

# MISCA

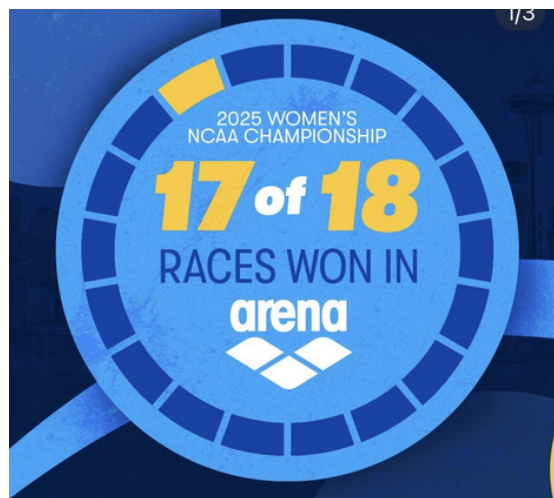


## 64th Annual Coaches Clinic FRIDAY, SEPTEMBER 12, 2025



8:00 - 9:00 AM	Registration
9:00 - 9:45 AM	Mark Gangloff Breaststroke Training
9:00 - 9:45 AM	Diving Business Meeting
9:45 - 10:00 AM	Andi Osters, MHSAA
10:00 - 10:45 AM	Theresa Beckman Team Culture
10:50 - 12:00 PM	General Business Meeting
12:00 - 12:15 PM	Vendor time
12:20 - 2:00 PM	Awards Luncheon
2:00 - 2:15 PM	Vendor time

2:15 - 4:30 PM	Diving Session at Novi HS
2:15 - 3:00 PM	Mark Gangloff, Sprint training.
3:05 - 3:50 PM	Mitch Alters Backstroke Training
3:50 - 4:00 PM	Vendor Time
4:00 - 4:45 PM	Coaches Panel
5:00 - 6:00 PM	Ian Townsend, How to instruct backstroke wedge at Livonia Stevenson
6:15 - 8:00 PM	MISCA Coaches Social at Buffalo Wild Wings



### Mark Gangloff

Head Coach - University of North Carolina

Mark Gangloff, a two-time Olympic gold medalist, three-time World Champion and one of the most dynamic leaders in the world of collegiate swimming, was named the head coach for the men's and women's swimming and diving programs at the University of North Carolina in May 2019. Before coming to Chapel Hill, Gangloff spent seven years at the University of Missouri, where he served as the Tigers' associate head coach for his final two seasons.

For the fourth consecutive season in 2023-24, Gangloff guided the women's team to a Top-20 finish at the NCAA Championships, finishing in 17th place. The group won two individual national championships, while earning 12 College Swimming & Diving Coaches Association of America (CSCAA) All-America honors and nine honorable mention All-America nods. The women's team finished fourth at the ACC Championships for the fourth consecutive year.

In his seven years at Missouri, Gangloff led the Tigers to five top-15 finishes at both the men's and women's NCAA Championships. Before his time at Missouri, Gangloff spent three years as a volunteer assistant coach at Auburn, his alma mater. From 2007-09, Gangloff coached at Swim MAC Carolina in Charlotte, N.C.



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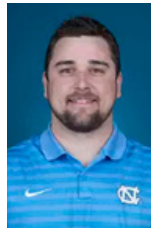
## **Mitch Alters**

Head Coach Oakland University

Mitch Alters joined the Golden Grizzlies men's and women's swimming and diving programs in July 2021 as the associate head coach. Alters joined Oakland after spending three seasons at the University of Richmond. Prior to his time with the spiders, Alters spent two years as a graduate assistant at the University of Arkansas and was a four-year letterwinner for the Oakland University Golden Grizzlies of the Horizon League.

Alters helped lead Richmond back to an Atlantic 10 Championship during the 2020-21 season. In one of the most unprecedented seasons in program history. Overall, the 2020-21 team earned 13 individual All-Time Top 10 times, and broke three school records.

As a graduate assistant at Arkansas, Alters oversaw and conducted workouts for the team and individual training groups, working with sprint, stroke and distance during the season with a focus on the sprint group. He also planned official and unofficial visits as well as coordinating team travel and compliance management.



## **Kirk Kumbier**

University of North Carolina  
Associate Head Coach/Director  
of Recruiting

A Michigan native and former Dexter Dreadnaught, Kirk Kumbier was named an assistant coach for the University of North Carolina swimming and diving programs in May 2022, after spending the 2021-22 season as a volunteer assistant at LSU following a three-year stint as an assistant coach at the University of California San Diego.

Prior to joining the coaching staff at LSU, Kumbier served as an assistant coach at the University of California at San Diego. He primarily coached the sprint events and took on the role of the recruiting coordinator. While at UC San Diego, three swimmers training under Kumbier's wing qualified for the U.S. Swimming Trials.



## **Theresa "Tree" Beckman**

Team Culture Specialist and author,  
Managing Your Culture

Tree is from Michigan and is a former college athlete and coach who has now transitioned to speaking as well as authoring a workbook on team culture. "Tree possesses three decades of experience as a coach,

culture & educational consultant, and keynote speaker for audiences in the educational, athletic and corporate industries.t

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In 2020, Tree authored the Managing Your Culture workbook which presents her original model for great team culture. In addition to working with teams in all industries, Tree is an adjunct professor at the University of Florida as well as a highly rated public speaker and leadership workshop facilitator whose high energy and inspiring style make her a sought after keynote speaker and team facilitator nation-wide."Please help me give Tree a warm (fill in school here) welcome...text





## Ian Townsend

Michigan Lakeshore Aquatics  
Swimming - Head Coach

Ian Townsend joined the coaching staff in 2019 as the new Head Coach of MLA. Ian currently runs our High Performance Groups in addition to our 10u Age Group program.

Ian spent the previous seven years building the Mid-Michigan Aquatics program in the Lansing, MI area into a multi-site 300+ athlete program, recognized by USA Swimming as a Bronze Medal (Top-200) program in the country. He did so while also coaching the Grand Ledge High School boys and girls teams in the Lansing area for more than a decade. During his career he has coached dozens of swimmers that have gone on to compete at all levels of collegiate swimming.

Ian was invited to coach multiple USA Swimming Zone Select Camps, the 2018 Open Water National Select Camp, and the 2017 National Select Camp in Colorado Springs, CO. Athletes developed by Ian have gone on to achieve podiums at swimming's highest club stages: Senior National, Jr National, and NCSA, and placed a swimmer on the 2018 Jr Pan Pacs Team in Siva, Fiji as well as coaching a swimmer at the 2024 Olympic Trials in Indianapolis.



# 2026 MISCA GOLF OUTING

APRIL 30 - MAY 4

## A-Ga-Ming Golf Resort



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NEW LOCATION for 2025!

Marriott Livonia

17100 N. Laurel Park DR

Livonia, MI 48152

(734)-462-3100

The cutoff date for rooms is August 21st.

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