	(44.21)	(47.65)	(49.53)								
1:17.91Y	F # 9	Women 100 Back				LIFE-MI				13	---	1.56
	38.08	1:17.91										
	(38.08)	(39.83)										
1:09.59Y	F # 21	Women 100 Free				LIFE-MI				10	---	-0.81
	34.04	1:09.59										
	(34.04)	(35.55)										
13:49.69Y	F # 43	Mixed 1000 Free				LIFE-MI				7	---	---
	35.52	1:15.74	1:57.44	2:39.69	3:21.46	4:03.44	4:45.74	5:28.30				
	(35.52)	(40.22)	(41.70)	(42.25)	(41.77)	(41.98)	(42.30)	(42.56)				
	6:11.07	6:52.50	7:34.95	8:17.29	9:00.53	9:43.51	10:25.54	11:07.40				
	(42.77)	(41.43)	(42.45)	(42.34)	(43.24)	(42.98)	(42.03)	(41.86)				
	11:48.89	12:30.64	13:11.66	13:49.69								
	(41.49)	(41.75)	(41.02)	(38.03)								
2:47.03Y	F # 46	Women 200 IM				LIFE-MI				4	---	2.33
1:19.75Y	F # 72	Women 100 IM				LIFE-MI				6	---	1.11
	36.49	1:19.75										
	(36.49)	(43.26)										
3:16.67Y	F # 85	Mixed 200 Breast				LIFE-MI				4	---	6.36
	44.73	1:34.95	2:26.71	3:16.67								
	(44.73)	(50.22)	(51.76)	(49.96)								
Sally Foley (15) W												
30.97Y	F # 17	Women 50 Free				LIFE-MI				9	---	---
1:09.89Y	F # 21	Women 100 Free				LIFE-MI				11	---	-1.51
	33.36	1:09.89										
	(33.36)	(36.53)										
1:29.54Y DQ	F # 27	Women 100 Breast				LIFE-MI				---	---	---
	41.81	1:29.54										
	(41.81)	(47.73)										
3B												
1:24.43Y	F # 41	Women 100 IM				LIFE-MI				5	---	---
	40.10	1:24.43										
	(40.10)	(44.33)										
Jowayreya Garamoon (11) W												
39.28Y	F # 5C	Women 11-12 50 Back				LIFE-MI				3	---	-2.56
33.72Y	F # 15C	Women 11-12 50 Free				LIFE-MI				2	---	-2.03
48.79Y	F # 23C	Women 11-12 50 Breast				LIFE-MI				2	---	-5.91
46.06Y	F # 33C	Women 11-12 50 Fly				LIFE-MI				5	---	5.78
Taleen Garamoon (13) W												
1:17.26Y	F # 9	Women 100 Back				LIFE-MI				11	---	0.46
	37.52	1:17.26										
	(37.52)	(39.74)										
31.36Y	F # 17	Women 50 Free				LIFE-MI				10	---	0.54
1:09.45Y	F # 21	Women 100 Free				LIFE-MI				9	---	1.49
	33.07	1:09.45										
	(33.07)	(36.38)										
2:30.88Y	F # 38	Mixed 200 Free				LIFE-MI				8	---	3.26

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Brayden Graham (14) M						
1:10.14Y	F # 10	Men 100 Back	LIFE-MI	2	---	0.38
	33.86	1:10.14				
	(33.86)	(36.28)				
26.47Y	F # 18	Men 50 Free	LIFE-MI	1	---	-0.26
2:33.22Y	F # 32	Mixed 200 Back	LIFE-MI	4	---	---
1:09.77Y	F # 42	Men 100 IM	LIFE-MI	2	---	---
	31.38	1:09.77				
	(31.38)	(38.39)				
Ysa Graham (16) W						
2:59.45Y	F # 2	Mixed 200 Fly	LIFE-MI	4	---	---
	37.42	1:22.31 2:11.47 2:59.45				
	(37.42)	(44.89) (49.16) (47.98)				
1:02.97Y	F # 21	Women 100 Free	LIFE-MI	4	---	2.48
	29.59	1:02.97				
	(29.59)	(33.38)				
1:16.92Y	F # 41	Women 100 IM	LIFE-MI	3	---	-4.27
	33.75	1:16.92				
	(33.75)	(43.17)				
James Gu (10) M						
1:01.04Y	F # 16B	Men 9-10 50 Free	LIFE-MI	14	---	---
1:04.87Y DQ	F # 24B	Men 9-10 50 Breast	LIFE-MI	---	---	---
		3J One hand touch				
2:11.77Y	F # 51B	Men 9-10 100 Free	LIFE-MI	9	---	---
	1:00.99	2:11.77				
	(1:00.99)	(1:10.78)				
2:17.03Y DQ	F # 57B	Men 9-10 100 Back	LIFE-MI	---	---	---
	---	2:17.03				
	---	(2:17.03)				
		2L Shoulders past vertical toward breast				
2:13.35Y DQ	F # 71B	Men 9-10 100 IM	LIFE-MI	---	---	---
	1:05.95	2:13.35				
	(1:05.95)	(1:07.40)				
		1J Not Separated - fly				
1:07.66Y	F # 81B	Men 9-10 50 Free	LIFE-MI	10	---	---
2:20.59Y DQ	F # 89B	Men 9-10 100 Breast	LIFE-MI	---	---	---
	1:07.26	2:20.59				
	(1:07.26)	(1:13.33)				
		3J One hand touch				

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Kataryna Hart (8) W						
37.66Y	F # 3	Women 8 & Under 25 Fly	LIFE-MI	9	---	---
1:03.19Y	F # 15A	Women 8 & Under 50 Free	LIFE-MI	9	---	---
1:38.33Y DQ	F # 23A	Women 8 & Under 50 Breast	LIFE-MI	---	---	---
3J One hand touch						
1:38.78Y DQ	F # 33A	Women 8 & Under 50 Fly	LIFE-MI	---	---	---
1F Arms underwater recovery						
DQ	F # 39A	Women 8 & Under 100 IM	LIFE-MI	---	---	---
7P Declared false start - Misc						
2:18.88Y	F # 50A	Women 8 & Under 100 Free	LIFE-MI	3	---	---
1:05.12 2:18.88						
(1:05.12) (1:13.76)						
1:14.59Y	F # 60A	Women 8 & Under 50 Back	LIFE-MI	5	---	---
27.33Y	F # 68	Women 8 & Under 25 Free	LIFE-MI	6	---	---
40.63Y	F # 74	Women 8 & Under 25 Breast	LIFE-MI	2	---	---
DQ	F # 80A	Women 8 & Under 50 Free	LIFE-MI	---	---	---
7P Declared false start						
Sofia Hernandez Vargas (13) W						
1:21.55Y	F # 9	Women 100 Back	LIFE-MI	14	---	0.02
40.22 1:21.55						
(40.22) (41.33)						
31.69Y	F # 17	Women 50 Free	LIFE-MI	11	---	0.22
NS	F # 21	Women 100 Free	LIFE-MI	---	---	---
1:31.72Y	F # 27	Women 100 Breast	LIFE-MI	5	---	2.57
44.29 1:31.72						
(44.29) (47.43)						
1:22.83Y	F # 41	Women 100 IM	LIFE-MI	4	---	-1.89
40.24 1:22.83						
(40.24) (42.59)						
Serena He (11) W						
47.84Y	F # 5C	Women 11-12 50 Back	LIFE-MI	8	---	1.81
3:26.27Y	F # 11C	Women 11-12 200 IM	LIFE-MI	1	---	-11.65
50.71 1:44.28 2:39.41 3:26.27						
(50.71) (53.57) (55.13) (46.86)						
3:38.78Y	F # 31E	Women 11-12 200 Back	LIFE-MI	2	---	---
NS	F # 35E	Women 11-12 400 IM	LIFE-MI	---	---	---
1:37.50Y	F # 39C	Women 11-12 100 IM	LIFE-MI	1	---	3.32
47.44 1:37.50						
(47.44) (50.06)						
8:07.47Y	F # 48E	Women 11-12 500 Free	LIFE-MI	1	---	-0.45
41.75 1:30.80 2:19.83 3:09.31 3:59.47 4:49.45 5:39.94 6:30.95						
(41.75) (49.05) (49.03) (49.48) (50.16) (49.98) (50.49) (51.01)						
7:20.95 8:07.47						
(50.00) (46.52)						
46.62Y	F # 60C	Women 11-12 50 Back	LIFE-MI	6	---	0.59
1:39.46Y	F # 70C	Women 11-12 100 IM	LIFE-MI	5	---	5.28
48.04 1:39.46						
(48.04) (51.42)						
40.83Y	F # 80C	Women 11-12 50 Free	LIFE-MI	9	---	0.30

Individual Meet Results

2025 LIFE & Royal Swimming Winter Fest 11-Jan-25 to 12-Jan-25 Yards

Location: Troy High School

Time	F/P/S	Event		Place	Points	Improv
Yeonwoo Kim (11) M						
1:25.85Y	F # 51C	Men 11-12 100 Free	LIFE-MI	4	---	-12.35
1:40.00Y	F # 57C	Men 11-12 100 Back	LIFE-MI	4	---	-2.63
59.47Y	F # 63C	Men 11-12 50 Breast	LIFE-MI	4	---	---
1:46.63Y DQ	F # 71C	Men 11-12 100 IM	LIFE-MI	---	---	---
1M Not towards breast off the wall - fly						
Mia Labadini (13) W						
1:34.05Y	F # 9	Women 100 Back	LIFE-MI	17	---	---
	1:35.19	1:34.05				
	(1:35.19)	(1.14)				
36.50Y	F # 17	Women 50 Free	LIFE-MI	14	---	-0.66
1:23.48Y	F # 21	Women 100 Free	LIFE-MI	14	---	-13.44
	38.98	1:23.48				
	(38.98)	(44.50)				
Sangmin Lee (8) M						
2:00.14Y	F # 51A	Men 8 & Under 100 Free	LIFE-MI	3	---	---
	53.38	2:00.14				
	(53.38)	(1:06.76)				
58.67Y	F # 61A	Men 8 & Under 50 Back	LIFE-MI	5	---	-1.37
35.62Y DQ	F # 75	Men 8 & Under 25 Breast	LIFE-MI	---	---	---
3E Arms past hipline						
Luke Liang (11) M						
3:18.66Y	F # 45C	Men 11-12 200 IM	LIFE-MI	2	---	-38.56
1:38.98Y	F # 57C	Men 11-12 100 Back	LIFE-MI	3	---	-28.80
	49.39	1:38.98				
	(49.39)	(49.59)				
42.11Y	F # 65C	Men 11-12 50 Fly	LIFE-MI	2	---	---
36.90Y	F # 81C	Men 11-12 50 Free	LIFE-MI	6	---	-5.29
1:51.90Y	F # 89C	Men 11-12 100 Breast	LIFE-MI	7	---	---
	54.75	1:51.90				
	(54.75)	(57.15)				
Mark Li (10) M						
52.32Y	F # 6B	Men 9-10 50 Back	LIFE-MI	11	---	-13.06
4:18.91Y DQ	F # 12B	Men 9-10 200 IM	LIFE-MI	---	---	---
	59.78	2:07.81 3:17.17 4:18.91				
	(59.78)	(1:08.03) (1:09.36) (1:01.74)				
1F Arms underwater recovery - fly						
1:54.32Y	F # 20B	Men 9-10 100 Free	LIFE-MI	7	---	1.13
	54.08	1:54.32				
	(54.08)	(1:00.24)				
4:16.81Y	F # 31D	Men 9-10 200 Back	LIFE-MI	2	---	---
Ellie Maclean (16) W						
1:06.93Y	F # 9	Women 100 Back	LIFE-MI	1	---	1.43
	32.15	1:06.93				
	(32.15)	(34.78)				
26.72Y	F # 17	Women 50 Free	LIFE-MI	2	---	0.10
2:21.75Y	F # 38	Mixed 200 Free	LIFE-MI	2	---	2.69
1:12.85Y	F # 41	Women 100 IM	LIFE-MI	2	---	-2.61
	32.84	1:12.85				
	(32.84)	(40.01)				

Individual Meet Results

2025 LIFE & Royal Swimming Winter Fest 11-Jan-25 to 12-Jan-25 Yards

Location: Troy High School

Time	F/P/S	Event		Place	Points	Improv
Inaya Mohanty (7) W						
1:21.44Y	F # 5A	Women 8 & Under 50 Back	LIFE-MI	4	---	-12.79
1:21.75Y	F # 15A	Women 8 & Under 50 Free	LIFE-MI	12	---	0.01
39.80Y	F # 29	Women 8 & Under 25 Back	LIFE-MI	7	---	-5.73
32.07Y	F # 68	Women 8 & Under 25 Free	LIFE-MI	7	---	-4.73
59.10Y	F # 74	Women 8 & Under 25 Breast	LIFE-MI	3	---	---
1:25.72Y	F # 80A	Women 8 & Under 50 Free	LIFE-MI	5	---	3.98
Rayan Panse (13) M						
1:32.50Y	F # 28	Men 100 Breast	LIFE-MI	2	---	---
	42.32	1:32.50				
	(42.32)	(50.18)				
1:05.49Y	F # 53	Men 100 Free	LIFE-MI	3	---	---
	31.72	1:05.49				
	(31.72)	(33.77)				
3:29.27Y	F # 85	Mixed 200 Breast	LIFE-MI	5	---	---
	44.99	1:39.81 2:35.52 3:29.27				
	(44.99)	(54.82) (55.71) (53.75)				
1:28.67Y	F # 91	Men 100 Breast	LIFE-MI	2	---	---
	42.07	1:28.67				
	(42.07)	(46.60)				
Dan Park (12) M						
39.73Y	F # 6C	Men 11-12 50 Back	LIFE-MI	7	---	0.51
3:05.44Y	F # 12C	Men 11-12 200 IM	LIFE-MI	4	---	-14.22
	39.20	1:26.36 2:20.47 3:05.44				
	(39.20)	(47.16) (54.11) (44.97)				
3:08.82Y	F # 31F	Men 11-12 200 Back	LIFE-MI	1	---	---
6:56.84Y	F # 35F	Men 11-12 400 IM	LIFE-MI	1	---	---
1:12.72Y	F # 51C	Men 11-12 100 Free	LIFE-MI	1	---	-12.87
	34.29	1:12.72				
	(34.29)	(38.43)				
37.84Y	F # 61C	Men 11-12 50 Back	LIFE-MI	3	---	-1.38
1:36.73Y DQ	F # 77C	Men 11-12 100 Fly	LIFE-MI	---	---	---
	42.30	1:36.73				
	(42.30)	(54.43)				
1J Not Separated						
3:30.38Y	F # 84F	Men 11-12 200 Breast	LIFE-MI	3	---	---
	46.58	1:38.46 2:34.20 3:30.38				
	(46.58)	(51.88) (55.74) (56.18)				
1:34.29Y	F # 89C	Men 11-12 100 Breast	LIFE-MI	1	---	---
	43.69	1:34.29				
	(43.69)	(50.60)				

Individual Meet Results

2025 LIFE & Royal Swimming Winter Fest 11-Jan-25 to 12-Jan-25 Yards

Location: Troy High School

Time	F/P/S	Event	Place	Points	Improv
Sohyun Park (13) W					
1:27.22Y DQ	F # 9	Women 100 Back	LIFE-MI	---	---
	42.94	1:27.22			
	(42.94)	(44.28)			
	2L Shoulders past vertical toward breast				
33.25Y	F # 17	Women 50 Free	LIFE-MI	12	---
1:28.06Y	F # 41	Women 100 IM	LIFE-MI	6	---
	40.59	1:28.06			
	(40.59)	(47.47)			
1:14.38Y	F # 52	Women 100 Free	LIFE-MI	5	---
	35.06	1:14.38			
	(35.06)	(39.32)			
1:29.87Y	F # 58	Women 100 Back	LIFE-MI	3	---
	44.19	1:29.87			
	(44.19)	(45.68)			
32.91Y	F # 82	Women 50 Free	LIFE-MI	6	---
Stewart Park (10) M					
1:16.94Y	F # 8B	Men 9-10 100 Back	LIFE-MI	1	---
	37.34	1:16.94			
	(37.34)	(39.60)			
2:52.32Y	F # 12B	Men 9-10 200 IM	LIFE-MI	2	---
	39.06	1:21.96 2:13.74 2:52.32			
	(39.06)	(42.90) (51.78) (38.58)			
1:06.65Y	F # 20B	Men 9-10 100 Free	LIFE-MI	1	---
	32.02	1:06.65			
	(32.02)	(34.63)			
6:52.25Y	F # 48D	Men 9-10 500 Free	LIFE-MI	2	---
	35.34	1:15.53 1:57.68 2:39.64 3:22.07 4:05.02 4:47.52 5:30.53			
	(35.34)	(40.19) (42.15) (41.96) (42.43) (42.95) (42.50) (43.01)			
	6:12.12	6:52.25			
	(41.59)	(40.13)			
2:30.25Y	F # 66D	Men 9-10 200 Free	LIFE-MI	1	---
	33.72	1:12.32 1:52.70 2:30.25			
	(33.72)	(38.60) (40.38) (37.55)			
30.22Y	F # 81B	Men 9-10 50 Free	LIFE-MI	1	---

Individual Meet Results

2025 LIFE & Royal Swimming Winter Fest 11-Jan-25 to 12-Jan-25 Yards

Location: Troy High School

Time	F/P/S	Event		Place	Points	Improv
Aarav Patniak (14) M						
1:22.45Y	F # 10	Men 100 Back	LIFE-MI	4	---	---
	38.89	1:22.45				
	(38.89)	(43.56)				
33.19Y	F # 18	Men 50 Free	LIFE-MI	2	---	---
1:20.39Y	F # 22	Men 100 Free	LIFE-MI	6	---	---
	38.76	1:20.39				
	(38.76)	(41.63)				
3:07.17Y	F # 47	Men 200 IM	LIFE-MI	1	---	---
	1:27.27	2:27.07 3:07.82 3:07.17				
	(1:27.27)	(59.80) (40.75) (.65)				
2:48.81Y	F # 67	Mixed 200 Free	LIFE-MI	6	---	---
	38.26	1:22.26 2:07.64 2:48.81				
	(38.26)	(44.00) (45.38) (41.17)				
NS	F # 79	Men 100 Fly	LIFE-MI	---	---	---
3:06.06Y	F # 87	Mixed 200 Back	LIFE-MI	3	---	---
	41.90	1:30.83 2:20.89 3:06.06				
	(41.90)	(48.93) (50.06) (45.17)				
Abel Paton (10) M						
47.84Y	F # 6B	Men 9-10 50 Back	LIFE-MI	6	---	---
1:25.88Y	F # 20B	Men 9-10 100 Free	LIFE-MI	2	---	-14.37
	41.64	1:25.88				
	(41.64)	(44.24)				
NS	F # 26B	Men 9-10 100 Breast	LIFE-MI	---	---	---
57.50Y DQ	F # 34B	Men 9-10 50 Fly	LIFE-MI	---	---	---
1F Arms underwater recovery						
1:23.05Y	F # 51B	Men 9-10 100 Free	LIFE-MI	2	---	-17.20
	39.30	1:23.05				
	(39.30)	(43.75)				
53.13Y	F # 63B	Men 9-10 50 Breast	LIFE-MI	2	---	0.85
1:51.87Y	F # 71B	Men 9-10 100 IM	LIFE-MI	3	---	-9.13
	55.04	1:51.87				
	(55.04)	(56.83)				
36.46Y	F # 81B	Men 9-10 50 Free	LIFE-MI	3	---	-0.56

Individual Meet Results

2025 LIFE & Royal Swimming Winter Fest 11-Jan-25 to 12-Jan-25 Yards
Location: Troy High School

Time	F/P/S	Event			Place	Points	Improv
Liam Paton (12) M							
31.91Y	F # 16C	Men 11-12 50 Free		LIFE-MI	2	---	-1.63
1:37.57Y	F # 26C	Men 11-12 100 Breast		LIFE-MI	3	---	-0.48
	46.09	1:37.57					
	(46.09)	(51.48)					
42.06Y	F # 34C	Men 11-12 50 Fly		LIFE-MI	7	---	-5.95
1:28.31Y	F # 40C	Men 11-12 100 IM		LIFE-MI	4	---	-2.77
	39.81	1:28.31					
	(39.81)	(48.50)					
1:17.35Y	F # 51C	Men 11-12 100 Free		LIFE-MI	5	---	-4.19
	35.47	1:17.35					
	(35.47)	(41.88)					
2:58.21Y	F # 66F	Men 11-12 200 Free		LIFE-MI	2	---	---
	38.51	1:23.92	2:13.00	2:58.21			
	(38.51)	(45.41)	(49.08)	(45.21)			
3:30.04Y	F # 84F	Men 11-12 200 Breast		LIFE-MI	2	---	---
	47.48	1:41.58	2:33.15	3:30.04			
	(47.48)	(54.10)	(51.57)	(56.89)			
Marko Petrovic (13) M							
1:12.45Y	F # 10	Men 100 Back		LIFE-MI	3	---	-1.11
	34.98	1:12.45					
	(34.98)	(37.47)					
1:01.92Y	F # 22	Men 100 Free		LIFE-MI	2	---	1.79
	29.32	1:01.92					
	(29.32)	(32.60)					
2:25.08Y	F # 38	Mixed 200 Free		LIFE-MI	6	---	7.76
14:04.60Y	F # 43	Mixed 1000 Free		LIFE-MI	9	---	---
	36.11	1:18.23	1:59.92	2:42.67	3:25.33	4:08.83	4:51.58
	(36.11)	(42.12)	(41.69)	(42.75)	(42.66)	(43.50)	(42.75)
	6:19.27	7:04.32	7:47.11	8:30.06	9:13.96	9:56.36	10:37.18
	(44.83)	(45.05)	(42.79)	(42.95)	(43.90)	(42.40)	(40.82)
	12:03.20	12:45.90	13:28.96	14:04.60			
	(42.87)	(42.70)	(43.06)	(35.64)			
1:01.52Y	F # 53	Men 100 Free		LIFE-MI	1	---	1.39
	28.79	1:01.52					
	(28.79)	(32.73)					
1:12.49Y	F # 59	Men 100 Back		LIFE-MI	1	---	-1.07
	35.77	1:12.49					
	(35.77)	(36.72)					
1:18.91Y	F # 79	Men 100 Fly		LIFE-MI	2	---	3.21
	37.09	1:18.91					
	(37.09)	(41.82)					
1:27.25Y	F # 91	Men 100 Breast		LIFE-MI	1	---	2.80
	40.96	1:27.25					
	(40.96)	(46.29)					

Individual Meet Results

2025 LIFE & Royal Swimming Winter Fest 11-Jan-25 to 12-Jan-25 Yards
Location: Troy High School

Time	F/P/S	Event	Place	Points	Improv	
Elizabeth Qu (15) W						
1:06.99Y	F # 9	Women 100 Back	LIFE-MI	2	---	-0.88
	32.75	1:06.99				
	(32.75)	(34.24)				
28.32Y	F # 17	Women 50 Free	LIFE-MI	3	---	-0.24
1:30.10Y	F # 27	Women 100 Breast	LIFE-MI	4	---	---
	41.97	1:30.10				
	(41.97)	(48.13)				
12:52.82Y	F # 43	Mixed 1000 Free	LIFE-MI	3	---	---
	33.72	1:11.36 1:50.86 2:30.00	3:09.90 3:48.98 4:28.85 5:07.82			
	(33.72)	(37.64) (39.50) (39.14)	(39.90) (39.08) (39.87) (38.97)			
	5:47.46	6:27.56 7:07.03 7:46.06	8:25.87 9:05.93 9:44.83 10:23.42			
	(39.64)	(40.10) (39.47) (39.03)	(39.81) (40.06) (38.90) (38.59)			
	11:02.48	11:41.13 12:17.19 12:52.82				
	(39.06)	(38.65) (36.06) (35.63)				
2:23.26Y	F # 67	Mixed 200 Free	LIFE-MI	2	---	---
	32.17	1:08.44 1:45.24 2:23.26				
	(32.17)	(36.27) (36.80) (38.02)				
1:13.14Y	F # 72	Women 100 IM	LIFE-MI	3	---	1.04
	33.14	1:13.14				
	(33.14)	(40.00)				
2:29.90Y	F # 87	Mixed 200 Back	LIFE-MI	1	---	0.40
	35.35	1:13.63 1:52.53 2:29.90				
	(35.35)	(38.28) (38.90) (37.37)				
Hank Rogers (12) M						
1:28.85Y DQ	F # 8C	Men 11-12 100 Back	LIFE-MI	---	---	---
	42.74	1:28.85				
	(42.74)	(46.11)				
2T Delay initiating turn						
32.94Y	F # 16C	Men 11-12 50 Free	LIFE-MI	4	---	0.34
43.50Y	F # 34C	Men 11-12 50 Fly	LIFE-MI	9	---	1.83
3:07.71Y	F # 37F	Men 11-12 200 Free	LIFE-MI	1	---	6.06
Jack Rogers (13) M						
1:20.14Y	F # 22	Men 100 Free	LIFE-MI	5	---	4.79
	36.94	1:20.14				
	(36.94)	(43.20)				
2:11.45Y	F # 28	Men 100 Breast	LIFE-MI	5	---	---
	1:03.20	2:11.45				
	(1:03.20)	(1:08.25)				
3:04.43Y	F # 38	Mixed 200 Free	LIFE-MI	11	---	0.15
1:49.65Y DQ	F # 42	Men 100 IM	LIFE-MI	---	---	---
	54.68	1:49.65				
	(54.68)	(54.97)				

Individual Meet Results

2025 LIFE & Royal Swimming Winter Fest 11-Jan-25 to 12-Jan-25 Yards

Location: Troy High School

Time	F/P/S	Event		Place	Points	Improv
Blake Saunders (9) W						
48.35Y	F # 5B	Women 9-10 50 Back	LIFE-MI	7	---	-0.65
4:18.15Y	F # 11B	Women 9-10 200 IM	LIFE-MI	4	---	---
	1:07.41	2:12.34 3:22.78 4:18.15				
	(1:07.41)	(1:04.93) (1:10.44) (55.37)				
1:42.55Y	F # 19B	Women 9-10 100 Free	LIFE-MI	3	---	2.27
	45.34	1:42.55				
	(45.34)	(57.21)				
4:29.28Y DQ	F # 31C	Women 9-10 200 Back	LIFE-MI	---	---	---
	2I No touch at turn					
NS	F # 39B	Women 9-10 100 IM	LIFE-MI	---	---	---
Brooke Saunders (11) W						
39.74Y	F # 5C	Women 11-12 50 Back	LIFE-MI	4	---	-2.49
3:37.50Y	F # 11C	Women 11-12 200 IM	LIFE-MI	3	---	12.41
	48.36	1:38.44 2:43.39 3:37.50				
	(48.36)	(50.08) (1:04.95) (54.11)				
35.25Y	F # 15C	Women 11-12 50 Free	LIFE-MI	4	---	1.23
49.33Y	F # 23C	Women 11-12 50 Breast	LIFE-MI	3	---	4.47
43.41Y	F # 33C	Women 11-12 50 Fly	LIFE-MI	4	---	-3.08
40.39Y	F # 60C	Women 11-12 50 Back	LIFE-MI	3	---	-1.84
1:36.65Y	F # 70C	Women 11-12 100 IM	LIFE-MI	4	---	5.30
	45.31	1:36.65				
	(45.31)	(51.34)				
39.41Y	F # 80C	Women 11-12 50 Free	LIFE-MI	8	---	5.39
1:44.13Y	F # 88C	Women 11-12 100 Breast	LIFE-MI	1	---	-0.27
	49.37	1:44.13				
	(49.37)	(54.76)				
Rieka Shimizu (8) W						
59.94Y	F # 60A	Women 8 & Under 50 Back	LIFE-MI	4	---	---
30.58Y DQ	F # 74	Women 8 & Under 25 Breast	LIFE-MI	---	---	---
	3J One hand touch					
57.50Y	F # 80A	Women 8 & Under 50 Free	LIFE-MI	4	---	-2.50
Avneesh Sule (13) M						
1:22.27Y	F # 22	Men 100 Free	LIFE-MI	7	---	-16.51
	38.43	1:22.27				
	(38.43)	(43.84)				
1:43.78Y	F # 28	Men 100 Breast	LIFE-MI	3	---	---
	48.07	1:43.78				
	(48.07)	(55.71)				
3:10.12Y	F # 38	Mixed 200 Free	LIFE-MI	12	---	---
Samantha Sup (15) W						
2:32.08Y	F # 67	Mixed 200 Free	LIFE-MI	3	---	-0.53
	35.81	1:14.09 1:54.55 2:32.08				
	(35.81)	(38.28) (40.46) (37.53)				
1:21.55Y	F # 72	Women 100 IM	LIFE-MI	7	---	-0.89
	37.60	1:21.55				
	(37.60)	(43.95)				
1:15.51Y	F # 78	Women 100 Fly	LIFE-MI	3	---	-0.38
	35.80	1:15.51				
	(35.80)	(39.71)				

Individual Meet Results

2025 LIFE & Royal Swimming Winter Fest 11-Jan-25 to 12-Jan-25 Yards
Location: Troy High School

Time	F/P/S	Event					Place	Points	Improv
Milana Triemstra (6) W									
31.85Y	F # 3	Women 8 & Under 25 Fly			LIFE-MI	5	---	2.91	
56.90Y	F # 15A	Women 8 & Under 50 Free			LIFE-MI	7	---	---	
2:38.91Y	DQ F # 25A	Women 8 & Under 100 Breast			LIFE-MI	---	---	---	
	1:13.03	2:38.91							
	(1:13.03)	(1:25.88)							
3D Scissors kick									
28.64Y	DQ F # 29	Women 8 & Under 25 Back			LIFE-MI	---	---	---	
2L Shoulders past vertical toward breast									
Olivia Triemstra (9) W									
59.39Y	F # 5B	Women 9-10 50 Back			LIFE-MI	14	---	8.37	
47.32Y	F # 15B	Women 9-10 50 Free			LIFE-MI	10	---	---	
1:10.12Y	F # 23B	Women 9-10 50 Breast			LIFE-MI	9	---	0.50	
1:08.29Y	F # 33B	Women 9-10 50 Fly			LIFE-MI	7	---	0.93	
2:25.23Y	F # 39B	Women 9-10 100 IM			LIFE-MI	6	---	18.56	
	1:11.56	2:25.23							
	(1:11.56)	(1:13.67)							
Leonard Wang (11) M									
51.07Y	F # 6C	Men 11-12 50 Back			LIFE-MI	11	---	-0.30	
1:42.81Y	F # 20C	Men 11-12 100 Free			LIFE-MI	8	---	0.59	
	47.42	1:42.81							
	(47.42)	(55.39)							
55.15Y	F # 34C	Men 11-12 50 Fly			LIFE-MI	11	---	4.68	
1:51.13Y	DQ F # 40C	Men 11-12 100 IM			LIFE-MI	---	---	---	
	55.70	1:51.13							
	(55.70)	(55.43)							
1M Not towards breast off the wall - fly									
3:31.36Y	DQ F # 45C	Men 11-12 200 IM			LIFE-MI	---	---	---	
1J Not Separated - fly									
1:46.13Y	F # 51C	Men 11-12 100 Free			LIFE-MI	9	---	3.91	
	50.21	1:46.13							
	(50.21)	(55.92)							
56.74Y	F # 65C	Men 11-12 50 Fly			LIFE-MI	4	---	6.27	
NS	F # 77C	Men 11-12 100 Fly			LIFE-MI	---	---	---	
2:01.49Y	DQ F # 89C	Men 11-12 100 Breast			LIFE-MI	---	---	---	
	57.96	2:01.49							
	(57.96)	(1:03.53)							
3J One hand touch									
Beya Weslati (14) W									
59.33Y	F # 21	Women 100 Free			LIFE-MI	2	---	1.50	
	27.83	59.33							
	(27.83)	(31.50)							
2:31.59Y	F # 32	Mixed 200 Back			LIFE-MI	3	---	9.61	
2:19.78Y	F # 38	Mixed 200 Free			LIFE-MI	1	---	7.78	
14:08.91Y	F # 43	Mixed 1000 Free			LIFE-MI	10	---	---	
	35.23	1:15.09	1:57.82	3:23.77	4:07.03	4:48.71	5:33.33	6:17.84	
	(35.23)	(39.86)	(42.73)	(1:25.95)	(43.26)	(41.68)	(44.62)	(44.51)	
	7:01.44	7:42.85	8:26.82	9:11.59	9:54.42	10:39.74	11:25.82	12:06.05	
	(43.60)	(41.41)	(43.97)	(44.77)	(42.83)	(45.32)	(46.08)	(40.23)	
	12:48.82	13:29.36	14:09.23	14:08.91					
	(42.77)	(40.54)	(39.87)	(.32)					

Individual Meet Results

2025 LIFE & Royal Swimming Winter Fest 11-Jan-25 to 12-Jan-25 Yards
Location: Troy High School

Time	F/P/S	Event		Place	Points	Improv
Riley Wilkins (7) W						
2:08.96Y	F # 7A	Women 8 & Under 100 Back	LIFE-MI	1	---	---
	1:03.53	2:08.96				
	(1:03.53)	(1:05.43)				
45.57Y	F # 15A	Women 8 & Under 50 Free	LIFE-MI	3	---	-15.37
1:06.50Y	F # 33A	Women 8 & Under 50 Fly	LIFE-MI	1	---	---
2:23.13Y	F # 39A	Women 8 & Under 100 IM	LIFE-MI	2	---	1.79
	1:10.32	2:23.13				
	(1:10.32)	(1:12.81)				
Evan Xiao (13) M						
3:03.88Y DQ	F # 47	Men 200 IM	LIFE-MI	---	---	---
	41.89	1:23.60 2:20.36 3:03.88				
	(41.89)	(41.71) (56.76) (43.52)				
3D Scissors kick - breast						
2:46.71Y	F # 67	Mixed 200 Free	LIFE-MI	5	---	5.87
	37.48	1:19.48 2:03.71 2:46.71				
	(37.48)	(42.00) (44.23) (43.00)				
1:33.40Y	F # 79	Men 100 Fly	LIFE-MI	4	---	5.30
	43.29	1:33.40				
	(43.29)	(50.11)				
3:41.96Y	F # 85	Mixed 200 Breast	LIFE-MI	6	---	---
	50.82	1:48.14 2:45.02 3:41.96				
	(50.82)	(57.32) (56.88) (56.94)				
Aria Xu (13) W						
1:11.21Y	F # 9	Women 100 Back	LIFE-MI	4	---	3.42
	34.44	1:11.21				
	(34.44)	(36.77)				
1:04.18Y	F # 21	Women 100 Free	LIFE-MI	6	---	1.94
	30.52	1:04.18				
	(30.52)	(33.66)				
2:24.13Y	F # 38	Mixed 200 Free	LIFE-MI	4	---	6.81
13:49.88Y	F # 43	Mixed 1000 Free	LIFE-MI	8	---	---
	33.17	1:12.77 1:54.64 2:36.49 3:18.04 3:59.51 4:42.10 5:24.67				
	(33.17)	(39.60) (41.87) (41.85) (41.55) (41.47) (42.59) (42.57)				
	6:07.18	6:49.44 7:31.61 8:14.43 8:56.52 9:39.01 10:21.26 11:03.54				
	(42.51)	(42.26) (42.17) (42.82) (42.09) (42.49) (42.25) (42.28)				
	11:45.16	12:27.89 13:09.18 13:49.88				
	(41.62)	(42.73) (41.29) (40.70)				
1:13.06Y	F # 58	Women 100 Back	LIFE-MI	1	---	5.27
	35.26	1:13.06				
	(35.26)	(37.80)				
1:13.11Y	F # 72	Women 100 IM	LIFE-MI	2	---	2.12
	33.79	1:13.11				
	(33.79)	(39.32)				
29.83Y	F # 82	Women 50 Free	LIFE-MI	3	---	1.27
1:24.32Y	F # 90	Women 100 Breast	LIFE-MI	2	---	4.21
	39.54	1:24.32				
	(39.54)	(44.78)				

Individual Meet Results

2025 LIFE & Royal Swimming Winter Fest 11-Jan-25 to 12-Jan-25 Yards

Location: Troy High School

Time	F/P/S	Event				Place			Points	Improv	
Lyuwen Yan (10) W											
39.82Y	F # 5B	Women 9-10 50 Back				LIFE-MI			2	---	-1.40
3:18.06Y	F # 11B	Women 9-10 200 IM				LIFE-MI			1	---	---
	50.07	1:38.00	2:34.35	3:18.06							
	(50.07)	(47.93)	(56.35)	(43.71)							
34.78Y	F # 15B	Women 9-10 50 Free				LIFE-MI			2	---	0.43
49.50Y	F # 23B	Women 9-10 50 Breast				LIFE-MI			3	---	0.73
2:52.09Y	F # 37C	Women 9-10 200 Free				LIFE-MI			1	---	-1.52
7:52.01Y	F # 48C	Women 9-10 500 Free				LIFE-MI			1	---	---
	38.56	1:24.38	2:13.31	3:03.39	3:53.19	4:42.54	5:31.97	6:20.84			
	(38.56)	(45.82)	(48.93)	(50.08)	(49.80)	(49.35)	(49.43)	(48.87)			
	7:08.35	7:52.01									
	(47.51)	(43.66)									
1:27.55Y	F # 56B	Women 9-10 100 Back				LIFE-MI			2	---	-2.64
	41.30	1:27.55									
	(41.30)	(46.25)									
38.87Y	F # 60B	Women 9-10 50 Back				LIFE-MI			1	---	-2.35
3:23.11Y	F # 86C	Women 9-10 200 Back				LIFE-MI			1	---	---
	1:36.90	2:32.09	3:23.47	3:23.11							
	(1:36.90)	(55.19)	(51.38)	(.36)							
1:42.18Y	F # 88B	Women 9-10 100 Breast				LIFE-MI			3	---	-1.35
	48.83	1:42.18									
	(48.83)	(53.35)									
Aditya Yogesh (13) M											
1:47.11Y DQ	F # 10	Men 100 Back				LIFE-MI			---	---	---
	52.66	1:47.11									
	(52.66)	(54.45)									
1:50.37Y	F # 22	Men 100 Free				LIFE-MI			10	---	---
	50.38	1:50.37									
	(50.38)	(59.99)									
1:49.30Y	F # 53	Men 100 Free				LIFE-MI			6	---	---
	48.86	1:49.30									
	(48.86)	(1:00.44)									
1:57.23Y DQ	F # 73	Men 100 IM				LIFE-MI			---	---	---
	53.82	1:57.23									
	(53.82)	(1:03.41)									
3:44.22Y	F # 87	Mixed 200 Back				LIFE-MI			4	---	---
	---	---	---	3:44.22							
	---	---	---	(3:44.22)							
DQ	F # 91	Men 100 Breast				LIFE-MI			---	---	---
7P Declared false start											

Individual Meet Results

2025 LIFE & Royal Swimming Winter Fest 11-Jan-25 to 12-Jan-25 Yards

Location: Troy High School

Time	F/P/S	Event		Place	Points	Improv
Justin Zhou (11) M						
46.12Y	F # 6C	Men 11-12 50 Back	LIFE-MI	9	---	0.34
36.43Y	F # 16C	Men 11-12 50 Free	LIFE-MI	8	---	-3.60
1:46.12Y	F # 26C	Men 11-12 100 Breast	LIFE-MI	5	---	-16.26
	51.02	1:46.12				
	(51.02)	(55.10)				
7:29.50Y	DQ F # 35F	Men 11-12 400 IM	LIFE-MI	---	---	---
	1A Alternating Kick - fly					
47.58Y	F # 61C	Men 11-12 50 Back	LIFE-MI	6	---	1.80
3:01.04Y	F # 66F	Men 11-12 200 Free	LIFE-MI	3	---	-21.07
	39.28	1:27.48 2:18.02 3:01.04				
	(39.28)	(48.20) (50.54) (43.02)				
3:48.41Y	F # 84F	Men 11-12 200 Breast	LIFE-MI	4	---	---
	52.15	2:51.95 3:48.41 3:48.41				
	(52.15)	(1:59.80) (56.46) (0.00)				
1:49.76Y	F # 89C	Men 11-12 100 Breast	LIFE-MI	5	---	-12.62
	53.54	1:49.76				
	(53.54)	(56.22)				