

**ZONE 7 REPORT - Winter 2023****Submitted by: Gregg Brace - DeWitt High School**

## CAAC Division Champions

Blue Division:

DeWitt – Brock Delaney

Rick Edwards Award: Evan Singletary - Okemos

Red Division:

Mason – Connie Cantrell

Rick Edwards Award: Avery Jones from Eaton Rapids

**MHSAA Championships**

## Division II

Okemos 13<sup>th</sup>

Event	Name	Grade	Place	Time
200 Medley Relay	Evan Singletary	12	15	1:41.30
	Derrin Cosguner	11		
	Max Hsu	12		
	Derek Latimer	11		
50 Free	Evan Singletary	12	14	22.10
100 Butterfly	Alex Huang	11	6	51.48
200 Freestyle Relay	Alex Huang	11	9	1:27.93
	Derrin Cosguner	11		
	Derek Latimer	11		
	Evan Singletary	12		
100 Breast	Alex Huang	11	6	59.07
400 Freestyle Relay	Evan Singletary	12	12	3:17.54
	Derek Latimer	11		
	Derrin Cosguner	11		
	Alex Huang	11		

East Lansing 33<sup>rd</sup>

Event	Name	Grade	Place	Time
1 Meter Diving (11)	Julian Van Dyke	11	14	349.15

## Division III

DeWitt 10<sup>th</sup>

Event	Name	Grade	Place	Time
200 Medley Relay	Erik Keisling	12	13	1:42.68
	Ryder Thompson	12		
	Ben Mion	10		
	Dominic Rose	11		
200 Free	Dominic Rose	11	12	1:47.50
200 Free	Erik Keisling	12	14	1:48.83
200 IM	Kaleb Casler	11	13	2:03.70
50 Free Paralympic	Aaron Thomas	11	1	25.96
1 Meter Diving (11)	Carson Reynolds	9	3	419.65
100 Free	Lucas Busch	12	14	50.24
100 Free	Dominic Rose	11	16	50.56
100 Free Paralympic	Aaron Thomas	11	1	56.18
500 Free	Erik Keisling	12	7	4:51.06
200 Freestyle Relay	Kaleb Casler	11	11	1:31.17
	Reid Rusthoven	10		1:31.17
	Ben Mion	10		1:31.17
	Ryder Thompson	12		1:31.17
400 Freestyle Relay	Kaleb Casler	11	6	3:18.00
	Lucas Busch	12		3:18.00
	Dominic Rose	11		3:18.00
	Erik Keisling	12		3:18.00

Mason 23<sup>rd</sup>

Event	Name	Grade	Place	Time
200 Free	Nick West	11	7	1:46.71
200 Free	Evan Collins	11	16	1:50.84
1 Meter Diving (11)	Atticus Erbe	11	12	298.95
100 Butterfly	Nick West	11	15	54.10
500 Free	Max Collins	11	12	4:59.84
500 Free	Evan Collins	11	16	5:06.66
400 Freestyle Relay	Evan Collins	11	15	3:27.63
	Gerald Verhage	11		3:27.63
	Max Collins	11		3:27.63
	Nick West	11		3:27.63

Eaton Rapids 25<sup>th</sup>

Event	Name	Grade	Place	Time
200 Free	Avery Jones	11	6	1:46.60
100 Free	Avery Jones	11	8	48.63

Haslett 29<sup>th</sup>

Event	Name	Grade	Place	Time
1 Meter Diving (11)	Gryffin Porter	11	2	428.75



## M.I.S.C.A Greater Lansing All-Area-Team 2023

**Swimmer of the Year: Alex Huang (11) - Okemos**

### All-Area Swim Team

Avery Jones (12) - Eaton Rapids  
Nick West (11) - Mason  
Ben Mion (10) - DeWitt  
Ben Szydlowski (12) - Grand Ledge  
Brogan Sutterlin (12) - Holt  
Derrin Cosguner (11) - Okemos  
Dominic Rose (11) - DeWitt  
Elijah Nevins (11) - Waverly  
Erik Keisling (12) - DeWitt  
Evan Collins (11) - Mason  
Evan Singletary (12) - Okemos  
Jack Crotteau (12) - East Lansing  
Kaleb Casler (11) - DeWitt  
Max Collins (11) - Mason  
Will Bales (12) - Lansing

**Diver of the Year: Gryffin Porter (11) - Haslett**

### All Area Dive Team

Carson Reynolds (9) - DeWitt  
Julian Van Dyke (11) - East Lansing

**Coach of the Year: Patrick Foley - Grand Ledge**

**Diving Coach of the Year: Mike Wagner – Haslett/Okemos**

### Second Team

Andrew Potter (12) - East Lansing, Ben Trotochaud (12) - Haslett, Brayden Hirschman (10) - St. Johns, Carl Goeckel (10) - Ionia, Colin Chandler (12) - Charlotte, Derek Latimer (11) - Okemos, Grayson Busch (9) - DeWitt, John Bellon (11) - East Lansing, Lee Potter (9) - East Lansing, Lucas Busch (12) - DeWitt, Max Hsu (12) - Okemos, Owen Reed (11) - DeWitt, Peter McKinney (11) - Holt, Ryder Thompson (12) - DeWitt, Tru Neeley (12) - DeWitt

**Divers:** Atticus Erbe (11) - Mason, Vincent Manas (9) - St. Johns, Parker Beebee (11) - St. Johns, Lily Kauffman (10) - DeWitt

**Coach:** Valerie Finney - Eaton Rapids

**Diving Coach:** Hanna Leestma - DeWitt

### Honorable Mention

Jacob Irwin (12) - Grand Ledge, Clayton Myers (11) - Holt, Reid Rusthoven (10) - DeWitt, Joshua Bretz (12) - Grand Ledge, Danny O'Brien (10) - Eaton Rapids, Michael Villalba (12) - Williamston, Aidan Bellinger (11) - Williamston, Miles Buttel (9) - Grand Ledge, Shea Rudy (12) - East Lansing, Karim Hussein (9) - Okemos, Lee Potter (9) - East Lansing, Kenneil Tucker (10) - Okemos, Casey Sparks (11) - Holt, Gage Kvalevog (10) - Ovid-Elsie, Gerald Verhage (11) - Mason, Logan Weicht (12) - Charlotte, Noah Berns (11) - DeWitt, Adam Legal (10) - Grand Ledge, Jase Lund (12) - Holt, Seth Amoguis (11) - Holt, Ashton Argo (11) - DeWitt, Oliver Costello (10) - Haslett, Collin Hoag (12) - Holt, Logan Moon (9) - Okemos, Sebastian Luce (11) - St. Johns, Lucas Sullivan (10) - Eaton Rapids, Henry Menzies (11) - East Lansing, Jonah Robertson (9) - East Lansing, Nathan Thayer (10) - East Lansing, Aaron Thomas (11) - DeWitt, Henry Joldersma (11) - Okemos, Aiden Metzger (11) - Mason

**Divers:** Jonas Lusic (10) - East Lansing, Austin Martel (11) - Mason, Vance Miller (10) - Mason, Brogan Sutterlin (12) - Holt

**Coach:** Connie Cantrell - Mason

**Diving Coach:** Cole Hughes - Mason, Claire Schertzing - Lansing