

MAC Gold Girls Championships 2013 - 11/8/2013 to 11/9/2013

Hosted By Warren Woods Tower

Results

Event 1 Girls 200 Yard Medley Relay

Gold: 2:01.30 \$ 11/4/2004

South Lake

Pickhardt, Nannini, Climer, Wojciechowski

1:54.89 D1

1:59.99 D2

2:02.29 D3

Team	Relay	Prelim Time	Finals Time	Points
A - Final				
1 Center Line High School-D3	A	2:20.51	2:15.37	32
1) Nelson, Madison 11	2) Lopp, Abigail 11	3) Winn, Ashley 12	4) Johnson, Beth 10	
36.02 36.28 34.42	28.65			
2 Warren Woods Tower-D2	A	2:22.08	2:18.25	26
1) Jones, Annette	2) Brook, Kaley	3) Heisler, Sydney	4) Heisler, Mariah	
38.50 42.94 30.29	26.52			
3 Lake Shore High School-D2	A	2:26.62	2:19.73	24
1) Cuda, Sarah 12	2) Forth, Mariah 12	3) Miley, Lorin 09	4) Jensen, Rachel 12	
36.60 41.07 30.31	31.75			
4 Cousino Patriots-D1	A	2:33.37	2:27.11	22
1) Pattyn, Erika	2) Marsiglio, Christina	3) Grabowski, Ashley	4) Gallis, Karly	
38.18 43.00 36.01	29.92			
5 Warren Mott High School-D1	A	2:28.61	2:28.31	20
1) Ochss, Alyssa	2) Aga, Julia	3) Potter, Amy	4) Muden, Vanessa	
39.03 44.11 32.20	32.97			
6 Roseville High School Panthers-I	A	2:35.43	2:32.94	18
1) Williams, Sarah JR	2) Johnson, Annalise JR	3) Wieske, Rachel SR	4) Koch, Michelle SR	
38.72 47.50 36.32	30.40			
B - Final				
7 Warren Woods Tower-D2	B	2:39.45	x2:39.87	
1) Hansen, Allison	2) Candela, Raeanne	3) Magierski, Sarah	4) Shamoon, Natalie	
40.95 43.82 42.05	33.05			
8 Center Line High School-D3	B	2:51.47	x2:41.47	
1) Argandona, Ariel 9	2) Saputo, Bella 10	3) Hilden, Alex 10	4) Stein, Melissa 9	
41.78 41.19 42.50	36.00			
9 Cousino Patriots-D1	B	2:51.68	x2:49.25	
1) Hardy, Becca	2) Gryko, Aleksandra	3) Turnbow, Alexis	4) Hood, Shelby	
48.99 41.27 39.68	39.31			
10 Roseville High School Panthers-I	B	2:50.18	x2:51.72	
1) Harris, Rebecca SR	2) LaBrecque, Lisa SR	3) Parker, Stephanie JR	4) Schneider, Sarah SR	
41.22 45.67 50.09	34.74			
11 Warren Mott High School-D1	B	2:50.59	x2:52.39	
1) Stempnik, Taylor	2) Karatsheh, Jolie	3) Ochss, Karina	4) Robinson, Santana	
44.46 48.00 15.64	1:04.29			

Event 1 Girls 200 Yard Medley Relay

Gold: 2:01.30 \$ 11/4/2004

South Lake

Pickhardt, Nannini, Climer, Wojciechowski

1:54.89 D1

1:59.99 D2

2:02.29 D3

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1 Center Line High School-D3	A	2:21.11	2:20.51 q
1) Nelson, Madison 11	2) Lopp, Abigail 11	3) Winn, Ashley 12	4) Johnson, Beth 10
35.99 37.55 35.50	31.47		

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Team	Relay	Seed Time	Prelim Time
2 Warren Woods Tower-D2 1) Jones, Annette 39.05 44.41 30.61	A 2) Brook, Kaley 28.01	2:23.07 3) Heisler, Sydney	2:22.08 q 4) Heisler, Mariah
3 Lake Shore High School-D2 1) Cuda, Sarah 12 37.81 41.34 32.32	A 2) Forth, Mariah 12 35.15	2:23.61 3) Miley, Lorin 09	2:26.62 q 4) Jensen, Rachel 12
4 Warren Mott High School-D1 1) Ochss, Alyssa 39.06 43.05 33.28	A 2) Aga, Julia 33.22	2:24.78 3) Potter, Amy	2:28.61 q 4) Muden, Vanessa
5 Cousino Patriots-D1 1) Tocco, Jackie 39.28 43.85 37.27	A 2) Marsiglio, Christina 32.97	2:30.00 3) Grabowski, Ashley	2:33.37 q 4) Gallis, Karly
6 Roseville High School Panthers-I 1) Williams, Sarah JR 39.29 44.97 40.49	A 2) Johnson, Annalise JR 30.68	2:41.07 3) Wieske, Rachel SR	2:35.43 q 4) Koch, Michelle SR
7 Warren Woods Tower-D2 1) Hansen, Allison 40.94 44.45 45.91	B 2) Candela, Raeanne 28.15	2:33.00 3) Magierski, Sarah	2:39.45 q 4) Shamoon, Natalie
8 Roseville High School Panthers-I 1) Harris, Rebecca SR 41.31 44.84 49.22	B 2) LaBrecque, Lisa SR 34.81	NT 3) Parker, Stephanie JR	2:50.18 q 4) Schneider, Sarah SR
9 Warren Mott High School-D1 1) Stempnik, Taylor 43.28 47.38 44.99	B 2) Karatsheh, Jolie 34.94	2:41.52 3) Ochss, Karina	2:50.59 q 4) Robinson, Santana
10 Center Line High School-D3 1) Argandona, Ariel 9 42.89 47.80 38.94	B 2) Parise, Madison 9 41.84	2:55.00 3) Hilden, Alex 10	2:51.47 q 4) Peterson, Tiana 9
11 Cousino Patriots-D1 1) Hardy, Becca 47.95 44.89 39.92	B 2) Gryko, Aleksandra 38.92	NT 3) Turnbow, Alexis	2:51.68 q 4) Hood, Shelby

Event 2 Girls 200 Yard Freestyle

Gold: 2:09.37 \$ 11/6/2010 Emily Miller
1:58.49 D1
2:01.29 D2
2:06.59 D3

Anchor Bay

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Miley, Lorin 28.31 31.99 33.41	09	Lake Shore High School-D2	2:05.22	2:07.24\$	16
2 Mercurio, Sabrina 32.26 35.60 37.47		Cousino Patriots-D1	2:23.37	2:24.22	13
3 Ochss, Alyssa 33.07 36.79 38.70		Warren Mott High School-D1	2:28.85	2:27.79	12
4 Vernon, Emily 34.00 37.76 39.27		Warren Woods Tower-D2	2:31.89	2:28.77	11
5 Morgan, Katelyn 32.87 37.52 40.01	12	Center Line High School-D3	2:27.49	2:28.96	10
6 Brown, Jenna 33.97 37.69 39.53		Cousino Patriots-D1	2:30.38	2:32.18	9
B - Final					
7 Ozga, Patricia 36.09 40.04 39.97		Cousino Patriots-D1	2:32.05	2:33.70	7

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Results

B - Final ... (Event 2 Girls 200 Yard Freestyle)

Name	Yr	School	Prelim Time	Finals Time	Points
8 Horn, Erin	11	Lake Shore High School-D2	2:33.96	2:33.73	5
35.66 39.69 40.81		37.57			
9 Myers, Katelynn	JR	Roseville High School Panthers-D1	2:39.66	2:41.79	4
36.02 41.57 43.05		41.15			
10 Rice, Megan		Cousino Patriots-D1	2:43.31	2:42.57	3
37.49 41.62 43.23		40.23			
11 Williams, Sarah	JR	Roseville High School Panthers-D1	2:43.49	2:47.69	2
38.59 43.59 44.34		41.17			
12 Johnson, Annalise	JR	Roseville High School Panthers-D1	2:42.95	2:48.67	1
38.18 44.05 45.39		41.05			

Event 2 Girls 200 Yard Freestyle

Gold: 2:09.37 \$ 11/6/2010 Emily Miller
 1:58.49 D1
 2:01.29 D2
 2:06.59 D3

Anchor Bay

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Miley, Lorin	09	Lake Shore High School-D2	2:09.39	2:05.22	\$ qD3
28.45 31.58 32.68		32.51			
2 Mercurio, Sabrina		Cousino Patriots-D1	2:20.00	2:23.37	q
31.59 36.60 38.01		37.17			
3 Morgan, Katelyn	12	Center Line High School-D3	2:31.50	2:27.49	q
33.66 37.61 38.61		37.61			
4 Ochss, Alyssa		Warren Mott High School-D1	2:29.48	2:28.85	q
34.05 37.32 39.46		38.02			
5 Brown, Jenna		Cousino Patriots-D1	2:30.00	2:30.38	q
34.47 38.07 38.43		39.41			
6 Vernon, Emily		Warren Woods Tower-D2	2:30.74	2:31.89	q
34.69 38.55 40.23		38.42			
7 Ozga, Patricia		Cousino Patriots-D1	2:36.00	2:32.05	q
35.15 1:18.85 38.05					
8 Horn, Erin	11	Lake Shore High School-D2	2:32.69	2:33.96	q
34.34 39.41 41.51		38.70			
9 Myers, Katelynn	JR	Roseville High School Panthers-D1	2:40.96	2:39.66	q
35.78 39.92 42.04		41.92			
10 Johnson, Annalise	JR	Roseville High School Panthers-D1	2:36.58	2:42.95	q
37.75 40.99 43.46		40.75			
11 Rice, Megan		Cousino Patriots-D1	2:41.00	2:43.31	q
37.18 41.39 42.89		41.85			
12 Williams, Sarah	JR	Roseville High School Panthers-D1	2:44.93	2:43.49	q
36.99 41.51 43.57		41.42			
13 Koch, Michelle	SR	Roseville High School Panthers-D1	2:51.29	2:45.53	
1:16.08 44.29 45.16					
14 Wasik, Sam		Warren Mott High School-D1	2:56.50	2:49.96	
37.40 43.12 45.09		44.35			
15 Kailukaitis, Annie	11	Center Line High School-D3	2:56.45	2:51.21	
37.65 43.53 46.48		43.55			
16 Shamoan, Natalie		Warren Woods Tower-D2	2:59.16	2:52.26	
36.89 43.75 46.82		44.80			

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Name	Yr	School	Seed Time	Prelim Time
17 Shriber, Samantha	10	Lake Shore High School-D2	2:57.20	3:01.30
40.27 46.60 48.33 46.10				
18 Gregg, Alicia		Warren Mott High School-D1	3:05.59	3:01.56
42.72 47.49 48.23 43.12				
19 Barber, Kaitlin		Warren Woods Tower-D2	3:13.74	3:02.30
38.96 2:23.34				
20 Stein, Melissa	9	Center Line High School-D3	3:06.84	3:04.26
41.77 46.87 48.74 46.88				
21 Parise, Mackenzie	10	Center Line High School-D3	3:07.05	3:06.30
42.98 48.33 49.14 45.85				
22 Reynolds, Katie	09	Lake Shore High School-D2	2:57.91	3:10.33
37.76 44.30 51.05 57.22				
23 Voichanin, Anastasiya		Warren Mott High School-D1	3:25.00	3:43.33
46.31 54.33 1:02.42 1:00.27				

Event 3 Girls 200 Yard IM

Gold: 2:21.37 \$ 11/4/2006 Ann-Kristin Pickhardt South Lake
2:13.89 D1
2:19.19 D2
2:25.69 D3

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Heisler, Sydney		Warren Woods Tower-D2	2:32.93	2:30.77	16
32.42 36.43 47.99 33.93					
2 Marsiglio, Christina		Cousino Patriots-D1	2:54.96	2:52.78	13
41.36 43.31 50.37 37.74					
3 Brook, Kaley		Warren Woods Tower-D2	2:59.28	2:59.29	12
41.30 46.09 50.81 41.09					
4 Candela, Raeanne		Warren Woods Tower-D2	3:01.01	3:02.44	11
40.76 48.31 51.20 42.17					
5 Harris, Rebecca	SR	Roseville High School Panthers-D1	3:10.06	3:09.85	10
41.91 46.30 59.19 42.45					
6 Turnbow, Alexis		Cousino Patriots-D1	3:15.12	3:21.95	9
40.21 50.28 1:03.42 48.04					
B - Final					
7 Baranyk, Lydia		Cousino Patriots-D1	3:16.91	3:15.69	7
43.24 54.31 54.13 44.01					
8 Gryko, Aleksandra		Cousino Patriots-D1	3:19.48	3:16.34	5
48.13 53.15 51.21 43.85					
9 Ochss, Karina		Warren Mott High School-D1	3:27.24	3:28.75	4
43.68 56.06 59.86 49.15					
10 Rupert, Celeste		Warren Mott High School-D1	3:23.44	3:33.51	3
45.86 55.24 1:04.98 47.43					
11 Aga, Julia		Warren Mott High School-D1	3:41.53	3:40.35	2
47.41 1:03.57 57.41 51.96					
12 Parker, Stephanie	JR	Roseville High School Panthers-D1	3:58.26	3:54.53	1
52.96 59.50 1:09.22 52.85					

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Gold: 2:21.37 \$ 11/4/2006 Ann-Kristin Pickhardt
2:13.89 D1
2:19.19 D2
2:25.69 D3

South Lake

Name		Yr	School	Seed Time	Prelim Time	
Preliminaries						
1	Heisler, Sydney		Warren Woods Tower-D2	2:40.11	2:32.93	q
	32.55 37.79 48.25 34.34					
2	Marsiglio, Christina		Cousino Patriots-D1	2:55.00	2:54.96	q
	42.59 43.03 50.54 38.80					
3	Brook, Kaley		Warren Woods Tower-D2	2:57.87	2:59.28	q
	40.90 46.47 51.75 40.16					
4	Candela, Raeanne		Warren Woods Tower-D2	3:05.82	3:01.01	q
	40.69 46.70 50.94 42.68					
5	Harris, Rebecca		SR Roseville High School Panthers-D1	3:16.59	3:10.06	q
	41.95 45.68 58.89 43.54					
6	Turnbow, Alexis		Cousino Patriots-D1	3:30.00	3:15.12	q
	40.65 50.50 59.03 44.94					
7	Baranyk, Lydia		Cousino Patriots-D1	3:05.00	3:16.91	q
	44.30 55.13 54.50 42.98					
8	Gryko, Aleksandra		Cousino Patriots-D1	3:20.00	3:19.48	q
	49.37 54.76 50.75 44.60					
9	Rupert, Celeste		Warren Mott High School-D1	3:29.32	3:23.44	q
	45.32 48.90 1:03.96 45.26					
10	Ochss, Karina		Warren Mott High School-D1	3:35.50	3:27.24	q
	42.75 1:55.27 49.22					
11	Aga, Julia		Warren Mott High School-D1	3:41.38	3:41.53	q
	47.36 1:01.59 59.95 52.63					
12	Parker, Stephanie		JR Roseville High School Panthers-D1	3:57.50	3:58.26	q
	52.75 1:03.22 1:11.58 50.71					

Event 4 Girls 50 Yard Freestyle

Gold: 26.10 \$ 11/4/2012 Andrea Okuly
25.19 D1
25.59 D2
26.09 D3

Center Line

Name		Yr	School	Prelim Time	Finals Time	Points
A - Final						
1	Potter, Amy		Warren Mott High School-D1	27.64	26.92	16
2	Farrah, Samantha		Cousino Patriots-D1	29.45	28.70	13
3	Johnson, Beth	10	Center Line High School-D3	30.16	29.72	12
4	Cuda, Sarah	12	Lake Shore High School-D2	31.09	30.62	11
5	Dillion, Samantha	SR	Roseville High School Panthers-D1	31.01	31.00	10
6	Halabou, Fallen	12	Center Line High School-D3	31.41	31.34	9
B - Final						
7	Fiori, Isabel		Cousino Patriots-D1	31.77	30.83	7
8	Mackinnon, Hannah		Cousino Patriots-D1	32.04	32.52	5
9	Nelson, Madison	11	Center Line High School-D3	32.41	33.22	4
10	Bely, Lexi		Cousino Patriots-D1	33.30	33.27	3
11	Muden, Vanessa		Warren Mott High School-D1	33.42	33.66	2
12	Forth, Mariah	12	Lake Shore High School-D2	33.68	34.10	1

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Gold: 26.10 \$ 11/4/2012 Andrea Okuly
 25.19 D1
 25.59 D2
 26.09 D3

Center Line

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Potter, Amy		Warren Mott High School-D1	27.18	27.64	q
2 Farrah, Samantha		Cousino Patriots-D1	29.40	29.45	q
3 Johnson, Beth	10	Center Line High School-D3	30.74	30.16	q
4 Dillion, Samantha	SR	Roseville High School Panthers-D1	31.09	31.01	q
5 Cuda, Sarah	12	Lake Shore High School-D2	30.62	31.09	q
6 Halabou, Fallen	12	Center Line High School-D3	32.38	31.41	q
7 Fiori, Isabel		Cousino Patriots-D1	32.00	31.77	q
8 Mackinnon, Hannah		Cousino Patriots-D1	32.00	32.04	q
9 Nelson, Madison	11	Center Line High School-D3	33.17	32.41	q
10 Bely, Lexi		Cousino Patriots-D1	32.00	33.30	q
11 Muden, Vanessa		Warren Mott High School-D1	32.25	33.42	q
12 Forth, Mariah	12	Lake Shore High School-D2	34.42	33.68	q
13 Minor, Demi	SR	Roseville High School Panthers-D1	32.86	33.85	
14 Shamoon, Natalie		Warren Woods Tower-D2	34.06	33.87	
15 Saputo, Bella	10	Center Line High School-D3	34.04	33.88	
16 Knost, Jennifer		Warren Woods Tower-D2	37.12	34.12	
17 Defrance, Brittany		Warren Mott High School-D1	35.36	35.28	
18 Schneider, Sarah	SR	Roseville High School Panthers-D1	36.05	35.77	
19 Stempnik, Taylor		Warren Mott High School-D1	37.81	36.44	
20 Chess, Jessica	FR	Roseville High School Panthers-D1	37.48	36.88	
21 Jackson, Kayle		Warren Woods Tower-D2	42.11	37.58	

Event 5 Girls 1 mtr Diving

Gold: 363.80 \$ 11/5/2011 Emily Goldston

Sterling Heights

Name	Yr	School	Prelim Score	Finals Score	Points
Finals					
1 Gallis, Karly		Cousino Patriots-D1	106.30	263.70	16
2 Farrah, Samantha		Cousino Patriots-D1	110.60	229.10	13

Event 5 Girls 1 mtr Diving

Gold: 363.80 \$ 11/5/2011 Emily Goldston

Sterling Heights

Name	Yr	School	Prelim Score		
Preliminaries					
1 Farrah, Samantha		Cousino Patriots-D1	NP	110.60	q
2 Gallis, Karly		Cousino Patriots-D1	160.00	106.30	q

Event 6 Girls 100 Yard Butterfly

Gold: 1:05.27 \$ 11/6/2004 Christina Griffin
 1:00.59 D1
 1:02.29 D2
 1:05.99 D3

Roseville

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Heisler, Mariah		Warren Woods Tower-D2	1:04.45	1:03.43 \$ D3	16
			30.11	33.32	

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A - Final ... (Event 6 Girls 100 Yard Butterfly)

Name	Yr	School	Prelim Time	Finals Time	Points
2 Lopp, Abigail 35.23 42.65	11	Center Line High School-D3	1:18.18	1:17.88	13
3 Johnson, Beth 34.69 44.55	10	Center Line High School-D3	1:18.32	1:19.24	12
4 Winn, Ashley 35.82 44.37	12	Center Line High School-D3	1:22.47	1:20.19	11
5 Cupolo, Elizabeth 38.55 45.70		Warren Woods Tower-D2	1:22.33	1:24.25	10
6 Grabowski, Ashley 39.92 51.03		Cousino Patriots-D1	1:27.51	1:30.95	9

B - Final

7 Ozga, Patricia 43.44 44.40		Cousino Patriots-D1	1:28.84	1:27.84	7
8 Magierski, Sarah 43.06 48.90		Warren Woods Tower-D2	1:34.26	1:31.96	5
9 Pattyn, Erika 41.63 50.48		Cousino Patriots-D1	1:28.66	1:32.11	4
10 Minor, Demi 43.41 52.22	SR	Roseville High School Panthers-D1	1:32.34	1:35.63	3
11 Wieske, Rachel 47.39 49.89	SR	Roseville High School Panthers-D1	1:34.67	1:37.28	2
12 Turnbow, Alexis 43.94 53.58		Cousino Patriots-D1	1:35.94	1:37.52	1

Event 6 Girls 100 Yard Butterfly

Gold: 1:05.27 \$ 11/6/2004 Christina Griffin Roseville
1:00.59 D1
1:02.29 D2
1:05.99 D3

Name	Yr	School	Seed Time	Prelim Time
Preliminaries				
1 Heisler, Mariah 30.75 33.70		Warren Woods Tower-D2	1:04.97	1:04.45 \$ qD3
2 Lopp, Abigail 35.94 42.24	11	Center Line High School-D3	1:20.80	1:18.18 q
3 Johnson, Beth 34.67 43.65	10	Center Line High School-D3	1:26.09	1:18.32 q
4 Cupolo, Elizabeth 37.80 44.53		Warren Woods Tower-D2	1:24.05	1:22.33 q
5 Winn, Ashley 37.47 45.00	12	Center Line High School-D3	1:22.95	1:22.47 q
6 Grabowski, Ashley 39.17 48.34		Cousino Patriots-D1	1:29.00	1:27.51 q
7 Pattyn, Erika 40.18 48.48		Cousino Patriots-D1	1:38.00	1:28.66 q
8 Ozga, Patricia 43.43 45.41		Cousino Patriots-D1	1:29.00	1:28.84 q
9 Minor, Demi 41.38 50.96	SR	Roseville High School Panthers-D1	1:32.04	1:32.34 q
10 Magierski, Sarah 44.26 50.00		Warren Woods Tower-D2	1:40.87	1:34.26 q

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Name	Yr	School	Seed Time	Prelim Time	
11 Wieske, Rachel 44.88 49.79	SR	Roseville High School Panthers-D1	1:33.44	1:34.67	q
12 Turnbow, Alexis 43.53 52.41		Cousino Patriots-D1	1:40.00	1:35.94	q
13 Ochss, Karina 44.66 53.07		Warren Mott High School-D1	1:36.73	1:37.73	
14 Hilden, Alex 43.42 56.77	10	Center Line High School-D3	1:42.09	1:40.19	
15 Reynolds, Katie 49.25 1:00.60	09	Lake Shore High School-D2	1:37.13	1:49.85	
16 Poole, Raven 1:00.75 1:30.58		Warren Mott High School-D1	2:13.12	2:31.33	

Event 7 Girls 100 Yard Freestyle

Gold: 58.12 \$ 11/4/2012 Andrea Okuly Center Line
 54.79 D1
 55.99 D2
 57.09 D3

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Potter, Amy 28.43 32.37		Warren Mott High School-D1	1:01.63	1:00.80	16
2 Mercurio, Sabrina 30.65 34.38		Cousino Patriots-D1	1:04.59	1:05.03	13
3 Frazier, Jessica 32.23 33.82		Cousino Patriots-D1	1:07.62	1:06.05	12
4 Brook, Emily 31.78 38.03		Warren Woods Tower-D2	1:10.21	1:09.81	11
5 Jensen, Rachel 34.76 37.59	12	Lake Shore High School-D2	1:12.28	1:12.35	10
6 Dillion, Samantha 34.82 38.15	SR	Roseville High School Panthers-D1	1:11.56	1:12.97	9
B - Final					
7 Jones, Annette 34.45 37.40		Warren Woods Tower-D2	1:12.76	1:11.85	7
8 Mackinnon, Hannah 35.84 36.85		Cousino Patriots-D1	1:12.48	1:12.69	5
9 Koch, Michelle 34.43 38.87	SR	Roseville High School Panthers-D1	1:12.60	1:13.30	4
10 Halabou, Fallen 34.90 39.81	12	Center Line High School-D3	1:13.17	1:14.71	3
11 Parise, Madison 35.30 40.05	9	Center Line High School-D3	1:14.17	1:15.35	2
12 Cuda, Sarah 1:16.68	12	Lake Shore High School-D2	1:14.61	1:16.68	1

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Event 7 Girls 100 Yard Freestyle

Gold: 58.12 \$ 11/4/2012 Andrea Okuly
 54.79 D1
 55.99 D2
 57.09 D3

Center Line

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Potter, Amy		Warren Mott High School-D1	1:02.29	1:01.63	q
29.17 32.46					
2 Mercurio, Sabrina		Cousino Patriots-D1	1:03.50	1:04.59	q
31.83 32.76					
3 Frazier, Jessica		Cousino Patriots-D1	1:04.40	1:07.62	q
33.22 34.40					
4 Brook, Emily		Warren Woods Tower-D2	1:15.00	1:10.21	q
31.83 38.38					
5 Dillion, Samantha	SR	Roseville High School Panthers-D1	1:11.73	1:11.56	q
34.39 37.17					
6 Jensen, Rachel	12	Lake Shore High School-D2	1:13.44	1:12.28	q
35.00 37.28					
7 Mackinnon, Hannah		Cousino Patriots-D1	1:13.00	1:12.48	q
35.26 37.22					
8 Koch, Michelle	SR	Roseville High School Panthers-D1	1:14.15	1:12.60	q
35.07 37.53					
9 Jones, Annette		Warren Woods Tower-D2	1:16.32	1:12.76	q
35.11 37.65					
10 Halabou, Fallen	12	Center Line High School-D3	1:13.95	1:13.17	q
34.68 38.49					
11 Parise, Madison	9	Center Line High School-D3	1:18.86	1:14.17	q
34.83 39.34					
12 Cuda, Sarah	12	Lake Shore High School-D2	1:13.75	1:14.61	q
13 Hansen, Allison		Warren Woods Tower-D2	1:12.00	1:14.97	
36.46 38.51					
14 Wasik, Sam		Warren Mott High School-D1	1:18.77	1:18.14	
37.63 40.51					
15 Schneider, Sarah	SR	Roseville High School Panthers-D1	1:19.76	1:19.57	
38.48 41.09					
16 Muden, Vanessa		Warren Mott High School-D1	1:15.66	1:19.69	
17 Pawluszka, Grace		Cousino Patriots-D1	1:15.00	1:20.41	
38.72 41.69					
18 Sinojmeri, Jesika		Warren Mott High School-D1	1:26.94	1:20.60	
38.92 41.68					
19 Argandona, Ariel	9	Center Line High School-D3	1:21.70	1:21.47	
37.98 43.49					
20 Koch, Emily	FR	Roseville High School Panthers-D1	1:35.77	1:28.42	
37.76 50.66					
21 Sokolnicki, Cassandra	10	Lake Shore High School-D2	1:34.39	1:29.19	
39.97 49.22					
22 Peterson, Tiana	9	Center Line High School-D3	1:36.12	1:35.62	

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Event 8 Girls 500 Yard Freestyle

Gold: 6:01.23 \$ 11/6/2004 Erin Miller
 5:18.79 D1
 5:26.59 D2
 5:43.79 D3

Utica

Name	Yr	School					Prelim Time	Finals Time	Points
A - Final									
1	Heisler, Mariah		Warren Woods Tower-D2				5:34.24	5:31.30\$ D3	16
	30.04	32.16	33.02	33.59	33.89	34.29	33.85	33.87	
	34.05	32.54							
2	Vernon, Emily		Warren Woods Tower-D2				6:37.28	6:42.02	13
	35.29	39.03	39.99	41.04	41.20	41.96	42.03	41.83	
	41.12	38.53							
3	Morgan, Katelyn	12	Center Line High School-D3				6:45.41	6:44.60	12
	35.72	39.62	42.52	41.57	41.54	41.58	41.75	41.19	
	40.20	38.91							
4	Horn, Erin	11	Lake Shore High School-D2				6:57.43	6:52.83	11
	37.07	41.93	42.79	42.68	42.44	42.56	42.65	41.87	
	41.52	37.32							
5	Gallis, Karly		Cousino Patriots-D1				6:49.63	6:55.93	10
	37.07	40.79	42.63	43.90	43.21	43.52	41.64	41.66	
	41.47	40.04							
6	Brown, Jenna		Cousino Patriots-D1				6:51.29	7:01.48	9
	36.08	40.95	42.84	43.25	43.29	44.27	42.48	43.68	
	43.65	40.99							
B - Final									
7	Ochss, Alyssa		Warren Mott High School-D1				6:58.08	6:52.61	7
	35.68	38.90	41.35	41.96	42.60	43.25	43.49	42.93	
	42.09	40.36							
8	Cupolo, Elizabeth		Warren Woods Tower-D2				6:59.50	7:02.98	5
	37.73	42.65	43.85	43.35	43.29	43.27	43.50	43.86	
	42.45	39.03							
9	Fiori, Isabel		Cousino Patriots-D1				7:16.23	7:15.25	4
	37.83	42.49	44.19	45.98	46.20	46.62	45.40	43.80	
	42.71	40.03							
10	Rice, Megan		Cousino Patriots-D1				7:13.47	7:17.26	3
	38.35	43.18	44.46	44.42	45.49	44.34	45.05	44.85	
	44.10	43.02							
11	Johnson, Annalise		JR Roseville High School Panthers-D1				7:12.98	7:22.45	2
	37.35	43.96	46.17	45.62	45.60	45.24	44.87	45.53	
	44.78	43.33							
12	Myers, Katelynn		JR Roseville High School Panthers-D1				7:22.77	7:37.78	1
	37.84	43.55	45.30	46.95	47.77	49.53	48.20	47.25	
	47.15	44.24							

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Event 8 Girls 500 Yard Freestyle

Gold: 6:01.23 \$ 11/6/2004 Erin Miller
 5:18.79 D1
 5:26.59 D2
 5:43.79 D3

Utica

Name	Yr	School	Seed Time	Prelim Time
Preliminaries				
1 Heisler, Mariah		Warren Woods Tower-D2	5:30.30	5:34.24\$ qD3
	30.94	32.37	32.96	33.44
	34.56	33.49		33.87
		33.89	34.28	34.44
2 Vernon, Emily		Warren Woods Tower-D2	6:47.49	6:37.28 q
	35.66	39.33	39.71	39.35
	40.35	38.65		39.97
		41.14	41.99	41.13
3 Morgan, Katelyn		12 Center Line High School-D3	6:46.31	6:45.41 q
	35.50	39.83	41.59	42.52
	41.51	37.54		41.89
		42.32	41.91	42.32
4 Gallis, Karly		Cousino Patriots-D1	6:45.00	6:49.63 q
	37.06	41.62	42.21	42.53
	39.90	39.08		42.56
		42.41	41.30	42.41
5 Brown, Jenna		Cousino Patriots-D1	6:55.00	6:51.29 q
	36.35	40.61	41.90	42.16
	41.31	39.28		42.45
		42.74	42.27	42.74
6 Horn, Erin		11 Lake Shore High School-D2	6:56.59	6:57.43 q
	36.36	41.98	42.47	42.75
	42.80	39.07		42.51
		43.15	43.05	43.15
7 Ochss, Alyssa		Warren Mott High School-D1	7:02.72	6:58.08 q
	35.88	39.66	41.62	42.66
	42.70	39.80		43.26
		43.90	44.09	43.90
8 Cupolo, Elizabeth		Warren Woods Tower-D2	6:47.00	6:59.50 q
	38.38	42.63	43.64	44.03
	41.57	38.15		43.21
		43.23	42.92	43.23
9 Johnson, Annalise		JR Roseville High School Panthers-D1	6:56.36	7:12.98 q
	36.56	42.11	44.52	44.92
	44.56	42.17		44.13
		44.16	44.65	44.16
10 Rice, Megan		Cousino Patriots-D1	7:05.00	7:13.47 q
	1:21.60	43.84	43.93	43.77
	41.80	0.41		43.84
		45.40	44.70	45.40
11 Fiori, Isabel		Cousino Patriots-D1	7:05.00	7:16.23 q
	38.22	42.37	44.44	45.50
	42.38	39.72		45.82
		46.10	46.43	46.10
12 Myers, Katelynn		JR Roseville High School Panthers-D1	7:19.42	7:22.77 q
	37.33	42.52	43.49	44.76
	46.72	44.63		45.54
		44.88	46.28	44.88
13 Kailukaitis, Annie		11 Center Line High School-D3	7:55.29	7:45.71
	39.79	45.98	47.80	48.28
	46.74	42.91		48.37
		48.39	48.44	48.39
14 Shriber, Samantha		10 Lake Shore High School-D2	7:52.13	7:46.40
	42.46	46.90	47.53	47.66
	46.46	44.52		47.89
		47.90	47.78	47.90
15 Gregg, Alicia		Warren Mott High School-D1	8:18.47	8:12.87
	43.70	49.59	50.55	49.98
	49.36	46.50		50.10
		51.04	50.95	51.04

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Preliminaries ... (Event 8 Girls 500 Yard Freestyle)

Name	Yr	School	Seed Time	Prelim Time
16 Cooper, Maddison		Warren Mott High School-D1	8:55.10	8:25.85
47.43 50.39 52.83	52.47	1:41.89	51.19	
50.51 46.51				
17 Parise, Mackenzie	10	Center Line High School-D3	8:23.17	8:26.52
44.42 51.79 51.75	53.49 52.04 52.53 50.23		51.43	
52.01 46.83				

Event 9 Girls 200 Yard Freestyle Relay

Gold: 1:52.73 \$ 11/6/2004 South Lake
Fasseel, Pilon, Smola, Wojciechowski
1:42.89 D1
1:46.59 D2
1:47.69 D3

Team	Relay	Prelim Time	Finals Time	Points
A - Final				
1 Lake Shore High School-D2	A	2:26.93	2:00.69	32
1) Miley, Lorin 09	2) Jensen, Rachel 12	3) Cuda, Sarah 12	4) Horn, Erin 11	
26.81 32.02 32.33	29.53			
2 Center Line High School-D3	A	2:08.30	2:01.00	26
1) Johnson, Beth 10	2) Halabou, Fallen 12	3) Morgan, Katelyn 12	4) Lopp, Abigail 11	
30.28 31.39 31.37	27.96			
3 Warren Woods Tower-D2	A	2:04.97	2:01.21	24
1) Heisler, Mariah	2) Cupolo, Elizabeth	3) Vernon, Emily	4) Brook, Emily	
26.93 31.13 32.34	30.81			
4 Cousino Patriots-D1	A	2:09.91	2:01.51	22
1) Frazier, Jessica	2) Mackinnon, Hannah	3) Mercurio, Sabrina	4) Farrah, Samantha	
30.38 32.24 29.68	29.21			
5 Roseville High School Panthers-I	A	2:15.95	2:10.90	20
1) Minor, Demi SR	2) Koch, Michelle SR	3) Myers, Katelynn JR	4) Dillion, Samantha SR	
32.71 32.41 33.68	32.10			
6 Warren Mott High School-D1	A	2:27.99	2:19.78	18
1) Wasik, Sam	2) Sinojmeri, Jesika	3) Gregg, Alicia	4) Rupert, Celeste	
32.36 35.04 38.22	34.16			
B - Final				
7 Cousino Patriots-D1	B	2:25.23	x2:21.32	
1) Williams, Kim	2) Bely, Lexi	3) Pawluszka, Grace	4) Hood, Shelby	
37.96 29.87 32.97	40.52			
8 Center Line High School-D3	B	2:34.46	x2:26.33	
1) Hilden, Alex 10	2) Parise, Mackenzie 10	3) Peterson, Tiana 9	4) Kailukaitis, Annie 11	
36.31 37.57 39.38	33.07			
9 Roseville High School Panthers-I	B	3:00.65	x2:33.53	
1) Chess, Jessica FR	2) LaBrecque, Lisa SR	3) Parker, Stephanie JR	4) Wieske, Rachel SR	
37.65 41.61 38.52	35.75			
10 Warren Woods Tower-D2	B	2:32.91	x2:35.58	
1) Jackson, Kayle	2) Lapinski, Taylor	3) Nichols, Melissa	4) Barber, Kaitlin	
38.03 37.84 43.99	35.72			
11 Warren Mott High School-D1	B	2:50.65	x2:44.83	
1) Poole, Raven	2) Basara, Isabelle	3) Voichanin, Anastasiya	4) Forsythe, Nancy	
41.14 44.07 56.28	23.34			

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Event 9 Girls 200 Yard Freestyle Relay

Gold: 1:52.73 \$ 11/6/2004 South Lake
Fasseel, Pilon, Smola, Wojciechowski

1:42.89 D1
1:46.59 D2
1:47.69 D3

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1 Warren Woods Tower-D2	A	2:16.67	2:04.97 q
1) Heisler, Mariah	2) Cupolo, Elizabeth	3) Vernon, Emily	4) Brook, Emily
33.26 28.68 15.86	47.17		
2 Center Line High School-D3	A	2:07.84	2:08.30 q
1) Johnson, Beth 10	2) Halabou, Fallen 12	3) Morgan, Katelyn 12	4) Lopp, Abigail 11
31.87 34.34 32.32	29.77		
3 Cousino Patriots-D1	A	2:10.00	2:09.91 q
1) Frazier, Jessica	2) Mackinnon, Hannah	3) Mercurio, Sabrina	4) Farrah, Samantha
35.09 30.80 33.14	30.88		
4 Roseville High School Panthers-I	A	2:11.91	2:15.95 q
1) Minor, Demi SR	2) Koch, Michelle SR	3) Myers, Katelynn JR	4) Dillion, Samantha SR
33.65 33.19 33.31	35.80		
5 Cousino Patriots-D1	B	NT	2:25.23 q
1) Williams, Kim	2) Bely, Lexi	3) Pawluszka, Grace	4) Hood, Shelby
35.27 33.78 35.67	40.51		
6 Lake Shore High School-D2	A	2:06.69	2:26.93 q
1) Miley, Lorin 09	2) Jensen, Rachel 12	3) Cuda, Sarah 12	4) Horn, Erin 11
31.43 37.66 35.16	42.68		
7 Warren Mott High School-D1	A	1:58.08	2:27.99 q
	2) Wasik, Sam		4) Sinojmeri, Jesika
38.68 34.60 37.65	37.06		
8 Warren Woods Tower-D2	B	2:28.10	2:32.91 q
1) Jackson, Kayle	2) Lapinski, Taylor	3) Nichols, Melissa	4) Barber, Kaitlin
38.22 37.61 41.08	36.00		
9 Center Line High School-D3	B	2:40.00	2:34.46 q
1) Hilden, Alex 10	2) Parise, Mackenzie 10	3) Peterson, Tiana 9	4) Kailukaitis, Annie 11
36.87 38.67 43.77	35.15		
10 Warren Mott High School-D1	B	NT	2:50.65 q
1) Asmar, Angela	2) Forsythe, Nancy	3) Poole, Raven	4) Voichanin, Anastasiya
45.55 51.67 32.36	41.07		
11 Roseville High School Panthers-I	B	NT	3:00.65 q
1) Chess, Jessica FR	2) LaBrecque, Lisa SR	3) Parker, Stephanie JR	4) Wieske, Rachel SR
37.52 39.50 50.61	53.02		

Event 10 Girls 100 Yard Backstroke

Gold: 1:01.86 \$ 11/4/2006 Ann-Kristin Pickhardt South Lake

1:01.19 D1
1:02.49 D2
1:05.39 D3

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Miley, Lorin	09	Lake Shore High School-D2	1:05.34	1:05.27 D3	16
31.79 33.48					
2 Heisler, Sydney		Warren Woods Tower-D2	1:07.74	1:06.44	13
33.16 33.28					

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A - Final ... (Event 10 Girls 100 Yard Backstroke)

Name	Yr	School	Prelim Time	Finals Time	Points
3 Winn, Ashley 1:15.48	12	Center Line High School-D3	1:15.98	1:15.48	12
4 Jones, Annette 39.23 41.63		Warren Woods Tower-D2	1:19.92	1:20.86	11
5 Nelson, Madison	11	Center Line High School-D3	1:19.03	1:21.01	10
6 Williams, Sarah 41.92 44.50	JR	Roseville High School Panthers-D1	1:24.13	1:26.42	9

B - Final

7 Tocco, Jackie 42.68 42.63		Cousino Patriots-D1	1:27.01	1:25.31	7
8 Pattyn, Erika 41.73 44.60		Cousino Patriots-D1	1:26.71	1:26.33	5
9 Hansen, Allison 43.87 43.96		Warren Woods Tower-D2	1:28.15	1:27.83	4
10 Harris, Rebecca 43.39 44.54	SR	Roseville High School Panthers-D1	1:27.34	1:27.93	3
11 Grabowski, Ashley 43.77 45.62		Cousino Patriots-D1	1:29.65	1:29.39	2
12 Stein, Melissa	9	Center Line High School-D3	1:32.14	1:32.63	1

Event 10 Girls 100 Yard Backstroke

Gold: 1:01.86 \$ 11/4/2006 Ann-Kristin Pickhardt South Lake
 1:01.19 D1
 1:02.49 D2
 1:05.39 D3

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Miley, Lorin 31.67 33.67	09	Lake Shore High School-D2	1:04.32	1:05.34	qD3
2 Heisler, Sydney 33.72 34.02		Warren Woods Tower-D2	1:07.81	1:07.74	q
3 Winn, Ashley 36.87 39.11	12	Center Line High School-D3	1:16.97	1:15.98	q
4 Nelson, Madison 1:19.03	11	Center Line High School-D3	1:23.43	1:19.03	q
5 Jones, Annette 39.32 40.60		Warren Woods Tower-D2	1:26.83	1:19.92	q
6 Williams, Sarah 40.69 43.44	JR	Roseville High School Panthers-D1	1:23.34	1:24.13	q
7 Pattyn, Erika 42.50 44.21		Cousino Patriots-D1	1:35.00	1:26.71	q
8 Tocco, Jackie 42.79 44.22		Cousino Patriots-D1	1:24.00	1:27.01	q
9 Harris, Rebecca 42.52 44.82	SR	Roseville High School Panthers-D1	1:24.52	1:27.34	q
10 Hansen, Allison 43.65 44.50		Warren Woods Tower-D2	1:28.36	1:28.15	q
11 Grabowski, Ashley 43.23 46.42		Cousino Patriots-D1	1:35.00	1:29.65	q
12 Stein, Melissa	9	Center Line High School-D3	1:37.27	1:32.14	q
13 Rupert, Celeste		Warren Mott High School-D1	1:31.53	1:33.68	

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Preliminaries ... (Event 10 Girls 100 Yard Backstroke)

Name	Yr	School	Seed Time	Prelim Time
14 Argandona, Ariel 44.46 50.48	9	Center Line High School-D3	1:35.45	1:34.94
15 Stempnik, Taylor		Warren Mott High School-D1	1:47.36	1:36.96
16 Defrance, Brittany		Warren Mott High School-D1	1:46.00	1:37.38
17 Hardy, Becca		Cousino Patriots-D1	1:45.00	1:43.42
18 Sokolnicki, Cassandra 51.13 56.68	10	Lake Shore High School-D2	1:48.36	1:47.81
19 Robinson, Santana		Warren Mott High School-D1	1:56.81	1:49.77

Event 11 Girls 100 Yard Breaststroke

Gold: 1:13.59 \$ 11/5/2011 Emily Miller Anchor Bay
1:09.79 D1
1:11.69 D2
1:14.69 D3

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Lopp, Abigail 37.91 43.01	11	Center Line High School-D3	1:23.24	1:20.92	16
2 Frazier, Jessica 40.12 44.04		Cousino Patriots-D1	1:26.11	1:24.16	13
3 Marsiglio, Christina 44.55 45.75		Cousino Patriots-D1	1:31.58	1:30.30	12
4 Saputo, Bella 42.10 49.03	10	Center Line High School-D3	1:31.26	1:31.13	11
5 Candela, Raeanne 43.82 47.49		Warren Woods Tower-D2	1:32.96	1:31.31	10
6 Forth, Mariah 42.14 51.20	12	Lake Shore High School-D2	1:30.47	1:33.34	9
B - Final					
7 Gryko, Aleksandra 43.56 49.46		Cousino Patriots-D1	1:33.43	1:33.02	7
8 Brook, Kaley 45.04 49.73		Warren Woods Tower-D2	1:34.42	1:34.77	5
9 Aga, Julia 44.82 51.91		Warren Mott High School-D1	1:35.79	1:36.73	4
10 Parise, Madison 45.16 51.82	9	Center Line High School-D3	1:40.17	1:36.98	3
11 LaBrecque, Lisa 45.96 51.21	SR	Roseville High School Panthers-D1	1:40.44	1:37.17	2
12 Brook, Emily 46.78 52.27		Warren Woods Tower-D2	1:34.44	1:39.05	1

Event 11 Girls 100 Yard Breaststroke

Gold: 1:13.59 \$ 11/5/2011 Emily Miller Anchor Bay
1:09.79 D1
1:11.69 D2
1:14.69 D3

Name	Yr	School	Seed Time	Prelim Time
Preliminaries				
1 Lopp, Abigail 38.87 44.37	11	Center Line High School-D3	1:25.85	1:23.24 q

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Preliminaries ... (Event 11 Girls 100 Yard Breaststroke)

Name	Yr	School	Seed Time	Prelim Time	
2 Frazier, Jessica 41.47 44.64		Cousino Patriots-D1	1:23.00	1:26.11	q
3 Forth, Mariah 41.10 49.37	12	Lake Shore High School-D2	1:31.69	1:30.47	q
4 Saputo, Bella 42.36 48.90	10	Center Line High School-D3	1:32.28	1:31.26	q
5 Marsiglio, Christina 44.70 46.88		Cousino Patriots-D1	1:27.00	1:31.58	q
6 Candela, Raeanne 43.71 49.25		Warren Woods Tower-D2	1:34.55	1:32.96	q
7 Gryko, Aleksandra 45.26 48.17		Cousino Patriots-D1	1:37.00	1:33.43	q
8 Brook, Kaley 45.25 49.17		Warren Woods Tower-D2	1:35.73	1:34.42	q
9 Brook, Emily 44.98 49.46		Warren Woods Tower-D2	1:40.42	1:34.44	q
10 Jensen, Rachel 45.75 49.87	12	Lake Shore High School-D2	1:34.44	1:35.62	q
11 Aga, Julia 44.40 51.39		Warren Mott High School-D1	1:33.82	1:35.79	q
12 Parise, Madison 46.38 53.79	9	Center Line High School-D3	1:39.78	1:40.17	q
13 LaBrecque, Lisa 45.72 54.72	SR	Roseville High School Panthers-D1	1:38.13	1:40.44	
14 Baranyk, Lydia 50.08 53.52		Cousino Patriots-D1	1:33.00	1:43.60	
15 Karatsheh, Jolie 48.17 1:00.33		Warren Mott High School-D1	1:46.11	1:48.50	
16 Hilden, Alex 51.62 1:00.57	10	Center Line High School-D3	1:52.26	1:52.19	
17 Chess, Jessica 53.71 59.58	FR	Roseville High School Panthers-D1	1:58.59	1:53.29	
18 Forsythe, Nancy 53.23 1:04.97		Warren Mott High School-D1	2:03.82	1:58.20	
19 Basara, Isabelle 58.28 1:07.29		Warren Mott High School-D1	2:51.32	2:05.57	
20 Staples, Alexis 1:03.61 1:22.75	SO	Roseville High School Panthers-D1	NT	2:26.36	

Event 12 Girls 400 Yard Freestyle Relay

Gold: 3:58.11 \$ 11/4/2006

South Lake
Smola, Kruszyna, Wojciechowski, Pickhardt

- 3:45.09 D1
- 3:53.69 D2
- 3:59.09 D3

Team	Relay	Prelim Time	Finals Time	Points
A - Final				
1 Cousino Patriots-D1	A	5:03.79	4:25.82	32
1) Mercurio, Sabrina 31.82 1:07.03	2) Farrah, Samantha 1:07.84 32.41	3) Gallis, Karly 31.16 1:04.22	4) Frazier, Jessica	

MAC Gold Girls Championships 2013 - 11/8/2013 to 11/9/2013

Hosted By Warren Woods Tower

Results

A - Final ... (Event 12 Girls 400 Yard Freestyle Relay)

Team	Relay	Prelim Time	Finals Time	Points
*2 Warren Mott High School-D1	A	4:41.43	4:32.85	25
1) Potter, Amy	2) Wasik, Sam	3) Ochss, Alyssa	4) Muden, Vanessa	
28.90 1:01.82 33.42	1:10.22 30.62 1:05.55	34.04 1:15.26		
*2 Warren Woods Tower-D2	A	4:39.32	4:32.85	25
1) Vernon, Emily	2) Cupolo, Elizabeth	3) Brook, Kaley	4) Heisler, Sydney	
34.14 1:11.49 32.91	1:08.50 34.64 1:12.87	29.55 59.99		
4 Center Line High School-D3	A	5:00.85	4:46.91	22
1) Halabou, Fallen 12	2) Morgan, Katelyn 12	3) Nelson, Madison 11	4) Winn, Ashley 12	
34.49 1:14.78 33.37	1:09.21 1:13.99	33.08 1:08.93		
5 Roseville High School Panthers-I	A	5:26.19	5:05.04	20
1) Williams, Sarah JR	2) Myers, Katelynn JR	3) Johnson, Annalise JR	4) Dillion, Samantha SR	
36.75 1:18.10 33.97	1:13.52 36.54 1:17.84	35.45 1:15.58		
6 Lake Shore High School-D2	A	5:59.52	5:39.65	18
1) Horn, Erin 11	2) Shriber, Samantha 10	3) Sokolnicki, Cassandra 10	4) Forth, Mariah 12	
34.81 1:12.62 41.42	1:27.49 41.96 1:35.04	39.43 1:24.50		

B - Final

7 Warren Woods Tower-D2	B	5:04.90	x5:02.94	
1) Knost, Jennifer	2) Hansen, Allison	3) Brook, Emily	4) Candela, Raeanne	
35.78 1:17.90 15.92	37.58 39.30 1:12.14	1:16.09 1:55.32		
8 Cousino Patriots-D1	B	5:09.46	x5:07.27	
1) Ozga, Patricia	2) Pawluszka, Grace	3) Rice, Megan	4) Williams, Kim	
35.75 1:12.74 38.35	1:20.30 36.14 1:16.97	35.43 1:17.26		
9 Roseville High School Panthers-I	B	5:29.89	x5:10.80	
1) Minor, Demi SR	2) Schneider, Sarah SR	3) Wieske, Rachel SR	4) Harris, Rebecca SR	
35.22 1:15.13 36.63	1:18.78 15.79 36.16	1:19.42 2:00.73		
10 Center Line High School-D3	B	5:56.67	x5:29.64	
1) Argandona, Ariel 9	2) Parise, Mackenzie 10	3) Kailukaitis, Annie 11	4) Stein, Melissa 9	
38.20 1:21.02 41.75	1:26.93 35.98 1:16.56	39.72 1:25.13		
11 Warren Mott High School-D1	B	5:51.38	x5:51.14	
1) Robinson, Santana	2) Cooper, Maddison	3) Defrance, Brittany	4) Stempnik, Taylor	
39.82 1:29.40 16.98	41.31 43.98 1:25.99	1:29.21 2:14.44		

Event 12 Girls 400 Yard Freestyle Relay

Gold: 3:58.11 \$ 11/4/2006

South Lake

Smola, Kruszyna, Wojciechowski, Pickhardt

3:45.09 D1

3:53.69 D2

3:59.09 D3

Team	Relay	Seed Time	Prelim Time
Preliminaries			
---	Lake Shore High School-D2	B	NT
1	Warren Woods Tower-D2	A	4:34.38
	1) Vernon, Emily	2) Cupolo, Elizabeth	3) Brook, Kaley
	34.46 1:11.08 33.94	1:10.96 35.44 1:14.64	30.28 1:02.64
2	Warren Mott High School-D1	A	4:12.58
	1) Potter, Amy	2) Wasik, Sam	3) Ochss, Alyssa
	29.51 1:03.17 36.15	1:14.18 31.31 1:07.39	35.44 1:16.69
3	Center Line High School-D3	A	4:47.29
	1) Halabou, Fallen 12	2) Morgan, Katelyn 12	3) Nelson, Madison 11
	37.90 1:20.85 34.89	1:13.25 36.65 1:15.86	33.96 1:10.89
4	Cousino Patriots-D1	A	4:43.43
	1) Mercurio, Sabrina	2) Farrah, Samantha	3) Gallis, Karly
	34.87 1:14.27 35.82	1:14.20 35.56 1:14.63	39.04 1:20.69

MAC Gold Girls Championships 2013 - 11/8/2013 to 11/9/2013**Hosted By Warren Woods Tower****Results****Preliminaries ... (Event 12 Girls 400 Yard Freestyle Relay)**

Team	Relay	Seed Time	Prelim Time
5 Warren Woods Tower-D2	B	5:59.62	5:04.90 q
1) Knost, Jennifer	2) Hansen, Allison	3) Brook, Emily	4) Candela, Raeanne
36.42 1:19.29 37.90	1:18.68 32.39 1:10.00	37.11 1:16.93	
6 Cousino Patriots-D1	B	NT	5:09.46 q
1) Ozga, Patricia	2) Pawluszka, Grace	3) Rice, Megan	4) Williams, Kim
35.68 1:12.67 38.66	1:21.22 37.20 1:19.44	35.05 1:16.13	
7 Roseville High School Panthers-I	A	4:51.82	5:26.19 q
1) Williams, Sarah JR	2) Myers, Katelynn JR	3) Johnson, Annalise JR	4) Dillion, Samantha SR
36.48 1:18.85 33.76	1:12.59 15.85 36.48	1:26.17 2:18.27	
8 Roseville High School Panthers-I	B	NT	5:29.89 q
1) Minor, Demi SR	2) Schneider, Sarah SR	3) Wieske, Rachel SR	4) Harris, Rebecca SR
1:23.10 2:01.98	44.41 37.19 1:21.36	39.43 1:22.14	
9 Warren Mott High School-D1	B	5:06.29	5:51.38 q
1) Gregg, Alicia	2) Sinojmeri, Jesika	3) Robinson, Santana	4) Defrance, Brittany
40.04 1:24.45 38.76	1:25.31 41.80 1:32.32	42.19 1:29.30	
10 Center Line High School-D3	B	5:40.00	5:56.67 q
	2) Parise, Mackenzie 10	3) Kailukaitis, Annie 11	4) Argandona, Ariel 9
46.96 1:38.78 43.04	1:34.71 35.87 1:17.78	41.71 1:25.40	
11 Lake Shore High School-D2	A	5:10.54	5:59.52 q
1) Horn, Erin 11	2) Shriber, Samantha 10	3) Sokolnicki, Cassandra 10	4) Forth, Mariah 12
43.64 1:35.29 41.39	1:28.08 43.88 1:37.74	1:18.41	

Scores - Women**Women - Team Rankings - Through Event 12**

1. Cousino Patriots	322	2. Warren Woods Tower	252
3. Center Line High School	221	4. Lake Shore High School	154
5. Warren Mott High School	129	6. Roseville High School Panthers	121