

Position: Assistant Swim Coach; Rockford Riptide Swim Club

Overview:

The primary goal of the Rockford Riptide Assistant Coach is to prepare and support Riptide swimmers (Junior level and USA level) in their journey of competitive swimming. The assistant coach for the Rockford Riptide Swim Team leads swimmers' development in starts, turns and finishes, and all four competitive strokes. This individual will work with Rockford Riptide's head coach/general manager and Riptide USA coaching staff in the intentional design of programs and workouts, is actively engaged at swim meets, and will continually assess incoming and current swimmers.

Responsibilities:

- Create a positive training environment for all swimmers
- Demonstrated ability to work well and communicate effectively with swimmers of all ages/abilities, staff, and administrators
- Collaborate with the Head Coach in creating seasonal plans and daily workout plans for the assigned coaching groups. Will review training plans and swimmers' progress
- Works with swimmers during practices to provide positive, meaningful, and constructive feedback
- Provide a solid understanding of swimming biomechanics, dryland training, including progression training, drill and clinic style teaching
- Be actively engaged at assigned swim meets. Lead meet warm-ups, assist swimmers with getting to correct lane, provide positive, meaningful, and constructive feedback to swimmers during the meet.
- Assists with team hosted events

Preferred Qualifications:

- Previous competitive swim coaching experience (2+ years) desired

Compensation and Hours:

Commensurate with experience. This is an hourly position.

Fall/Winter/Spring: Monday - Friday evening availability and some weekends. Summer AM/PM availability and some weekends. Expected 20 hours/week, acknowledging variance in time based season and meet schedule.

Start Date: Immediate

Locations:

Practices are held at the Rockford High School or at the North Rockford Middle School.

Requirements: USA Coaching Certification (or eligibility)
Background check

To Apply: Please send a cover letter, resume, and 3 references to board.riptide@gmail.com