

GRAND RAPIDS - FOREST HILLS CENTRAL HIGH SCHOOL SWIMMING CHAMPIONS – 1993 GIRLS LOWER PENINSULA CLASS A



SWIMMING

FRONT ROW: L TO R—Jessica Griffin, Emily Glassburn, Katherine Lion, Kera Sinclair, Jenny Governile, Emily Lamberts, Fiona Brown, Tina Mulford. **SECOND ROW:** Amy Fritsch, Amy Buckner, Courtney Whitson, Kristen Jones, Mandy Johnson, Kelly Hungerford, Sara Coke, Sarah Gillen, Laura Edison. **THIRD ROW:** Nichole Boyer, Jen Alsover, Amy Maitner, Jennifer Miller, Liz Wesselink, Lindsay Honholt, Karey Naberhuis, Ingalisa Wegert, Amanda Hilt. **BACK ROW:** Katie Varda, Katie Warber, Cori Campau, Tara Smith, Carla Sutton, Marisha Stawiski, Stephanie Knight, Caroline Walker, Andrea Wingard, Tim Jaspers (Head Coach).

SWIMMING & DIVING FINALS – GIRLS L.P. CLASS A

Held at Ypsilanti - Eastern Michigan University
Jones Natatorium
November 19 - 20, 1993

TOP TEN TEAMS

Place	School	Score
1	Grand Rapids - Forest Hills Central	145
2	Livonia - Adlai E. Stevenson	134
2	Ann Arbor - Pioneer	134
4	Birmingham - Seaholm	133
5	Troy	98
6	Saginaw - Heritage	85
7	Dearborn	70.5
8	Birmingham - Wylie E. Groves	63
9	Grosse Pointe - Grosse Pointe North	59
10	Rochester Hills - Rochester	55

1993 Swimming and Diving Finals - Girls Lower Peninsula Class A Medal Winners

200 YARD MEDLEY RELAY

Place	School - Competitors	Time
1	Birmingham - Seaholm - (Carolyn Deigham, Camilla Andin, Meredith McMahon, Katy Schellenberg)	1:48.97
2	Livonia - Adlai E. Stevenson - (Anne Aristeo, Mandi Falk, Kelley Carlisle, Lisa Morrison)	1:50.04
3	Grosse Pointe - Grosse Pointe North - (Christine Jamerino, Suzette Atlasz, Anita Warner, Michelle Vasapolli)	1:51.00
4	Grand Rapids - Forest Hills Central - (Kelly Hungerford, Courtney Whitson, Carla Sutton, Marisha Stawiski)	1:51.08
5	Grand Blanc - (Kara Kashuba, Sarah Salenski, Kristen Fuhs, Stephanie Kashuba)	1:51.60
6	Ann Arbor - Pioneer - (Holly Wilkinson, Katie Clear, Kerri Hale, Simone Scher)	1:52.21
7	Dearborn - (Carrie Covert, Jennifer Boylan, Jackie Spencer, Karen Kissinger)	1:52.04
8	Portage - Portage - Northern - (Suzanne Toledo, Maureen Kilcoyne, Erika Andreasen, Sarah Stover)	1:52.19
9	Rochester Hills - Rochester - (Kim Moorehead, Corina Peters, Heidi Pierce, Clarey Gelmine)	1:52.40
10	Birmingham - Wylie E. Groves - (Kelly King, Nancy Harvey, Karen Kennedy, Susan Kennedy)	1:52.74
11	Battle Creek - Lakeview - (Danielle Young, Michelle Gastineau, Sarah Rorich, Jayne Kurti)	1:53.98
12	Jenison - (Sarah Smeenge, Amy Wolkwitz, Jennifer Crisman, Renee DeGraaf)	1:54.42

200 YARD FREESTYLE

Place	Name	School	Time
1	Suzanne Toledo	Portage - Portage Northern	1:49.44
2	Tammie Spatz	Saginaw - Heritage	1:52.66
3	Linda Riker	Kalamazoo - Loy Norrix	1:53.98
4	Tina Caranicolas	Livonia - Adlai E. Stevenson	1:54.88
5	Karen Kissinger	Dearborn	1:56.30
6	Dawn Polk	Dearborn	2:00.37
7	Amy Fritsch	Grand Rapids - Forest Hills Central	1:56.84
8	Meghan O'Loughlin	Grosse Pointe - Grosse Pointe South	1:57.43
9	Stacy Ketchum	Grandville	1:57.83
10	Andrea Hoefflein	Farmington Hills - Mercy	1:58.33
11	Tammy Hopkins	Monroe	1:58.46
12	Jennifer Yeomans	Midland - H. H. Dow	2:01.62

200 YARD INDIVIDUAL MEDLEY

Place	Name	School	Time
1	Keri Hale	Ann Arbor Pioneer	2:04.18
2	Mandi Falk	Livonia - Adlai E. Stevenson	2:05.37
3	Mica VanSlingerlandt	Troy	2:07.48
4	Christine Jamerino	Grosse Pointe - Grosse Pointe North	2:08.12
5	Jill Mellis	Canton - Plymouth Canton	2:08.95
6	Sarah Salenski	Grand Blanc	2:12.22
7	Jacqui McRae	Rochester Hills - Rochester	2:10.36
8	Katie Varda	Grand Rapids - Forest Hills Central	2:12.12
9	Erika Andreasen	Portage - Portage Northern	2:12.45
10	Holly Wilkinson	Ann Arbor - Pioneer	2:13.17
11	Kristen Fuhs	Grand Blanc	2:15.70
12	Kim Moorehead	Rochester Hills - Rochester	2:16.31

50 YARD FREESTYLE

Place	Name	School	Time
1	Jennifer Crissman	Jenison	:23.58
2	Jamie Allshouse	Troy	:23.93
3	Meredith McMahon	Birmingham - Seaholm	:24.49
4	Natalie Najarian	Bloomfield Hills - Marian	:24.57
5	Erika Buenz	East Lansing	:24.92
6	Jayna Kurti	Battle Creek - Lakeview	:25.15
7	Beth Burroughs	Ann Arbor - Pioneer	:24.96
8	Marisha Stawiski	Grand Rapids - Forest Hills Central	:25.02
9	Andi Morrison	Bloomfield Hills - Lahser	:25.11
10	Elisia Vargas	Adrian	:25.15
11	Simone Scher	Ann Arbor - Pioneer	:25.35
12	Susan Kennedy	Birmingham - Wylie E. Groves	:25.41

1993 Swimming and Diving Finals - Girls Lower Peninsula Class A Medal Winners (Cont'd.)

ONE METER DIVING

Place	Name	School	Points
1	Katie Gerhardt	Ann Arbor - Huron	442.75
2	Tracy Wilcox	Ann Arbor - Pioneer	427.15
3	Ellen Jernstadt	Kentwood - East Kentwood	412.35
4	Amy Maitner	Grand Rapids - Forest Hills Central	405.40
5	Debbie Lipski	Kentwood - East Kentwood	396.45
6	Mandy Highfield	Ann Arbor - Pioneer	388.40
7	Kathi McGroarty	Holt	382.50
8	Meredith Manning	Kentwood - East Kentwood	381.80
9	Molly Maloney	Kentwood - East Kentwood	378.95
10	Aly Susterka	Midland	378.40
11	Mandy Terrell	Farmington Hills - North Farmington	362.40
12	Emily McCarty	Ypsilanti	359.10

100 YARD BUTTERFLY

Place	Name	School	Time
1	Carolyn Deighan	Birmingham - Seaholm	:57.38
2	Rebecca Middleton	Birmingham - Wylie E. Groves	:58.41
3	Anne Aristeo	Livonia - Adlai E. Stevenson	:59.11
4	Kara Kaltenbach	Saginaw - Heritage	:59.19
5	Mica VanSlingerlandt	Troy	:59.53
6	Kelley Carlisle	Livonia - Adlai E. Stevenson	1:01.02
7	Barbro Erichsen	Saginaw - Arthur Hill	1:00.83
8	Karen Kennedy	Birmingham - Wylie E. Groves	1:00.97
9	Jessaca Henry	Kalamazoo - Kalamazoo Central	1:01.23
10	Elisia Vargas	Adrian	1:01.33
11	Jackie Spencer	Dearborn	1:01.33
12	Lisa Kostamo	St. Johns	1:02.62

100 YARD FREESTYLE

Place	Name	School	Time
1	Tammie Spatz	Saginaw - Heritage	:51.67
2	Karen Kissinger	Dearborn	:51.76
3	Jamie Allshouse	Troy	:52.27
4	Katie Varda	Grand Rapids - Forest Hills Central	:53.28
5	Natalie Najarian	Bloomfield Hills - Marian	:53.40
6	Rachel Komisarz	Warren - Warren Mott	:53.62
7	Clarey Gelmine	Rochester Hills - Rochester	:54.06
8	Stacy Ketchum	Grandville	:54.16
9	Erinn Vanauken	Holland - West Ottawa	:54.23
10	Beth Burroughs	Ann Arbor - Pioneer	:54.39
11	Jaime Strauch	Livonia - Churchill	:54.42
12	Erika Buenz	East Lansing	:54.91

500 YARD INDIVIDUAL FREESTYLE

Place	Name	School	Time
1	Kerri Hale	Ann Arbor - Pioneer	4:53.77
2	Tina Caranicolas	Livonia - Adlai E. Stevenson	5:05.61
3	Dawn Polk	Dearborn	5:07.78
4	Michele Welch	Farmington Hills - Mercy	5:08.59
5	Anne Aristeo	Livonia - Adlai E. Stevenson	5:08.86
6	Jacqui McRae	Rochester Hills - Rochester	5:10.91
7	Amy Fritsch	Grand Rapids - Forest Hills Central	5:10.78
8	Holly Wilkinson	Ann Arbor - Pioneer	5:08.99
9	Meghan O'Loughlin	Grosse Pointe - Grosse Point South	5:13.76
10	Emily Kreger	Wyandotte - Roosevelt	5:14.11
11	Anne Mittelstaedt	Rochester Hills - Rochester	5:19.92
12	Erika Andreasen	Portage - Portage Northern	5:21.25

1993 Swimming and Diving Finals – Girls Lower Peninsula Class A Medal Winners (Concluded)

200 YARD FREE STYLE RELAY

Place	School – Competitors	Time
1	Grand Rapids - Forest Hills Central – (Marisha Stawinski, Kelly Hungerford, Katie Varda, Amy Fritsch)	1:37.85
2	Birmingham - Seaholm – (Katy Schellenberg, Jordan Parker, Carole Meyvis, Meredith McMahon)	1:38.05
3	Troy – (Meghan Lennox, Jessica Chung, Mica VanSlingerlandt, Jamie Allshouse)	1:38.62
4	Saginaw - Heritage – (Kara Kaltenbach, Jodi Bray, Tammie Spatz, Erin Ford)	1:39.26
5	Ann Arbor - Pioneer – (Sarah Sandstrom, Arianne Rowe, Simone Scher, Beth Burroughs)	1:39.45
6	Birmingham - Wylie E. Groves – (Susan Kennedy, Nancy Harvey, Meredith Spiegel, Rebecca Middleton)	1:39.75
7	Bloomfield Hills - Lahser – (Erin Lamparter, Karen Rappaport, Marianne Guidone, Andi Morrison)	1:40.16
8	Dearborn – (Karen Kissinger, Jackie Spencer, Alexis Kratz, Dawn Polk)	1:40.94
9	Grand Blanc – (Sarah Salenski, Stephanie Kushuba, Laurie McDonald, Kristen Fuhs)	1:41.41
10	Holt – (Tina Sullivan, Amanda Calvert, Lisa Hartman, April Reinke)	1:41.70
11	Rochester Hills - Rochester – (Heidi Pierce, Clarey Gelmine, Anne Mittelstaedt, Jacqui McRae)	1:41.74
12	Battle Creek - Lakeview – (Jayna Kurti, Michelle Gastineau, Monica Stubbs, Sarah Rorich)	1:43.13

100 YARD BACKSTROKE

Place	Name	School	Time
1	Suzanne Toledo	Portage - Portage Northern	:55.39*
2	Jennifer Crissman	Jenison	:55.56
3	Carolyn Deighan	Birmingham - Seaholm	:57.18
4	Linda Riker	Kalamazoo - Loy Norrix	:57.79
5	Kelly Hungerford	Grand Rapids - Forest Hills Central	:59.11
6	Kara Kaltenbach	Saginaw - Heritage	:59.43
7	Kim Moorehead	Rochester Hills - Rochester	:59.63
8	Carla Sutton	Grand Rapids - Forest Hills Central	1:00.35
9	Portia Bocker	Jenison	1:00.82
10	Katy Schellenberg	Birmingham - Seaholm	1:01.40
11	Shannon Gomery	East Lansing	1:01.53
12	Kristen Fuhs	Grand Blanc	1:02.05

100 YARD BREASTSTROKE

Place	Name	School	Time
1	Mandi Falk	Livonia - Adlai E. Stevenson	1:04.93
2	Christine Jamerino	Grosse Pointe - Grosse Pointe North	1:06.16
3	Sarah Salenski	Grand Blanc	1:06.72
4	Jill Mellis	Canton - Plymouth Canton	1:06.81
5	Caroline Siwek	Lansing - J. W. Sexton	1:06.92
6	Suzette Atrasz	Grosse Pointe - Grosse Pointe North	1:07.14
7	Jessica Chung	Troy	1:07.79
8	Bethany Budde	Farmington Hills - Mercy	1:07.99
9	Courtney Whitson	Grand Rapids - Forest Hills Central	1:08.44
10	Melissa Carmody	Portage - Portage Central	1:09.07
11	Meredith Spiegel	Birmingham - Wylie E. Groves	1:09.98
12	Angela Lowe	Rochester - Adams	1:11.31

400 YARD FREESTYLE RELAY

Place	School – Competitors	Time
1	Birmingham - Seaholm – (Katy Schellenberg, Jordan Parker, Meredith McMahon, Carolyn Deighan)	3:33.14
2	Grand Rapids - Forest Hills Central – (Jennifer Miller, Kelly Hungerford, Katie Varda, Amy Fritsch)	3:34.68
3	Livonia - Adlai E. Stevenson – (Tina Caranicolas, Ann Aristeo, Lisa Morrison, Mandi Falk)	3:34.89
4	Ann Arbor - Pioneer – (Beth Burroughs, Simone Scher, Holly Wilkinson, Kerri Hale)	3:35.43
5	Troy – (Jamie Allshouse, Meghan Lennox, Katie Waters, Mica VanSlingerlandt)	3:36.94
6	Birmingham - Wylie E. Groves – (Rebecca Middleton, Karen Kennedy, Meredith Spiegel, Susan Kennedy)	3:38.54
7	Saginaw - Heritage – (Kara Kaltenbach, Jodi Bray, Erin Ford, Tammie Spatz)	3:38.50
8	Rochester Hills - Rochester – (Heidi Pierce, Clarey Gelmine, Kim Moorehead, Jacqui McRae)	3:40.45
9	Bloomfield Hills - Marian – (Sueanne DiMarco, Fiona Brown, Sara Brenner, Natalie Najarian)	3:40.66
10	Grosse Pointe - Grosse Pointe South – (Erin O'Loughlin, Elizabeth Burke, Stephanie LaFond, Meghan O'Loughlin)	3:43.34
11	Portage - Portage Northern – (Sarah Stover, Gina Rowe, Erika Andreasen, Suzanne Toledo)	3:43.68
12	Grosse Pointe - Grosse Pointe North – (Michelle Vasapolli, Heidi Milne, Suzette Atrasz, Christine Jamerino)	3:43.98

* New Class A State Record