



## **Integrity, Inclusion, Education, Excellence**

### **2023 GR Gales of November Open Invitational**

**Hosted By: Grand Rapids Aquatics**

**Saturday, November 11 & Sunday, November 12, 2023**

**Sanction** – This meet is sanctioned by Michigan Swimming, Inc. (MS), as a timed final meet on behalf of USA Swimming (USA-S), Sanction Number **MI2324030**. In granting this sanction it is understood and agreed that USA Swimming, Inc. and Michigan Swimming, Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. MS rules, safety, and warm up procedures will govern the meet as if fully set forth in these meet rules.

#### **Minor Athlete Abuse Prevention Policy Acknowledgement**

All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. There will be at least two safety marshals at this competition, with at least one of each gender.

**Location -** Kentwood Aquatics Center  
6230 Kalamazoo Ave. SE  
Kentwood, MI 49548

#### **Times - Saturday & Sunday Morning – 13 & Over**

Warm up: 8:00 am  
Meet Start: 9:00 am

#### **Saturday & Sunday Afternoon – 12 & Under**

Warm up: Immediately following the morning session; not before 11:30 am  
Meet Start: 1 hour after warm up starts; not before 12:30 pm

#### **Saturday Evening – Distance Session**

Warm Up: Immediately following the afternoon session; not before 3:30 pm  
Meet Start: 30 minutes after warm up starts; not before 4:00 pm

**Facilities** - The Kentwood Aquatics Center is an 8 lane pool with a supervised warm-up and warm down area available. Depth at start is 9’<sup>1</sup> and 7.5’ at turn. Permanent starting blocks and non-turbulent lane markers will be used. A Colorado system with an 8-lane display will be used.

**Course Certification** - The competition course has not been certified in accordance with 104.2.2C(4)

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<sup>1</sup> Depth at Start must meet State of Michigan requirements.

**Meet Format** - This is a timed final meet consisting of the following age groups: 8 & Under, 9-10, 11-12, 13-14, 15-16, and 17 & Over. 13 & Over events will be offered in the morning; 12 & Under events in the afternoons. The distance events (400 I.M., 1650 Free, & 500 Free) will be seeded, fastest to slowest, alternating between girls and boys heats, and will be scored separately by age group. The 12 & Under 500 Freestyle and the Open 1650 will be offered Saturday evening.

**Eligibility** - All athletes and clubs registered with Michigan Swimming or another USA Swimming LSC are eligible to participate in this meet.

**Entry Procedures** - Entries may be submitted to the Administrative Official as of Saturday, October 14, 2023 at 6:00 pm. The Administrative Official must receive all entries no later than Friday, November 3, 2023 at 6:00 pm. Entries must include correct swimmer name (as registered with USA/MS Swimming), age and USA number. All individual entries should be submitted via electronic mail at the e-mail address listed in the last section of this meet information packet.

**Entry Acceptance and Processing** - Entries will be accepted and processed on a first come, first served basis in the order in which they are received after the entry open date listed above.

**Individual Entry Limits** - Swimmers will be limited to a maximum of 5 individual events plus 1 relay per day.

**Entry Fees** - **\$5.00** per individual event and **\$12.00** for relays. Make checks payable to **Grand Rapids Aquatics**.

**Surcharges** - A \$1.00 per athlete Michigan Swimming athlete surcharge applies.

**Paper Entries** - MS rules regarding non-electronic entries apply. **\$6.00** per individual event and **\$13.00** per relay. There is \$1.00 additional charge per event paid if the entry is not submitted in Hy-Tek format. Any surcharges detailed in the previous section also apply to paper entries. Paper entries may be submitted to the Administrative Official on a spreadsheet of your choice however, the paper entry must be logically formatted and must contain all pertinent information to allow the Administrative Official to easily enter the swimmer(s) in the correct events with correct seed times.

**Refunds** - Once a team or individual entry has been received and processed by the Administrative Official there are no refunds in full or in part unless the "over qualification exception" applies (see MS Rules).

**Entry Paperwork** - Your club's Entry, Entry Summary Sheet, and Check should be sent via U.S. mail or nationally recognized overnight courier to:

**Grand Rapids Aquatics**  
**Attn. Amber Hornecker**  
**2805 Coit Ave. NE**  
**Grand Rapids, MI 49505**

**Check In** - Check-in will not be required.

**Marshaling** - Swimmers will be responsible for reporting to the marshaling area when their event is called.

**Seeding** - The meet will be **pre-seeded** after entries are closed.

**Deck Entries** - Deck entries will be allowed.

Deck entries will be accepted only for events with open lanes. The fees are **\$7.50** an individual event and **\$15.00** for relay events. Deck entries will be conducted in accordance with current Michigan Swimming, Inc. rules & procedures. Athletes must be registered with USA swimming prior to the first day of the meet to be eligible for deck entries.

**Meet Programs/Admissions** - Meet programs and admissions for both days are **\$12.00**. This includes a two-day wristband and heat sheets for all sessions. Cut bands are NOT allowed for re-entry. Otherwise, admission cost is **\$5.00** per day, full meet programs can be purchased for **\$5.00**, and individual session heat sheets can be purchased for **\$2.00**. Children 10 & younger are free with a paying adult. NO BAG CHAIRS/FOLDING CHAIRS/CAMP CHAIRS ARE ALLOWED. The Aquatics Center will open at 7:30 a.m. each day.

**Scoring** - Team Scores will be kept based on USA Swimming 8-lane scoring. All 15 & Over events **EXCEPT** for the relay events (*#s 23, 24, 77, and 78*) will score separately as: 15-16 and 17 & Over. All 13 & Over events (*#s 25, 26, 79, and 80*) will score separately as: 13-14, 15-16, and 17 & Over. Events 27, 28, 35, 36, 85, 86, 93, and 94 (10 & Under 50s) will score separately as: 8 & Under and 9-10. Events 51 and 52 will score separately as: 10 & Under and 11-12. Events 53 and 54 will score separately as: 12 & Under, 13-14, 15-16, and 17 & Over. "A" Relays **ONLY** will Score.

**Individual:** 9-7-6-5-4-3-2-1    **Relays:** 18-14-12-10-8-6-4-2

**Awards - Individual Events:** Ribbons for 1<sup>st</sup>-8<sup>th</sup>

**Relay Events:** Ribbons for 1<sup>st</sup>-3<sup>rd</sup>

**Team Awards:** Trophies for 1<sup>st</sup>-3<sup>rd</sup>; host team will be ineligible for team trophies.

**Results** - Complete Official meet results will be posted on the Michigan Swimming Website at <http://www.miswim.org/>. Unofficial results will also be available on flash drive (HY-TEK Team Manager result file) upon request. Teams must provide their own flash drive.

**Concessions** - Food and beverages will be available in the balcony concessions area. No food or beverage will be allowed on the deck of the pool, in the locker rooms or in the spectator areas. A hospitality area will be available for coaches and officials.

**Lost and Found** - Articles may be turned in/picked up at the pool office. Articles not picked up by the end of the meet will be retained by the Meet Director or a representative for at least 14 days (any longer period shall be in the sole discretion of the Meet Director).

**Swimming Safety** - Michigan Swimming warm up rules will be followed. To protect all swimmers during warm-ups, swimmers are required to enter the pool feet first at all times except when sprint lanes have been designated. No jumping or diving. The same rules will apply with respect to the warm-down pool and diving well. Penalties for violating these rules will be in the sole discretion of the Meet Referee which may include ejection from the meet.

**Racing Start Certification** - Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**Deck Personnel/Locker Rooms/Credentialing** - Only registered and current coaches, athletes, officials and meet personnel are allowed on the deck or in locker rooms. Access to the pool deck may only be granted to any other individual in the event of emergency through approval by the Meet Director or the Meet Referee. The Michigan Swimming Board of Directors, Officials Chairs of MS, and the Michigan Swimming Office staff are authorized deck personnel at all MS meets. Personal assistants/helpers of athletes with a disability shall be permitted when requested by an athlete with a disability or a coach of an athlete with a disability.

Lists of registered coaches, certified officials and meet personnel will be placed outside the door to the pool deck. Meet personnel will check the list of approved individuals and issue a credential to be displayed at all times during the meet. This credential will include the host team name as well as the function of the individual being granted access to the pool deck (Coach, Official, Timer, or Meet Personnel). In order to obtain a credential, Coaches and Officials must be current in all certifications through the final date of the meet. Meet personnel must return the credential at the conclusion of working each day and be reissued a credential daily.

All access points to the pool deck and locker rooms will either be secured or staffed by a meet worker checking credentials throughout the duration of the meet.

**Swimmers with Disabilities** - All swimmers are encouraged to participate. If any of your swimmers have special needs or requests, please indicate them on the entry form and with the Clerk of Course and/or the Meet Referee during warm ups.

**First Aid** - Supplies will be kept in the lifeguard office.

**Medical Supervision** - Lifeguards and an AED device will be available to all athletes participating in this competition.

### **Facility Items**

- (A) No smoking is allowed in the building or on the grounds of any facility listed above.
- (B) Pursuant to applicable Michigan law, no glass will be allowed on the deck of the pool or in the locker rooms.
- (C) No bare feet allowed outside of the pool area. Swimmers need to have shoes to go into the hallway to awards or concessions.
- (D) An Emergency Action Plan has been submitted by the Host Club to the Safety Chair and the Program Operations Chair of Michigan Swimming prior to sanction of this meet and is available for review and inspection at the pool office.
- (E) To comply with USA Swimming privacy and security policy, the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- (F) Deck changing, in whole or in part, into or out of a swimsuit when wearing just one suit in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes is **prohibited**.
- (G) Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

**General Information and Errors/Omissions** - Any errors or omissions in the program will be documented and signed by the Meet Referee and available for review at the Clerk of Course for Coaches review. Information will also be covered at the Coaches' Meeting.

### **Meet Personnel**

**Meet Director:** Alexander Brinks - [CoachAlex@grnsa.org](mailto:CoachAlex@grnsa.org)

**Meet Referee:** Casey Kern - [ckern1213@sbcglobal.net](mailto:ckern1213@sbcglobal.net)

**Safety Marshal:** Emin Agic - [emin.agic@kentwoodps.org](mailto:emin.agic@kentwoodps.org)

**Administrative Official:** Jen Huyser - [jhuyserao@gmail.com](mailto:jhuyserao@gmail.com)

**2023 GR Gales of November Open Invitational**

**Sanction Number: MI2324030**

**Saturday, November 11, 2023**

**13 & Over**

**Warm up: 8:00 a.m.**

**Meet Start: 9:00 a.m.**

<b>GIRLS</b>	<b>AGE GROUP</b>	<b>EVENT</b>	<b>AGE GROUP</b>	<b>BOYS</b>
1	13-14	200 Freestyle	13-14	2
3	15 & Over	200 Freestyle	15 & Over	4
5	13-14	100 Butterfly	13-14	6
7	15 & Over	100 Butterfly	15 & Over	8
9	13-14	200 Backstroke	13-14	10
11	15 & Over	200 Backstroke	15 & Over	12
13	13-14	50 Freestyle	13-14	14
15	15 & Over	50 Freestyle	15 & Over	16
17	13-14	100 Breaststroke	13-14	18
19	15 & Over	100 Breaststroke	15 & Over	20

**\*\*\*5 Minute Break\*\*\***

21	13-14	200 Freestyle Relay	13-14	22
23	15 & Over	200 Freestyle Relay	15 & Over	24

**\*\*\*5 Minute Break\*\*\***

25	13 & Over	400 I.M.	13 & Over	26
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All 15 & Over events **EXCEPT** for 23 and 24 will score separately as: 15-16 and 17 & Over.  
Events 25 and 26 will score separately as: 13-14, 15-16, and 17 & Over.

**Saturday, November 11, 2023**

**12 & Under**

**Warm up: Immediately following the morning session; not before 11:30 a.m.**

**Meet Start: 1 hour after warm up starts; not before 12:30 p.m.**

<b>GIRLS</b>	<b>AGE GROUP</b>	<b>EVENT</b>	<b>AGE GROUP</b>	<b>BOYS</b>
27	10 & Under	50 Freestyle	10 & Under	28
29	11-12	50 Freestyle	11-12	30
31	10 & Under	100 Breaststroke	10 & Under	32
33	11-12	100 Breaststroke	11-12	34
35	10 & Under	50 Backstroke	10 & Under	36
37	11-12	50 Backstroke	11-12	38
39	10 & Under	100 Butterfly	10 & Under	40
41	11-12	100 Butterfly	11-12	42
43	10 & Under	200 Freestyle	10 & Under	44
45	11-12	200 Freestyle	11-12	46

**\*\*\*5 Minute Break\*\*\***

47	10 & Under	200 Freestyle Relay	10 & Under	48
49	11-12	200 Freestyle Relay	11-12	50

Events 27, 28, 35, and 36 will score separately as: 8 & Under and 9-10.

**2023 GR Gales of November Open Invitational  
Sanction Number: MI2324030  
Saturday, November 11, 2023  
Distance Session**

**Warm up: Immediately following the afternoon session; not before 3:30 p.m.  
Meet Start: 30 minutes after warm up starts; not before 4:00 p.m.**

<b>GIRLS</b>	<b>AGE GROUP</b>	<b>EVENT</b>	<b>AGE GROUP</b>	<b>BOYS</b>
51	12 & Under	500 Freestyle	12 & Under	52
53	Open	1,650 Freestyle	Open	54

*Events 51 and 52 will score separately as: 10 & Under and 11-12.  
Events 53 and 54 will score separately as: 12 & Under, 13-14, 15-16, and 17 & Over.*

**Sunday, November 12, 2023  
13 & Over  
Warm up: 8:00 a.m.  
Meet Start: 9:00 a.m.**

<b>GIRLS</b>	<b>AGE GROUP</b>	<b>EVENT</b>	<b>AGE GROUP</b>	<b>BOYS</b>
55	13-14	200 I.M.	13-14	56
57	15 & Over	200 I.M.	15 & Over	58
59	13-14	100 Freestyle	13-14	60
61	15 & Over	100 Freestyle	15 & Over	62
63	13-14	200 Breaststroke	13-14	64
65	15 & Over	200 Breaststroke	15 & Over	66
67	13-14	100 Backstroke	13-14	68
69	15 & Over	100 Backstroke	15 & Over	70
71	13-14	200 Butterfly	13-14	72
73	15 & Over	200 Butterfly	15 & Over	74

\*\*\*5 Minute Break\*\*\*

75	13-14	200 Medley Relay	13-14	76
77	15 & Over	200 Medley Relay	15 & Over	78

\*\*\*5 Minute Break\*\*\*

79	13 & Over	500 Freestyle	13 & Over	80
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All 15 & Over events **EXCEPT** for 77 and 78 will score separately as: 15-16 and 17 & Over.  
*Events 79 & 80 will score separately as: 13-14, 15-16, and 17 & Over.*

**2023 GR Gales of November Open Invitational  
Sanction Number: MI2324030  
Sunday, November 12, 2023  
12 & Under**

**Warm up: Immediately following the morning session; not before 11:30 a.m.  
Meet Start: 1 hour after warm up starts; not before 12:30 p.m.**

<b>GIRLS</b>	<b>AGE GROUP</b>	<b>EVENT</b>	<b>AGE GROUP</b>	<b>BOYS</b>
81	10 & Under	100 Freestyle	10 & Under	82
83	11-12	100 Freestyle	11-12	84
85	10 & Under	50 Butterfly	10 & Under	86
87	11-12	50 Butterfly	11-12	88
89	10 & Under	100 Backstroke	10 & Under	90
91	11-12	100 Backstroke	11-12	92
93	10 & Under	50 Breaststroke	10 & Under	94
95	11-12	50 Breaststroke	11-12	96
97	10 & Under	200 I.M.	10 & Under	98
99	11-12	200 I.M.	11-12	100

*\*\*\*5 Minute Break\*\*\**

101	10 & Under	200 Medley Relay	10 & Under	102
103	11-12	200 Medley Relay	11-12	104

*Events 85, 86, 93, and 94 will score separately as: 8 & Under and 9-10.*