



## **Integrity, Inclusion, Education, Excellence**

**2024 USSC Spring Into Summer Meet**

**Hosted By: USSC**

**May 18-19, 2024**

**Sanction** – This meet is sanctioned by Michigan Swimming, Inc. (MS), as a timed final meet on behalf of USA Swimming (USA-S), Sanction Number **MI2324125**. In granting this sanction it is understood and agreed that USA Swimming, Inc. and Michigan Swimming, Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. MS rules, safety, and warm up procedures will govern the meet as if fully set forth in these meet rules.

### **Minor Athlete Abuse Prevention Policy Acknowledgement**

All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. There will be at least two safety marshals at this competition, with at least one of each gender.

### **Location**

**Stoney Creek High School**

**6755 Sheldon Rd**

**Rochester, MI 48306**

### **Times**

**Saturday AM 8am Warm-up, 9am Start**

**Saturday PM Not before 10:30am Warm-up, 11:30am Start**

**Sunday AM 8am Warm-up, 9am Start**

**Sunday PM Not before 10:30am Warm-up, Not Before 11:30am Start**

**\*Start times for the PM session will be communicated with all teams who enter this meet. If you are deck entering this meet, please reachout to the meet host for start times for the PM sessions**

### **Facilities**

Stoney Creek High School, is an 8 lane pool with a supervised warm-up and warm down area available. Depth at start is 8'<sup>1</sup> and 4' at turn. Permanent starting blocks and non-turbulent lane markers will be used. DAK timing system with an 8 lane display will be used.

### **Course Certification**

The competition course has not been certified in accordance with 104.2.2C(4)

### **Meet Format**

#### **Timed Finals**

### **Eligibility**

All athletes and clubs registered with Michigan Swimming or another USA Swimming LSC are eligible to participate in this meet.

### **Entry Procedures**

Entries may be submitted to the Administrative Official as of **Wednesday, May 1st 10am**. The Administrative Official must receive all entries no later than **Friday, May 10th 6pm**. Entries must include correct swimmer name (as registered with USA/MS Swimming), age and USA number. All individual entries should be submitted via electronic mail at the e-mail address listed in the last section of this meet information packet.

### **Entry Acceptance and Processing**

Entries will be accepted and processed on a first come, first served basis in the order in which they are received after the entry open date listed above.

### **Individual Entry Limits**

**4 individual events + 1 Relay per day.**

### **Entry Fees**

**\$5** per individual event. Make checks payable to **USSC**.

### **Surcharges**

A \$1.00 per athlete Michigan Swimming athlete surcharge applies + \$10 per athlete facility surcharge.

### **Paper Entries**

MS rules regarding non-electronic entries apply. **\$6** per individual event. There is \$1.00 additional charge per event paid if the entry is not submitted in Hy-Tek format. Any surcharges detailed in the previous section also apply to paper entries. Paper entries may be submitted to the Administrative Official on a spreadsheet of your choice however, the paper entry must be logically formatted and must contain all pertinent information to allow the Administrative Official to easily enter the swimmer(s) in the correct events with correct seed times.

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<sup>1</sup> Depth at Start must meet State of Michigan requirements.

## **Refunds**

Once a team or individual entry has been received and processed by the Administrative Official there are no refunds in full or in part unless the "over qualification exception" applies (see MS Rules).

## **Entry Paperwork**

Your club's Entry, Entry Summary Sheet, and Check should be sent via U.S. mail or nationally recognized overnight courier to:

**USSC**  
**PO Box 182032**  
**Shelby Township, MI 48318**

## **Check In**

Check-in will be required and will be located in the hallway leading into the pool area.

## **Marshaling**

None.

## **Seeding**

Seeding will be completed after check-in closes. Swimmers who fail to check-in will be scratched from the meet.

## **Deck Entries**

Deck entries will be allowed at the discretion of the Meet Referee and Meet Director. Applicable surcharges + \$7.50 per event.

## **Meet Programs/Admissions**

**\$5 Admission per day, \$3 for Heat Sheets**

## **Scoring**

**No Individual or Team Scoring will be kept.**

## **Awards**

**Heat Winners will be provided to the winner in each heat.**

## **Results**

Complete Official meet results will be posted on the Michigan Swimming Website at <http://www.miswim.org/>. Unofficial results will also be available on flash drive (HY-TEK Team Manager result file) upon request. Teams must provide their own flash drive.

## **Concessions**

No Concessions. No food or beverage will be allowed on the deck of the pool, in the locker rooms or in the spectator areas. A hospitality area will be available for coaches and officials.

## **Lost and Found**

Articles may be turned in/picked up at **the Clerk of Course on deck**. Articles not picked up by the end of the meet will be retained by the Meet Director or a representative for at least 14 days (any longer period shall be in the sole discretion of the Meet Director).

### **Swimming Safety**

Michigan Swimming warm up rules will be followed. To protect all swimmers during warm-ups, swimmers are required to enter the pool feet first at all times except when sprint lanes have been designated. No jumping or diving. The same rules will apply with respect to the warm-down pool and diving well. Penalties for violating these rules will be in the sole discretion of the Meet Referee which may include ejection from the meet.

### **Racing Start Certification**

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

### **Deck Personnel/Locker Rooms/Credentialing**

Only registered and current coaches, athletes, officials and meet personnel are allowed on the deck or in locker rooms. Access to the pool deck may only be granted to any other individual in the event of emergency through approval by the Meet Director or the Meet Referee. The Michigan Swimming Board of Directors, Officials Chairs of MS, and the Michigan Swimming Office staff are authorized deck personnel at all MS meets. Personal assistants/helpers of athletes with a disability shall be permitted when requested by an athlete with a disability or a coach of an athlete with a disability.

All individuals seeking access to the pool deck must show a valid digital USA Swimming membership card reflecting good standing in order to receive a deck credential. The credential must be displayed at all times during the meet and will include the host team name as well as the function of the individual being granted access to the pool deck (Coach, Official, Timer, or Meet Personnel). In order to obtain a credential, Coaches and Officials must be current in all certifications through the final date of the meet. Meet personnel must return the credential at the conclusion of working each day and be reissued a credential daily.

All access points to the pool deck and locker rooms will either be secured or staffed by a meet worker checking credentials throughout the duration of the meet.

### **Swimmers with Disabilities**

All swimmers are encouraged to participate. If any of your swimmers have special needs or requests, please indicate them on the entry form and with the Clerk of Course and/or the Meet Referee during warm ups.

### **First Aid**

Supplies will be kept in **Coach's Office on the Pool deck**.

### **Medical Supervision**

None.

## Facility Items

- (A) No smoking is allowed in the building or on the grounds of any facility listed above.
- (B) Pursuant to applicable Michigan law, no glass will be allowed on the deck of the pool or in the locker rooms.
- (C) No bare feet allowed outside of the pool area. Swimmers need to have shoes to go into the hallway to awards or concessions.
- (D) An Emergency Action Plan has been submitted by the Host Club to the Safety Chair and the Program Operations Chair of Michigan Swimming prior to sanction of this meet and is available for review and inspection at the **Clerk of Course**.
- (E) To comply with USA Swimming privacy and security policy, the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- (F) Deck changing, in whole or in part, into or out of a swimsuit when wearing just one suit in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes is **prohibited**.
- (G) Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

## General Information and Errors/Omissions

Any errors or omissions in the program will be documented and signed by the Meet Referee and available for review at the Clerk of Course for Coaches review. Information will also be covered at the Coaches' Meeting.

## Meet Personnel

**Meet Director:** Ahern Naylis [ahern.naylis@gmail.com](mailto:ahern.naylis@gmail.com) (Must be a USA Swimming member)

**Meet Referee:** Rob Threlkeld [rthrelkeld1@gmail.com](mailto:rthrelkeld1@gmail.com)

**Safety Marshal:** Jens Kristensen

**Administrative Official:** Erica Thomas [usscentries@gmail.com](mailto:usscentries@gmail.com)

## Event

## List

|  |                             |  |
|--|-----------------------------|--|
|  | <b>Sanction#: MI2324125</b> |  |
|--|-----------------------------|--|

|                       |                            |                      |
|-----------------------|----------------------------|----------------------|
| <b>Girls 12U</b>      | <b>Saturday AM</b>         | <b>Boys 10U</b>      |
| <b>1</b>              | <b>50 Free</b>             | <b>2</b>             |
| <b>3</b>              | <b>50 Breast</b>           | <b>4</b>             |
| <b>5</b>              | <b>25 Breast (8U only)</b> | <b>6</b>             |
| <b>7</b>              | <b>100 Back</b>            | <b>8</b>             |
| <b>9</b>              | <b>50 Back</b>             | <b>10</b>            |
| <b>11</b>             | <b>25 Back (8U only)</b>   | <b>12</b>            |
| <b>13</b>             | <b>50 Fly</b>              | <b>14</b>            |
| <b>15</b>             | <b>25 Fly (8U only)</b>    | <b>16</b>            |
| <b>17</b>             | <b>100 Free</b>            | <b>18</b>            |
| <b>19</b>             | <b>25 Free (8U only)</b>   | <b>20</b>            |
| <b>21</b>             | <b>200 IM</b>              | <b>22</b>            |
|                       |                            |                      |
| <b>Girls 13&amp;O</b> | <b>Saturday PM</b>         | <b>Boys 11&amp;O</b> |
| <b>23</b>             | <b>50 Free</b>             | <b>24</b>            |
| <b>25</b>             | <b>50 Breast</b>           | <b>26</b>            |
| <b>27</b>             | <b>100 Back</b>            | <b>28</b>            |
| <b>29</b>             | <b>50 Back</b>             | <b>30</b>            |
| <b>31</b>             | <b>50 Fly</b>              | <b>32</b>            |
| <b>33</b>             | <b>100 Free</b>            | <b>34</b>            |
| <b>35</b>             | <b>200 IM</b>              | <b>36</b>            |
|                       |                            |                      |
| <b>Girls 12U</b>      | <b>Sunday AM</b>           | <b>Boys 10U</b>      |
| <b>37</b>             | <b>100 Breast</b>          | <b>38</b>            |
| <b>39</b>             | <b>25 Breast (8U only)</b> | <b>40</b>            |
| <b>41</b>             | <b>50 Back</b>             | <b>42</b>            |
| <b>43</b>             | <b>25 Back (8U only)</b>   | <b>44</b>            |
| <b>45</b>             | <b>100 IM</b>              | <b>46</b>            |
| <b>47</b>             | <b>100 Fly</b>             | <b>48</b>            |
| <b>49</b>             | <b>25 Fly (8U only)</b>    | <b>50</b>            |
| <b>51</b>             | <b>50 Free</b>             | <b>52</b>            |
| <b>53</b>             | <b>25 Free (8U only)</b>   | <b>54</b>            |
| <b>55</b>             | <b>200 Free</b>            | <b>56</b>            |
|                       |                            |                      |
| <b>Girls 130</b>      | <b>Sunday PM</b>           | <b>Boys 110</b>      |
| <b>57</b>             | <b>100 Breast</b>          | <b>58</b>            |
| <b>59</b>             | <b>50 Back</b>             | <b>60</b>            |
| <b>61</b>             | <b>100 IM</b>              | <b>62</b>            |
| <b>63</b>             | <b>100 Fly</b>             | <b>64</b>            |
| <b>65</b>             | <b>50 Free</b>             | <b>66</b>            |
| <b>67</b>             | <b>200 Free</b>            | <b>68</b>            |