

2023 MISCA JH/MS TIME STANDARDS

<u>Event</u>	<u>Boys</u>	<u>Girls</u>
200 Med Relay*	2:21.99	2:22.99
200 Freestyle	2:23.59	2:25.59
100 I.M.	1:15.59	1:14.99
50 Freestyle	28.59	28.59
Diving **	110 pts	110 pts
50 Butterfly	33.29	32.99
100 Freestyle	1:03.99	1:05.59
200 Free Relay*	2:03.99	2:03.99
100 Backstroke	1:16.99	1:17.59
100 Breaststroke	1:26.59	1:27.59
400 Free Relay *	4:44.99	4:44.99

*Only 1 relay per team no aggregate times

** 2 meet 6 dive average

Look for meet information Packet January 6, 2023