



## **Integrity, Inclusion, Education, Excellence**

### **Open Invitational A3 Spring off the Block**

**Hosted By: Dexter Community Aquatic Club**

**May 3<sup>rd</sup> - 5<sup>th</sup>, 2024**

**Sanction** – This meet is sanctioned by Michigan Swimming, Inc. (MS), as a timed final meet on behalf of USA Swimming (USA-S), Sanction Number **MI2324115**. In granting this sanction it is understood and agreed that USA Swimming, Inc. and Michigan Swimming, Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. MS rules, safety, and warm up procedures will govern the meet as if fully set forth in these meet rules.

#### **Minor Athlete Abuse Prevention Policy Acknowledgement**

All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. There will be at least two safety marshals at this competition, with at least one of each gender.

#### **Location**

Dexter Community Pool, Wylie Elementary School, 3060 Kensington Street, Dexter MI 48130

#### **Times**

<b>Friday PM</b> (All age groups)	Warm-up: 4:00pm	Events Begin: 5:00pm
<b>Saturday/Sunday AM</b> (All 10&Under + 11/12)	Warm-up: 7:30am	Events Begin: 8:30am
<b>Saturday/Sunday PM</b> (All 13&Up)	Warm-up: 12:30pm	Events Begin: 1:30pm

#### **Facilities**

**Dexter Community Pool**, is a(n) **6** lane pool **with a supervised warm-up and warm down area available**. Depth at start is 7’0” and 3’6” at turn. Permanent starting blocks and non-turbulent lane markers will be used. **Colorado timing system with a(n) 6 lane display will be used.**

#### **Course Certification**

The competition course has not been certified in accordance with 104.2.2C(4)

## **Meet Format**

This meet is for those swimmers with "A" times, "B" times, and "C" times. 12 & Under, 10 & Under Events, 11/12 Events, and Open Events are offered. 1000 Free, 500 Free and 400 IM Events will be seeded Fastest to Slowest, alternating gender. All events are timed finals.

## **Eligibility**

All athletes and clubs registered with Michigan Swimming or another USA Swimming LSC are eligible to participate in this meet.

## **Entry Procedures**

Entries may be submitted to the Administrative Official as of **April 8<sup>th</sup>, 2024 at 10am**. The Administrative Official must receive all entries no later than **April 29<sup>th</sup>, 2024 at midnight**. Entries must include correct swimmer name (as registered with USA/MS Swimming), age and USA number. All individual entries should be submitted via electronic mail at the e-mail address listed in the last section of this meet information packet.

## **Entry Acceptance and Processing**

Entries will be accepted and processed on a first come, first served basis in the order in which they are received after the entry open date listed above.

## **Individual Entry Limits**

Swimmers may enter a maximum of two (2) events on Friday and four (4) individual events per day on Saturday and Sunday.

## **Entry Fees**

**\$5.00** per individual event. Make checks payable to **DCAC**

## **Surcharges**

A \$1.00 per athlete Michigan Swimming athlete surcharge applies.

## **Paper Entries**

MS rules regarding non-electronic entries apply. **\$6.00** per individual event. There is \$1.00 additional charge per event paid if the entry is not submitted in Hy-Tek format. Any surcharges detailed in the previous section also apply to paper entries. Paper entries may be submitted to the Administrative Official on a spreadsheet of your choice however, the paper entry must be logically formatted and must contain all pertinent information to allow the Administrative Official to easily enter the swimmer(s) in the correct events with correct seed times.

## **Refunds**

Once a team or individual entry has been received and processed by the Administrative Official there are no refunds in full or in part unless the "over qualification exception" applies (see MS Rules).

## **Entry Paperwork**

Your club's Entry, Entry Summary Sheet, and Check should be sent via U.S. mail or nationally recognized overnight courier to:

**Dexter Community Aquatic Club**

**Attn: Spring Off the Block**

**P.O. Box 387**

**Dexter, MI 48130**

**[DCACEntries@dcacswimming.org](mailto:DCACEntries@dcacswimming.org)**

**Administrative Official – dcacswimentries@gmail.com**

**Check In**

Check-in will be required and will be located **outside the locker room entrances**.

**Marshaling**

This will be a self-marshaled swim meet

**Seeding**

Seeding will be done after check-in closes. Swimmers who fail to check-in for an event will be scratched from that event. All events are timed finals and will be seeded slowest to fastest other than distance events (1000 Free, 500 Free, and 400 IM) which will be seeded fastest to slowest (alternating gender).

**Deck Entries**

Deck entries (**\$7.00 per individual event**) will be allowed.

**Meet Programs/Admissions**

Admission will be \$5.00 per person. Heat sheet/Program will be available for \$2.00.

**Scoring**

There will be no scoring at this meet.

**Awards**

Ribbons will be awarded for all age groups 1st-16th place.

**Results**

Complete Official meet results will be posted on the Michigan Swimming Website at <http://www.miswim.org/>. Unofficial results will also be available on flash drive (HY-TEK Team Manager result file) upon request. Teams must provide their own flash drive.

**Concessions**

Food and beverages will be available to purchase in the lobby area. No food or beverage will be allowed on the deck of the pool, in the locker rooms or in the spectator areas. A hospitality area will be available for coaches and officials.

**Lost and Found**

Articles may be turned in/picked up at **outside the pool office**. Articles not picked up by the end of the meet will be retained by the Meet Director or a representative for at least 14 days (any longer period shall be in the sole discretion of the Meet Director).

## **Swimming Safety**

Michigan Swimming warm up rules will be followed. To protect all swimmers during warm-ups, swimmers are required to enter the pool feet first at all times except when sprint lanes have been designated. No jumping or diving. The same rules will apply with respect to the warm-down pool and diving well. Penalties for violating these rules will be in the sole discretion of the Meet Referee which may include ejection from the meet.

## **Racing Start Certification**

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

## **Deck Personnel/Locker Rooms/Credentialing**

Only registered and current coaches, athletes, officials and meet personnel are allowed on the deck or in locker rooms. Access to the pool deck may only be granted to any other individual in the event of emergency through approval by the Meet Director or the Meet Referee. The Michigan Swimming Board of Directors, Officials Chairs of MS, and the Michigan Swimming Office staff are authorized deck personnel at all MS meets. Personal assistants/helpers of athletes with a disability shall be permitted when requested by an athlete with a disability or a coach of an athlete with a disability.

All individuals seeking access to the pool deck must show a valid digital USA Swimming membership card reflecting good standing in order to receive a deck credential. The credential must be displayed at all times during the meet and will include the host team name as well as the function of the individual being granted access to the pool deck (Coach, Official, Timer, or Meet Personnel). In order to obtain a credential, Coaches and Officials must be current in all certifications through the final date of the meet. Meet personnel must return the credential at the conclusion of working each day and be reissued a credential daily.

All access points to the pool deck and locker rooms will either be secured or staffed by a meet worker checking credentials throughout the duration of the meet.

## **Swimmers with Disabilities**

All swimmers are encouraged to participate. If any of your swimmers have special needs or requests, please indicate them on the entry form and with the Clerk of Course and/or the Meet Referee during warm ups.

## **First Aid**

Supplies will be kept in **the pool office**.

## **Medical Supervision**

There will be no medical supervision available.

## **Facility Items**

- (A) No smoking is allowed in the building or on the grounds of any facility listed above.
- (B) Pursuant to applicable Michigan law, no glass will be allowed on the deck of the pool or in the locker rooms.

- (C) No bare feet allowed outside of the pool area. Swimmers need to have shoes to go into the hallway to awards or concessions.
- (D) An Emergency Action Plan has been submitted by the Host Club to the Safety Chair and the Program Operations Chair of Michigan Swimming prior to sanction of this meet and is available for review and inspection at the **pool office**.
- (E) To comply with USA Swimming privacy and security policy, the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- (F) Deck changing, in whole or in part, into or out of a swimsuit when wearing just one suit in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes is **prohibited**.
- (G) Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

### **General Information and Errors/Omissions**

Any errors or omissions in the program will be documented and signed by the Meet Referee and available for review at the Clerk of Course for Coaches review. Information will also be covered at the Coaches' Meeting.

### **Meet Personnel**

**Meet Director:** Michael Schuenke/headcoach@dcacswimming.org (Must be a USA Swimming member)

**Meet Referee:** Jeffrey Wilkins/(313) 574-3638/Jeffrey.wilkins@comcast.com

**Safety Marshal:** Ashley Brant

**Administrative Official:** Alyssa De Leon/(313) 399-8289/dcacswwimentries@gmail.com

**Scheduled Of Events**  
**Sanction Number: MI2324115**

**Friday Evening Session**

Girls	Event	Boys
1	1000 Free	2
3	400 IM	4
5	500 Free	6

**Saturday Sessions**

Saturday Morning				Saturday Afternoon		
Girls	Event	Boys		Girls	Event	Boys
7	12 & Under 200 Free	8		31	200 Free	32
9	10 & under 50 fly	10		33	50 back	34
11	11-12 50 fly	12		35	100fly	36
13	10 & under 100 breast	14		37	100 breast	38
15	11-12 100 breast	16		39	50free	40
17	10 & Under 100 back	18		41	200 back	42
19	11-12 100 back	20		43	100 IM	44
21	10 & Under 50 free	22				
23	11-12 50 free	24				
25	12 & Under 200 fly	26				
27	10 & Under 100IM	28				
29	11-12 100 IM	30				

### Sunday Sessions

Sunday Morning			Sunday Afternoon		
Girls	Event	Boys	Girls	Event	Boys
45	12 & Under 200 IM	46	67	200IM	68
47	10 & Under 50 back	48	69	100 back	70
49	11-12 50 back	50	71	200 fly	72
51	10 & Under 50 breast	52	73	200 breast	74
53	11-12 50 breast	54	75	100 Free	76
55	10 & Under 100 Fly	56	77	50fly	78
57	11-12 100 fly	58	79	50 breast	80
59	12 & Under 200 back	60			
61	12 & Under 200 breast	62			
63	10 & Under 100 Free	64			
65	11-12 100 Free	66			