



## **Integrity, Inclusion, Education, Excellence**

### **Best Valen-Times Open Invitational**

**Hosted By: Hurricane Penguins Swim Club**

**February 17-18, 2024**

**Sanction** – This meet is sanctioned by Michigan Swimming, Inc. (MS), as a timed final meet on behalf of USA Swimming (USA-S), Sanction Number **MI2324075**. In granting this sanction it is understood and agreed that USA Swimming, Inc. and Michigan Swimming, Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. MS rules, safety, and warm up procedures will govern the meet as if fully set forth in these meet rules.

#### **Minor Athlete Abuse Prevention Policy Acknowledgement**

All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. There will be at least two safety marshals at this competition, with at least one of each gender.

**Location: Waterford Kettering High School-2800 Kettering Dr.**

**Waterford, MI 48329**

#### **Times**

**(d1/s1) Saturday AM Session 8:00am Warm-up, 9:00am Start**

**(d1/s2) Saturday PM Session Warm-up will begin immediately following the AM session not before 12:00pm, Events will Start after warm-up begins, but not before 1:00pm.**

**(d2/s3) Sunday AM Session 8:00am Warm-up, 9:00am Start**

**(d2/s4) Sunday PM Session Warm-up will begin immediately following the AM session not before 12:00pm, Events will Start after warm-up begins, but not before 1:00pm.**

#### **Facilities**

**Waterford Kettering pool**, is a(n) **8** lane pool **with a supervised warm-up and warm down area available**. Depth at start is 8<sup>1</sup> and 4' at turn. Permanent starting blocks and non-turbulent lane markers will be used. Colorado system with a(n) 8 lane display will be used.

### **Course Certification**

The competition course has not been certified in accordance with 104.2.2C(4)

### **Meet Format**

#### **Timed Final**

### **Eligibility**

All athletes and clubs registered with Michigan Swimming or another USA Swimming LSC are eligible to participate in this meet.

### **Entry Procedures**

Entries may be submitted to the Administrative Official as of **Monday, January 22<sup>nd</sup> at 8:00am**. The Administrative Official must receive all entries no later than **Saturday, February 10<sup>th</sup> at 12:00pm** Entries must include correct swimmer name (as registered with USA/MS Swimming), age and USA number. All individual entries should be submitted via electronic mail at the e-mail address listed in the last section of this meet information packet.

### **Entry Acceptance and Processing**

Entries will be accepted and processed on a first come, first served basis in the order in which they are received after the entry open date listed above.

### **Individual Entry Limits**

Per athlete maximums are as follows: 4 individual events and 1 relay event on Saturday and 4 individual and 1 relay event on Sunday.

### **Entry Fees**

**\$5.00** per individual event and **\$12.00** for relays. Make checks payable to **Hurricane Penguins Swim Club**

### **Surcharges**

A \$10 per athlete facility surcharge + \$1.00 per athlete Michigan Swimming athlete surcharge applies.

### **Paper Entries**

MS rules regarding non-electronic entries apply. **\$6.00** per individual event and **\$13.00** per relay. There is \$1.00 additional charge per event paid if the entry is not submitted in Hy-Tek format. Any surcharges detailed in the previous section also apply to paper entries. Paper entries may be submitted to the Administrative Official on a spreadsheet of your choice however, the paper entry must be logically formatted and must contain all pertinent

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<sup>1</sup> Depth at Start must meet State of Michigan requirements.

information to allow the Administrative Official to easily enter the swimmer(s) in the correct events with correct seed times.

### **Refunds**

Once a team or individual entry has been received and processed by the Administrative Official there are no refunds in full or in part unless the "over qualification exception" applies (see MS Rules).

### **Entry Paperwork**

Your club's Entry, Entry Summary Sheet, and Check should be sent via U.S. mail or nationally recognized overnight courier to:

### **Hurricane Penguins Swim Club**

**10325 Glynn Rd**

**White Lake, MI 48386**

### **Check In**

Check-in will be required and will be located **Near the locker room entrance.**

Check-in will close 15 minutes after the start of the warm-up.

### **Marshaling**

Swimmers will be responsible for reporting to the marshaling area when their event is called.

### **Seeding**

Events will be seeded slowest to fastest, except for distance events (500 Free, 1000 Free). The 500 Free and 1000 Free will be seeded Fastest to Slowest alternating genders Girls and Boys. Events will be seeded immediately following check-in closing for each session. Swimmers who fail to check in for an event will be scratched from that event.

### **Deck Entries**

Deck entries will be allowed at the discretion of the Meet Referee and Meet Director, and will be conducted in accordance with current Michigan Swimming Inc Rules and Procedures. If deck entries are available, the fee is \$7.50 per event plus applicable surcharges (\$11/athlete). Deck entries will count towards each athlete's daily event limit.

### **Meet Programs/Admissions**

Heat Sheets will be available for a fee of \$3 each. Admission of \$5 per person.

### **Scoring**

No individual or team scoring.

## **Awards**

Individual events will be awarded top 3 Medals, Ribbons 4-8. 12&Under events will be awarded as 11-12 and 10 & Under. Open events will be awarded 13-14 and 15 & Over. Relays will be awarded top 3 Medals.

## **Results**

Complete Official meet results will be posted on the Michigan Swimming Website at <http://www.miswim.org/>. Unofficial results will also be available on flash drive (HY-TEK Team Manager result file) upon request. Teams must provide their own flash drive.

## **Concessions**

Concessions will be provided from the concessions in the upper balcony area. No food or beverage will be allowed on the deck of the pool, in the locker rooms or in the spectator areas. A hospitality area will be available for coaches and officials.

## **Lost and Found**

Articles may be turned in/picked up at the front desk of the pool facility. Articles not picked up by the end of the meet will be retained by the Meet Director or a representative for at least 14 days (any longer period shall be in the sole discretion of the Meet Director).

## **Swimming Safety**

Michigan Swimming warm up rules will be followed. To protect all swimmers during warm-ups, swimmers are required to enter the pool feet first at all times except when sprint lanes have been designated. No jumping or diving. The same rules will apply with respect to the warm-down pool and diving well. Penalties for violating these rules will be in the sole discretion of the Meet Referee which may include ejection from the meet.

## **Racing Start Certification**

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

## **Deck Personnel/Locker Rooms/Credentialing**

Only registered and current coaches, athletes, officials and meet personnel are allowed on the deck or in locker rooms. Access to the pool deck may only be granted to any other individual in the event of emergency through approval by the Meet Director or the Meet Referee. The Michigan Swimming Board of Directors, Officials Chairs of MS, and the Michigan Swimming Office staff are authorized deck personnel at all MS meets. Personal assistants/helpers of athletes with a disability shall be permitted when requested by an athlete with a disability or a coach of an athlete with a disability.

All individuals seeking access to the pool deck must show a valid digital USA Swimming membership card reflecting good standing in order to receive a deck credential. The credential must be displayed at all times during the meet and will include the host team name as well as the function of the individual being granted access to the pool deck (Coach, Official, Timer, or Meet Personnel). In order to obtain a credential, Coaches and Officials must be current in

all certifications through the final date of the meet. Meet personnel must return the credential at the conclusion of working each day and be reissued a credential daily.

All access points to the pool deck and locker rooms will either be secured or staffed by a meet worker checking credentials throughout the duration of the meet.

### **Swimmers with Disabilities**

All swimmers are encouraged to participate. If any of your swimmers have special needs or requests, please indicate them on the entry form and with the Clerk of Course and/or the Meet Referee during warm ups.

### **First Aid**

Supplies will be kept in Lifeguard Office.

### **Medical Supervision**

Lifeguards will be on site for the duration of the competition.

### **Facility Items**

- (A) No smoking is allowed in the building or on the grounds of any facility listed above.
- (B) Pursuant to applicable Michigan law, no glass will be allowed on the deck of the pool or in the locker rooms.
- (C) No bare feet allowed outside of the pool area. Swimmers need to have shoes to go into the hallway to awards or concessions.
- (D) An Emergency Action Plan has been submitted by the Host Club to the Safety Chair and the Program Operations Chair of Michigan Swimming prior to sanction of this meet and is available for review and inspection at the pool office from the Admin Official.
- (E) To comply with USA Swimming privacy and security policy, the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- (F) Deck changing, in whole or in part, into or out of a swimsuit when wearing just one suit in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes is **prohibited**.
- (G) Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

### **General Information and Errors/Omissions**

Any errors or omissions in the program will be documented and signed by the Meet Referee and available for review at the Clerk of Course for Coaches review. Information will also be covered at the Coaches' Meeting.

### **Meet Personnel**

**Meet Director:** Lyndsey Kiebel, 248- 978-7906

**Meet Referee:** Dan Hohnstadt 248-495-8179, dhohnstadt@gmail.com

**Safety Marshal:** Valerie Maravolo

**Administrative Official:** Jeff Heaton/keweenaw@gmail.com/(248)930-8367

### **MI2324075 - Schedule of Events**

#### **Saturday AM Session**

- #1-Girls Open 200 Free Relay
- #2-Boys Open 200 Free Relay
- #3-Girls Open 100 Breaststroke
- #4-Boys Open 100 Breaststroke
- #5-Girls Open 200 Backstroke
- #6-Boys Open 200 Backstroke
- #7-Girls Open 100 Free
- #8-Boys Open 100 Free
- #9-Girls Open 200 IM
- #10-Boys Open 200 IM
- #11-Girls Open 100 Fly
- #12-Boys Open 100 Fly
- #13- Girls Open 1000 Free
- #14-Boys Open 1000 Free

#### **Saturday PM Session**

- #15-Girls 11-12 200 Free Relay
- #16-Boys 11-12 200 Free Relay
- #17-Girls 10 & Under 200 Free Relay
- #18-Boys 10 & Under 200 Free Relay
- #19-Girls 12 & U 200 Free
- #20-Boys 12 & U 200 Free
- #21- Girls 8 & Under 25 Breaststroke
- #22- Boys 8 & Under 25 Breaststroke
- #23-Girls 12 & U 50 Breaststroke
- #24-Boys 12 & U 50 Breaststroke
- #25- Girls 8 & U 50 Backstroke
- #26- Boys 8 & U 50 Backstroke
- #27-Girls 12 & U 100 Backstroke
- #28-Boys 12 & U 100 Backstroke
- #29-Girls 8 & U 25 Free
- #30-Boys 8 & U 25 Free
- #31-Girls 12 & U 50 Free
- #32-Boys 12 & U 50 Free
- #33-Girls 12 & U 100 Fly
- #34-Boys 12 & U 100 Fly
- #35-Girls 12 & U 100 IM
- #36-Boys 12 & U 100 IM

#37-Girls 12 & U 500 Free

#38-Boys 12 & U 500 Free

**Sunday AM Session**

#39-Girls Open 200 Medley Relay

#40-Boys Open 200 Medley Relay

#41-Girls Open 400 IM

#42-Boys Open 400IM

#43-Girls Open 200 Free

#44-Boys Open 200 Free

#45- Girls Open 100 Back

#46-Boys Open 100 Back

#47-Girls Open 200 Breaststroke

#48-Boys Open 200 Breaststroke

#49-Girls Open 50 Free

#50-Boys Open 50 Free

#51-Girls Open 200 Fly

#52-Boys Open 200 Fly

#53-Girls Open 500 Free

#54-Boys Open 500 Free

**Sunday PM Session**

#55-Girls 11-12 200 Medley Relay

#56-Boys 11-12 200 Medley Relay

#57-Girls 10 & U 200 Medley Relay

#58-Boys 10 & U 200 Medley Relay

#59-Girls 12 & U 200 IM

#60-Boys 12 & U 200 IM

#61-Girls 12 & U 100 Breast

#62-Boys 12 & U 100 Breast

#63-Girls 8 & U 25 Back

#64-Boys 8 & U 25 Back

#65-Girls 12 & U 50 Back

#66-Boys 12 & U 50 Back

#67-Girls 8 & U 50 Free

#68-Boys 8 & U 50 Free

#69-Girls 12 & U 100 Free

#70-Boys 12 & U 100 Free

#71-Girls 8 & U 25 Fly

#72-Boys 8 & U 25 Fly

#73-Girls 12 & U 50 Fly

#74-Boys 12 & U 50 Fly