

**MICHIGAN INTERSCHOLASTIC SWIMMING COACHES ASSOCIATION**

**-PRESENT THE**

# **2026 BOYS AND GIRLS MIDDLE SCHOOL MEET**

**MEET MANAGER:** Andy Fredenburg - Lakeview High School  
Phone: (269) 579-1208 Email: [afredenburg@lakeviewspartans.org](mailto:afredenburg@lakeviewspartans.org)

**LOCATION:** Lakeview High School, 15060 S. Helmer Rd, Battle Creek, MI 49015

**DATES:** January 30, 2026 - Diving Competition 3:30 warm up 5:30 pm start  
January 31, 2026 - Swimming Competition Boys 9 am Girls 2 pm

**TIMELINE:**

**Friday, January 30, 2026 - Diving Competition**

3:00 pm Locker rooms will open for athletes & pool deck opens for coaches  
3:30 pm Pool will open for diving warm-up & stands will open for spectators  
5:20 pm Boards are cleared for athlete meeting  
5:30 pm Competition will begin

**Saturday, January 31 2026 - Boys Swimming Competition**

7:30 am Locker rooms will open for athletes & Pool deck opens for coaches  
8:00 am Pool will open for swimming warm up & stands will open for spectators  
8:30 am Coaches meeting  
9:00 am Competition will begin

**Saturday, January 31 2026 - Girls Swimming Competition**

12:30 pm Locker rooms will open for athletes  
1:00 pm Pool will open for swimming warm up & stands will open for spectators  
2:00 pm Competition will begin

**NOTE:**

- There will be at least a 10 minute break after the 50 freestyle
- Awards will take place after the next event. Athletes will meet under the high school record board.

**COACHES MEMBERSHIP:**

ALL COACHES MUST BE A MISCA MEMBER TO ENTER YOUR ATHLETES IN THE MEET. WE WILL BE CHECKING EVERYONE'S MEMBERSHIP IN ORDER TO GET ONTO THE POOL DECK. THIS INCLUDES ASSISTANT COACHES, DIVING COACHES AND MANAGERS.

REGISTER ON-LINE BEFORE THE MEET - FEE IS \$60. PLEASE GO TO [WWW.MISCAONLINE.NET](http://WWW.MISCAONLINE.NET)  
COACHES CAN REGISTER AT THE MEET FOR \$85

## **ELIGIBILITY:**

All 6, 7, & 8th graders who meet the minimum qualification requirements and participate in at least 2 middle school swim meets are eligible. Coaches you will need to provide an eligibility letter with your entry. All competing athletes must be listed on the form. This letter must be signed by the MS/HS Athletic Director or Principal. The form is available at the MHSAA website. All times and scores must be achieved during the 2025-2026 season in a middle school competition.

## **FORMAT:**

**SWIMMING FORMAT:** This year we will be allowing every swimmer who achieves the cutoff time to swim at the meet. Each school is still only allowed to enter 1 relay team per relay event. Each athlete may be entered in a maximum of 4 events, not more than 2 of which may be individual events.

**DIVING FORMAT:** The top 24 divers (24 boys and 24 girls) will do 6 dives. National Federation Rule 9 Sec. 4 Art 6. The required dive is your option (1.8 DD Max), and then must have 4 out of 5 categories represented after the required dive.

## **AWARDS:**

All awards will be presented on the awards podium after the conclusion of the next event located in front of the spectators. Only the top 8 will be paraded out and presented awards on the podium. Ninth through sixteenth will be announced but will not report to the podium. NO TEAM SCORES WILL BE KEPT.

## **SWIMMING ENTRY PROCEDURE:**

Please use the provided event file available from the MISCA website to prepare your entries. The entry procedure will be the same as for the High School MISCA meets and State Championship meets. Entries must be submitted by using Hy-Tek's Team Manager or Team Manager Lite, or compatible meet management software. Import the meet file into your Team Manager program. **All entries are due by Sunday January 25, 2026 at 11:59 pm by email.** If you do not have Team Manager go to [www.hy-tekltd.com/downloads.html](http://www.hy-tekltd.com/downloads.html) to obtain a copy of Team Manager Lite to use for your entries. **Email your entries to [lakeviewentries@gmail.com](mailto:lakeviewentries@gmail.com)**

### **Additionally**

1. Grade years must be included with your swimmers. (See doc on MISCA Website for how to do this)
2. You must use the Team Abbreviation listed on the MISCA Website.
3. If either are missing, your entry will be returned for you to redo.

No Entries will be accepted unless in hy-tek or similar compatible format. Make sure to include your divers in your entry

Our goal is to send an email confirmation by the end of the day on January 26 to let you know that your entries were received. You have until Tuesday January 27 by the end of the day to make any corrections to your entry, If you do not respond we will assume that everything is correct.

If you do not receive a verification email by Tuesday at 8 am contact the meet manager at the phone number or email address above. (Make sure to check your junk mail box before you call)

If you do not respond to the verification email, you waive the right to make any changes in your line-up. **By Wednesday evening January 28**, a psych sheet will be posted on the MISCA website: [www.miscaonline.net](http://www.miscaonline.net). This will allow you to check and see if your divers have qualified for the meet. **NO CHANGES WILL BE ALLOWED AFTER THE PSYCH SHEET HAS BEEN POSTED!**

### **DIVING ENTRIES:**

This is a 6 Dive meet and only scores from 6 dive meets will be accepted. See the Diving Entry procedure below on how to enter your divers.

**You are not allowed to use composite or extrapolated scores to achieve a 6 dive total.** It is recommended that if you dive in a league with less than 6 dives that you do exhibition rounds to make up the difference and get a score for entry to the meet.

### **DIVING ENTRY PROCEDURE:**

1. Enter the Diver in Diving in your team Manager entry For your team with their two-meet average score.
2. Email the entry chair at [miscadive@gmail.com](mailto:miscadive@gmail.com) with the following information
  - a. Divers name
  - b. Score #1 with meet name and date
  - c. Score #2 with meet name and date
3. Go to Cleanentries.com to enter your diver(s) and dive Sheet(s)
4. After the deadline we will determine the top 24 for each gender and will post it on the MISCA Site by the time mentioned below.
5. Bring your two diving sheets to the meet with you in case your score is challenged. We will have diving sheets for you to sign when you get to the meet on Friday, changes can be made until 5:00 pm Friday evening.

### **ENTRY FEES:**

A fee of \$5.00 per individual event and \$15.00 per relay will be charged. Checks should be made out to MISCA. Coaches, if your athletes are responsible for paying their own entry fees, please collect your entire team's entry fee before your arrival at the meet. Schools will be assessed meet fees for failure to show up AFTER confirmation of entries.

### **CONCESSIONS STAND:**

Concessions will be located at the top of the bleacher area. Food is permitted in the spectator seating but not on the pool deck. Please keep your area clean ☺

**SPECTATORS:**

\$10 per person, Heat sheets & Top 20 list \$5. CASH ONLY. **Seating is limited, so we kindly ask that each athlete brings no more than two spectators.** Please No seat backs in the spectator area as they take up extra seats. We ask that all spectators, coaches and athletes enter through the main entrance of the school.

**MEET APPAREL:**

Different Strokes Swim Shop will provide meet apparel for this event. There will be an online store this season. Please visit the Different Strokes Swim Shop booth at the meet to pick up your apparel. Once we have apparel info we will send it out to everyone.

**QUALIFYING TIMES/SCORES:**

<b><u>Event</u></b>	<b><u>Boys</u></b>	<b><u>Girls</u></b>
200 Med Relay*	2:21.99	2:22.99
200 Freestyle	2:24.99	2:25.29
100 I.M.	1:16.59	1:15.59
50 Freestyle	28.29	29.29
Diving **	115 pts	115 pts
50 Butterfly	33.29	32.99
100 Freestyle	1:03.99	1:05.59
200 Free Relay*	2:03.59	2:03.99
100 Backstroke	1:17.59	1:16.59
100 Breaststroke	1:26.29	1:26.59
400 Free Relay*	4:44.99	4:44.99

\* Remember each school may only enter 1 relay each for girls and boys per relay event.

\*\* Remember Diving is a 2 meet average for 6 dives. (See diving entry info above)

IF YOU ARE NOT A MISCA MEMBER, GO TO THE WEBSITE AND FOLLOW THE DIRECTIONS ON THE WEBSITE TO SIGN UP ONLINE. ON DECK MEMBERSHIP REGISTRATION WILL BE ALLOWED AT THE MEET FOR AN ADDITIONAL \$25 FEE.

**IF YOU ARE NOT A MISCA MEMBER YOU WILL NOT BE ALLOWED ON THE POOL DECK. THIS INCLUDES ASSISTANT COACHES, MANAGERS, AND PHOTOGRAPHERS. WE WILL BE CHECKING EVERY COACHES MEMBERSHIP AND ISSUING DECK PASSES.**