



2024 MISCA JH/MS TIME STANDARDS

<u>Event</u>	<u>Boys</u>	<u>Girls</u>
200 Med Relay*	2:22.59	2:23.59
200 Freestyle	2:23.99	2:25.99
100 I.M.	1:16.99	1:15.99
50 Freestyle	28.59	29.99
Diving **	110 pts	110 pts
50 Butterfly	33.59	33.39
100 Freestyle	1:03.99	1:05.99
200 Free Relay*	2:03.99	2:03.99
100 Backstroke	1:17.99	1:17.59
100 Breaststroke	1:26.99	1:27.59
400 Free Relay*	4:44.99	4:44.99

*Only 1 relay per team (no aggregate times)

**Athletes must qualify with a 2 meet 6 dive average