



## **Integrity, Inclusion, Education, Excellence**

### **OLY Swimming Holiday Bowl**

**Hosted By: OLY Swimming**

**December 15-17, 2023**

**Sanction** – This meet is sanctioned by Michigan Swimming, Inc. (MS), as a timed final meet on behalf of USA Swimming (USA-S), Sanction Number **MI2324041** MS or USA-S may revoke this sanction at any time in response to the COVID-19 pandemic.

It is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries, including exposure to or infected with COVID-19 which may result in illness, personal injury, permanent disability, and/or death, to anyone during the conduct of the event.

It is further understood and agrees that Michigan Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries, including exposure to or infected with COVID-19 which may result in illness, personal injury, permanent disability, and/or death, to anyone during the conduct of the event.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, MICHIGAN SWIMMING, AND **Fenton High School** AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

You acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that your family, including child(ren), may be exposed to or infected by COVID-19 while on site at the pool or facility and that such exposure or infection may result in the personal injury, illness, permanent disability and death. You understand that the risk of becoming exposed

to or infected by COVID-19 at the pool or facility may result from the actions, omissions, or negligence of myself and others, including but not limited to employees, volunteers and program participants and their families.

**OLY Swimming** will include the above information in meet announcements, heat sheets and posted around the pool facility.

### **COVID-19 Procedures/Requirements**

All athletes, coaches, officials, clubs, spectators, and other individuals participating in this meet or seeking ingress into the facility in which this meet is conducted will abide by (1) all federal, state, and local laws, orders, administrative rules, and guidelines; (2) all protocols outlined in the COVID-19 LSC Supplemental Sanction Requirements documents for this meet; and (3) all COVID-19 preparedness plans for the relevant facility. Failure to maintain strict compliance with all COVID-19 procedures and protocols will result in disciplinary action by the Michigan Swimming, Inc. Board of Directors, including, but not limited to, fines, suspension of certain membership privileges, or referral to the USA Swimming National Board of Review with a recommendation to terminate a member's membership in Michigan Swimming and USA Swimming.

### **Minor Athlete Abuse Prevention Policy Acknowledgement**

All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. There will be at least two safety marshalls at this competition, with at least one of each gender.

### **Location**

Fenton High School Natatorium, 3200 W Shiawassee Ave, Fenton, MI 48430

### **Times**

Friday PM:	Warm Up: 5:00 PM Events: 6:00 PM
Saturday AM/Sunday AM:	Warm Up: 8:30 AM Events: 9:30 AM
Saturday PM/Sunday PM:	Warm Up will begin 15 min after conclusion of morning session, not before 11:00 AM with events to begin one hour after Warm Up

### **Facilities**

Fenton High School Natatorium, is an 8 lane pool. Depth at start is 12Ft and 4.5 ft at turn. Permanent starting blocks and non-turbulent lane markers will be used. Colorado timing system with an 8 lane display will be used. There is ample balcony seating for spectators. Lockers are available (provide your own lock). Public phones will not be available.

## **Course Certification**

The competition course has not been certified in accordance with 104.2.2C(4)

## **Meet Format**

This is a timed final meet with 11-12 Boys in the morning and 11-12 Girls in the afternoon.

## **Eligibility**

All athletes and clubs registered with Michigan Swimming or another USA Swimming LSC are eligible to participate in this meet.

## **Entry Procedures**

Entries may be submitted to the Administrative Official as of **Monday, November 20<sup>th</sup> at 9am**. The Administrative Official must receive all entries no later than **Thursday, December 7<sup>th</sup> by 6pm**. Entries must include correct swimmer name (as registered with USA/MS Swimming), age and USA number. All individual entries should be submitted via electronic mail at the e-mail address listed in the last section of this meet information packet. Please send electronic entries to **olymeetentry@gmail.com**.

## **Entry Acceptance and Processing**

Entries will be accepted and processed on a first come, first served basis in the order in which they are received after the entry open date listed above.

## **Individual Entry Limits**

Swimmers are allowed to swim no more than 10 individual events with a maximum of 2 individual events Friday and 4 individual events Saturday and Sunday.

## **Entry Fees**

**\$5.00** per individual event. Make checks payable to **OLY Swimming**.

## **Surcharges**

A \$1.00 per athlete Michigan Swimming athlete surcharge applies.

## **Paper Entries**

MS rules regarding non-electronic entries apply. **\$6.00** per individual event. There is \$1.00 additional charge per event paid if the entry is not submitted in Hy-Tek format. Any surcharges detailed in the previous section also apply to paper entries. Paper entries may be submitted to the Administrative Official on a spreadsheet of your choice however, the paper

entry must be logically formatted and must contain all pertinent information to allow the Administrative Official to easily enter the swimmer(s) in the correct events with correct seed times.

### **Refunds**

Once a team or individual entry has been received and processed by the Administrative Official there are no refunds in full or in part unless the "over qualification exception" applies (see MS Rules).

### **Entry Paperwork**

Your club's Entry, Entry Summary Sheet, Release/Waiver, Certification of Entered Athletes and Check should be sent via U.S. mail or nationally recognized overnight courier to:

**OLY Swimming  
1550 Houghton Trail  
Ortonville, MI, 48462  
248 613-7278**

### **Check In**

Check-in will close 15 minutes after WU starts. Check-in will be required and will be located **in hallway next to locker room entrance.**

### **Marshaling**

This is a self marshalled meet

### **Seeding**

After check-in closes and scratches are processed. All events will be seeded slow to fast, except for the 500 Free, 400IM, and 1650 Free, which will be seeded fast to slow. Swimmers who fail to check in will be scratched.

### **Deck Entries**

Deck entries will be allowed and will be conducted in accordance with current Michigan Swimming, Inc. rules & procedures, including all Michigan Swimming, Inc. COVID-specific sanctioning or approval policies. Deck entries will be \$5 per event.

### **Meet Programs/Admissions**

\$5.00 Admission Fee, Heat Sheets will be available for \$3.00 Any or all groups may be charged less in the discretion of the meet host.

### **Scoring**

NO scoring is held.

### **Awards**

There are no awards for this meet.

### **Results**

Complete Official meet results will be posted on the Michigan Swimming Website at <http://www.miswim.org/>. Unofficial results will also be available on flash drive (HY-TEK Team Manager result file) upon request. Teams must provide their own flash drive.

### **Concessions**

Concessions are going to be offered in designated area. No food or beverage will be allowed on the deck of the pool, in the locker rooms or in the spectator areas. A hospitality area will be available for coaches and officials.

### **Lost and Found**

Articles may be turned in/picked up at **the pool office**. Articles not picked up by the end of the meet will be retained by the Meet Director or a representative for at least 14 days (any longer period shall be in the sole discretion of the Meet Director).

### **Swimming Safety**

Michigan Swimming warm up rules will be followed. To protect all swimmers during warm-ups, swimmers are required to enter the pool feet first at all times except when sprint lanes have been designated. No jumping or diving. The same rules will apply with respect to the warm-down pool and diving well. Penalties for violating these rules will be in the sole discretion of the Meet Referee which may include ejection from the meet. There will be at least two marshalls at this competition, with at least one of each gender

### **Racing Start Certification**

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the

responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

### **Deck Personnel/Locker Rooms/Credentialing**

Only registered and current coaches, athletes, officials and meet personnel are allowed on the deck or in locker rooms. Access to the pool deck may only be granted to any other individual in the event of emergency through approval by the Meet Director or the Meet Referee. The Michigan Swimming Board of Directors, Officials Chairs of MS, and the Michigan Swimming Office staff are authorized deck personnel at all MS meets. Personal assistants/helpers of athletes with a disability shall be permitted when requested by an athlete with a disability or a coach of an athlete with a disability.

Lists of registered coaches, certified officials and meet personnel will be placed outside the **hallway** to the **pool deck**. Meet personnel will check the list of approved individuals and issue a credential to be displayed at all times during the meet. This credential will include the host team **OLY**, as well as the function of the individual being granted access to the pool deck (Coach, Official, Timer, or Meet Personnel). In order to obtain a credential, Coaches and Officials must be current in all certifications through the final date of the meet. Meet personnel must return the credential at the conclusion of working each day and be reissued a credential daily.

All access points to the pool deck and locker rooms will either be secured or staffed by a meet worker checking credentials throughout the duration of the meet.

### **Swimmers with Disabilities**

All swimmers are encouraged to participate. If any of your swimmers have special needs or requests, please indicate them on the entry form and with the Clerk of Course and/or the Meet Referee during warm ups.

### **First Aid**

Supplies will be kept in **pool office**. There will be no medical supervision for this meet.

### **Facility Items**

- (A) No smoking is allowed in the building or on the grounds of any facility listed above.
- (B) Pursuant to applicable Michigan law, no glass will be allowed on the deck of the pool or in the locker rooms.
- (C) No bare feet allowed outside of the pool area. Swimmers need to have shoes to go into the hallway to awards or concessions.
- (D) An Emergency Action Plan has been submitted by the Host Club to the Safety Chair and the Program Operations Chair of Michigan Swimming prior to sanction of this meet and is available for review and inspection at the **pool office**.

- (E) To comply with USA Swimming privacy and security policy, the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- (F) Deck changing, in whole or in part, into or out of a swimsuit when wearing just one suit in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes is **prohibited**.
- (G) Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

### **General Information and Errors/Omissions**

Any errors or omissions in the program will be documented and signed by the Meet Referee and available for review at the Clerk of Course for Coaches review. Information will also be covered at the Coaches' Meeting.

### **Meet Personnel**

**Meet Director:** Carey June/2486137278/olymeetdirector@gmail.com

**Meet Referee:** Cynda Avery/2486322623/cja2474@gmail.com

**Safety Marshal:** Adam Cooper

**Administrative Official:** Jeff Cooper/2486137278/olymeetentry@gmail.com

Friday, December 15 5:00 WU 6:00 Start

Girls	Event	Boys
1	12 and Under 500 Free	2
3	Open 400 IM	4
5	11-12 400 IM	6
7	Open 1650 Free	8

Saturday, December 16 AM Session 8:30 WU 9:30 Start

Girls	Event	Boys
9	9-10 50 Breast	10
11	8 and Under 25 Breast	12
*	11-12 50 Breast	13
14	9-10 100 Free	15
16	8 and Under 50 Free	17
*	11-12 100 Free	18
19	9-10 50 Back	20
21	8 and Under 25 Back	22
*	11-12 50 Back	23
24	9-10 100 IM	25
26	8 and Under 100 IM	27
*	11-12 100 IM	28
29	9-10 100 Fly	30
31	8 and Under 50 Fly	32
*	11-12 100 Fly	33

Saturday, December 16 PM Session Not before 11:00 WU Not Before 12:00 Start

Girls	Event	Boys
34	11-12 50 Breast	*
35	Open 100 Breast	36
37	11-12 100 Free	*
38	Open 100 Free	39
40	11-12 50 Back	*
41	Open 100 Back	42
43	11-12 100 IM	*
44	Open 200 IM	45
46	11-12 100 Fly	*
47	Open 200 Fly	48



Sunday December 17 AM Session 8:30 WU 9:30 Start

Girls	Event	Boys
49	9-10 50 Free	50
51	8 and Under 25 Free	52
*	11-12 50 Free	53
54	9-10 200 IM	55
*	11-12 200 IM	56
57	8 and Under 50 Breast	58
59	9-10 100 Breast	60
*	11-12 100 Breast	61
62	8 and Under 50 Back	63
64	9-10 100 Back	65
*	11-12 100 Back	66
67	8 and Under 25 Fly	68
69	9-10 50 Fly	70
*	11-12 50 Fly	71
72	8 and Under 100 Free	73
74	9-10 200 Free	75
*	11-12 200 Free	76

Sunday December 17 PM Session Not before 11:00 WU Not before 12:00 Start

Girls	Event	Boys
77	11-12 50 Free	*
78	Open 50 Free	79
80	11-12 200 IM	*
81	Open 100 IM	82
83	11-12 100 Breast	*
84	Open 200 Breast	85
86	11-12 100 Back	*
87	Open 200 Back	88
89	11-12 50 Fly	*
90	Open 100 Fly	91
92	11-12 200 Free	*
93	Open 200 Free	94

