

# MISCA

## Zone 5 Girls Season Report 2023

***Zone 5 Coach of the Year: Kyle Stumpf Jenison HS***

***Zone 5 Swimmer of the Year: Anna Wiechertjes FHNE***

***Zone 5 Diver of the Year: Sophia Clack Jenison HS***

### ***Conference Champions:***

Ottawa-Kent Red:

Grand Haven - Doug Thorne/Jenison - Kyle Sumpf

Ottawa-Kent White:

East Grand Rapids High School-Coach Butch Briggs

Ottawa-Kent Rainbow I:

Zeeland High Schools - Drew Scheerhorn

Ottawa-Kent Rainbow II:

Unity Christian - Libby Engle

### ***Top 15 State Team Finishes:***

#### **Division 1:**

Grand Haven- 2nd Place

Jenison - 3rd

Rockford- 6th Place

Forest Hills N/E - 8th Place

Zeeland - 10th place

West Ottawa - 11th Place

#### **Division 2:**

Northview - 3rd

Byron Center - 8th

#### **Division 3:**

East Grand Rapids - 1st

Holland Christian - 5th

Wayland - 9th

Grand Rapids Catholic Central - 13th

Unity Christian - 14th

## ***Individual and Relay State Champions:***

### **Division 1:**

200 Yard Medley Relay Jenison High School 1:42.37 (Division 1 Record) AA-Cut

(Grace Albrecht, Sophia Umstead, Emma Albrecht, Layla Umstead)

50 Yard Freestyle Grace Albrecht (Jenison) 23.25 AA- Consideration Cut

100 Fly Sophia Umstead (Jenison) 53.88 AA - Cut

100 Free Rosalee Springer (Grand Haven) 50.92 AA- Consideration Cut

200 Yard Freestyle Relay Jenison High School 1:32.88 AA - Cut D1 Record

(Grace Albrecht, Sophia Umstead, , Emma Albrecht, Layla Umstead )

100 Yard Breaststroke - Sophia Umstead (Jenison) 1:01.74 AA - Cut

400 Yard Freestyle Relay Grand Haven High School 3:27.97 AA- Consideration Cut

(Grace Ackerman, Genevieve Springer, Claudia Busse, Rosalee Springer)

### **Division 2:**

100 Yard Butterfly Brooklyn Bauch 54.69 AA- Consideration Cut

### **Division 3:**

200 Yard Medley Relay East Grand Rapids High School 1:46.56 AA- Consideration Cut

(Addie Hien, Maya Reifinger, Ellery Chandler, Ivy Chu)

200 Yard Freestyle - Katie Simon(East Grand Rapids) 1:49.77 AA- Consideration Cut

50 Yard Freestyle - Laney Wolf (Wayland) 23.61 AA- Consideration Cut

1M Diving - Maria Colombo (East Grand Rapids) 441.41 AA- Consideration Cut

100 Yard Freestyle - Katie Simon(East Grand Rapids) 50.65 AA- Consideration Cut

200 Yard Freestyle Relay East Grand Rapids High School 1:37.60 AA- Consideration Cut

(Ellery Chandler, Grace Putnam, Alyssa Hein, Katie Simon)

100 Yard Backstroke - Camryn Siegers (Holland Christian) 55.37 AA- Consideration Cut

100 Yard Breaststroke - Ellery Chandler ( East Grand Rapids) 1:03.17 AA- Consideration  
Cut

400 Yard Freestyle Relay - East Grand Rapids High School 3:33.02 AA- Consideration Cut  
(Ella Guari, Ava Bennett, Alysa Hein, Katie Simon)