

Individual Meet Results

2025 LIFE & Royal Swimming Winter Fest 11-Jan-25 to 12-Jan-25 Yards

Location: Troy High School

Time	F/P/S	Event	Place	Points	%	Improv
Maya Abukhaled (9) W						
57.85Y	F # 5B	Women 9-10 50 Back	LIFE-MI	13	---	---
1:01.64Y	F # 15B	Women 9-10 50 Free	LIFE-MI	14	---	---
1:09.76Y	DQ F # 23B	Women 9-10 50 Breast	LIFE-MI	---	---	---
3D Scissors kick						
DQ	F # 39B	Women 9-10 100 IM	LIFE-MI	---	---	---
7P Declared false start - Misc						
Alice Aguilar (10) W						
1:54.75Y	F # 50B	Women 9-10 100 Free	LIFE-MI	8	---	-0.46 %
54.24 1:54.75						
(54.24) (1:00.51)						
1:03.72Y	F # 60B	Women 9-10 50 Back	LIFE-MI	5	---	---
2:15.72Y	F # 88B	Women 9-10 100 Breast	LIFE-MI	5	---	-4.96 %
1:07.35 2:15.72						
(1:07.35) (1:08.37)						
Husam Alkhoury (6) M						
NS	F # 61A	Men 8 & Under 50 Back	LIFE-MI	---	---	---
NS	F # 69	Men 8 & Under 25 Free	LIFE-MI	---	---	---
NS	F # 81A	Men 8 & Under 50 Free	LIFE-MI	---	---	---
Alessandro Ardanese (10) M						
41.72Y	F # 16B	Men 9-10 50 Free	LIFE-MI	6	---	12.46 %
3:49.75Y	F # 31D	Men 9-10 200 Back	LIFE-MI	1	---	---
3:45.03Y	F # 37D	Men 9-10 200 Free	LIFE-MI	2	---	0.68 %
2:00.03Y	F # 40B	Men 9-10 100 IM	LIFE-MI	5	---	---
58.17 2:00.03						
(58.17) (1:01.86)						
10:00.44Y	F # 48D	Men 9-10 500 Free	LIFE-MI	4	---	---
2:47.91 3:51.28 4:55.68 7:59.93 10:00.61 --- --- ---						
(2:47.91) (1:03.37) (1:04.40) (3:04.25) (2:00.68) --- --- ---						
--- 10:00.44						
--- (10:00.44)						
1:50.06Y	F # 57B	Men 9-10 100 Back	LIFE-MI	5	---	---
51.67 1:50.06						
(51.67) (58.39)						
46.19Y	F # 61B	Men 9-10 50 Back	LIFE-MI	1	---	6.16 %
2:18.54Y	F # 89B	Men 9-10 100 Breast	LIFE-MI	3	---	---
1:07.58 2:18.54						
(1:07.58) (1:10.96)						

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Location: Troy High School

Time	F/P/S	Event				Place			Points	%	Improv
Claudio Ardanese (12) M											
47.87Y	F # 6C	Men	11-12	50 Back	LIFE-MI	10		---		5.40	%
4:02.50Y	F # 12C	Men	11-12	200 IM	LIFE-MI	5		---		8.50	%
	1:04.12	2:08.06	3:06.30	4:02.50							
	(1:04.12)	(1:03.94)	(58.24)	(56.20)							
1:31.04Y	F # 20C	Men	11-12	100 Free	LIFE-MI	6		---		18.26	%
	41.53	1:31.04									
	(41.53)	(49.51)									
3:52.38Y DQ	F # 31F	Men	11-12	200 Back	LIFE-MI	---		---		---	%
1:45.93Y	F # 40C	Men	11-12	100 IM	LIFE-MI	7		---		-14.37	%
	53.07	1:45.93									
	(53.07)	(52.86)									
9:38.32Y	F # 48F	Men	11-12	500 Free	LIFE-MI	6		---		---	%
	44.95	1:45.56	2:45.26	3:45.96	4:45.94	5:48.80	7:46.62	8:45.61			
	(44.95)	(1:00.61)	(59.70)	(1:00.70)	(59.98)	(1:02.86)	(1:57.82)	(58.99)			
	9:38.16	9:38.32									
	(52.55)	(0.16)									
1:46.91Y	F # 57C	Men	11-12	100 Back	LIFE-MI	6		---		18.68	%
	49.79	1:46.91									
	(49.79)	(57.12)									
46.65Y	F # 63C	Men	11-12	50 Breast	LIFE-MI	6		---		5.16	%
1:45.40Y	F # 71C	Men	11-12	100 IM	LIFE-MI	6		---		-13.80	%
	53.82	1:45.40									
	(53.82)	(51.58)									
NS	F # 77C	Men	11-12	100 Fly	LIFE-MI	---		---		---	%
Benjamin Berry (12) M											
1:55.65Y	F # 8C	Men	11-12	100 Back	LIFE-MI	5		---		---	%
	1:55.53	1:55.65									
	(1:55.53)	(0.12)									
1:57.41Y	F # 26C	Men	11-12	100 Breast	LIFE-MI	6		---		---	%
	53.68	1:57.41									
	(53.68)	(1:03.73)									
1:07.66Y	F # 34C	Men	11-12	50 Fly	LIFE-MI	12		---		---	%
NS	F # 37F	Men	11-12	200 Free	LIFE-MI	---		---		---	%
Donavan Berry (9) M											
53.72Y	F # 6B	Men	9-10	50 Back	LIFE-MI	12		---		---	%
1:39.96Y	F # 20B	Men	9-10	100 Free	LIFE-MI	6		---		---	%
	45.26	1:39.96									
	(45.26)	(54.70)									
1:15.28Y DQ	F # 34B	Men	9-10	50 Fly	LIFE-MI	---		---		---	%
1E Non-simultaneous arms											
2:09.68Y DQ	F # 40B	Men	9-10	100 IM	LIFE-MI	---		---		---	%
	1:01.58	2:09.68									
	(1:01.58)	(1:08.10)									
1M Not towards breast off the wall - fly											

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Time	F/P/S	Event		Place	Points	%	Improv
Evan Black (10) M							
1:39.50Y	F # 51B	Men 9-10 100 Free	LIFE-MI	5	---		-4.30 %
	45.51	1:39.50					
	(45.51)	(53.99)					
50.74Y	F # 65B	Men 9-10 50 Fly	LIFE-MI	3	---		-5.31 %
41.24Y	F # 81B	Men 9-10 50 Free	LIFE-MI	4	---		15.27 %
2:06.49Y	F # 89B	Men 9-10 100 Breast	LIFE-MI	2	---		-1.18 %
	1:01.15	2:06.49					
	(1:01.15)	(1:05.34)					
Owen Black (12) M							
3:08.12Y	F # 45C	Men 11-12 200 IM	LIFE-MI	1	---		4.47 %
38.19Y	F # 65C	Men 11-12 50 Fly	LIFE-MI	1	---		-4.00 %
31.49Y	F # 81C	Men 11-12 50 Free	LIFE-MI	3	---		6.97 %
3:48.42Y	F # 84F	Men 11-12 200 Breast	LIFE-MI	5	---		---
	49.19	1:47.79 2:48.34 3:48.42					
	(49.19)	(58.60) (1:00.55) (1:00.08)					
3:31.81Y	F # 86F	Men 11-12 200 Back	LIFE-MI	3	---		---
	49.87	1:45.23 3:32.92 3:31.81					
	(49.87)	(55.36) (1:47.69) (1.11)					
Simon Black (6) M							
1:14.91Y	F # 61A	Men 8 & Under 50 Back	LIFE-MI	7	---		4.67 %
32.84Y	F # 69	Men 8 & Under 25 Free	LIFE-MI	8	---		-1.83 %
49.05Y	F # 75	Men 8 & Under 25 Breast	LIFE-MI	1	---		4.65 %
1:19.79Y	F # 81A	Men 8 & Under 50 Free	LIFE-MI	4	---		---

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Time	F/P/S	Event	Place	Points	%	Improv
Lucas Bluhm (13) M						
1:32.77Y	F # 10	Men 100 Back	LIFE-MI	6	---	4.15 %
	45.90	1:32.77				
	(45.90)	(46.87)				
37.99Y	F # 18	Men 50 Free	LIFE-MI	6	---	-5.67 %
1:24.37Y	F # 22	Men 100 Free	LIFE-MI	9	---	-2.58 %
	40.55	1:24.37				
	(40.55)	(43.82)				
1:44.04Y	F # 42	Men 100 IM	LIFE-MI	4	---	1.76 %
	48.88	1:44.04				
	(48.88)	(55.16)				
8:14.13Y	F # 49	Mixed 500 Free	LIFE-MI	7	---	-0.98 %
	41.86	1:31.06 2:20.67 3:09.15 4:00.65 4:51.07 5:42.86 6:34.69				
	(41.86)	(49.20) (49.61) (48.48) (51.50) (50.42) (51.79) (51.83)				
	7:27.68	8:14.13				
	(52.99)	(46.45)				
1:41.75Y	F # 59	Men 100 Back	LIFE-MI	4	---	-5.12 %
	1:43.07	1:41.75				
	(1:43.07)	(1.32)				
1:49.67Y	F # 79	Men 100 Fly	LIFE-MI	5	---	-3.31 %
	52.09	1:49.67				
	(52.09)	(57.58)				
4:10.50Y	F # 85	Mixed 200 Breast	LIFE-MI	7	---	-5.66 %
	56.24	2:00.69 3:05.83 4:10.50				
	(56.24)	(1:04.45) (1:05.14) (1:04.67)				
2:05.87Y	F # 91	Men 100 Breast	LIFE-MI	3	---	-12.51 %
	58.84	2:05.87				
	(58.84)	(1:07.03)				
Aaron Carrera Cardozo (11) M						
1:36.66Y	F # 51C	Men 11-12 100 Free	LIFE-MI	8	---	-2.39 %
	44.75	1:36.66				
	(44.75)	(51.91)				
50.19Y DQ	F # 61C	Men 11-12 50 Back	LIFE-MI	---	---	---
2L Shoulders past vertical toward breast						
1:01.17Y	F # 65C	Men 11-12 50 Fly	LIFE-MI	5	---	---
42.03Y	F # 81C	Men 11-12 50 Free	LIFE-MI	9	---	3.67 %
2:00.37Y	F # 89C	Men 11-12 100 Breast	LIFE-MI	8	---	-0.09 %
	58.60	2:00.37				
	(58.60)	(1:01.77)				

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Amer Charafeddine (10) M							
59.21Y	DQ	F # 6B Men 9-10 50 Back	LIFE-MI	---	---	---	%
2L Shoulders past vertical toward breast							
56.65Y		F # 16B Men 9-10 50 Free	LIFE-MI	11	---	14.74	%
2:08.60Y		F # 20B Men 9-10 100 Free	LIFE-MI	8	---	26.43	%
		1:02.76 2:08.60					
		(1:02.76) (1:05.84)					
NS		F # 40B Men 9-10 100 IM	LIFE-MI	---	---	---	%
2:04.18Y		F # 51B Men 9-10 100 Free	LIFE-MI	8	---	28.96	%
		1:00.13 2:04.18					
		(1:00.13) (1:04.05)					
1:05.88Y		F # 61B Men 9-10 50 Back	LIFE-MI	6	---	5.68	%
1:02.16Y		F # 81B Men 9-10 50 Free	LIFE-MI	9	---	6.44	%
Sally Charafeddine (11) W							
1:44.93Y		F # 7C Women 11-12 100 Back	LIFE-MI	2	---	---	%
		47.40 1:44.93					
		(47.40) (57.53)					
35.69Y		F # 15C Women 11-12 50 Free	LIFE-MI	5	---	15.63	%
50.87Y	DQ	F # 23C Women 11-12 50 Breast	LIFE-MI	---	---	---	%
3C Butterfly kick							
1:56.83Y	DQ	F # 39C Women 11-12 100 IM	LIFE-MI	---	---	---	%
		51.83 1:56.83					
		(51.83) (1:05.00)					
1E Non-simultaneous arms - fly							
3:28.03Y	DQ	F # 44C Women 11-12 200 IM	LIFE-MI	---	---	---	%
3D Scissors kick - breast							
1:28.16Y		F # 50C Women 11-12 100 Free	LIFE-MI	5	---	11.09	%
		42.77 1:28.16					
		(42.77) (45.39)					
51.93Y		F # 60C Women 11-12 50 Back	LIFE-MI	7	---	-5.79	%
3:17.75Y		F # 66E Women 11-12 200 Free	LIFE-MI	1	---	---	%
		47.46 1:38.64 2:30.99 3:17.75					
		(47.46) (51.18) (52.35) (46.76)					
37.67Y		F # 80C Women 11-12 50 Free	LIFE-MI	7	---	10.95	%
Aiden Choi (12) M							
1:14.74Y		F # 51C Men 11-12 100 Free	LIFE-MI	4	---	8.01	%
		36.63 1:14.74					
		(36.63) (38.11)					
1:30.68Y		F # 71C Men 11-12 100 IM	LIFE-MI	4	---	1.95	%
		46.46 1:30.68					
		(46.46) (44.22)					
32.91Y		F # 81C Men 11-12 50 Free	LIFE-MI	4	---	-7.30	%
1:42.60Y		F # 89C Men 11-12 100 Breast	LIFE-MI	4	---	7.97	%
		49.78 1:42.60					
		(49.78) (52.82)					

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Time	F/P/S	Event	Place	Points	%	Improv
Amber Choong (16) W						
1:12.46Y	F # 9	Women 100 Back	LIFE-MI	6	---	-9.44 %
	35.46	1:12.46				
	(35.46)	(37.00)				
1:22.66Y	F # 27	Women 100 Breast	LIFE-MI	3	---	-2.20 %
	23.07	1:22.66				
	(23.07)	(59.59)				
2:24.75Y	F # 38	Mixed 200 Free	LIFE-MI	5	---	-13.15 %
14:18.67Y	F # 43	Mixed 1000 Free	LIFE-MI	12	---	---
	34.80	1:13.05	1:54.16	2:36.67	3:19.03	4:01.03
	(34.80)	(38.25)	(41.11)	(42.51)	(42.36)	(42.00)
	6:16.03	7:00.46	7:44.08	8:28.18	9:12.76	9:56.98
	(44.37)	(44.43)	(43.62)	(44.10)	(44.58)	(44.22)
	12:08.51	12:51.87	13:35.55	14:18.67		
	(43.89)	(43.36)	(43.68)	(43.12)		
6:17.76Y	F # 49	Mixed 500 Free	LIFE-MI	2	---	-5.73 %
	32.26	1:07.45	1:44.97	2:23.13	3:02.27	3:41.48
	(32.26)	(35.19)	(37.52)	(38.16)	(39.14)	(39.21)
	5:39.22	6:17.76				
	(39.20)	(38.54)				
1:15.51Y	F # 58	Women 100 Back	LIFE-MI	2	---	-14.05 %
	36.45	1:15.51				
	(36.45)	(39.06)				
1:13.04Y	F # 78	Women 100 Fly	LIFE-MI	2	---	-3.66 %
	33.86	1:13.04				
	(33.86)	(39.18)				
2:40.03Y	F # 87	Mixed 200 Back	LIFE-MI	2	---	-12.36 %
	37.32	1:17.41	1:59.25	2:40.03		
	(37.32)	(40.09)	(41.84)	(40.78)		

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Time	F/P/S	Event	Place	Points	%	Improv
Claire Choong (13) W						
2:59.44Y	F # 2	Mixed 200 Fly	LIFE-MI	3	---	-9.68 %
	38.05	1:22.26 2:09.91 2:59.44				
	(38.05)	(44.21) (47.65) (49.53)				
1:17.91Y	F # 9	Women 100 Back	LIFE-MI	13	---	-2.04 %
	38.08	1:17.91				
	(38.08)	(39.83)				
1:09.59Y	F # 21	Women 100 Free	LIFE-MI	10	---	1.15 %
	34.04	1:09.59				
	(34.04)	(35.55)				
13:49.69Y	F # 43	Mixed 1000 Free	LIFE-MI	7	---	---
	35.52	1:15.74 1:57.44 2:39.69 3:21.46 4:03.44 4:45.74 5:28.30				
	(35.52)	(40.22) (41.70) (42.25) (41.77) (41.98) (42.30) (42.56)				
	6:11.07	6:52.50 7:34.95 8:17.29 9:00.53 9:43.51 10:25.54 11:07.40				
	(42.77)	(41.43) (42.45) (42.34) (43.24) (42.98) (42.03) (41.86)				
	11:48.89	12:30.64 13:11.66 13:49.69				
	(41.49)	(41.75) (41.02) (38.03)				
2:47.03Y	F # 46	Women 200 IM	LIFE-MI	4	---	-1.41 %
1:19.75Y	F # 72	Women 100 IM	LIFE-MI	6	---	-1.41 %
	36.49	1:19.75				
	(36.49)	(43.26)				
3:16.67Y	F # 85	Mixed 200 Breast	LIFE-MI	4	---	-3.34 %
	44.73	1:34.95 2:26.71 3:16.67				
	(44.73)	(50.22) (51.76) (49.96)				
Sally Foley (15) W						
30.97Y	F # 17	Women 50 Free	LIFE-MI	9	---	---
1:09.89Y	F # 21	Women 100 Free	LIFE-MI	11	---	2.11 %
	33.36	1:09.89				
	(33.36)	(36.53)				
1:29.54Y DQ	F # 27	Women 100 Breast	LIFE-MI	---	---	---
	41.81	1:29.54				
	(41.81)	(47.73)				
3B						
1:24.43Y	F # 41	Women 100 IM	LIFE-MI	5	---	---
	40.10	1:24.43				
	(40.10)	(44.33)				
Jowayreya Garamoon (11) W						
39.28Y	F # 5C	Women 11-12 50 Back	LIFE-MI	3	---	6.12 %
33.72Y	F # 15C	Women 11-12 50 Free	LIFE-MI	2	---	5.68 %
48.79Y	F # 23C	Women 11-12 50 Breast	LIFE-MI	2	---	10.80 %
46.06Y	F # 33C	Women 11-12 50 Fly	LIFE-MI	5	---	-14.35 %
Taleen Garamoon (13) W						
1:17.26Y	F # 9	Women 100 Back	LIFE-MI	11	---	-0.60 %
	37.52	1:17.26				
	(37.52)	(39.74)				
31.36Y	F # 17	Women 50 Free	LIFE-MI	10	---	-1.75 %
1:09.45Y	F # 21	Women 100 Free	LIFE-MI	9	---	-2.19 %
	33.07	1:09.45				
	(33.07)	(36.38)				
2:30.88Y	F # 38	Mixed 200 Free	LIFE-MI	8	---	-2.21 %

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Brayden Graham (14) M							
1:10.14Y	F # 10	Men 100 Back	LIFE-MI	2	---		-0.54 %
	33.86	1:10.14					
	(33.86)	(36.28)					
26.47Y	F # 18	Men 50 Free	LIFE-MI	1	---		0.97 %
2:33.22Y	F # 32	Mixed 200 Back	LIFE-MI	4	---		---
1:09.77Y	F # 42	Men 100 IM	LIFE-MI	2	---		---
	31.38	1:09.77					
	(31.38)	(38.39)					
Ysa Graham (16) W							
2:59.45Y	F # 2	Mixed 200 Fly	LIFE-MI	4	---		---
	37.42	1:22.31 2:11.47 2:59.45					
	(37.42)	(44.89) (49.16) (47.98)					
1:02.97Y	F # 21	Women 100 Free	LIFE-MI	4	---		-4.10 %
	29.59	1:02.97					
	(29.59)	(33.38)					
1:16.92Y	F # 41	Women 100 IM	LIFE-MI	3	---		5.26 %
	33.75	1:16.92					
	(33.75)	(43.17)					
James Gu (10) M							
1:01.04Y	F # 16B	Men 9-10 50 Free	LIFE-MI	14	---		---
1:04.87Y DQ	F # 24B	Men 9-10 50 Breast	LIFE-MI	---	---		---
		3J One hand touch					
2:11.77Y	F # 51B	Men 9-10 100 Free	LIFE-MI	9	---		---
	1:00.99	2:11.77					
	(1:00.99)	(1:10.78)					
2:17.03Y DQ	F # 57B	Men 9-10 100 Back	LIFE-MI	---	---		---
	---	2:17.03					
	---	(2:17.03)					
		2L Shoulders past vertical toward breast					
2:13.35Y DQ	F # 71B	Men 9-10 100 IM	LIFE-MI	---	---		---
	1:05.95	2:13.35					
	(1:05.95)	(1:07.40)					
		1J Not Separated - fly					
1:07.66Y	F # 81B	Men 9-10 50 Free	LIFE-MI	10	---		---
2:20.59Y DQ	F # 89B	Men 9-10 100 Breast	LIFE-MI	---	---		---
	1:07.26	2:20.59					
	(1:07.26)	(1:13.33)					
		3J One hand touch					

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Kataryna Hart (8) W						
37.66Y	F # 3	Women 8 & Under 25 Fly	LIFE-MI	9	---	---
1:03.19Y	F # 15A	Women 8 & Under 50 Free	LIFE-MI	9	---	---
1:38.33Y	DQ F # 23A	Women 8 & Under 50 Breast	LIFE-MI	---	---	---
3J One hand touch						
1:38.78Y	DQ F # 33A	Women 8 & Under 50 Fly	LIFE-MI	---	---	---
1F Arms underwater recovery						
DQ	F # 39A	Women 8 & Under 100 IM	LIFE-MI	---	---	---
7P Declared false start - Misc						
2:18.88Y	F # 50A	Women 8 & Under 100 Free	LIFE-MI	3	---	---
1:05.12 2:18.88						
(1:05.12) (1:13.76)						
1:14.59Y	F # 60A	Women 8 & Under 50 Back	LIFE-MI	5	---	---
27.33Y	F # 68	Women 8 & Under 25 Free	LIFE-MI	6	---	---
40.63Y	F # 74	Women 8 & Under 25 Breast	LIFE-MI	2	---	---
DQ	F # 80A	Women 8 & Under 50 Free	LIFE-MI	---	---	---
7P Declared false start						
Sofia Hernandez Vargas (13) W						
1:21.55Y	F # 9	Women 100 Back	LIFE-MI	14	---	-0.02 %
40.22 1:21.55						
(40.22) (41.33)						
31.69Y	F # 17	Women 50 Free	LIFE-MI	11	---	-0.70 %
NS	F # 21	Women 100 Free	LIFE-MI	---	---	---
1:31.72Y	F # 27	Women 100 Breast	LIFE-MI	5	---	-2.88 %
44.29 1:31.72						
(44.29) (47.43)						
1:22.83Y	F # 41	Women 100 IM	LIFE-MI	4	---	2.23 %
40.24 1:22.83						
(40.24) (42.59)						
Serena He (11) W						
47.84Y	F # 5C	Women 11-12 50 Back	LIFE-MI	8	---	-3.93 %
3:26.27Y	F # 11C	Women 11-12 200 IM	LIFE-MI	1	---	5.35 %
50.71 1:44.28 2:39.41 3:26.27						
(50.71) (53.57) (55.13) (46.86)						
3:38.78Y	F # 31E	Women 11-12 200 Back	LIFE-MI	2	---	---
NS	F # 35E	Women 11-12 400 IM	LIFE-MI	---	---	---
1:37.50Y	F # 39C	Women 11-12 100 IM	LIFE-MI	1	---	-3.53 %
47.44 1:37.50						
(47.44) (50.06)						
8:07.47Y	F # 48E	Women 11-12 500 Free	LIFE-MI	1	---	0.09 %
41.75 1:30.80 2:19.83 3:09.31 3:59.47 4:49.45 5:39.94 6:30.95						
(41.75) (49.05) (49.03) (49.48) (50.16) (49.98) (50.49) (51.01)						
7:20.95 8:07.47						
(50.00) (46.52)						
46.62Y	F # 60C	Women 11-12 50 Back	LIFE-MI	6	---	-1.28 %
1:39.46Y	F # 70C	Women 11-12 100 IM	LIFE-MI	5	---	-5.61 %
48.04 1:39.46						
(48.04) (51.42)						
40.83Y	F # 80C	Women 11-12 50 Free	LIFE-MI	9	---	-0.74 %

Individual Meet Results

2025 LIFE & Royal Swimming Winter Fest 11-Jan-25 to 12-Jan-25 Yards
Location: Troy High School

Time	F/P/S	Event	Place	Points	%	Improv
Yeonwoo Kim (11) M						
1:25.85Y	F # 51C	Men 11-12 100 Free	LIFE-MI	4	---	12.58 %
1:40.00Y	F # 57C	Men 11-12 100 Back	LIFE-MI	4	---	2.56 %
59.47Y	F # 63C	Men 11-12 50 Breast	LIFE-MI	4	---	---
1:46.63Y DQ	F # 71C	Men 11-12 100 IM	LIFE-MI	---	---	---
1M Not towards breast off the wall - fly						
Mia Labadini (13) W						
1:34.05Y	F # 9	Women 100 Back	LIFE-MI	17	---	---
	1:35.19	1:34.05				
	(1:35.19)	(1.14)				
36.50Y	F # 17	Women 50 Free	LIFE-MI	14	---	1.78 %
1:23.48Y	F # 21	Women 100 Free	LIFE-MI	14	---	13.87 %
	38.98	1:23.48				
	(38.98)	(44.50)				
Sangmin Lee (8) M						
2:00.14Y	F # 51A	Men 8 & Under 100 Free	LIFE-MI	3	---	---
	53.38	2:00.14				
	(53.38)	(1:06.76)				
58.67Y	F # 61A	Men 8 & Under 50 Back	LIFE-MI	5	---	2.28 %
35.62Y DQ	F # 75	Men 8 & Under 25 Breast	LIFE-MI	---	---	---
3E Arms past hipline						
Luke Liang (11) M						
3:18.66Y	F # 45C	Men 11-12 200 IM	LIFE-MI	2	---	16.25 %
1:38.98Y	F # 57C	Men 11-12 100 Back	LIFE-MI	3	---	22.54 %
	49.39	1:38.98				
	(49.39)	(49.59)				
42.11Y	F # 65C	Men 11-12 50 Fly	LIFE-MI	2	---	---
36.90Y	F # 81C	Men 11-12 50 Free	LIFE-MI	6	---	12.54 %
1:51.90Y	F # 89C	Men 11-12 100 Breast	LIFE-MI	7	---	---
	54.75	1:51.90				
	(54.75)	(57.15)				
Mark Li (10) M						
52.32Y	F # 6B	Men 9-10 50 Back	LIFE-MI	11	---	19.98 %
4:18.91Y DQ	F # 12B	Men 9-10 200 IM	LIFE-MI	---	---	---
	59.78	2:07.81 3:17.17 4:18.91				
	(59.78)	(1:08.03) (1:09.36) (1:01.74)				
1F Arms underwater recovery - fly						
1:54.32Y	F # 20B	Men 9-10 100 Free	LIFE-MI	7	---	-1.00 %
	54.08	1:54.32				
	(54.08)	(1:00.24)				
4:16.81Y	F # 31D	Men 9-10 200 Back	LIFE-MI	2	---	---
Ellie Maclean (16) W						
1:06.93Y	F # 9	Women 100 Back	LIFE-MI	1	---	-2.18 %
	32.15	1:06.93				
	(32.15)	(34.78)				
26.72Y	F # 17	Women 50 Free	LIFE-MI	2	---	-0.38 %
2:21.75Y	F # 38	Mixed 200 Free	LIFE-MI	2	---	-1.93 %
1:12.85Y	F # 41	Women 100 IM	LIFE-MI	2	---	3.46 %
	32.84	1:12.85				
	(32.84)	(40.01)				

Individual Meet Results

2025 LIFE & Royal Swimming Winter Fest 11-Jan-25 to 12-Jan-25 Yards

Location: Troy High School

Time	F/P/S	Event		Place	Points	%	Improv
Inaya Mohanty (7) W							
1:21.44Y	F # 5A	Women 8 & Under 50 Back	LIFE-MI	4	---	13.57	%
1:21.75Y	F # 15A	Women 8 & Under 50 Free	LIFE-MI	12	---	-0.01	%
39.80Y	F # 29	Women 8 & Under 25 Back	LIFE-MI	7	---	12.59	%
32.07Y	F # 68	Women 8 & Under 25 Free	LIFE-MI	7	---	12.85	%
59.10Y	F # 74	Women 8 & Under 25 Breast	LIFE-MI	3	---	---	%
1:25.72Y	F # 80A	Women 8 & Under 50 Free	LIFE-MI	5	---	-4.87	%
Ryan Panse (13) M							
1:32.50Y	F # 28	Men 100 Breast	LIFE-MI	2	---	---	%
	42.32	1:32.50					
	(42.32)	(50.18)					
1:05.49Y	F # 53	Men 100 Free	LIFE-MI	3	---	---	%
	31.72	1:05.49					
	(31.72)	(33.77)					
3:29.27Y	F # 85	Mixed 200 Breast	LIFE-MI	5	---	---	%
	44.99	1:39.81 2:35.52 3:29.27					
	(44.99)	(54.82) (55.71) (53.75)					
1:28.67Y	F # 91	Men 100 Breast	LIFE-MI	2	---	---	%
	42.07	1:28.67					
	(42.07)	(46.60)					
Dan Park (12) M							
39.73Y	F # 6C	Men 11-12 50 Back	LIFE-MI	7	---	-1.30	%
3:05.44Y	F # 12C	Men 11-12 200 IM	LIFE-MI	4	---	7.12	%
	39.20	1:26.36 2:20.47 3:05.44					
	(39.20)	(47.16) (54.11) (44.97)					
3:08.82Y	F # 31F	Men 11-12 200 Back	LIFE-MI	1	---	---	%
6:56.84Y	F # 35F	Men 11-12 400 IM	LIFE-MI	1	---	---	%
1:12.72Y	F # 51C	Men 11-12 100 Free	LIFE-MI	1	---	15.04	%
	34.29	1:12.72					
	(34.29)	(38.43)					
37.84Y	F # 61C	Men 11-12 50 Back	LIFE-MI	3	---	3.52	%
1:36.73Y DQ	F # 77C	Men 11-12 100 Fly	LIFE-MI	---	---	---	%
	42.30	1:36.73					
	(42.30)	(54.43)					
1J Not Separated							
3:30.38Y	F # 84F	Men 11-12 200 Breast	LIFE-MI	3	---	---	%
	46.58	1:38.46 2:34.20 3:30.38					
	(46.58)	(51.88) (55.74) (56.18)					
1:34.29Y	F # 89C	Men 11-12 100 Breast	LIFE-MI	1	---	---	%
	43.69	1:34.29					
	(43.69)	(50.60)					

Individual Meet Results

2025 LIFE & Royal Swimming Winter Fest 11-Jan-25 to 12-Jan-25 Yards
Location: Troy High School

Time	F/P/S	Event	Place	Points	%	Improv
Sohyun Park (13) W						
1:27.22Y DQ	F # 9	Women 100 Back	LIFE-MI	---	---	---
	42.94	1:27.22				
	(42.94)	(44.28)				
	2L Shoulders past vertical toward breast					
33.25Y	F # 17	Women 50 Free	LIFE-MI	12	---	13.37 %
1:28.06Y	F # 41	Women 100 IM	LIFE-MI	6	---	10.68 %
	40.59	1:28.06				
	(40.59)	(47.47)				
1:14.38Y	F # 52	Women 100 Free	LIFE-MI	5	---	4.52 %
	35.06	1:14.38				
	(35.06)	(39.32)				
1:29.87Y	F # 58	Women 100 Back	LIFE-MI	3	---	4.30 %
	44.19	1:29.87				
	(44.19)	(45.68)				
32.91Y	F # 82	Women 50 Free	LIFE-MI	6	---	14.25 %
Stewart Park (10) M						
1:16.94Y	F # 8B	Men 9-10 100 Back	LIFE-MI	1	---	2.00 %
	37.34	1:16.94				
	(37.34)	(39.60)				
2:52.32Y	F # 12B	Men 9-10 200 IM	LIFE-MI	2	---	-0.10 %
	39.06	1:21.96 2:13.74 2:52.32				
	(39.06)	(42.90) (51.78) (38.58)				
1:06.65Y	F # 20B	Men 9-10 100 Free	LIFE-MI	1	---	0.07 %
	32.02	1:06.65				
	(32.02)	(34.63)				
6:52.25Y	F # 48D	Men 9-10 500 Free	LIFE-MI	2	---	---
	35.34	1:15.53 1:57.68 2:39.64 3:22.07 4:05.02 4:47.52 5:30.53				
	(35.34)	(40.19) (42.15) (41.96) (42.43) (42.95) (42.50) (43.01)				
	6:12.12	6:52.25				
	(41.59)	(40.13)				
2:30.25Y	F # 66D	Men 9-10 200 Free	LIFE-MI	1	---	-3.91 %
	33.72	1:12.32 1:52.70 2:30.25				
	(33.72)	(38.60) (40.38) (37.55)				
30.22Y	F # 81B	Men 9-10 50 Free	LIFE-MI	1	---	0.03 %

Individual Meet Results

2025 LIFE & Royal Swimming Winter Fest 11-Jan-25 to 12-Jan-25 Yards

Location: Troy High School

Time	F/P/S	Event		Place	Points	%	Improv
Aarav Patniak (14) M							
1:22.45Y	F # 10	Men 100 Back	LIFE-MI	4	---	---	%
	38.89	1:22.45					
	(38.89)	(43.56)					
33.19Y	F # 18	Men 50 Free	LIFE-MI	2	---	---	%
1:20.39Y	F # 22	Men 100 Free	LIFE-MI	6	---	---	%
	38.76	1:20.39					
	(38.76)	(41.63)					
3:07.17Y	F # 47	Men 200 IM	LIFE-MI	1	---	---	%
	1:27.27	2:27.07 3:07.82					
	(1:27.27)	(59.80) (40.75) (.65)					
2:48.81Y	F # 67	Mixed 200 Free	LIFE-MI	6	---	---	%
	38.26	1:22.26 2:07.64					
	(38.26)	(44.00) (45.38) (41.17)					
NS	F # 79	Men 100 Fly	LIFE-MI	---	---	---	%
3:06.06Y	F # 87	Mixed 200 Back	LIFE-MI	3	---	---	%
	41.90	1:30.83 2:20.89					
	(41.90)	(48.93) (50.06) (45.17)					
Abel Paton (10) M							
47.84Y	F # 6B	Men 9-10 50 Back	LIFE-MI	6	---	---	%
1:25.88Y	F # 20B	Men 9-10 100 Free	LIFE-MI	2	---	14.33	%
	41.64	1:25.88					
	(41.64)	(44.24)					
NS	F # 26B	Men 9-10 100 Breast	LIFE-MI	---	---	---	%
57.50Y DQ	F # 34B	Men 9-10 50 Fly	LIFE-MI	---	---	---	%
1F Arms underwater recovery							
1:23.05Y	F # 51B	Men 9-10 100 Free	LIFE-MI	2	---	17.16	%
	39.30	1:23.05					
	(39.30)	(43.75)					
53.13Y	F # 63B	Men 9-10 50 Breast	LIFE-MI	2	---	-1.63	%
1:51.87Y	F # 71B	Men 9-10 100 IM	LIFE-MI	3	---	7.55	%
	55.04	1:51.87					
	(55.04)	(56.83)					
36.46Y	F # 81B	Men 9-10 50 Free	LIFE-MI	3	---	1.51	%

Individual Meet Results

2025 LIFE & Royal Swimming Winter Fest 11-Jan-25 to 12-Jan-25 Yards
Location: Troy High School

Time	F/P/S	Event	Place	Points	%	Improv
Liam Paton (12) M						
31.91Y	F # 16C	Men 11-12 50 Free	LIFE-MI	2	---	4.86 %
1:37.57Y	F # 26C	Men 11-12 100 Breast	LIFE-MI	3	---	0.49 %
	46.09	1:37.57				
	(46.09)	(51.48)				
42.06Y	F # 34C	Men 11-12 50 Fly	LIFE-MI	7	---	12.39 %
1:28.31Y	F # 40C	Men 11-12 100 IM	LIFE-MI	4	---	3.04 %
	39.81	1:28.31				
	(39.81)	(48.50)				
1:17.35Y	F # 51C	Men 11-12 100 Free	LIFE-MI	5	---	5.14 %
	35.47	1:17.35				
	(35.47)	(41.88)				
2:58.21Y	F # 66F	Men 11-12 200 Free	LIFE-MI	2	---	---
	38.51	1:23.92 2:13.00 2:58.21				
	(38.51)	(45.41) (49.08) (45.21)				
3:30.04Y	F # 84F	Men 11-12 200 Breast	LIFE-MI	2	---	---
	47.48	1:41.58 2:33.15 3:30.04				
	(47.48)	(54.10) (51.57) (56.89)				
Marko Petrovic (13) M						
1:12.45Y	F # 10	Men 100 Back	LIFE-MI	3	---	1.51 %
	34.98	1:12.45				
	(34.98)	(37.47)				
1:01.92Y	F # 22	Men 100 Free	LIFE-MI	2	---	-2.98 %
	29.32	1:01.92				
	(29.32)	(32.60)				
2:25.08Y	F # 38	Mixed 200 Free	LIFE-MI	6	---	-5.65 %
14:04.60Y	F # 43	Mixed 1000 Free	LIFE-MI	9	---	---
	36.11	1:18.23 1:59.92 2:42.67 3:25.33 4:08.83 4:51.58 5:34.44				
	(36.11)	(42.12) (41.69) (42.75) (42.66) (43.50) (42.75) (42.86)				
	6:19.27	7:04.32 7:47.11 8:30.06 9:13.96 9:56.36 10:37.18 11:20.33				
	(44.83)	(45.05) (42.79) (42.95) (43.90) (42.40) (40.82) (43.15)				
	12:03.20	12:45.90 13:28.96 14:04.60				
	(42.87)	(42.70) (43.06) (35.64)				
1:01.52Y	F # 53	Men 100 Free	LIFE-MI	1	---	-2.31 %
	28.79	1:01.52				
	(28.79)	(32.73)				
1:12.49Y	F # 59	Men 100 Back	LIFE-MI	1	---	1.45 %
	35.77	1:12.49				
	(35.77)	(36.72)				
1:18.91Y	F # 79	Men 100 Fly	LIFE-MI	2	---	-4.24 %
	37.09	1:18.91				
	(37.09)	(41.82)				
1:27.25Y	F # 91	Men 100 Breast	LIFE-MI	1	---	-3.32 %
	40.96	1:27.25				
	(40.96)	(46.29)				

Individual Meet Results

2025 LIFE & Royal Swimming Winter Fest 11-Jan-25 to 12-Jan-25 Yards
Location: Troy High School

Time	F/P/S	Event	Place	Points	%	Improv
Elizabeth Qu (15) W						
1:06.99Y	F # 9	Women 100 Back	LIFE-MI	2	---	1.30 %
	32.75	1:06.99				
	(32.75)	(34.24)				
28.32Y	F # 17	Women 50 Free	LIFE-MI	3	---	0.84 %
1:30.10Y	F # 27	Women 100 Breast	LIFE-MI	4	---	---
	41.97	1:30.10				
	(41.97)	(48.13)				
12:52.82Y	F # 43	Mixed 1000 Free	LIFE-MI	3	---	---
	33.72	1:11.36 1:50.86 2:30.00				
	(33.72)	(37.64) (39.50) (39.14)				
	5:47.46	6:27.56 7:07.03 7:46.06				
	(39.64)	(40.10) (39.47) (39.03)				
	11:02.48	11:41.13 12:17.19 12:52.82				
	(39.06)	(38.65) (36.06) (35.63)				
2:23.26Y	F # 67	Mixed 200 Free	LIFE-MI	2	---	---
	32.17	1:08.44 1:45.24 2:23.26				
	(32.17)	(36.27) (36.80) (38.02)				
1:13.14Y	F # 72	Women 100 IM	LIFE-MI	3	---	-1.44 %
	33.14	1:13.14				
	(33.14)	(40.00)				
2:29.90Y	F # 87	Mixed 200 Back	LIFE-MI	1	---	-0.27 %
	35.35	1:13.63 1:52.53 2:29.90				
	(35.35)	(38.28) (38.90) (37.37)				
Hank Rogers (12) M						
1:28.85Y DQ	F # 8C	Men 11-12 100 Back	LIFE-MI	---	---	---
	42.74	1:28.85				
	(42.74)	(46.11)				
2T Delay initiating turn						
32.94Y	F # 16C	Men 11-12 50 Free	LIFE-MI	4	---	-1.04 %
43.50Y	F # 34C	Men 11-12 50 Fly	LIFE-MI	9	---	-4.39 %
3:07.71Y	F # 37F	Men 11-12 200 Free	LIFE-MI	1	---	-3.34 %
Jack Rogers (13) M						
1:20.14Y	F # 22	Men 100 Free	LIFE-MI	5	---	-6.36 %
	36.94	1:20.14				
	(36.94)	(43.20)				
2:11.45Y	F # 28	Men 100 Breast	LIFE-MI	5	---	---
	1:03.20	2:11.45				
	(1:03.20)	(1:08.25)				
3:04.43Y	F # 38	Mixed 200 Free	LIFE-MI	11	---	-0.08 %
1:49.65Y DQ	F # 42	Men 100 IM	LIFE-MI	---	---	---
	54.68	1:49.65				
	(54.68)	(54.97)				

Individual Meet Results

2025 LIFE & Royal Swimming Winter Fest 11-Jan-25 to 12-Jan-25 Yards

Location: Troy High School

Time	F/P/S	Event		Place	Points	%	Improv
Blake Saunders (9) W							
48.35Y	F # 5B	Women 9-10 50 Back	LIFE-MI	7	---	1.33	%
4:18.15Y	F # 11B	Women 9-10 200 IM	LIFE-MI	4	---	---	%
	1:07.41	2:12.34 3:22.78 4:18.15					
	(1:07.41)	(1:04.93) (1:10.44) (55.37)					
1:42.55Y	F # 19B	Women 9-10 100 Free	LIFE-MI	3	---	-2.26	%
	45.34	1:42.55					
	(45.34)	(57.21)					
4:29.28Y DQ	F # 31C	Women 9-10 200 Back	LIFE-MI	---	---	---	%
	2I No touch at turn						
NS	F # 39B	Women 9-10 100 IM	LIFE-MI	---	---	---	%
Brooke Saunders (11) W							
39.74Y	F # 5C	Women 11-12 50 Back	LIFE-MI	4	---	5.90	%
3:37.50Y	F # 11C	Women 11-12 200 IM	LIFE-MI	3	---	-6.05	%
	48.36	1:38.44 2:43.39 3:37.50					
	(48.36)	(50.08) (1:04.95) (54.11)					
35.25Y	F # 15C	Women 11-12 50 Free	LIFE-MI	4	---	-3.62	%
49.33Y	F # 23C	Women 11-12 50 Breast	LIFE-MI	3	---	-9.96	%
43.41Y	F # 33C	Women 11-12 50 Fly	LIFE-MI	4	---	6.63	%
40.39Y	F # 60C	Women 11-12 50 Back	LIFE-MI	3	---	4.36	%
1:36.65Y	F # 70C	Women 11-12 100 IM	LIFE-MI	4	---	-5.80	%
	45.31	1:36.65					
	(45.31)	(51.34)					
39.41Y	F # 80C	Women 11-12 50 Free	LIFE-MI	8	---	-15.84	%
1:44.13Y	F # 88C	Women 11-12 100 Breast	LIFE-MI	1	---	0.26	%
	49.37	1:44.13					
	(49.37)	(54.76)					
Rieka Shimizu (8) W							
59.94Y	F # 60A	Women 8 & Under 50 Back	LIFE-MI	4	---	---	%
30.58Y DQ	F # 74	Women 8 & Under 25 Breast	LIFE-MI	---	---	---	%
	3J One hand touch						
57.50Y	F # 80A	Women 8 & Under 50 Free	LIFE-MI	4	---	4.17	%
Avneesh Sule (13) M							
1:22.27Y	F # 22	Men 100 Free	LIFE-MI	7	---	16.71	%
	38.43	1:22.27					
	(38.43)	(43.84)					
1:43.78Y	F # 28	Men 100 Breast	LIFE-MI	3	---	---	%
	48.07	1:43.78					
	(48.07)	(55.71)					
3:10.12Y	F # 38	Mixed 200 Free	LIFE-MI	12	---	---	%
Samantha Sup (15) W							
2:32.08Y	F # 67	Mixed 200 Free	LIFE-MI	3	---	0.35	%
	35.81	1:14.09 1:54.55 2:32.08					
	(35.81)	(38.28) (40.46) (37.53)					
1:21.55Y	F # 72	Women 100 IM	LIFE-MI	7	---	1.08	%
	37.60	1:21.55					
	(37.60)	(43.95)					
1:15.51Y	F # 78	Women 100 Fly	LIFE-MI	3	---	0.50	%
	35.80	1:15.51					
	(35.80)	(39.71)					

Individual Meet Results

2025 LIFE & Royal Swimming Winter Fest 11-Jan-25 to 12-Jan-25 Yards
Location: Troy High School

Time	F/P/S	Event		Place	Points	%	Improv
Milana Triemstra (6) W							
31.85Y	F # 3	Women 8 & Under 25 Fly	LIFE-MI	5	---	-10.06	%
56.90Y	F # 15A	Women 8 & Under 50 Free	LIFE-MI	7	---	---	%
2:38.91Y DQ	F # 25A	Women 8 & Under 100 Breast	LIFE-MI	---	---	---	%
	1:13.03	2:38.91					
	(1:13.03)	(1:25.88)					
3D Scissors kick							
28.64Y DQ	F # 29	Women 8 & Under 25 Back	LIFE-MI	---	---	---	%
2L Shoulders past vertical toward breast							
Olivia Triemstra (9) W							
59.39Y	F # 5B	Women 9-10 50 Back	LIFE-MI	14	---	-16.41	%
47.32Y	F # 15B	Women 9-10 50 Free	LIFE-MI	10	---	---	%
1:10.12Y	F # 23B	Women 9-10 50 Breast	LIFE-MI	9	---	-0.72	%
1:08.29Y	F # 33B	Women 9-10 50 Fly	LIFE-MI	7	---	-1.38	%
2:25.23Y	F # 39B	Women 9-10 100 IM	LIFE-MI	6	---	-14.65	%
	1:11.56	2:25.23					
	(1:11.56)	(1:13.67)					
Leonard Wang (11) M							
51.07Y	F # 6C	Men 11-12 50 Back	LIFE-MI	11	---	0.58	%
1:42.81Y	F # 20C	Men 11-12 100 Free	LIFE-MI	8	---	-0.58	%
	47.42	1:42.81					
	(47.42)	(55.39)					
55.15Y	F # 34C	Men 11-12 50 Fly	LIFE-MI	11	---	-9.27	%
1:51.13Y DQ	F # 40C	Men 11-12 100 IM	LIFE-MI	---	---	---	%
	55.70	1:51.13					
	(55.70)	(55.43)					
1M Not towards breast off the wall - fly							
3:31.36Y DQ	F # 45C	Men 11-12 200 IM	LIFE-MI	---	---	---	%
1J Not Separated - fly							
1:46.13Y	F # 51C	Men 11-12 100 Free	LIFE-MI	9	---	-3.83	%
	50.21	1:46.13					
	(50.21)	(55.92)					
56.74Y	F # 65C	Men 11-12 50 Fly	LIFE-MI	4	---	-12.42	%
NS	F # 77C	Men 11-12 100 Fly	LIFE-MI	---	---	---	%
2:01.49Y DQ	F # 89C	Men 11-12 100 Breast	LIFE-MI	---	---	---	%
	57.96	2:01.49					
	(57.96)	(1:03.53)					
3J One hand touch							
Beya Weslati (14) W							
59.33Y	F # 21	Women 100 Free	LIFE-MI	2	---	-2.59	%
	27.83	59.33					
	(27.83)	(31.50)					
2:31.59Y	F # 32	Mixed 200 Back	LIFE-MI	3	---	-6.77	%
2:19.78Y	F # 38	Mixed 200 Free	LIFE-MI	1	---	-5.89	%
14:08.91Y	F # 43	Mixed 1000 Free	LIFE-MI	10	---	---	%
	35.23	1:15.09	1:57.82	3:23.77	4:07.03	4:48.71	5:33.33
	(35.23)	(39.86)	(42.73)	(1:25.95)	(43.26)	(41.68)	(44.62)
	7:01.44	7:42.85	8:26.82	9:11.59	9:54.42	10:39.74	11:25.82
	(43.60)	(41.41)	(43.97)	(44.77)	(42.83)	(45.32)	(46.08)
	12:48.82	13:29.36	14:09.23	14:08.91			
	(42.77)	(40.54)	(39.87)	(.32)			

Individual Meet Results

2025 LIFE & Royal Swimming Winter Fest 11-Jan-25 to 12-Jan-25 Yards
Location: Troy High School

Time	F/P/S	Event		Place	Points	%	Improv
Riley Wilkins (7) W							
2:08.96Y	F # 7A	Women 8 & Under 100 Back	LIFE-MI	1	---	---	%
	1:03.53	2:08.96					
	(1:03.53)	(1:05.43)					
45.57Y	F # 15A	Women 8 & Under 50 Free	LIFE-MI	3	---	25.22	%
1:06.50Y	F # 33A	Women 8 & Under 50 Fly	LIFE-MI	1	---	---	%
2:23.13Y	F # 39A	Women 8 & Under 100 IM	LIFE-MI	2	---	-1.27	%
	1:10.32	2:23.13					
	(1:10.32)	(1:12.81)					
Evan Xiao (13) M							
3:03.88Y DQ	F # 47	Men 200 IM	LIFE-MI	---	---	---	%
	41.89	1:23.60 2:20.36 3:03.88					
	(41.89)	(41.71) (56.76) (43.52)					
3D Scissors kick - breast							
2:46.71Y	F # 67	Mixed 200 Free	LIFE-MI	5	---	-3.65	%
	37.48	1:19.48 2:03.71 2:46.71					
	(37.48)	(42.00) (44.23) (43.00)					
1:33.40Y	F # 79	Men 100 Fly	LIFE-MI	4	---	-6.02	%
	43.29	1:33.40					
	(43.29)	(50.11)					
3:41.96Y	F # 85	Mixed 200 Breast	LIFE-MI	6	---	---	%
	50.82	1:48.14 2:45.02 3:41.96					
	(50.82)	(57.32) (56.88) (56.94)					
Aria Xu (13) W							
1:11.21Y	F # 9	Women 100 Back	LIFE-MI	4	---	-5.04	%
	34.44	1:11.21					
	(34.44)	(36.77)					
1:04.18Y	F # 21	Women 100 Free	LIFE-MI	6	---	-3.12	%
	30.52	1:04.18					
	(30.52)	(33.66)					
2:24.13Y	F # 38	Mixed 200 Free	LIFE-MI	4	---	-4.96	%
13:49.88Y	F # 43	Mixed 1000 Free	LIFE-MI	8	---	---	%
	33.17	1:12.77 1:54.64 2:36.49 3:18.04 3:59.51 4:42.10 5:24.67					
	(33.17)	(39.60) (41.87) (41.85) (41.55) (41.47) (42.59) (42.57)					
	6:07.18	6:49.44 7:31.61 8:14.43 8:56.52 9:39.01 10:21.26 11:03.54					
	(42.51)	(42.26) (42.17) (42.82) (42.09) (42.49) (42.25) (42.28)					
	11:45.16	12:27.89 13:09.18 13:49.88					
	(41.62)	(42.73) (41.29) (40.70)					
1:13.06Y	F # 58	Women 100 Back	LIFE-MI	1	---	-7.77	%
	35.26	1:13.06					
	(35.26)	(37.80)					
1:13.11Y	F # 72	Women 100 IM	LIFE-MI	2	---	-2.99	%
	33.79	1:13.11					
	(33.79)	(39.32)					
29.83Y	F # 82	Women 50 Free	LIFE-MI	3	---	-4.45	%
1:24.32Y	F # 90	Women 100 Breast	LIFE-MI	2	---	-5.26	%
	39.54	1:24.32					
	(39.54)	(44.78)					

Individual Meet Results

2025 LIFE & Royal Swimming Winter Fest 11-Jan-25 to 12-Jan-25 Yards

Location: Troy High School

Time	F/P/S	Event				Place				Points	%	Improv
Lyuwen Yan (10) W												
39.82Y	F # 5B	Women	9-10	50 Back		LIFE-MI	2		---		3.40	%
3:18.06Y	F # 11B	Women	9-10	200 IM		LIFE-MI	1		---		---	%
	50.07	1:38.00	2:34.35	3:18.06								
	(50.07)	(47.93)	(56.35)	(43.71)								
34.78Y	F # 15B	Women	9-10	50 Free		LIFE-MI	2		---		-1.25	%
49.50Y	F # 23B	Women	9-10	50 Breast		LIFE-MI	3		---		-1.50	%
2:52.09Y	F # 37C	Women	9-10	200 Free		LIFE-MI	1		---		0.88	%
7:52.01Y	F # 48C	Women	9-10	500 Free		LIFE-MI	1		---		---	%
	38.56	1:24.38	2:13.31	3:03.39	3:53.19	4:42.54	5:31.97	6:20.84				
	(38.56)	(45.82)	(48.93)	(50.08)	(49.80)	(49.35)	(49.43)	(48.87)				
	7:08.35	7:52.01										
	(47.51)	(43.66)										
1:27.55Y	F # 56B	Women	9-10	100 Back		LIFE-MI	2		---		2.93	%
	41.30	1:27.55										
	(41.30)	(46.25)										
38.87Y	F # 60B	Women	9-10	50 Back		LIFE-MI	1		---		5.70	%
3:23.11Y	F # 86C	Women	9-10	200 Back		LIFE-MI	1		---		---	%
	1:36.90	2:32.09	3:23.47	3:23.11								
	(1:36.90)	(55.19)	(51.38)	(.36)								
1:42.18Y	F # 88B	Women	9-10	100 Breast		LIFE-MI	3		---		1.30	%
	48.83	1:42.18										
	(48.83)	(53.35)										
Aditya Yogesh (13) M												
1:47.11Y DQ	F # 10	Men	100	Back		LIFE-MI	---		---		---	%
	52.66	1:47.11										
	(52.66)	(54.45)										
1:50.37Y	F # 22	Men	100	Free		LIFE-MI	10		---		---	%
	50.38	1:50.37										
	(50.38)	(59.99)										
1:49.30Y	F # 53	Men	100	Free		LIFE-MI	6		---		---	%
	48.86	1:49.30										
	(48.86)	(1:00.44)										
1:57.23Y DQ	F # 73	Men	100	IM		LIFE-MI	---		---		---	%
	53.82	1:57.23										
	(53.82)	(1:03.41)										
3:44.22Y	F # 87	Mixed	200	Back		LIFE-MI	4		---		---	%
	---	---	---	3:44.22								
	---	---	---	(3:44.22)								
DQ	F # 91	Men	100	Breast		LIFE-MI	---		---		---	%
7P Declared false start												

Individual Meet Results

2025 LIFE & Royal Swimming Winter Fest 11-Jan-25 to 12-Jan-25 Yards

Location: Troy High School

Time	F/P/S	Event	Place	Points	%	Improv
Justin Zhou (11) M						
46.12Y	F # 6C	Men 11-12 50 Back	LIFE-MI	9	---	-0.74 %
36.43Y	F # 16C	Men 11-12 50 Free	LIFE-MI	8	---	8.99 %
1:46.12Y	F # 26C	Men 11-12 100 Breast	LIFE-MI	5	---	13.29 %
	51.02	1:46.12				
	(51.02)	(55.10)				
7:29.50Y	DQ F # 35F	Men 11-12 400 IM	LIFE-MI	---	---	---
	1A Alternating Kick - fly					
47.58Y	F # 61C	Men 11-12 50 Back	LIFE-MI	6	---	-3.93 %
3:01.04Y	F # 66F	Men 11-12 200 Free	LIFE-MI	3	---	10.43 %
	39.28	1:27.48 2:18.02 3:01.04				
	(39.28)	(48.20) (50.54) (43.02)				
3:48.41Y	F # 84F	Men 11-12 200 Breast	LIFE-MI	4	---	---
	52.15	2:51.95 3:48.41 3:48.41				
	(52.15)	(1:59.80) (56.46) (0.00)				
1:49.76Y	F # 89C	Men 11-12 100 Breast	LIFE-MI	5	---	10.31 %
	53.54	1:49.76				
	(53.54)	(56.22)				