

THE FOLLOWING MINUTES ARE PROVIDED FOR INFORMATIONAL PURPOSES ONLY AND ARE SUBJECT TO REVISION AND APPROVAL AT THE NEXT REGULARLY SCHEDULED MEETING OF THE MICHIGAN SWIMMING BOARD OF DIRECTORS.

Michigan Board of Directors Meeting March 10, 2015 Phone in conference

VOTING BOARD MEMBERS IN ATTENDANCE: Katy Dean (CUDA - General Chair), Brandon Converse (EGRA - Secretary), Mike Cutler (ROCK - Program Ops/Program Development), Ahern Naylis (OLY - Vice Chair), Dan Meconis (UN - Finance), Mary Perczak (SLA - Treasurer), Troy Emmons (MLA - Safe Sport), Drew Hansz (dROP – Jr. Coach Rep), Dawn Gurley (LL – Officials Chair), Ellie Dean (Jr. Athlete Rep).

VOTING BOARD MEMBERS ABSENT: Dakota Noble (Athlete Rep), Hannah Davenport (At-Large Athlete Rep), Cameron Fryzel (At-Large Athlete Rep), Vince Gallant (Sr Coach Rep).

OTHERS IN ATTENDANCE: Jan Cartmill (UN - MS Office), John Loria (UN - MS Office), Chuck Krochmal (Disability Chair).

Katy Dean called the meeting to order at 8:06pm.

### **Old Business:**

Approval of minutes from January 21, 2015 meeting.

Motion to approve: Ahern Naylis

2<sup>nd</sup>: Mike Cutler

Approved

# **Report of Officers:**

General Chair (Katy Dean)

See attached report.

Secretary (Brandon Converse)

- No report.
- Minutes from January 10, 2015 posted.

Treasurer (Mary Perczak)

No report

### **Report of Division Chairs:**

### ADMINISTRATIVE VICE CHAIR (Ahern Naylis)

No report

### ATHLETE DIVISION (Ellie Dean/Dakota Noble):

• Flyers are being made to put up at State about voting for reps.

## COACH DIVISION (Vince Gallant/Drew Hansz):

See attached report.

## FINANCE (Dan Meconins)

No report

### PROGRAM DEVELOPMENT/DEVELOPMENT (Mike Cutler):

- See attached reports
- Motion to approve 2015 LC Schedule: Troy Emmons
  - o 2<sup>nd</sup>: Ahern Naylis
  - Approved
- Qualifying Standards
  - Discussion about how cut times are processed.
  - o Goal is to have 5 heats at championship meets.
  - o Motion to approve 2015 LC Standards: Mike Cutler
  - o 2<sup>nd</sup>: Ahern Naylis
  - Approved
- Future planning for championship meets
  - Framework schedule provided with dates through 2017 for potential championship dates.
  - Discussion about communicating this with the LSC members and making it clear that this is a framework and subject to change/modification.
  - Amendment to change the 2016 13-14/Open State meet date to March 18-20 so it won't conflict with HS State. Accepted.
  - Motion to approve Framework schedule: Troy Emmons
  - o 2<sup>nd</sup>: Ahern Naylis
  - Approved

# DISABILITY SWIMMING (Chuck Krochmal):

- Updated progress on Eagle Scout project highlighting disability in swimming.
- Should be done in April.

# DIVERSITY (Geneen Bradley)

No report

#### **Reports of Committees/Coordinators**

OFFICIALS (Dawn Gurley):

No report

# SAFE SPORT (Troy Emmons):

- Attended Safe Sport clinic in Colorado.
- Report to come.
- Accident reports in the last 6 months have all been handled properly.

# OPEN WATER (Scott Appleyard):

No report

# NTV (Don Kimble):

No report

## MICHIGAN SWIMMING (Jan Cartmill/John Loria):

- Jan Cartmill
  - No Report
- John Loria see attached report.
  - o No Report

#### **New Business**

- Question about will JO/District formats be the same next year. This is up to the Technical Committee. Suggested waiting until after Board training session before addressing this issue.
- Discussion regarding proposals made at House of Delegates.
  - Protocol in place.

Next meeting TBD.

Motion to adjourn meeting (Ahern Naylis); Second (Troy Emmons); Motion carried at 8:30pm

Respectfully submitted, Brandon Converse Secretary General Chair's Report for BoD March 10, 2015

Briefly I will update you all on a few recent happenings:

- 1. To reiterate the Strategic Planning session is set for April 18<sup>th</sup>. The venue is confirmed as the Okemos Conference Center, which will also be the HoD the following day.
- 2. Everyone "invited" to the planning session will get an email from Arlene in about a week and a half or so, requesting they participate in a survey regarding concerns, goals, etc. Please take the time to do this, it will shape our session.
- 3. I am inviting various non-elected/non-board member persons, as per Arlene's recommendation. In her words I can invite "who I want" with the encouragement I pay special attention to what she refers to as "incoming and outgoing board members". I am making my decisions based upon interest persons have expressed in continuing to contribute to the governance process, or desire to get newly involved in the process. Upon Arlene's recommendation I am also inviting some club presidents, only those not already represented on the Board, then from there made choices based upon four geographic quadrants of the state, size of club, etc.
- 4. Finally regarding the planning session all "invited" persons will get an email from me next week, specifically requesting a Yay or Nay on if you will want to book a room at the Center the night of the 18<sup>th</sup>. Based upon the total number I will secure a block of rooms and distribute that information ASAP.
- 5. Last item. Again, welcome Chuck Krochmal to the BoD as the newly appointed Disability Chair. And mark today as the last time we will refer to him as such. Under Chuck's leadership, and taking our cue from the vast majority of other LSCs and USA Swimming at large, Michigan Swimming will immediately move towards a paradigm shift from a "disability" language approach to a "para-swim" language approach. Therefore, while this shift will not be reflected in writing across By Laws, R & P and even on the website right away, Chuck is encouraged to create his TAB page to reflect this and he will begin to spread the word, as I ask all of you to do also. This will be proposed from the floor at the HoD perhaps, and we will secure approval to then change "disability" to "para-swim" across the LSC.

Respectfully submitted,

Katy Dean, General Chair

Michigan Swimming BoD Coaches' Report February/March, 2015

The **Mission of Michigan Swimming** is to build and serve all of the Michigan Swimming community.

The **Vision of Michigan Swimming** is to build champions in all aspects of the sport. To provide developmentally progressive opportunities for its members. To provide a safe and positive environment.

Thank you to all the volunteers dedicating time and energy in helping Michigan Swimming build and serve all of the Michigan Swimming community!

Special thanks to Chuck Krochmal for taking the role of the Disability Chair.

# Congratulations!

Michigan LSC/USA Swimming Club Excellence Teams

for 2015 **Silver Medal Teams**Byron Center Aquatics

Coach
Don Kimble

Bronze Medal Teams Coach
Livonia Community Swim Club Joe Bublitz

Michigan Lakeshore Aquatics Troy Emmons

Club Wolverine Kelton

Graham Kingfish Aquatics of Waterford

Brad

Brockway

### MI Coaches Thoughts & Concerns

- Meet schedule development (esp. short course)
  - o 4 to 6 Regional 12-U meets
    - for swimmers below Q1 cuts
    - would replace districts & JOs
  - o 2 (West & East side) 13-0 Meets
    - for swimmers below Q1 cuts
    - would replace districts & JOs
  - 14 & Under State Meet w/ 13-14 & 12U.
  - Make the MI Open the MI Open State Championship
- Review the sanctioning process
  - o attaining packets earlier
  - abbreviating meet packets
- Formulate training camps for All Levels
  - o ABC Camp
  - Distance Select Camp
    - Chris Thompson's proposal available for review Camps/Clinics
    - MLA has offered Holland Rec. Memorial Day weekend
  - Training camps build loyalty to Michigan Swimming and provide incentives for athletes to continue
- Training opportunities for AO's and Deck Officials

submitted, Vince Gallant & Drew Hansz Senior & Junior Coach Representative, Michigan Swimming To: Michigan Swimming BOD

RE: Program Operations and Program Development Michigan Swimming BOD report for March Call in

Meeting.

Date: March 1, 2015

Following is the report for the Program Operations Vice Chair and Program Development Vice Chair **Program Operations:** 

- The Meet Scheduling Committee has discussed and unanimously put forth the attached Schedule for the summer 2015 LCM season. With BOD approval, we would ask that the two bids for the State meets be accepted by acclamation as they are the only bids for each meet, and, both teams and facilities are in good standing at the time of this writing
- The Meet Scheduling Committee has discussed and unanimously put forth a two year schedule for consideration. We would like to move to this format of scheduling meets as quickly as possible.
  - Key callouts would be:
    - the moving of the Open State LCM meet in 2016 to being prior to Sectionals
    - The addition of a season ending "in state all-star" format meet at end of Summer (teams assigned by Spring District/Region meet assignment)
  - Requesting all Meet Packets approved 180 days prior to meet
  - All meets 181 to 730 days out may have meet announcement documents posted ( save the date with some meet info)
    - May need to develop format and rules for the announcement letter and posting
  - Bids would need to be heard and decided over the coming 4 months to align to this schedule going forward.
    - Bids for 2015-16 SC Championships to be due by April 30, 2015
    - Bids for 2016 LC State Championships to be due by May 31, 2015
    - Bids for 2016-17 SC Championships to be due by June 30, 2015
    - Bids for 2017 LC State Championships due by July 31, 2015
  - SC schedule to include options on change in District JO meet weekends to one last chance weekend each for 12 & under, and, 13/14 & Open as proposed by PD-Technical committee
    - Regional 12 & Under "ABC" format, up to 6 locations, 2 days (5 sessions)
      - 11-12 Sat-Sun AM, 9-10 Sat-Sun PM, 11-12 Distance Sat evening
    - East-West (North-South) 13 & Over 2 days (5 sessions)
      - Set up each session to have specific events, one session all distance

#### **Program Development:**

- First Technical Committee "call in" meeting had some "technical difficulty", meeting minutes were reviewed with two other committee members with full support after the meeting.
- The Technical committee is putting forth with unanimous support the proposed time standards for Summer 2015
- The Technical Committee in the same meeting is proposing a standards update process that will put
  forth the time-standards for the next year prior to the next BOD meeting, at the conclusion of each
  championship series (April / August). They will meet and use the same process to determine time
  standards going forward.
- The Technical Committee is proposing a change in format to the season ending District JO meets we have today, moving 12 & under to one weekend (combining District and JO swimmers) under an

ABC format meet, and, 13 and over to a different weekend (combining District and JO swimmers into a "last chance" meet to get their state cuts.

- HOD support required.
- 5 sessions proposed for each meet over 2 days Age Specific sessions(am and Mid-day) and one Distance session (Sat evening (option to move to Friday if numbers warrant)
- o More localized 12U meets-4-6 locations. Higher level 13 and over meets 2-3 locations.
- o Convert Awards to all Ribbons for these meets.
- o Deck entries and Time Trials allowed.
- No other meets these last 4-5 weeks
- Technical Committee in full support of Meet Scheduling committee proposed two year schedule
  - Will review format needs and make recommendations for Winter 2015-16

### In summary:

#### 3 BOD votes needed:

- 1. Approval of the Summer 2015 Schedule
- 2. Approval of the "Skeleton 2 year schedule" and due dates for Championship Bids
- 3. Approval of the 2015 LCM time standards

	2015 LCM Schedule - Not Board Approved										
Date	Wee k End	Date	Holida v	Club	Format	Facility	Notes	Meet Director	Contact	Meet Refere e	A O
Date	Liiu	<b>s</b> 24-	у	Club	Format					E	
A mo will	26				On an Matar	Miramar, Florida	Championshi	XXXXXXXXXX	XXXXXXXXXXXX		
April	20	26			Open Water	Dexter	ps	XX	/ · · · · · · · · · · · · · · · · · ·		
		25-		DCA	ABC (2	Communit			(734) 417-0631 President@DCACswimming		
		25- 26		C	ABC (2	y Pool	SCY	O	org		
N.4				C	days)	y P001	301	Susan Farrell	.0.9		
May	2	1-3	Mathani								
		4 046	Mother'								
	9	10th	s Day						(616)460-5630		
				EGR	ABC (1.5	Calvin		Brandon	coachconverse@egrawaves		
		8-9		Α	days)	College	LCM	Converse	.com		
						Holland			(040)000 7505		
		15-			ABC (2.5	Aquatic			(616)393-7595 CoachTom@iswimmla.org		
	16	17		MLA	Days)	Center	LCM	Tom Cuticchia	-		
		15-			ABC (2.5				(734)-845-0855		
		17		PCC	Days)	EMU	LCM	Josh Morgan	jmorgan@cruiserswimming. com		
		17		1 00	Days	Battle	LOW	JOSH Morgan	(269)873-2557		
		15-				Creek			coachyoungquist@yahoo.co		
		17		LAC	ABC	Lakeview	SCY	Julie Youngquist	m		
			Memori		7.5			- Can Gangaaa			
	23	25th	al Day								
			,			Jenison					
				JAW		Aquatic			nredder@jpsonline.org		
		23		S	ABC 1 Day	Center	LCM	Nicole Redder			
		29-			ABC (2.5				(734)474-9374		
	30	31		CW	days)	EMU	LCM	Paul T. Cowley	drillerdog@aol.com		
		29-		USS		Stoney		•	248-342-6893		
		30		С	BC	Creek HS	SCY	Erica Zuercher	coach_erica@yahoo.com		

				JAW		Jenison Aquatic			nredder@jpsonline.org	
Jun	6	6-7		S	Approved	Center	LCM	Nicole Redder	, , , , , , , , , , , , , , , , , , ,	
					Timed				(419)-509-7775	
				GTA	Finals (2.5				GTACSwimming@Gmail.co	
		5-7		С	days)	EMU	LCM	Brent Ransom	m	
					13&O P/F,					
					12U T/F	Holland			(616)393-7595	
		12-			ABC (2.5	Aquatic			CoachTom@iswimmla.org	
	13	14		MLA	days)	Center	LCM	Tom Cuticchia		
		12-		USS	<b>D</b> O	Stoney	201/		248-342-6893	
		13		С	BC	Creek HS	SCY	Erica Zuercher	coach_erica@yahoo.com	
									(248) 302-2139	
		12-			T/F (2.5				jefftenniswood@gmail.com	
		14		OLY	Days)	OU	LCM	Jeff Tenniswood		
	00	04.4	Father'							
	20	21st	s Day			I a mila a m				
		10		1010/	ADC (0.5	Jenison			and don Sincarding one	
		19- 21		JAW S	ABC (2.5	Aquatic Center	LCM	Nicolo Doddor	nredder@jpsonline.org	
		19-		3	Days) ABC (2.5	Center	LCIVI	Nicole Redder		
		21		MCA	Days)	EMU	LCM	Michael Guttilla	mguttilla@comcast.net	
					,	Dunworth			(212)279 0906	
		19-			ABC (2.5	Pool,	LCM		(313)378-9896 mihjgmsk84@yahoo.com	
		21		DRD	Days)	Dearborn	Outdoor	John Mihalik, Jr.	miniginisko4@yanoo.com	
		26-		CUD	ABC (2.5				(989)233-3578	
	27	28		Α	Days)	SVSU	LCM	Betsy Kolm	bkolm@chartermi.net	
		26-		_	ABC (2.5		LCM	Damon	(517) 402-2557	
		28		S	Days)	MSU	Outdoor	Robertson	CoachDTR1@gmail.com	
July	4	4th	July 4th							
					Sr ,				(616)460-5630	
					Prelims/Fin				coachconverse@egrawaves	
	4.4	0.44		EGR	als (2.5	Calvin	1.014	Brandon	.com	
	11	9-11		Α	days)	College	LCM	Converse		

		10- 12	PAC	ABC (3 days)	KIK Kalamazo o (Outdoor)	LCM Outdoor	Betty Peristeridis	(269)760-3996 peris4swim@yahoo.com	
		10- 12	SBY S	ABC (2.5 Days)	Bay City Communit y Center (Outdoor)	LCM Outdoor	Tina Dowe	(989)753-7721 tdowe@saginawymca.org	
	18	18- 19	SMA C	ABC (2 days)	EMU	LCM	Jennifer Gaynier	(734)915-8197 jennifergaynier@charter.net	
		18- 19	MLA	ABC (2 days)	Holland Aquatic Center	LCM	Tom Cuticchia	(616)393-7595 CoachTom@iswimmla.org	
		17- 19	OLY	Timed Finals (2.5 days)	OU	LCM	Jeff Tenniswood	(248) 302-2139 jefftenniswood@gmail.com	
		17- 18	PAC	ABC SCM (2 Days)	Battle Creek Central	SCM	Betty Peristeridis	(269)760-3996 peris4swim@yahoo.com	
		17- 18	USS C	ВС	Stoney Creek HS	SCY	Erica Zuercher	248-342-6893 coach_erica@yahoo.com	
	25	22- 25		P/F, T/F prescribed Distance 800+	Ohio State University, Columbus, OH	Summer Sectionals	XXXXXXXXXX XX	xxxxxxxxxxx	
		24- 26	MLA	10U T/F, 11-12 P/F less T/F Dist Strokes, 13- 14 P/F	Holland Aquatic Center	14 & Under Championshi ps	Tom Cuticchia	(616)393-7595 CoachTom@iswimmla.org	
July/ Aug	1	31-2	CUD A	P/F, T/F prescribed Distance		Open Championshi ps (7 lanes			

			800+		for racing, one for warm up / Warm down)			
		29-1		West Lafayette, IN	2015 Legends Meet	XXXXXXXXXXX XX	xxxxxxxxxxx	
		30-3	P/F, T/F prescribed Distance 800+	San Antonio, TX	Jr Nationals	XXXXXXXXXXX XX	XXXXXXXXXXXX	
Augu st	8	7-9	10U T/fF, 11-14 P/F	Minneapoli s, MN	14 & U Zones	XXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXX	xxxxxxxxxxx	
		6-10		San Antonio, TX	Nationals	XXXXXXXXXXX XX	xxxxxxxxxxx	

10&U		36th PL	ACE TIME		2012-2014
GIRLS	2012	2013	2014	3 YR AVG.	CUT
50 FR	37.73	35.58	35.99	36.28	37.29
100 FR	NT	1:21.99	1:19.31	1:20.963	1:21.79
200 FR	NT	2:56.83	2:53.65	2:56.89	3:00.19
400 FR	NT	NT	6:22.28	6:20.09	6:20.09
50 BK	NT	43.39	43.23	43.603	44.19
100 BK	1:35.80	1:33.89	1:32.33	1:34.007	1:36.99
50 BR	50.05	50.20	49.78	50.01	50.89
100 BR	1:48.16	1:49.83	NT	1:48.313	1:48.39
50 FL	NT	43.18	39.88	42.217	43.59
100 FL	NT	NT	1:42.64	1:45.14	1:46.39
200 IM	3:24.03	NT	NT	3:24.337	3:24.49

10&U		36th PL	ACE TIME		2012-2014
BOYS	2012	2013	2014	3 YR AVG.	CUT
50 FR	NT	NT	37.45	37.477	37.49
100 FR	NT	NT	NT	1:22.39	1:22.39
200 FR	NT	NT	NT	2:58.79	2:58.79
400 FR	NT	NT	NT	6:32.09	6:32.09
50 BK	NT	NT	44.66	45.08	45.29
100 BK	NT	NT	1:37.33	1:38.703	1:39.39
50 BR	NT	NT	NT	52.19	52.19
100 BR	NT	NT	1:53.42	1:54.333	1:54.79
50 FL	NT	NT	NT	44.29	44.29
100 FL	NT	NT	NT	1:50.79	1:50.79
200 IM	NT	NT	NT	3:31.29	3:31.29

2015 Proposed						
<u>Girls</u>	<u>Boys</u>					
:36.28	:37.48					
1:20.96	1:22.39					
2:56.89	2:58.79					
6:20.09	6:32.09					
:43.60	:45.08					
1:34.01	1:38.70					
:50.01	:52.19					
1:48.31	1:54.33					
:42.22	:44.29					
1:45.14	1:50.79					
3:24.34	3:31.29					

11&12		36th PL	ACE TIME		2012-2014
GIRLS	2012	2013	2014	3 YR AVG.	CUT
50 FR	NT	NT	31.78	32.053	32.19
100 FR	NT	NT	1:10.58	1:10.19	1:10.19
200 FR	NT	NT	NT	2:31.59	2:31.59
400 FR	NT	NT	NT	5:16.59	5:16.59
50 BK	NT	NT	38.14	37.99	37.99
100 BK	1:23.14	NT	1:20.66	1:22.013	1:22.69
200 BK	NT	NT	3:00.80	2:56.99	2:56.99
50 BR	NT	NT	NT	42.79	42.79
100 BR	NT	NT	NT	1:31.99	1:31.99
200 BR	3:24.34	NT	3:17.74	3:20.907	3:22.49
50 FL	NT	35.40	34.74	35.31	35.79
100 FL	NT	NT	1:20.49	1:22.29	1:23.19
200 FL	NT	NT	NT	3:23.09	3:23.09
200 IM	NT	NT	NT	2:53.99	2:53.99
400 IM	NT	NT	NT	6:16.89	6:16.89

11&12		36th PL	ACE TIME		2012-2014
BOYS	2012	2013	2014	3 YR AVG.	CUT
50 FR	33.42	NT	NT	32.89	32.89
100 FR	NT	NT	NT	1:11.99	1:11.99
200 FR	NT	NT	2:40.23	2:38.99	2:38.99
400 FR	NT	NT	NT	5:23.09	5:23.09
50 BK	39.61	NT	38.88	39.493	39.99
100 BK	1:28.50	1:25.03	1:22.35	1:24.157	1:25.09
200 BK	NT	NT	2:59.35	3:01.377	3:02.39
50 BR	45.77	NT	NT	45.783	45.79
100 BR	1:37.56	NT	1:38.72	1:38.757	1:39.99
200 BR	NT	3:23.23	NT	3:35.403	3:36.99
50 FL	36.62	38.13	NT	37.067	37.29
100 FL	1:26.56	NT	NT	1:27.913	1:28.59
200 FL	NT	NT	NT	3:31.29	3:31.29
200 IM	NT	NT	NT	2:59.99	2:59.99
400 IM	NT	NT	NT	6:41.79	6:41.79

13&14		36th PL	ACE TIME		2012-2014
GIRLS	2012	2013	2014	3 YR AVG.	CUT
50 FR	30.40	30.19	30.87	30.393	30.59
100 FR	1:05.46	1:05.36	1:05.60	1:05.473	1:06.79
200 FR	2:21.73	NT	2:26.91	2:23.039	2:23.69
400 FR	5:05.44	NT	5:05.81	5:03.59	5:03.59
800 FR	NT	NT	NT	10:27.09	10:27.09
1500 FR	NT	NT	NT	20:00.09	20:00.09
100 BK	1:15.49	1:18.27	1:16.43	1:16.337	1:17.09
200 BK	2:42.49	NT	NT	2:43.69	2:44.29
100 BR	NT	NT	1:29.79	1:27.79	1:27.79
200 BR	3:11.13	3:13.58	3:12.44	3:09.89	3:09.89
100 FL	NT	1:16.01	1:14.32	1:15.607	1:16.49

13&14		36th PL	ACE TIME		2012-2014
BOYS	2012	2013	2014	3 YR AVG.	CUT
50 FR	NT	29.81	28.42	29.00	29.29
100 FR	1:02.82	1:02.74	1:02.15	1:02.57	1:05.39
200 FR	NT	2:17.39	2:15.63	2:17.703	2:20.09
400 FR	NT	NT	4:44.87	4:53.35	4:57.59
800 FR	NT	NT	NT	10:20.19	10:20.19
1500 FR	NT	NT	NT	19:50.99	19:50.99
100 BK	1:14.35	NT	1:12.72	1:14.387	1:16.09
200 BK	NT	2:40.71	2:37.39	2:40.53	2:43.49
100 BR	1:26.32	1:26.81	1:23.42	1:25.517	1:26.99
200 BR	3:05.17	3:06.05	2:56.18	3:02.467	3:11.49
100 FL	1:15.45	1:15.28	1:08.95	1:13.227	1:16.09

:32.05	:32.89
1:10.19	1:11.99
2:31.59	2:38.99
5:16.59	5:23.09
:37.99	:39.49
1:22.01	1:24.16
2:56.99	3:01.38
:42.79	:45.79
1:31.99	1:38.76
3:20.91	3:35.40
:35.31	:37.07
1:22.29	1:27.91
3:23.09	3:31.29
2:53.99	2:59.99
6:16.89	6:41.79
:30.39	:29.00
1:05.47	1:02.57
2:23.04	2:17.70
5:03.59	4:53.35
10:27.09	10:20.19
20:00.09	19:50.99
1:16.34	1:14.39
2:43.69	2:40.53
1:27.79	1:25.52
3:09.89	3:02.47
1:15.61	1:13.23

200 FL	NT	NT	2:56.12	2:55.99	2:55.99
200 IM	2:44.13	NT	2:50.54	2:44.237	2:44.29
400 IM	NT	NT	NT	5:54.39	5:54.39

I	200 FL	NT	NT	2:48.39	2:56.123	2:59.99
	200 IM	2:42.51	2:38.53	2:35.18	2:38.74	2:42.69
	400 IM	NT	NT	5:36.25	5:47.943	5:53.79

2:55.99	2:56.12
2:44.29	2:38.74
5:54.39	5:47.94
:29.02	:26.37
1:03.11	:57.55
2:16.80	2:06.56
4:51.49	4:33.49
10:08.09	9:38.79
19:30.99	18:50.99
1:13.04	1:08.24
2:37.74	2:30.53
1:24.29	1:18.42
3:04.89	2:54.61
1:10.93	1:04.70
2:48.01	2:37.19
2:37.36	2:25.99
5:42.99	5:23.99

OPEN		36th PLACE TIME					
GIRLS	2012	2013	2014	3 YR AVG.	CUT		
50 FR	28.87	29.22	28.98	29.023	29.49		
100 FR	1:03.04	1:03.49	1:02.81	1:03.113	1:03.69		
200 FR	2:16.27	2:17.70	2:16.53	2:16.797	2:17.59		
400 FR	4:50.35	4:51.63	4:52.49	4:51.49	4:53.19		
800 FR	NT	NT	NT	10:08.09	10:08.09		
1500 FR	NT	NT	NT	19:30.99	19:30.99		
100 BK	1:13.50	1:12.57	1:13.04	1:13.037	1:15.39		
200 BK	2:38.38	2:37.53	2:37.31	2:37.74	2:40.99		
100 BR	1:24.84	1:24.94	1:23.88	1:24.287	1:24.49		
200 BR	NT	3:05.64	3:08.66	3:04.89	3:04.89		
100 FL	1:11.78	1:11.29	1:10.20	1:10.927	1:11.29		
200 FL	NT	2:46.25	2:52.38	2:48.01	2:48.89		
200 IM	2:37.92	2:36.86	2:37.31	2:37.363	2:38.99		
400 IM	5:48.47	NT	5:57.17	5:42.99	5:42.99		

OPEN		2012-2014				
BOYS	2012	2013	2014	3 YR AVG.	CUT	
50 FR	26.12	27.48	26.59	26.367	26.49	
100 FR	57.36	58.03	57.26	57.55	58.09	
200 FR	2:06.53	2:07.08	2:06.08	2:06.563	2:0709	
400 FR	4:34.87	4:38.08	4:30.61	4:33.49	4:34.99	
800 FR	NT	NT	NT	9:38.79	9:38.79	
1500 FR	NT	NT	NT	18:50.99	18:50.99	
100 BK	NT	1:08.72	1:06.40	1:08.237	1:09.59	
200 BK	NT	2:31.43	2:28.26	2:30.527	2:31.89	
100 BR	NT	1:19.37	1:17.28	1:18.42	1:18.99	
200 BR	NT	2:56.29	2:52.46	2:54.613	2:55.69	
100 FL	1:05.92	1:05.48	1:03.52	1:04.70	1:05.29	
200 FL	2:35.70	2:38.17	2:37.70	2:37.19	2:40.99	
200 IM	NT	2:29.81	2:27.47	2:25.99	2:25.99	
400 IM	NT	NT	NT	5:23.99	5:23.99	

	2015-2016 SCY, 2016 LCM, and 2016-2017 SCY Schedules							
	Date	Fri-Sun	Weekend	Club	<b>Format</b>	Facility	Notes	
	Sept	25-27						
	Oct	2-4						
		9-11						
		16-18						
		23-25						
	Oct-Nov	30-1	Halloween					
N)	Nov	6-8					HS Girls Conference Meets	
		13-15						
2015		20-22					HS Girls State Championships	
		27-29	Thanksgiving					
	Dec	4-6					Dec 2-5 Winter Nationals, Federal Way WA	
		11-13					Dec 9-12 Winter Jr Nationals, TBD	
		18-20						
		25-27	Christmas					
	Jan	1-3	New Years					
		8-10						
2(		15-17						
2016		22-24						
0		29-31						
	Feb	5-7						
		12-14						

		19-21		District Meets / 12 & Under ABC	
		26-28	early due Easter	JO Meets / 13 & Over Last Chance	HS Boys Conference Meets
	Mar	4-6	early due Easter	12 & Under State Championships	
		11-13	early due Easter	13 -14 & Open State Championships	HS Boys State Championships
		18-20			Spring Sectionals, Due Easter Early
		25-27	Easter		
	April	1-3			
		8-10			
		15-17			
		22-24			
A	pr-May	29-1			
	May	6-8	Mother's Day		
		13-15			
		20-22			
		27-29	Memorial Day		
	June	3-5			
		10-12			
		17-19	Father's Day		
		24-26			
	July	1-3	July 4th		
		8-10			
		15-17		Open State Championships	

	22-24		14 & Under State Championships	
	29-31		Sectional Championships Open Water State Championships	
Augus	st 5-7		14 & Under Zone Championships Open State Quad Championship	Aug 2-6 US Open, Minneapolis Olympic Games Begin Aug 5
	12-14			Aug 8-12 JR Nationals, Minneapolis
	19-21			
	26-28			
Sept	2-4	Labor Day		
	9-11			
	16-18			
	23-25			
Sept-O	ct 30-2			
Oct	7-9			
	14-16			
	21-23			
	28-30	Halloween		
Nov	4-6			HS Girls Conference Meets, Tentative
	11-13			
	18-20			HS Girls State Championships, Tentative

		25-27	Thanksgiving		
	Dec	2-4			
		9-11			
		16-18			
		23-25	Christmas		
	Dec Jan	30-1	New Years		
	Jan	6-8			
		13-15			
		20-22			
		27-29			
	Feb	3-5			
		10-12			
		17-19		District Meets / 12 & Under ABC	
		24-26			HS Boys Conference Meets, Tentative
2017	Mar	3-5		JO Meets / 13 & Over Last Chance	
7		10-12		12 & Under State Championships	HS Boys State Championships, Tentative
		17-19		13 -14 & Open State Championships	
		24-26			Spring Sectionals, Tentative
	Mar-Apr	31-2			
	April	7-9			
		14-16	Easter		

	21-23			
	29-30			
Apr-May	28-30			
May	5-7			
	12-14	Mother's Day		
	19-21			
	26-28	Memorial Day		
June	2-4			
	9-11			
	16-18	Father's Day		
	23-25			
June-July	30-2	July 4th		
July	7-9			
	14-16		Open State Championships	
	21-23		14 & Under State Championships	
	22-30		Sectional Championships Open Water State Championships	
August	4-6		14 & Under Zone Championships Open State Quad Championship	Aug 1-5 Tentative US Open, TBD
	11-13			Aug 7-11 Tentative JR Nationals, TBD