

# Girls Lower Peninsula Swimming

## Maroons Win First Girls Swim Title

Holland Christian needed only to finish the final event to secure its first Lower Peninsula Class B-C-D girls swim championship at the McCaffree Pool on the campus of Michigan State University.

The Maroons finished nine seconds behind East Grand Rapids, but by not getting disqualified, they earned the title with 170 points. Albion, the top-ranked dual-meet team, was second with 157. Others in the top five were East Grand Rapids (134), Bloomfield Hills Cranbrook (103) and St. Joseph (91).

The Maroons never looked back after winning the opening event. Lisa Jonker, Katie Dykema, Sara Klynstra and Elizabeth Vander Veen combined for a 1:53.83 to win the 200 medley relay.

Kylie Van Haitisma and Katie Nagelkirk joined Dykema and Vander Veen later in winning the 200 yard freestyle relay in 1:41.87.

Diver Kristen Bussler led the historic surge by topping the one-meter field with 430.65 points. Bussler was the only individual winner for the Maroons and she finally won the title that had eluded her in the past two years where she has finished in second place.

Heidi Hendrick of Saginaw Nouvel was the meet's first double winner when she cruised to a 54.29 finish in the 100 freestyle. Earlier, she ripped through the 50 freestyle field in 24.98 for the win.

*By John K. Schroder  
The Detroit News*

Team Scores		
Place	School	Score
1	Holland Christian	170
2	Albion	157
3	East Grand Rapids	134
4	Bloomfield Hills Cranbrook Kingswood	103
5	St. Joseph	91
6	Flint Powers Catholic	86
7	Grand Rapids Forest Hills Northern	69
8	Dexter	63
9	Marshall	61
10	Milan	57

## HOLLAND CHRISTIAN 1996 CLASS B-C-D CHAMPIONS



**FIRST ROW:** L to R — Erica Langejans, Lisa Genzink, Tiffanie Lucas, Brigit Klynstra, Kayleen Vannette, Jordan Raterink, Emily Broekhuis, Katie Blauwkamp, Laurie Wallinga. **SECOND ROW:** Katie Kleyn, Brianne Ensing, Heather Schaap, Christa Walters, Missy VanHemert, Abby Klaasen, Nicole Brinks, Sarah Blystra, Deborah Knott, Jenny Los, Katie Nagelkirk. **THIRD ROW:** Diving Coach Rich Klaasen, Head Coach Stephanie Walters, Dawn Broekhuis, Erme Slagh, Elizabeth VanderVeen, Kristen Bussler, Tami Habers, Melissa Blauwkamp, Christine Knittel, Julie Wolbert, Jill Wallinga, Caley Jelsema. **FOURTH ROW:** Stephanie Klynstra, Kylee VanHaitisma, Kristi VanderVeen, Kristine Wiersma, Melissa Frieswyk, Kate Dykema, Alicia DeGroot, Lisa Jonker, Julie Rozema, Sarah VanderVelde.

### Class B-C-D Finals Held at East Lansing- Michigan State University Charles McCaffree Pool November 17-18, 1996 Individual Medal Winners

200 YARD MEDLEY RELAY		
Place	School Competitors	Time
1	Holland Christian (Lisa Jonker, Katie Dykema, Stephanie Klynstra, Elizabeth VanderVeen)	1:53.83
2	Bloomfield Hills Cranbrook Kingswood (Elizabeth Groth, Janna Burrell, Megan Firth, Kristen Burgess)	1:54.45
3	St. Joseph (Kristi Strine, Jenny Watts, Aubree Benner, Amanda Shafer)	1:55.58
4	Grand Rapids Forest Hills Northern (Sara Burggraf, Mary Dugan, Kristen DeVries)	1:56.89
5	Alma (Stephanie Zehner, Lindsay Howes, Jaime Lippert, Dana Boyer)	1:57.08
6	Marshall (Jessica Bassis, Sara Dillman, Jenni Troyer, Maureen Palchak)	1:57.25
7	Albion (Emily Dobbins, Christine Egnatuk, Jordan Longhurst, Kristen Harden)	1:57.36
8	Dexter (Rebecca Schlafer, Grace Rodgers, Casey Carr, Mary Elgas)	1:58.00
9	East Grand Rapids (Laural Horton, Erin Conway, Crane Lindsey, Diana Daly)	1:59.13
10	Fremont (Melisa Pell, Sarah Patterson, Heather Gates, Lisa Clouse)	1:59.26
11	Plainwell (Brooke Barz, Danielle Salton, Shelley Smith, Merideth Susens)	1:59.42
12	South Haven (Heather Dziedzic, Cara Klapp, Jennifer Arkins, Jessica Fry)	2:00.13

# 1996 Swimming and Diving Finals—Girls L.P.

## Class B-C-D Medal Winners

<b>200 YARD FREESTYLE</b>				<b>100 YARD BUTTERFLY</b>			
Place	Name	School	Time	Place	Name	School	Time
1	Elizabeth Groth	Bloomfield Hills Cranbrook Kingswood	1:56.03	1	Jacynda Smith	Flint Powers Catholic	1:00.66
2	Emily Pare	East Grand Rapids	1:56.95	2	Chye Messner	Dexter	1:01.35
3	Meagen Flores	Albion	1:57.10	3	Jordan Longhurst	Albion	1:02.00
4	Becky Kelly	Bay City John Glenn	1:58.19	4	Jaime Lippert	Alma	1:03.16
5	Katie Nagelkirk	Holland Christian	2:03.32	5	Jamie Francisco	Marysville	1:03.67
6	Sylvia Zwissler	East Grand Rapids	2:04.33	6	Jenny Watts	St. Joseph	1:03.78
7	Jennifer Los	Holland Christian	2:00.78	7	Nicole Knecht	Flint Powers Catholic	1:03.24
8	Kelly Murphy	Tecumseh	2:01.53	8	Nell Orschem	Milan	1:03.36
9	Kristen Burgess	Bloomfield Hills Cranbrook Kingswood	2:02.30	9	Lisa Clouse	Fremont	1:04.05
10	Chye Messner	Dexter	2:02.40	10	Rachel Dooley	Grand Rapids Catholic Central	1:04.21
11	Sara Burggraf	Grand Rapids Forest Hills Northern	2:03.44	11	Kristen Keyes	Albion	1:04.93
12	Holly Evans	Milan	2:04.28	12	Trish Maziarz	Oscoda	1:05.58

  

<b>200 YARD INDIVIDUAL MEDLEY</b>				<b>100 YARD FREESTYLE</b>			
Place	Name	School	Time	Place	Name	School	Time
1	Laura Sadler	Marysville	2:11.94	1	Heidi Hendrick	Saginaw Nouvel Catholic Central	:54.29
2	Jacynda Smith	Flint Powers Catholic	2:14.11	2	Meagan Flores	Albion	:54.57
3	Laural Horton	East Grand Rapids	2:16.04	3	Heather Dziedzic	South Haven	:54.77
4	Casey Carr	Dexter	2:19.68	4	Amanda Shafer	St. Joseph	:55.15
5	Jenni Troyer	Marshall	2:20.41	5	Kristen Harden	Albion	:56.32
6	Shelley Smith	Plainwell	2:20.86	6	Katie Nagelkirk	Holland Christian	:56.45
7	Sara Edwards	Willow Run	2:18.53	7	Allison Sanders	Ludington	:56.34
8	Danielle Salton	Plainwell	2:19.55	8	Maureen Palchak	Marshall	:56.43
9	Janna Burrell	Bloomfield Hills Cranbrook Kingswood	2:20.55	9	Sara Edwards	Willow Run	:56.74
10	Stephanie Zehner	Alma	2:21.54	10	Sylvia Zwissler	East Grand Rapids	:56.83
11	Lucie Bartkowiak	Tecumseh	2:22.56	11	Mary Elgas	Dexter	:57.29
12	Kristi Strine	St. Joseph	2:23.64	12	Roxanne Kiger	Milan	:57.37

  

<b>50 YARD FREESTYLE</b>				<b>500 YARD FREESTYLE</b>			
Place	Name	School	Time	Place	Name	School	Time
1	Heidi Hendrick	Saginaw Nouvel	:24.98	1	Emily Pare	East Grand Rapids	5:12.23
2	Lisa Clouse	Fremont	:25.15	2	Becky Kelly	Bay City John Glenn	5:18.89
3	Heather Dziedzic	South Haven	:25.33	3	Jamie Conant	Ludington	5:20.50
4	Amanda Shafer	St. Joseph	:25.43	4	Kelly Murphy	Tecumseh	5:21.62
5	Roxanne Kiger	Milan	:26.11	5	Jennifer Los	Holland Christian	5:22.12
6	Jamie Jones	Haslett	:26.14	6	Elizabeth Groth	Bloomfield Hills Cranbrook Kingswood	5:22.74
7	Elizabeth VanderVeen	Holland Christian	:25.77	7	Kristen Burgess	Bloomfield Hills Cranbrook Kingswood	5:30.56
8	Maureen Palchak	Marshall	:25.85	8	Emily Kolmodin	Albion	5:31.72
9	Allison Sanders	Ludington	:26.02	9	Kristy Williams	Bay City John Glenn	5:31.93
10	Kelsey Rettenmund	Flint Powers Catholic	:26.30	10	Jocelyn Jacobs	Dexter	5:32.20
11	Jenny Stevens	Marshall	:26.31	11	Julie Wolbert	Holland Christian	5:34.55
12	Nicole Knecht	Flint Powers Catholic	:27.60	12	Jessica Fry	South Haven	5:40.80

  

<b>ONE METER DIVING</b>			
Place	Name	School	Points
1	Kristen Bussler	Holland Christian	430.65
2	Devon Cunningham	Tecumseh	403.50
3	Alyssa Sugarbaker	Grand Rapids Forest Hills Northern	358.95
4	Jamie Longhurst	Albion	343.75
5	Anna Wall	Dexter	337.50
6	Amy Southworth	East Grand Rapids	334.50
7	Emi Teshima	Ludington	330.00
8	Erin Durkee	Tecumseh	314.00
9	Courtney McLaughlin	Grand Rapids Forest Hills Northern	309.30
10	Kimi Kessler	Saginaw Nouvel	309.00
11	Jennie VanNoord	Grandville Calvin Christian	301.10
12	Alicia Vogel	Chelsea	292.05

## 1996 Swimming and Diving Finals—Girls L.P. Class B-C-D Medal Winners (Concluded)

200 YARD FREESTYLE RELAY			
Place	School—Competitors		Time
1	Holland Christian (Elizabeth VanderVeen, Lee VanHaitsma, Katie Dykema, Katie Nagelkirk)		1:41.87
2	Flint Powers Catholic (Nicole Knecht, Kelsey Rettenmund, Emily Walton, Jacynda Smith)		1:43.00
3	Albion (Kristen Harden, Emily Kolmodin, Sarah Pinkham, Meagan Flores)		1:43.28
4	St. Joseph (Jenny Watts, Michelle Watts, Katie O'Shea, Amanda Shafer)		1:43.83
5	East Grand Rapids (Lindsay Crane, Diana Daly, Sylvia Zwissler, Emily Pare)		1:43.85
6	Milan (Roxanne Kiger, Jessica Murray, Nell Orscheln, Holly Evans)		1:44.97
7	Ludington (Allison Sanders, Rachel Riemer, Kelly Keson, Jamie Conant)		1:44.89
8	Grand Rapids Forest Hills Northern (Mary Dugan, Jessica Erskine, Kristen DeVries, Lara Marks)		1:45.21
9	Fremont (Lisa Clouse, Melisa Pell, Sarah Patterson, Heather Gates)		1:45.49
10	Dexter (Mary Elgas, Casey Carr, Katie Navarre, Chye Messner)		1:45.68
11	DeWitt (Gretchen Holt, Lindsey Fish, Julie Henning, Carrie Johnston)		1:45.76
12	Alma (Beth Seales, Dana Boyer, Lindsay Howes, Ashlie Covington)		1:46.04

100 YARD BACKSTROKE			
Place	Name	School	Time
1	Jordan Longhurst	Albion	1:00.49
2	Sara Burggraf	Grand Rapids Forest Hills Northern	1:00.82
3	Laural Horton	East Grand Rapids	1:01.90
4	Jessica Bassis	Marshall	1:02.49
5	Krisi Strine	St. Joseph	1:02.98
6	Sara Whalen	Battle Creek Harper Creek	1:03.54
7	Lisa Jonker	Holland Christian	1:03.87
8	Jaime Lippert	Alma	1:05.01
9	Emily Dobbins	Albion	1:05.18
10	Jamie Francisco	Marysville	1:05.27
11	Michelle Shalla	Grand Rapids Forest Hills Northern	1:05.64
12	Brooke Barz	Plainwell	1:05.75

### 100 YARD BREASTSTROKE

Place	Name	School	Time
1	Laura Sadler	Marysville	1:07.46
2	Katie Dykema	Holland Christian	1:09.49
3	Sarah VanderMeer	Grand Rapids Northview	1:10.92
4	Janna Burrell	Bloomfield Hills Cranbrook Kingswood	1:11.24
5	Christine Egnatuk	Albion	1:11.35
6	Anne Bihler	Detroit Country Day	1:11.58
7	Deborah Knott	Holland Christian	1:11.57
8	Grace Rodgers	Dexter	1:12.19
9	Angela Lucht	St. Clair	1:12.55
10	Jenny Watts	St. Joseph	1:12.96
11	Lucie Bartkowiak	Tecumseh	1:13.11
12	Erin Hack	Chelsea	1:13.63

400 YARD FREESTYLE RELAY			
Place	School Competitors		Time
1	East Grand Rapids (Sylvia Zwissler, Diana Daly, Laural Horton, Emily Pare)		3:43.30
2	Bloomfield Hills Cranbrook Kingswood (Megan Firth, Kristen Burgess, Janna Burrell, Elizabeth Groth)		3:44.18
3	Albion (Jordan Longhurst, Emily Kolmodin, Kristen Harden, Meagan Flores)		3:44.60
4	Milan (Roxanne Kiger, Nell Orscheln, Jessica Murray, Holly Evans)		3:48.07
5	Flint Powers Catholic (Jacynnda Smith, Nicole Knecht, Emily Walton, Kelsey Rettenmund)		3:50.40
6	Holland Christian (Katie Nagelkirk, Dawn Broekhuis, Sarah VanderVelde, Jennifer Los)		3:52.43
7	Alma (Stephanie Zehner, Dana Boyer, Lindsay Howes, Jaime Lippert)		3:49.11
8	Marshall (Jenni Troyer, Jenny Stevens, Jessica Bassis, Maureen Palchak)		3:49.33
9	Bay City John Glenn (Becky Kelly, Kristy Williams, Anette Evans, Paige Cull)		3:51.27
10	Grand Rapids Forest Hills Northern (Lara Marks, Mary Dugan, Kristen DeVries, Sara Burggraf)		3:51.56
11	Tecumseh (Kelly Murphy, Lucie Bartkowiak, Sue Ann Cole, Amy Brown)		3:53.53
12	Ludington (Allison Sanders, Kelly Plowe, Kelly Keson, Jamie Conant)		3:54.68

\*\*Ties L.P. Class B-C-D Finals Record