

CAAC Red - 11/8/2024 to 11/9/2024

Results

Event 1 Girls 200 Yard Medley Relay

1:55.69 D1
1:56.30 CAAC
1:59.29 D2
2:00.29 D3
2:03.01 POOL

Team		Relay	Prelim Time	Finals Time
A - Final				
1	Williamston High School-D3	A	2:05.68	2:04.34
	1) Sawdon, Sierra 12	2) Peterson, Brooke 10	3) Jesse, Tessa 10	4) Palmer, Addy 12
2	Ionia High School-D3	A	2:21.72	2:16.84
	1) Lamphere, Katelyn 12	2) Vasquez, Isy 12	3) Drown, Adah 10	4) Heinlein, Lexi 10
3	Eaton Rapids High School-D3	A	2:20.19	2:19.72
	1) Dubroja, Mila SO	2) Pulford, Joy JR	3) Barnes, Breana SR	4) Pople, Lyla SO
4	Charlotte High School-D3	A	2:33.56	2:32.36
	1) Scott, Katelyn 10	2) Moussel, Cassandre 12	3) Kim, Chloe 12	4) Pratt, Ally 12
5	Lansing Girls Swim Team-D1	A	3:05.40	3:12.10
	1) Nixon, Jasmyne 10	2) Smieska, Makenna 10	3) Mitchell-Morell, Sophia 09	4) Bonner, Natalie 09
6	Waverly-Lansing Catholic-D2	A	3:59.33	3:38.57
	1) Wills, Ash SO	2) Powell, Mina SO	3) Permoda, Kris SO	4) Wolfe, Charisse SO
B - Final				
---	Williamston High School-D3	B	2:18.31	x2:17.90
	1) Clark, Nadia 10	2) Robinson, Keirstin 12	3) Niederquell, Madeline 10	4) Gardner, Ellie 10
---	Ionia High School-D3	B	2:50.01	x2:40.70
	1) Fothergil, Bailey 9	2) Browne, Taylor 12	3) Lemke, Maddie 11	4) Wall, Audrey 11
---	Eaton Rapids High School-D3	B	2:47.92	x2:46.24
	1) Brown, Delayne SR	2) Barnes, Ella SO	3) Badgero, Delanee SO	4) Broughan, Jazz FR
---	Charlotte High School-D3	B	3:28.66	x3:31.70
	1) Letterly, Amy 12	2) Sulpher, Isla 09	3) Panutsukhum, Tonkao 12	4) Pothong, Ploy 12

Event 1 Girls 200 Yard Medley Relay

1:55.69 D1
1:56.30 CAAC
1:59.29 D2
2:00.29 D3
2:03.01 POOL

Team		Relay	Seed Time	Prelim Time
Preliminaries				
1	Williamston High School-D3	A	2:10.64	2:05.68 q
	1) Sawdon, Sierra 12	2) Peterson, Brooke 10	3) Jesse, Tessa 10	4) Palmer, Addy 12
	33.89 36.02 29.08	26.69		
2	Eaton Rapids High School-D3	A	2:21.38	2:20.19 q
	1) Dubroja, Mila SO	2) Pulford, Joy JR	3) Barnes, Breana SR	4) Pople, Lyla SO
	35.47 38.27 34.65	31.80		
3	Ionia High School-D3	A	2:14.62	2:21.72 q
	1) Batista, Kennedy 11	2) Heinlein, Lexi 10	3) Lamphere, Katelyn 12	4) Drown, Adah 10
	36.61 42.41 33.21	29.49		
4	Charlotte High School-D3	A	2:26.36	2:33.56 q
	1) Scott, Katelyn 10	2) Moussel, Cassandre 12	3) Kim, Chloe 12	4) Pratt, Ally 12
	35.34 43.62 42.30	32.30		
5	Lansing Girls Swim Team-D1	A	3:13.66	3:05.40 q
	1) Nixon, Jasmyne 10	2) Smieska, Makenna 10	3) Mitchell-Morell, Sophia 09	4) Bonner, Natalie 09
	40.92 1:03.88 44.86	35.74		

CAAC Red - 11/8/2024 to 11/9/2024

Results

Preliminaries ... (Event 1 Girls 200 Yard Medley Relay)

Team				Relay	Seed Time	Prelim Time
6	Waverly-Lansing Catholic-D2			A	3:37.74	3:59.33 q
	1) Wills, Ash SO			2) Permoda, Kris SO	3) Powell, Mina SO	4) Wolfe, Charisse SO
	1:02.91	58.77	1:07.32	50.33		
---	Williamston High School-D3			B	NT	2:18.31
	1) Clark, Nadia 10			2) Robinson, Keirstin 12	3) Niederquell, Madeline 10	4) Gardner, Ellie 10
	34.95	41.62	32.63	29.11		
---	Eaton Rapids High School-D3			B	2:54.42	2:47.92
	1) Brown, Delayne SR			2) Barnes, Ella SO	3) Badgero, Delanee SO	4) Broughan, Jazz FR
	37.10	43.62	52.82	34.38		
---	Charlotte High School-D3			B	3:00.00	3:28.66
	1) Letterly, Amy 12			2) Sulpher, Isla 09	3) Panutsukhum, Tonkao 12	4) Pothong, Ploy 12
	57.70	53.11	50.87	46.98		
---	Ionia High School-D3			B	NT	X2:50.01
	1) Fothergil, Bailey 9			2) Browne, Taylor 12	3) Nash, Tessa 10	4) Wall, Audrey 11
	1:30.84	44.31	35.05			

Event 2 Girls 200 Yard Freestyle

1:58.52 POOL
1:59.28 CAAC
2:00.49 D1
2:03.99 D2
2:06.69 D3

Name				Yr School	Prelim Time	Finals Time
A - Final						
1	Robinson, Isabelle			12 Ionia High School-D3	2:12.57	2:12.19
	30.09	32.78	34.37	34.95		
2	McCorkle, Kenadie			12 Williamston High School-D3	2:15.17	2:17.18
	30.51	33.94	36.25	36.48		
3	Barnes, Breana			SR Eaton Rapids High School-D3	2:20.74	2:19.03
	30.68	34.61	37.28	36.46		
4	Poortvliet, Emily			12 Charlotte High School-D3	2:23.24	2:24.46
	31.32	36.13	38.58	38.43		
5	Toy, Maria			9 Williamston High School-D3	2:25.86	2:26.73
	32.19	36.72	39.33	38.49		
6	Chandel, Pearl			9 Williamston High School-D3	2:30.75	2:31.80
7	Strickling, Nadya			10 Ionia High School-D3	2:37.95	2:34.84
	35.84	38.62	40.89	39.49		
8	Cox, Lena			11 Ionia High School-D3	2:40.48	2:38.00
	37.80	40.75	42.86	36.59		
B - Final						
9	Dubroja, Mila			SO Eaton Rapids High School-D3	2:41.52	2:39.01
	35.52	39.91	41.96	41.62		
10	Nash, Tessa			10 Ionia High School-D3	3:07.22	3:10.81
	42.30	47.35	51.85	49.31		
11	Sulpher, Isla			09 Charlotte High School-D3	3:14.37	3:13.41
	43.30	49.56	51.63	48.92		
12	Mitchell-Morell, Sophia			09 Lansing Girls Swim Team-D1	3:24.39	3:24.65
	45.95	54.10	1:44.60			
13	Wolfe, Charisse			SO Waverly-Lansing Catholic-D2	3:59.63	3:59.92
	54.69	1:01.26	1:02.13	1:01.84		
14	Mertz, Lian			SO Waverly-Lansing Catholic-D2	4:03.53	4:02.12
15	Beard, Saymara			SR Waverly-Lansing Catholic-D2	4:18.59	4:05.60
	58.08	1:03.58	1:03.86	1:00.08		

CAAC Red - 11/8/2024 to 11/9/2024

Results

B - Final ... (Event 2 Girls 200 Yard Freestyle)

Name		Yr	School	Prelim Time	Finals Time
16	Froebe, Miriam	11	Lansing Girls Swim Team-D1	4:09.80	4:25.24
	53.40 1:10.74 1:12.17 1:08.93				

Event 2 Girls 200 Yard Freestyle

1:58.52 POOL
1:59.28 CAAC
2:00.49 D1
2:03.99 D2
2:06.69 D3

Name		Yr	School	Seed Time	Prelim Time
Preliminaries					
1	Robinson, Isabelle	12	Ionia High School-D3	2:17.30	2:12.57 q
	30.87 33.59 34.30 33.81				
2	McCorkle, Kenadie	12	Williamston High School-D3	2:17.61	2:15.17 q
	30.27 33.82 35.95 35.13				
3	Barnes, Breana	SR	Eaton Rapids High School-D3	2:21.18	2:20.74 q
	31.68 36.33 37.64 35.09				
4	Poortvliet, Emily	12	Charlotte High School-D3	2:24.12	2:23.24 q
	31.77 35.84 38.08 37.55				
5	Toy, Maria	9	Williamston High School-D3	2:27.84	2:25.86 q
	32.15 37.73 39.26 36.72				
6	Chandel, Pearl	9	Williamston High School-D3	2:33.10	2:30.75 q
	33.96 38.18 39.82 38.79				
7	Strickling, Nadya	10	Ionia High School-D3	2:41.94	2:37.95 q
	37.04 40.40 41.24 39.27				
8	Cox, Lena	11	Ionia High School-D3	2:37.25	2:40.48 q
	39.19 41.62 42.76 36.91				
9	Dubroja, Mila	SO	Eaton Rapids High School-D3	2:44.50	2:41.52 q
	34.14 40.79 43.96 42.63				
10	Nash, Tessa	10	Ionia High School-D3	3:00.61	3:07.22 q
	40.89 47.05 51.56 47.72				
11	Sulpher, Isla	09	Charlotte High School-D3	3:18.70	3:14.37 q
	43.05 49.84 52.13 49.35				
12	Mitchell-Morell, Sophia	09	Lansing Girls Swim Team-D1	3:21.72	3:24.39 q
	44.28 52.28 55.42 52.41				
13	Wolfe, Charisse	SO	Waverly-Lansing Catholic-D2	3:58.91	3:59.63 q
	52.11 59.46 1:05.05 1:03.01				
14	Mertz, Lian	SO	Waverly-Lansing Catholic-D2	4:22.94	4:03.53 q
	51.07 1:02.08 1:06.25 1:04.13				
15	Froebe, Miriam	11	Lansing Girls Swim Team-D1	4:25.90	4:09.80 q
	52.29 1:04.30 1:07.10 1:06.11				
16	Beard, Saymara	SR	Waverly-Lansing Catholic-D2	NT	4:18.59 q
	53.83 1:07.17 1:13.10 1:04.49				
---	Pinnow, Rain	10	Ionia High School-D3	3:03.68	X2:57.38
	40.72 44.91 46.86 44.89				
---	Fothergil, Bailey	9	Ionia High School-D3	NT	X3:04.22
	41.02 47.65 50.50 45.05				

CAAC Red - 11/8/2024 to 11/9/2024

Results

Event 3 Girls 200 Yard IM

2:11.98 POOL
2:11.98 CAAC
2:16.99 D1
2:20.39 D2
2:24.89 D3

Name				Yr	School	Prelim Time	Finals Time
A - Final							
1	Pulford, Joy			JR	Eaton Rapids High School-D3	2:38.85	2:35.30
	33.35	40.22	44.05		37.68		
2	Clark, Nadia			10	Williamston High School-D3	2:44.25	2:43.76
	38.37	39.53	48.56		37.30		
3	Peterson, Brooke			10	Williamston High School-D3	2:44.86	2:43.99
	35.98	41.33	49.10		37.58		
4	Drown, Adah			10	Ionia High School-D3	2:47.23	2:48.92
	35.37				37.49		
5	Merritt, Madison			10	Williamston High School-D3	2:57.92	2:58.44
	42.31	45.90	49.63		40.60		
6	Batista, Kennedy			11	Ionia High School-D3	3:04.51	3:01.91
	42.11	44.73	55.90		39.17		
7	Lemke, Maddie			11	Ionia High School-D3	3:07.09	3:02.68
	40.37	49.64	52.44		40.23		
8	Gailitis, Ava			9	Williamston High School-D3	3:06.86	3:13.73
	48.10	49.83	55.04		40.76		
B - Final							
9	Barnes, Ella			SO	Eaton Rapids High School-D3	3:08.08	3:06.88
	42.42	52.59	50.37		41.50		
10	Permoda, Kris			SO	Waverly-Lansing Catholic-D2	3:54.62	3:48.44
	51.38	59.88	1:13.26		43.92		
11	Panutsukhum, Tonkao			12	Charlotte High School-D3	3:45.11	3:52.81
	52.56	1:06.42	1:04.36		49.47		
12	Powell, Mina			SO	Waverly-Lansing Catholic-D2	4:25.34	4:23.93
	1:06.39	1:13.11	1:10.07		54.36		

Event 3 Girls 200 Yard IM

2:11.98 POOL
2:11.98 CAAC
2:16.99 D1
2:20.39 D2
2:24.89 D3

Name				Yr	School	Seed Time	Prelim Time
Preliminaries							
1	Pulford, Joy			JR	Eaton Rapids High School-D3	2:38.61	2:38.85 q
	34.82	41.07	44.87		38.09		
2	Clark, Nadia			10	Williamston High School-D3	2:49.86	2:44.25 q
	38.24	39.65	1:26.36				
3	Peterson, Brooke			10	Williamston High School-D3	2:47.90	2:44.86 q
	36.57	41.98	49.48		36.83		
4	Drown, Adah			10	Ionia High School-D3	2:45.95	2:47.23 q
	36.02	42.71	50.25		38.25		
5	Merritt, Madison			10	Williamston High School-D3	3:14.95	2:57.92 q
	42.34	45.12	49.29		41.17		
6	Batista, Kennedy			11	Ionia High School-D3	3:02.07	3:04.51 q
	42.14	46.18	56.05		40.14		

CAAC Red - 11/8/2024 to 11/9/2024

Results

Preliminaries ... (Event 3 Girls 200 Yard IM)

Name				Yr	School	Seed Time	Prelim Time	
7	Gailitis, Ava			9	Williamston High School-D3	3:22.76	3:06.86	q
	45.31	48.65	53.13	39.77				
8	Lemke, Maddie			11	Ionia High School-D3	3:13.01	3:07.09	q
	42.10	46.56	53.36	45.07				
9	Barnes, Ella			SO	Eaton Rapids High School-D3	3:13.87	3:08.08	q
	41.33	54.66	50.93	41.16				
10	Parham, Halli			11	Ionia High School-D3	3:28.94	3:10.56	q
	41.59	51.53	52.19	45.25				
11	Panutsukhum, Tonkao			12	Charlotte High School-D3	3:58.82	3:45.11	q
	50.82	1:05.63	1:00.64	48.02				
12	Permoda, Kris			SO	Waverly-Lansing Catholic-D2	NT	3:54.62	q
	51.82	1:04.99	1:13.55	44.26				
13	Powell, Mina			SO	Waverly-Lansing Catholic-D2	4:27.21	4:25.34	q
	1:06.90	1:11.81	1:10.11	56.52				
---	Aves, Chloe			09	Charlotte High School-D3	3:16.60	DQ 3:11.74	
	One hand touch - fly							
	45.84	46.18	58.92	40.80				

Event 4 Girls 50 Yard Freestyle

24.36 CAAC
25.29 D1
25.60 POOL
25.69 D2
25.99 D3

Name				Yr	School	Prelim Time	Finals Time
A - Final							
1	Palmer, Addy			12	Williamston High School-D3	26.26	26.38
2	Lamphere, Katelyn			12	Ionia High School-D3	27.58	28.01
3	Schafer, Ashlyn			11	Williamston High School-D3	27.24	28.04
4	Jesse, Tessa			10	Williamston High School-D3	27.69	28.18
5	Udell, Ella			12	Ionia High School-D3	28.48	28.40
6	Heinlein, Lexi			10	Ionia High School-D3	31.10	31.19
7	Pratt, Ally			12	Charlotte High School-D3	31.88	32.33
8	Berry, Mariya			11	Ionia High School-D3	31.93	32.76
B - Final							
9	Robinson, Keirstin			12	Williamston High School-D3	32.18	31.70
10	Nixon, Jasmyne			10	Lansing Girls Swim Team-D1	33.06	32.50
11	Broughan, Jazz			FR	Eaton Rapids High School-D3	35.14	35.90
12	Bonner, Natalie			09	Lansing Girls Swim Team-D1	36.43	37.69
13	Rinehart, Andi			09	Charlotte High School-D3	40.39	39.49
14	Hope, Peyton			09	Charlotte High School-D3	42.12	43.54
15	Letterly, Amy			12	Charlotte High School-D3	44.20	44.18
16	Pothong, Ploy			12	Charlotte High School-D3	46.21	48.06

CAAC Red - 11/8/2024 to 11/9/2024**Results****Event 4 Girls 50 Yard Freestyle**

24.36 CAAC

25.29 D1

25.60 POOL

25.69 D2

25.99 D3

	Name	Yr	School	Seed Time	Prelim Time	
Preliminaries						
1	Palmer, Addy	12	Williamston High School-D3	26.98	26.26	q
2	Schafer, Ashlyn	11	Williamston High School-D3	28.71	27.24	q
3	Lamphere, Katelyn	12	Ionia High School-D3	28.34	27.58	q
4	Jesse, Tessa	10	Williamston High School-D3	28.93	27.69	q
5	Udell, Ella	12	Ionia High School-D3	29.05	28.48	q
6	Heinlein, Lexi	10	Ionia High School-D3	30.61	31.10	q
7	Pratt, Ally	12	Charlotte High School-D3	35.45	31.88	q
8	Berry, Mariya	11	Ionia High School-D3	32.72	31.93	q
9	Robinson, Keirstin	12	Williamston High School-D3	33.83	32.18	q
10	Nixon, Jasmyne	10	Lansing Girls Swim Team-D1	34.83	33.06	q
11	Broughan, Jazz	FR	Eaton Rapids High School-D3	36.04	35.14	q
12	Bonner, Natalie	09	Lansing Girls Swim Team-D1	35.86	36.43	q
13	Rinehart, Andi	09	Charlotte High School-D3	44.81	40.39	q
14	Hope, Peyton	09	Charlotte High School-D3	42.51	42.12	q
15	Letterly, Amy	12	Charlotte High School-D3	46.17	44.20	q
16	Pothong, Ploy	12	Charlotte High School-D3	48.56	46.21	q
17	Strpko, Bailey	JR	Eaton Rapids High School-D3	47.24	47.16	
18	Smieska, Makenna	10	Lansing Girls Swim Team-D1	55.76	50.42	
19	Froebe, Miriam	11	Lansing Girls Swim Team-D1	58.24	56.26	
20	Kent, Mercy	12	Lansing Girls Swim Team-D1	1:02.77	56.91	
21	Rivers, Zayla	09	Lansing Girls Swim Team-D1	1:10.91	58.78	
22	Martoungou, Moravie	12	Lansing Girls Swim Team-D1	1:22.22	1:03.72	
23	Pongpanich, Mai	SO	Waverly-Lansing Catholic-D2	48.94	1:05.18	
24	Martoungou, Cedicia	11	Lansing Girls Swim Team-D1	1:21.00	1:06.61	
25	Stevenson, Aaliyah	09	Lansing Girls Swim Team-D1	1:19.57	1:21.21	
---	Johnson, Emma	09	Ionia High School-D3	32.52	X32.31	
---	Bowne, Addie	11	Ionia High School-D3	35.77	X35.24	

Event 5 Girls 1 mtr Diving

348.40 POOL

	Name	Yr	School	Prelim Score	Finals Score	
A - Final						
1	Dudley, Ella	12	Charlotte High School-D3	261.60	343.35	
2	Kleibusch, Evelyn	9	Ionia High School-D3	168.15	244.05	
3	Tallon, Annabelle	12	Williamston High School-D3	153.45	222.15	

Event 5 Girls 1 mtr Diving

348.40 POOL

	Name	Yr	School	Prelim Score		
Preliminaries						
1	Dudley, Ella	12	Charlotte High School-D3	327.10	261.60	q
2	Kleibusch, Evelyn	9	Ionia High School-D3	NP	168.15	q
3	Tallon, Annabelle	12	Williamston High School-D3	200.45	153.45	q

CAAC Red - 11/8/2024 to 11/9/2024

Results

Event 6 Girls 100 Yard Butterfly

1:00.29 CAAC
1:01.29 D1
1:03.69 D3
1:03.79 D2
1:05.45 POOL

Name		Yr	School	Prelim Time	Finals Time
A - Final					
1	McGee, Amelia K	11	Ionia High School-D3	1:03.85	1:01.90 D3
	28.86 33.04				
2	Jesse, Tessa	10	Williamston High School-D3	1:06.74	1:08.84
	31.94 36.90				
3	Niederquell, Madeline	10	Williamston High School-D3	1:12.04	1:12.55
	33.08 39.47				
4	Gardner, Ellie	10	Williamston High School-D3	1:12.34	1:13.01
	34.19 38.82				
5	Scott, Katelyn	10	Charlotte High School-D3	1:15.02	1:16.73
	37.38 39.35				
6	Drown, Adah	10	Ionia High School-D3	1:15.37	1:18.03
	35.86 42.17				
7	Brown, Delayne	SR	Eaton Rapids High School-D3	1:33.66	1:31.86
	42.34 49.52				
8	Berry, Mariya	11	Ionia High School-D3	1:32.60	1:34.75
	42.05 52.70				
B - Final					
9	Browne, Taylor	12	Ionia High School-D3	1:59.50	1:46.72
	49.26 57.46				
10	Mitchell-Morell, Sophia	09	Lansing Girls Swim Team-D1	1:59.52	1:48.65
	48.55 1:00.10				
11	Badgero, Delanee	SO	Eaton Rapids High School-D3	2:01.81	1:54.43
	52.35 1:02.08				
12	Bonner, Natalie	09	Lansing Girls Swim Team-D1	1:54.41	1:57.13
	45.87 1:11.26				

Event 6 Girls 100 Yard Butterfly

1:00.29 CAAC
1:01.29 D1
1:03.69 D3
1:03.79 D2
1:05.45 POOL

Name		Yr	School	Seed Time	Prelim Time
Preliminaries					
1	McGee, Amelia K	11	Ionia High School-D3	1:03.50	1:03.85 qPOOL
	29.59 34.26				
2	Jesse, Tessa	10	Williamston High School-D3	1:10.60	1:06.74 q
	30.75 35.99				
3	Niederquell, Madeline	10	Williamston High School-D3	1:17.96	1:12.04 q
	33.34 38.70				
4	Gardner, Ellie	10	Williamston High School-D3	1:14.65	1:12.34 q
	32.40 39.94				
5	Scott, Katelyn	10	Charlotte High School-D3	1:16.58	1:15.02 q
	35.32 39.70				
6	Drown, Adah	10	Ionia High School-D3	1:15.49	1:15.37 q
	34.77 40.60				

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Preliminaries ... (Event 6 Girls 100 Yard Butterfly)

Name		Yr	School	Seed Time	Prelim Time
7	Berry, Mariya	11	Ionia High School-D3	1:35.26	1:32.60 q
	42.15 50.45				
8	Brown, Delayne	SR	Eaton Rapids High School-D3	1:33.07	1:33.66 q
	43.23 50.43				
9	Bonner, Natalie	09	Lansing Girls Swim Team-D1	2:03.45	1:54.41 q
	45.14 1:09.27				
10	Browne, Taylor	12	Ionia High School-D3	1:49.17	1:59.50 q
	49.71 1:09.79				
11	Mitchell-Morell, Sophia	09	Lansing Girls Swim Team-D1	1:48.26	1:59.52 q
	50.19 1:09.33				
12	Badgero, Delanee	SO	Eaton Rapids High School-D3	2:02.07	2:01.81 q
	53.27 1:08.54				
---	Doty, Kaylynn	10	Ionia High School-D3	1:21.56	DQ 1:23.84
	Non-simultaneous touch				
	35.95 47.89				
---	Kim, Chloe	12	Charlotte High School-D3	1:41.10	DQ 1:38.00
	False start				
	42.68 55.32				

Event 7 Girls 100 Yard Freestyle

52.53 CAAC
54.59 POOL
55.29 D1
56.49 D2
57.29 D3

Name		Yr	School	Prelim Time	Finals Time
A - Final					
1	Palmer, Addy	12	Williamston High School-D3	58.52	58.85
	28.01 30.84				
2	Schafer, Ashlyn	11	Williamston High School-D3	1:01.58	1:02.22
	28.93 33.29				
3	Lamphere, Katelyn	12	Ionia High School-D3	1:01.77	1:02.52
	30.13 32.39				
4	Poortvliet, Emily	12	Charlotte High School-D3	1:01.39	1:02.95
	29.96 32.99				
5	Barnes, Breana	SR	Eaton Rapids High School-D3	1:03.17	1:03.73
	30.15 33.58				
6	Sawdon, Sierra	12	Williamston High School-D3	1:05.59	1:06.02
	31.47 34.55				
7	Ivkovich, Juliet	10	Williamston High School-D3	1:08.94	1:10.23
	32.22 38.01				
8	Vasquez, Isy	12	Ionia High School-D3	1:11.76	1:11.93
	34.20 37.73				
B - Final					
9	Heinlein, Lexi	10	Ionia High School-D3	1:13.86	1:12.21
	33.43 38.78				
10	Moussel, Cassandre	12	Charlotte High School-D3	1:18.29	1:20.35
	38.48 41.87				
11	Sulpher, Isla	09	Charlotte High School-D3	1:27.09	1:34.76
	45.47 49.29				
12	Rinehart, Andi	09	Charlotte High School-D3	1:32.93	1:35.49
	44.99 50.50				

CAAC Red - 11/8/2024 to 11/9/2024

Results

B - Final ... (Event 7 Girls 100 Yard Freestyle)

Name		Yr	School	Prelim Time	Finals Time
13	Hope, Peyton	09	Charlotte High School-D3	1:36.87	1:40.62
	46.75 53.87				
14	Strpko, Bailey	JR	Eaton Rapids High School-D3	1:44.84	1:45.92
	50.11 55.81				
15	Pothong, Ploy	12	Charlotte High School-D3	1:48.79	1:52.40
	51.18 1:01.22				
16	Kent, Mercy	12	Lansing Girls Swim Team-D1	2:22.03	2:13.35
	55.97 1:17.38				

Event 7 Girls 100 Yard Freestyle

52.53 CAAC
54.59 POOL
55.29 D1
56.49 D2
57.29 D3

Name		Yr	School	Seed Time	Prelim Time
Preliminaries					
1	Palmer, Addy	12	Williamston High School-D3	59.20	58.52 q
	27.85 30.67				
2	Poortvliet, Emily	12	Charlotte High School-D3	1:04.39	1:01.39 q
	29.17 32.22				
3	Schafer, Ashlyn	11	Williamston High School-D3	1:03.05	1:01.58 q
	28.86 32.72				
4	Lamphere, Katelyn	12	Ionia High School-D3	1:02.34	1:01.77 q
	29.37 32.40				
5	Barnes, Breana	SR	Eaton Rapids High School-D3	1:03.64	1:03.17 q
	29.58 33.59				
6	Sawdon, Sierra	12	Williamston High School-D3	1:06.85	1:05.59 q
	31.37 34.22				
7	Ivkovich, Juliet	10	Williamston High School-D3	1:12.10	1:08.94 q
	32.07 36.87				
8	Vasquez, Isy	12	Ionia High School-D3	1:12.81	1:11.76 q
	33.71 38.05				
9	Heinlein, Lexi	10	Ionia High School-D3	1:10.72	1:13.86 q
	34.24 39.62				
10	Moussel, Cassandre	12	Charlotte High School-D3	1:21.93	1:18.29 q
	37.64 40.65				
11	Sulpher, Isla	09	Charlotte High School-D3	1:34.15	1:27.09 q
	41.43 45.66				
12	Rinehart, Andi	09	Charlotte High School-D3	1:46.59	1:32.93 q
	43.20 49.73				
13	Hope, Peyton	09	Charlotte High School-D3	1:40.55	1:36.87 q
	45.54 51.33				
14	Strpko, Bailey	JR	Eaton Rapids High School-D3	1:46.81	1:44.84 q
	48.72 56.12				
15	Pothong, Ploy	12	Charlotte High School-D3	1:53.60	1:48.79 q
	50.29 58.50				
16	Kent, Mercy	12	Lansing Girls Swim Team-D1	2:34.57	2:22.03 q
	1:00.49 1:21.54				
17	Martoungou, Cedicia	11	Lansing Girls Swim Team-D1	3:02.53	2:29.61
	1:03.53 1:26.08				
18	Martoungou, Moravie	12	Lansing Girls Swim Team-D1	2:59.28	2:53.35
	1:09.63 1:43.72				

CAAC Red - 11/8/2024 to 11/9/2024

Results

Preliminaries ... (Event 7 Girls 100 Yard Freestyle)

Name			Yr	School		
---	Bowne, Addie		11	Ionia High School-D3	1:23.10	X1:20.27
	38.10	42.17				
---	Wall, Audrey		11	Ionia High School-D3	1:23.19	X1:20.87
	38.58	42.29				
---	Pinnow, Rain		10	Ionia High School-D3	1:22.64	X1:24.83
	41.13	43.70				

Event 8 Girls 500 Yard Freestyle

5:24.85 CAAC
5:25.69 D1
5:27.04 POOL
5:34.99 D2
5:45.29 D3

Name				Yr	School		Prelim Time		Finals Time		
A - Final											
1	Robinson, Isabelle			12	Ionia High School-D3			5:58.27		6:01.48	
	32.48	35.49	36.59	37.20	36.92	37.14	37.27	36.95			
	35.71	35.73									
2	McCorkle, Kenadie			12	Williamston High School-D3			6:07.80		6:10.69	
	33.11	35.57	36.86	37.39	37.85	37.44	38.23	39.09			
	38.48	36.67									
3	Toy, Maria			9	Williamston High School-D3			6:37.23		6:39.08	
	34.70	39.38	40.56	41.35	41.68	41.57	41.51	41.12			
	40.72	36.49									
4	Chandel, Pearl			9	Williamston High School-D3			6:58.94		6:51.42	
	35.57	40.59	42.66	44.07	42.85	43.01	42.86	41.77			
	42.14	35.90									
5	Strickling, Nadya			10	Ionia High School-D3			7:06.02		6:56.21	
	37.55	39.76	41.44	42.33	43.04	43.08	43.47	43.61			
	42.65	39.28									
6	Batista, Kennedy			11	Ionia High School-D3			7:01.20		7:03.15	
	36.45	40.58	42.37	43.61	43.85	44.64	44.46	44.33			
	43.55	39.31									
7	Pople, Lyla			SO	Eaton Rapids High School-D3			7:04.16		7:10.18	
	35.87	41.03	43.59	44.72	44.87	44.48	45.39	44.83			
	44.22	41.18									
8	Broughan, Jazz			FR	Eaton Rapids High School-D3			7:16.50		7:29.62	
	38.06	45.08	47.36	46.11	47.59	46.84	45.75	45.20			
	45.03	42.60									
B - Final											
9	Browne, Taylor			12	Ionia High School-D3			7:26.53		7:31.76	
	40.98	45.20	46.30	46.02	45.05	46.72	47.77	45.85			
	45.75	42.12									
10	Nash, Tessa			10	Ionia High School-D3			8:21.61		8:29.06	
	45.96	52.67	52.81	51.21	51.05	52.50	51.95	51.37			
	52.20	47.34									
11	Panutsukhum, Tonkao			12	Charlotte High School-D3			9:04.55		9:03.46	
	46.16	54.71	57.93	56.04	55.73	56.88	56.93	54.46			
	55.10	49.52									
12	Wills, Ash			SO	Waverly-Lansing Catholic-D2			11:14.25		10:40.64	
	56.51	1:01.00	1:06.22	1:05.62	1:07.48	1:05.93					
	1:06.94	57.68									

CAAC Red - 11/8/2024 to 11/9/2024

Results

B - Final ... (Event 8 Girls 500 Yard Freestyle)

Name		Yr		School		Prelim Time		Finals Time	
13	Wolfe, Charisse	SO		Waverly-Lansing Catholic-D2		11:03.57		10:57.44	
	2:01.43	1:09.74	1:08.54	1:08.76	1:08.08	1:07.28			
	1:07.72	58.32							
14	Mertz, Lian	SO		Waverly-Lansing Catholic-D2		11:16.36		11:06.37	
	53.39	1:06.60	1:10.31	1:07.02	1:08.77	1:09.72	1:07.69	1:09.79	
	1:11.29	1:01.79							

Event 8 Girls 500 Yard Freestyle

5:24.85 CAAC
5:25.69 D1
5:27.04 POOL
5:34.99 D2
5:45.29 D3

Name				Yr	School	Seed Time			Prelim Time	
Preliminaries										
1	Robinson, Isabelle			12	Ionia High School-D3			6:23.06	5:58.27	q
	32.90	35.56	36.69	37.44	36.41	37.01	37.31	36.14		
	35.36	33.45								
2	McCorkle, Kenadie			12	Williamston High School-D3			6:25.37	6:07.80	q
	33.44	36.45	37.49	37.42	37.87	38.02	38.04	37.54		
	36.46	35.07								
3	Toy, Maria			9	Williamston High School-D3			6:42.56	6:37.23	q
	34.74	40.20	40.73	39.86	41.06	41.67	41.73	40.78		
	40.07	36.39								
4	Chandel, Pearl			9	Williamston High School-D3			7:03.45	6:58.94	q
	36.45	41.05	43.24	43.71	43.60	43.59	43.77	43.42		
	42.15	37.96								
5	Batista, Kennedy			11	Ionia High School-D3			7:09.10	7:01.20	q
	37.33	41.60	41.75	43.17	43.86	43.67	43.59	43.83		
	43.53	38.87								
6	Pople, Lyla			SO	Eaton Rapids High School-D3			7:09.50	7:04.16	q
	35.79	41.03	42.68	43.80	43.75	44.04	44.42	44.46		
	43.95	40.24								
7	Strickling, Nadya			10	Ionia High School-D3			7:15.04	7:06.02	q
	37.70	41.36	43.74	43.71	44.63	44.75	44.56	44.00		
	41.65	39.92								
8	Broughan, Jazz			FR	Eaton Rapids High School-D3			8:05.58	7:16.50	q
	37.85	43.75	45.61	46.34	45.20	44.99	45.77	45.08		
	42.60	39.31								
9	Browne, Taylor			12	Ionia High School-D3			7:47.87	7:26.53	q
	41.84	44.59	45.29			45.60	45.09			
		40.79								
10	Nash, Tessa			10	Ionia High School-D3			8:20.85	8:21.61	q
	42.89	50.52	50.79	50.37	52.46	51.38	52.51	51.63		
	51.36	47.70								
11	Panutsukhum, Tonkao			12	Charlotte High School-D3			9:18.74	9:04.55	q
	46.49	54.34	56.11	55.91	54.53	1:00.26	55.84			
		51.88								
12	Wolfe, Charisse			SO	Waverly-Lansing Catholic-D2			NT	11:03.57	q
	54.98	1:06.78	1:08.29	1:08.08	1:07.33	1:08.75	1:11.12	1:10.07		
	1:09.54	58.63								
13	Wills, Ash			SO	Waverly-Lansing Catholic-D2			NT	11:14.25	q
	1:03.48	1:06.83	1:10.36	1:07.60	1:05.20	1:08.89	1:09.34	1:06.11		
	1:09.53	1:06.91								

CAAC Red - 11/8/2024 to 11/9/2024

Results

Preliminaries ... (Event 8 Girls 500 Yard Freestyle)

Name		Yr School		Seed Time		Prelim Time	
14	Mertz, Lian	SO	Waverly-Lansing Catholic-D2	NT		11:16.36	q
	52.04 1:06.67 1:08.57 1:10.06 1:10.16 1:10.98 1:11.09 1:10.29						
	1:12.55 1:03.95						
---	French, Lydia	09	Ionia High School-D3	9:09.38		X8:20.41	
	41.65 49.08 51.86 51.62 53.13 53.20 52.46 53.06						
	50.14 44.21						

Event 9 Girls 200 Yard Freestyle Relay

1:44.59 CAAC
1:44.59 D1
1:45.69 D2
1:48.89 D3
1:50.71 POOL

Team				Relay		Prelim Time		Finals Time	
A - Final									
1	Williamston High School-D3			A		1:49.12		1:48.24 D3	
	1) Palmer, Addy 12	27.06	26.74	28.70	2) Peterson, Brooke 10	25.74	3) Schafer, Ashlyn 11	4) Jesse, Tessa 10	
2	Ionia High School-D3			A		1:57.10		1:50.41 POOL	
	1) Lamphere, Katelyn 12	29.99	26.56	28.42	2) Udell, Ella 12	25.44	3) Robinson, Isabelle 12	4) McGee, Amelia K 11	
3	Charlotte High School-D3			A		2:15.34		2:10.11	
	1) Poortvliet, Emily 12	31.77	31.38	33.42	2) Aves, Chloe 09	33.54	3) Pratt, Ally 12	4) Dudley, Ella 12	
4	Eaton Rapids High School-D3			A		2:33.92		2:33.99	
	1) Brown, Delayne SR	34.66	33.89	36.77	2) Barnes, Ella SO	48.67	3) Broughan, Jazz FR	4) Strpko, Bailey JR	
5	Lansing Girls Swim Team-D1			A		3:36.22		2:48.90	
	1) Nixon, Jasmyne 10	32.55	55.81	40.65	2) Froebe, Miriam 11	39.89	3) Mitchell-Morell, Sophia 09	4) Bonner, Natalie 09	
6	Waverly-Lansing Catholic-D2			A		2:52.32		3:26.05	
	1) Pongpanich, Mai SO	1:01.70	47.65	48.13	2) Beard, Saymara SR	48.57	3) Wills, Ash SO	4) Mertz, Lian SO	
B - Final									
---	Williamston High School-D3			B		2:07.58		x2:09.82	
	1) Merritt, Madison 10				2) Gailitis, Ava 9		3) Ivkovich, Juliet 10	4) Robinson, Keirstin 12	
---	Ionia High School-D3			B		2:16.36		x2:13.94	
	1) Bowne, Addie 11				2) Wall, Audrey 11		3) Lemke, Maddie 11	4) Vasquez, Isy 12	
---	Charlotte High School-D3			B		3:02.26		x3:00.54	
	1) Hope, Peyton 09				2) Rinehart, Andi 09		3) Sulpher, Isla 09	4) Pothong, Ploy 12	
---	Lansing Girls Swim Team-D1			B		3:53.12		x3:49.67	
	1) Smieska, Makenna 10				2) Martoungou, Moravie 12		3) Kent, Mercy 12	4) Rivers, Zayla 09	

Event 9 Girls 200 Yard Freestyle Relay

1:44.59 CAAC
1:44.59 D1
1:45.69 D2
1:48.89 D3
1:50.71 POOL

Team			Relay		Seed Time		Prelim Time	
Preliminaries								
1	Williamston High School-D3			A		1:53.37	1:49.12	qPOOL
	1) Palmer, Addy 12			2) Peterson, Brooke 10		3) Schafer, Ashlyn 11	4) Jesse, Tessa 10	
	26.80	27.88	27.51	26.93				

CAAC Red - 11/8/2024 to 11/9/2024

Results

Preliminaries ... (Event 9 Girls 200 Yard Freestyle Relay)

Team		Relay		Seed Time	Prelim Time
2	Ionia High School-D3	A		2:00.15	1:57.10 q
	1) Udell, Ella 12			3) McGee, Amelia K 11	4) Lamphere, Katelyn 12
	29.32 31.98 27.22	28.58			
3	Charlotte High School-D3	A		2:09.51	2:15.34 q
	1) Pratt, Ally 12	2) Aves, Chloe 09		3) Moussel, Cassandre 12	4) Dudley, Ella 12
	32.74 35.33 33.99	33.28			
4	Eaton Rapids High School-D3	A		2:39.90	2:33.92 q
	1) Brown, Delayne SR	2) Barnes, Ella SO		3) Broughan, Jazz FR	4) Strpko, Bailey JR
	34.33 32.88 37.44	49.27			
5	Waverly-Lansing Catholic-D2	A		3:09.58	2:52.32 q
	1) Pongpanich, Mai SO	2) Beard, Saymara SR		3) Wills, Ash SO	4) Mertz, Lian SO
	33.21 57.79 43.42	37.90			
6	Lansing Girls Swim Team-D1	A		2:51.84	3:36.22 q
	1) Nixon, Jasmyne 10	2) Froebe, Miriam 11		3) Mitchell-Morell, Sophia 09	4) Bonner, Natalie 09
	1:04.06 48.59 14.56	1:29.01			
---	Williamston High School-D3	B		NT	2:07.58
	1) Toy, Maria 9	2) Merritt, Madison 10		3) Gailitis, Ava 9	4) Robinson, Keirstin 12
	29.11 32.77 33.70	32.00			
---	Charlotte High School-D3	B		NT	3:02.26
	1) Hope, Peyton 09	2) Rinehart, Andi 09		3) Sulpher, Isla 09	4) Pothong, Ploy 12
	45.53 44.66 41.89	50.18			
---	Ionia High School-D3	B		NT	X2:16.36
	1) Lemke, Maddie 11	2) Pinnow, Rain 10		3) Bowne, Addie 11	4) Berry, Mariya 11
	32.63 38.13 33.76	31.84			
---	Lansing Girls Swim Team-D1	B		NT	DQ 3:53.12
	Early take-off swimmer #4				
	1) Smieska, Makenna 10	2) Martoungou, Moravie 12		3) Kent, Mercy 12	4) Rivers, Zayla 09
	53.41 1:07.04 57.60	55.07			

Event 10 Girls 100 Yard Backstroke

58.45 CAAC
1:01.19 D1
1:03.81 POOL
1:03.99 D2
1:04.39 D3

Name		Yr	School	Prelim Time	Finals Time
A - Final					
1	McGee, Amelia K	11	Ionia High School-D3	1:05.30	1:03.02 POOL
	30.61 32.41				
2	Sawdon, Sierra	12	Williamston High School-D3	1:12.26	1:12.18
	34.92 37.26				
3	Clark, Nadia	10	Williamston High School-D3	1:14.00	1:13.07
	36.21 36.86				
4	Gardner, Ellie	10	Williamston High School-D3	1:14.62	1:14.44
	37.01 37.43				
5	Niederquell, Madeline	10	Williamston High School-D3	1:17.20	1:16.30
	37.31 38.99				
6	Doty, Kaylynn	10	Ionia High School-D3	1:19.43	1:16.99
7	Scott, Katelyn	10	Charlotte High School-D3	1:15.53	1:17.23
	38.80 38.43				
8	Dubroja, Mila	SO	Eaton Rapids High School-D3	1:20.49	1:20.75
	38.25 42.50				

CAAC Red - 11/8/2024 to 11/9/2024

Results

B - Final ... (Event 10 Girls 100 Yard Backstroke)

Name		Yr	School	Prelim Time	Finals Time
B - Final					
9	Brown, Delayne	SR	Eaton Rapids High School-D3	1:22.72	1:20.53
	39.11 41.42				
10	Cox, Lena	11	Ionia High School-D3	1:24.32	1:21.83
	41.29 40.54				
11	Johnson, Emma	09	Ionia High School-D3	1:25.81	1:27.33
	42.48 44.85				
12	Aves, Chloe	09	Charlotte High School-D3	1:32.30	1:29.75
	43.73 46.02				
13	Badgero, Delanee	SO	Eaton Rapids High School-D3	1:32.88	1:30.76
	42.89 47.87				
14	Nixon, Jasmyne	10	Lansing Girls Swim Team-D1	1:33.47	1:32.18
	43.72 48.46				
15	Beard, Saymara	SR	Waverly-Lansing Catholic-D2	2:09.91	2:00.53
	57.31 1:03.22				
16	Letterly, Amy	12	Charlotte High School-D3	2:12.30	2:05.67
	1:01.30 1:04.37				

Event 10 Girls 100 Yard Backstroke

58.45 CAAC
1:01.19 D1
1:03.81 POOL
1:03.99 D2
1:04.39 D3

Name		Yr	School	Seed Time	Prelim Time
Preliminaries					
1	McGee, Amelia K	11	Ionia High School-D3	1:03.57	1:05.30 q
	31.41 33.89				
2	Sawdon, Sierra	12	Williamston High School-D3	1:14.62	1:12.26 q
	34.63 37.63				
3	Clark, Nadia	10	Williamston High School-D3	1:16.64	1:14.00 q
	36.39 37.61				
4	Gardner, Ellie	10	Williamston High School-D3	1:15.73	1:14.62 q
	36.05 38.57				
5	Scott, Katelyn	10	Charlotte High School-D3	1:15.47	1:15.53 q
	36.72 38.81				
6	Niederquell, Madeline	10	Williamston High School-D3	1:21.72	1:17.20 q
	36.80 40.40				
7	Doty, Kaylynn	10	Ionia High School-D3	1:15.89	1:19.43 q
	37.94 41.49				
8	Dubroja, Mila	SO	Eaton Rapids High School-D3	1:23.04	1:20.49 q
	37.76 42.73				
9	Brown, Delayne	SR	Eaton Rapids High School-D3	1:24.59	1:22.72 q
	39.88 42.84				
10	Cox, Lena	11	Ionia High School-D3	1:21.25	1:24.32 q
	42.27 42.05				
11	Johnson, Emma	09	Ionia High School-D3	1:31.88	1:25.81 q
	41.47 44.34				
12	Aves, Chloe	09	Charlotte High School-D3	1:32.82	1:32.30 q
	45.60 46.70				
13	Badgero, Delanee	SO	Eaton Rapids High School-D3	1:34.92	1:32.88 q
	42.94 49.94				

CAAC Red - 11/8/2024 to 11/9/2024

Results

Preliminaries ... (Event 10 Girls 100 Yard Backstroke)

	Name	Yr	School	Seed Time	Prelim Time	
14	Nixon, Jasmyne 43.26 50.21	10	Lansing Girls Swim Team-D1	1:34.46	1:33.47	q
15	Beard, Saymara 1:02.59 1:07.32	SR	Waverly-Lansing Catholic-D2	2:49.38	2:09.91	q
16	Letterly, Amy 1:03.29 1:09.01	12	Charlotte High School-D3	2:12.34	2:12.30	q
17	Wills, Ash	SO	Waverly-Lansing Catholic-D2	2:05.95	2:15.71	
18	Rivers, Zayla 1:15.36 1:25.73	09	Lansing Girls Swim Team-D1	3:00.19	2:41.09	
19	Pongpanich, Mai 1:07.55 1:34.29	SO	Waverly-Lansing Catholic-D2	3:34.32	2:41.84	
20	Stevenson, Aaliyah	09	Lansing Girls Swim Team-D1	4:16.33	3:13.09	
---	Fothergil, Bailey 51.35 51.56	9	Ionia High School-D3	1:47.55	X1:42.91	
---	French, Lydia False start 50.59 59.85	09	Ionia High School-D3	1:52.41	XDQ 1:50.44	

Event 11 Girls 100 Yard Breaststroke

1:10.39 D1
1:10.50 CAAC
1:11.29 D2
1:14.49 D3
1:15.47 POOL

	Name	Yr	School	Prelim Time	Finals Time
A - Final					
1	Pulford, Joy 38.23 42.59	JR	Eaton Rapids High School-D3	1:22.66	1:20.82
2	Peterson, Brooke 38.12 43.21	10	Williamston High School-D3	1:21.38	1:21.33
3	Ivkovich, Juliet 38.57 43.45	10	Williamston High School-D3	1:24.37	1:22.02
4	Udell, Ella 40.94 43.64	12	Ionia High School-D3	1:25.60	1:24.58
5	Pople, Lyla 41.88 46.31	SO	Eaton Rapids High School-D3	1:28.36	1:28.19
6	Robinson, Keirstin 41.88 46.56	12	Williamston High School-D3	1:27.80	1:28.44
7	Merritt, Madison 43.80 48.27	10	Williamston High School-D3	1:31.49	1:32.07
8	Barnes, Ella 44.47 48.30	SO	Eaton Rapids High School-D3	1:32.92	1:32.77
B - Final					
9	Pratt, Ally 44.28 50.51	12	Charlotte High School-D3	1:34.59	1:34.79
10	Gailitis, Ava 46.35 48.55	9	Williamston High School-D3	1:34.69	1:34.90
11	Powell, Mina	SO	Waverly-Lansing Catholic-D2	2:17.67	2:06.01
12	Smieska, Makenna 1:07.61 1:15.93	10	Lansing Girls Swim Team-D1	2:15.82	2:23.54

CAAC Red - 11/8/2024 to 11/9/2024

Results

Event 11 Girls 100 Yard Breaststroke

1:10.39 D1

1:10.50 CAAC

1:11.29 D2

1:14.49 D3

1:15.47 POOL

Name			Yr	School	Seed Time	Prelim Time	
Preliminaries							
1	Peterson, Brooke	10	Williamston High School-D3	1:22.22	1:21.38	q	
	36.91 44.47						
2	Pulford, Joy	JR	Eaton Rapids High School-D3	1:24.68	1:22.66	q	
	39.53 43.13						
3	Ivkovich, Juliet	10	Williamston High School-D3	1:30.47	1:24.37	q	
	39.46 44.91						
4	Udell, Ella	12	Ionia High School-D3	1:27.03	1:25.60	q	
	40.96 44.64						
5	Robinson, Keirstin	12	Williamston High School-D3	1:29.87	1:27.80	q	
	41.54 46.26						
6	Pople, Lyla	SO	Eaton Rapids High School-D3	1:31.58	1:28.36	q	
	41.90 46.46						
7	Merritt, Madison	10	Williamston High School-D3	1:37.98	1:31.49	q	
	42.66 48.83						
8	Barnes, Ella	SO	Eaton Rapids High School-D3	1:37.88	1:32.92	q	
	44.91 48.01						
9	Pratt, Ally	12	Charlotte High School-D3	1:35.73	1:34.59	q	
	44.22 50.37						
10	Gailitis, Ava	9	Williamston High School-D3	1:47.70	1:34.69	q	
	46.08 48.61						
11	Parham, Halli	11	Ionia High School-D3	1:47.39	1:38.51	q	
	46.50 52.01						
12	Smieska, Makenna	10	Lansing Girls Swim Team-D1	2:25.09	2:15.82	q	
	1:06.14 1:09.68						
13	Powell, Mina	SO	Waverly-Lansing Catholic-D2	2:20.46	2:17.67	q	
	1:01.87 1:15.80						
---	Wall, Audrey	11	Ionia High School-D3	1:49.17	X2:15.71		
---	Vasquez, Isy	12	Ionia High School-D3	1:36.05	DQ 1:32.31		
	One hand touch						
	42.91 49.40						
---	Moussel, Cassandre	12	Charlotte High School-D3	1:40.45	DQ 1:35.07		
	One hand touch						
	45.08 49.99						
---	Lemke, Maddie	11	Ionia High School-D3	1:37.53	DQ 1:35.96		
	One hand touch						
	43.48 52.48						
---	Kim, Chloe	12	Charlotte High School-D3	1:39.71	DQ 1:40.10		
	One hand touch						
	46.88 53.22						
---	Permoda, Kris	SO	Waverly-Lansing Catholic-D2	2:39.87	DQ 2:15.11		
	Downward butterfly kick						
	1:01.71 1:13.40						

CAAC Red - 11/8/2024 to 11/9/2024

Results

Event 12 Girls 400 Yard Freestyle Relay

3:38.29 POOL
3:47.87 CAAC
3:48.89 D1
3:56.29 D3
3:57.59 D2

Team				Relay			Prelim Time		Finals Time
A - Final									
1	Ionia High School-D3			A			4:42.19		4:09.67
	1) Robinson, Isabelle 12			2) Drown, Adah 10			3) Udell, Ella 12		4) McGee, Amelia K 11
	31.08	1:03.31	30.82	1:05.66	30.65	1:03.85	26.91	56.85	
2	Williamston High School-D3			A			4:20.51		4:15.68
	1) Toy, Maria 9			2) Gardner, Ellie 10			3) McCorkle, Kenadie 12		4) Schafer, Ashlyn 11
	30.89	1:05.43	31.06	1:06.32	29.14	1:05.08	26.06	58.85	
3	Eaton Rapids High School-D3			A			4:46.21		4:36.14
	1) Barnes, Breana SR			2) Dubroja, Mila SO			3) Pople, Lyla SO		4) Pulford, Joy JR
	30.29	1:04.52	34.07	1:13.33	34.77	1:13.85	30.47	1:04.44	
4	Charlotte High School-D3			A			4:52.09		4:54.64
	1) Scott, Katelyn 10			2) Aves, Chloe 09			3) Poortvliet, Emily 12		4) Kim, Chloe 12
	32.20	1:07.17	35.88	1:16.95	30.09	1:05.05	39.84	1:25.47	
5	Waverly-Lansing Catholic-D2			A			6:54.64		6:41.26
	1) Mertz, Lian SO			2) Wolfe, Charisse SO			3) Powell, Mina SO		4) Permoda, Kris SO
	49.59	1:50.37	54.74	1:53.01	46.59	1:40.07	36.60	1:17.81	
6	Lansing Girls Swim Team-D1			A			10:15.18		9:34.00
	1) Froebe, Miriam 11			2) Rivers, Zayla 09			3) Kent, Mercy 12		4) Stevenson, Aaliyah 09
	55.44	2:01.99	1:03.12	2:23.00	58.78	2:17.03	1:19.71	2:51.98	
B - Final									
---	Williamston High School-D3			B			4:37.71		x4:43.11
	1) Niederquell, Madeline 10			2) Clark, Nadia 10			3) Gailitis, Ava 9		4) Chandel, Pearl 9
	31.85	1:06.37	33.33	1:08.88	37.68	1:18.34	32.96	1:09.52	
---	Ionia High School-D3			B			5:22.35		x5:31.58
	1) Pinnow, Rain 10			2) French, Lydia 09			3) Fothergil, Bailey 9		4) Johnson, Emma 09
	1:33.86			38.50	1:23.65		33.22	1:12.18	
---	Charlotte High School-D3			B			6:34.82		x6:34.10
	1) Letterly, Amy 12			2) Panutsukhum, Tonkao 12			3) Rinehart, Andi 09		4) Hope, Peyton 09
	52.24	1:46.90	39.46	1:34.56	38.09	1:30.68	47.58	1:41.96	

Event 12 Girls 400 Yard Freestyle Relay

3:38.29 POOL
3:47.87 CAAC
3:48.89 D1
3:56.29 D3
3:57.59 D2

Team				Relay			Seed Time		Prelim Time	
Preliminaries										
1	Williamston High School-D3			A			4:17.10		4:20.51 q	
	1) Toy, Maria 9			2) Gardner, Ellie 10			3) McCorkle, Kenadie 12		4) Schafer, Ashlyn 11	
	30.45	1:05.62	32.36	1:06.09	30.91	1:34.40	34.40			
2	Ionia High School-D3			A			4:39.01		4:42.19 q	
									4) Udell, Ella 12	
	32.02	1:06.36	34.32	1:13.28	33.34	1:12.33	33.81	1:10.22		
3	Eaton Rapids High School-D3			A			4:48.52		4:46.21 q	
	1) Barnes, Breana SR			2) Dubroja, Mila SO			3) Pople, Lyla SO		4) Pulford, Joy JR	
	32.76	1:09.28	35.12	1:14.89	34.46	1:12.71	33.37	1:09.33		

CAAC Red - 11/8/2024 to 11/9/2024

Results

Preliminaries ... (Event 12 Girls 400 Yard Freestyle Relay)

Team			Relay			Seed Time			Prelim Time		
4	Charlotte High School-D3		A			4:55.11			4:52.09 q		
	1) Scott, Katelyn 10		2) Aves, Chloe 09			3) Poortvliet, Emily 12			4) Kim, Chloe 12		
	34.24	1:10.72	37.62	1:19.09	32.09	1:06.94	35.89	1:15.34			
5	Waverly-Lansing Catholic-D2		A			7:01.40			6:54.64 q		
	1) Mertz, Lian SO		2) Wolfe, Charisse SO			3) Permoda, Kris SO			4) Powell, Mina SO		
	52.49	1:55.06	55.27	1:56.51	39.36	1:23.83	45.95	1:39.24			
6	Lansing Girls Swim Team-D1		A			6:50.90			10:15.18 q		
	1) Rivers, Zayla 09		2) Stevenson, Aaliyah 09			3) Kent, Mercy 12			4) Froebe, Miriam 11		
	1:06.08	2:29.83	1:30.99	3:19.85	1:00.68	2:21.40	56.44	2:04.10			
---	Williamston High School-D3		B			NT			4:37.71		
	1) Chandel, Pearl 9		2) Clark, Nadia 10			3) Ivkovich, Juliet 10			4) Niederquell, Madeline 10		
	32.97	1:09.17	33.57	1:08.44	34.48	1:12.99	33.09	1:07.11			
---	Ionia High School-D3		B			NT			5:22.35		
	1) Berry, Mariya 11		2) Pinnow, Rain 10			3) Browne, Taylor 12			4) Strickling, Nadya 10		
	35.71	1:14.94	42.03	1:27.93	39.81	1:24.20	34.96	1:15.28			
---	Charlotte High School-D3		B			NT			6:34.82		
	1) Letterly, Amy 12		2) Panutsukhum, Tonkao 12			3) Rinehart, Andi 09			4) Hope, Peyton 09		
	50.34	1:41.94	43.36	1:31.19	46.22	1:37.89	48.86	1:43.80			

Combined Team Scores

Combined Team Scores - Through Event 12

1. Williamston High School	577	2. Ionia High School	483
3. Eaton Rapids High School	281	4. Charlotte High School	247
5. Waverly-Lansing Catholic	121	5. Lansing Girls Swim Team	121