



Ok Lakeshore Girls Conference

Nov 8, 2024, 09:00:00 AM Hamilton, MI – 25 yards

Team scores



Women teams

Team		Gold	Silver	Bronze	Score
1	Unity Christian	4	–	4	410.5
2	Grand Rapids Christian	–	5	5	385
3	Holland Christian	3	2	1	379
4	Spring Lake	3	3	1	333
5	Hamilton	2	1	1	309
6	Mona Shores (Muskegon)	–	1	–	108
7	Holland	–	–	–	101.5





Ok Lakeshore Girls Conference

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Results



Event #1 - 200 Medley Relay Women

A Final

Name		Time
X Grand Rapids Christian C		1:49.03
Gertie Heerema	18.75 (18.75)	
Lexi McKee	47.57 (28.82)	
Maddox Veldkamp	1:19.18 (31.61)	
Karson VanDenened	1:49.03 (29.85)	
X Spring Lake C		2:04.24
Raegan Yanke	18.64 (18.64)	
Ainsley Buhr	52.83 (34.19)	
Karley Cough	1:28.86 (36.03)	
Grace Prince	2:04.24 (35.38)	
X Holland Christian C		2:04.30
Ellie Myers		
Sami Zhou		
Gabby Dykstra		
Saree Heil	2:04.30 (2:04.30)	
X Mona Shores (Muskegon) C		2:06.71
Claire Bradley	15.20 (15.20)	
Linnea Larson	56.92 (41.72)	
Teagan Wallace	1:34.10 (37.18)	
Bee Hopper	2:06.71 (32.61)	
X Holland C		2:36.94
Rylie Solomon	22.71 (22.71)	
Marua Koudri	1:18.06 (55.35)	
Shaylen Anderson	2:01.90 (43.84)	
Danni Hughes	2:36.94 (35.04)	

B Final

Name		Time
X Grand Rapids Christian B		1:59.31
Anneke Nederveld	31.61 (31.61)	
Lindsey Wierenga	1:05.02 (33.41)	
Olivia Koldenhoven	1:33.92 (28.90)	
Julia Benthem	1:59.31 (25.39)	
X Unity Christian B		2:07.27
Evelyn Gast	31.66 (31.66)	
Emersyn Fischer	1:09.78 (38.12)	
Erica Schuur	1:40.60 (30.82)	
Ellie Vredevoogd	2:07.27 (26.67)	
X Hamilton B		2:09.73
Isabelle Troost	31.69 (31.69)	
Sylvia Mannes	1:14.86 (43.17)	
Kendall Cornell	1:42.55 (27.69)	
Julia Fynewever	2:09.73 (27.18)	





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Results



Event #1 - 200 Medley Relay Women

B Final

Name		Time
X	Spring Lake B	2:09.85
	Rachael Brower	
	Abigail Weis	
	Calleigh Fogel	1:40.74 (1:40.74)
	Callie Rantanen	2:09.85 (29.11)
X	Holland Christian B	2:10.31
	Lily Brummel	34.93 (34.93)
	Izzy Rotman	1:11.12 (36.19)
	Emma Brower	1:41.94 (30.82)
	Ashlynn Laarman	2:10.31 (28.37)
X	Mona Shores (Muskegon) B	2:25.56
	Emily Zheng	35.38 (35.38)
	Elizabeth Grotenhuis	1:20.96 (45.58)
	Alexis Bazzett	1:53.44 (32.48)
	Sherry Jiang	2:25.56 (32.12)
X	Holland B	2:39.66
	Imagyn Van Veen	38.69 (38.69)
	Sydney McFarland	1:19.16 (40.47)
	Lena D'Addona	2:06.76 (47.60)
	Zoe DeGraaf	2:39.66 (32.90)

C Final

Name		Score	Time
1	Unity Christian A	40	1:52.30
	Ava Schepers	29.66 (29.66)	
	Courtney Holtrop	1:01.30 (31.64)	
	Natalie Gates	1:27.53 (26.23)	
	Katherine Gates	1:52.30 (24.77)	
2	Holland Christian A	34	1:53.33
	Kennie Lewis	29.99 (29.99)	
	Jackie Brink		
	Ruth Ryden		
	Camryn Siegers	1:53.33 (1:53.33)	
3	Grand Rapids Christian A	32	1:55.31
	Juliana Mills	29.67 (29.67)	
	Elizabeth Doezeema	1:03.14 (33.47)	
	Veda Harkness	1:30.32 (27.18)	
	Maeve Harkness	1:55.31 (24.99)	
4	Spring Lake A	30	1:55.51
	Alana Mazurek	30.09 (30.09)	
	Sadie Vander Heide	1:02.72 (32.63)	
	Ellie Adams	1:29.98 (27.26)	
	Sophia Meyers	1:55.51 (25.53)	





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Event #1 - 200 Medley Relay Women

C Final

Name		Score	Time
5	Hamilton A	28	1:55.68
	Adaline Garvelink	30.85 (30.85)	
	Kiera Lewis	1:03.41 (32.56)	
	Alyssa Volkers	1:30.10 (26.69)	
	Maya Ludema	1:55.68 (25.58)	
6	Mona Shores (Muskegon) A	26	2:07.26
	Grace Offman	33.84 (33.84)	
	Susie Van Baale	1:06.53 (32.69)	
	Michelle Mui	1:38.24 (31.71)	
	Elise Bradley	2:07.26 (29.02)	
7	Holland A	24	2:12.98
	Rilee Hoebbel	38.66 (38.66)	
	Maggie Telgenhof	1:14.53 (35.87)	
	Morgan Siffin	1:47.31 (32.78)	
	Miriam Lopez-Koolhaas	2:12.98 (25.67)	

Prelims

Name		Time
1	Grand Rapids Christian A	1:55.43
	Juliana Mills	29.87 (29.87)
	Elizabeth Doezeema	1:03.35 (33.48)
	Veda Harkness	1:30.38 (27.03)
	Maeve Harkness	1:55.43 (25.05)
2	Hamilton A	1:56.10
	Adaline Garvelink	30.50 (30.50)
	Kiera Lewis	1:03.59 (33.09)
	Alyssa Volkers	1:30.40 (26.81)
	Maya Ludema	1:56.10 (25.70)
3	Spring Lake A	1:56.39
	Alana Mazurek	31.06 (31.06)
	Sadie Vander Heide	1:03.74 (32.68)
	Ellie Adams	1:30.51 (26.77)
	Sophia Meyers	1:56.39 (25.88)
4	Unity Christian A	1:56.48
	Ava Schepers	29.84 (29.84)
	Courtney Holtrop	1:02.37 (32.53)
	Natalie Gates	1:29.75 (27.38)
	Evelyn Gast	1:56.48 (26.73)
5	Holland Christian A	1:56.73
	Ruth Ryden	29.84 (29.84)
	Jackie Brink	1:03.56 (33.72)
	Kennie Lewis	1:33.50 (29.94)
	Camryn Siegers	1:56.73 (23.23)





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Results



Event #1 - 200 Medley Relay Women

Prelims

Name		Time
X Grand Rapids Christian B		2:00.75
Anneke Nederveld	32.28 (32.28)	
Lindsey Wierenga	1:06.17 (33.89)	
Olivia Koldenhoven	1:34.66 (28.49)	
Julia Benthem	2:00.75 (26.09)	
X Spring Lake B		2:08.17
Rachael Brower	33.10 (33.10)	
Abigail Weis	1:08.00 (34.90)	
Calleigh Fogel	1:40.58 (32.58)	
Callie Rantanen	2:08.17 (27.59)	
8 Mona Shores (Muskegon) A		2:08.23
Grace Offman	33.83 (33.83)	
Susie Van Baale	1:06.89 (33.06)	
Michelle Mui	1:39.29 (32.40)	
Elise Bradley	2:08.23 (28.94)	
X Hamilton B		2:08.68
Isabelle Troost	31.44 (31.44)	
Sylvia Mannes	1:11.02 (39.58)	
Kendall Cornell	1:41.45 (30.43)	
Julia Fynewever	2:08.68 (27.23)	
10 Holland A		2:11.12
Rilee Hoebbel	35.64 (35.64)	
Maggie Telgenhof	1:13.24 (37.60)	
Morgan Siffin	1:45.40 (32.16)	
Miriam Lopez-Koolhaas	2:11.12 (25.72)	
X Unity Christian B		2:12.07
Chelan Langstraat	35.58 (35.58)	
Emersyn Fischer	1:14.22 (38.64)	
Erica Schuur	1:44.75 (30.53)	
Ellie Vredevoogd	2:12.07 (27.32)	
X Holland Christian B		2:12.12
Lily Brummel	34.98 (34.98)	
Izzy Rotman	1:11.64 (36.66)	
Emma Brower	1:43.35 (31.71)	
Ashlynn Laarman	2:12.12 (28.77)	
X Grand Rapids Christian C		2:12.72
Gertie Heerema	34.11 (34.11)	
Lexi McKee	1:11.89 (37.78)	
Maddox Veldkamp	1:42.70 (30.81)	
Karson VanDenened	2:12.72 (30.02)	
X Spring Lake C		2:23.06
Raegan Yanke	37.83 (37.83)	
Ainsley Buhr	1:14.40 (36.57)	
Karley Cough	1:48.35 (33.95)	
Grace Prince	2:23.06 (34.71)	





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Event #1 - 200 Medley Relay Women

Prelims

Name				Time
X	Mona Shores (Muskegon) C			2:30.47
	Claire Bradley	36.10 (36.10)		
	Linnea Larson	1:20.57 (44.47)		
	Teagan Wallace	1:57.63 (37.06)		
	Bee Hopper	2:30.47 (32.84)		
X	Holland B			2:38.75
	Imagyn Van Veen	37.24 (37.24)		
	Sydney McFarland	1:19.69 (42.45)		
	Lena D'Addona	2:07.35 (47.66)		
	Zoe DeGraaf	2:38.75 (31.40)		
X	Holland C			2:58.89
	Rylie Solomon	43.73 (43.73)		
	Marua Koudri	1:39.88 (56.15)		
	Shaylen Anderson	2:24.18 (44.30)		
	Danni Hughes	2:58.89 (34.71)		
X	Holland Christian C			DQ
	Ellie Myers	37.19 (37.19)		
	Sami Zhou	1:19.75 (42.56)		
	Gabby Dykstra	1:54.61 (34.86)		
	Saree Heil	2:25.79 (31.18)		
X	Mona Shores (Muskegon) B			DQ
	Emily Zheng	35.64 (35.64)		
	Elizabeth Grotenhuis	1:17.46 (41.82)		
	Alexis Bazzett	1:51.73 (34.27)		
	Sherry Jiang	2:23.41 (31.68)		

Event #2 - 200 Free Women

A Final

Name		Team		Time
X	Callie Rantanen	Spring Lake		2:17.51
	30.89 (30.89)	1:05.61 (34.72)	1:41.74 (36.13)	2:17.51 (35.77)
X	Adela Maloney	Spring Lake		2:20.01
	31.32 (31.32)	1:06.77 (35.45)	1:43.83 (37.06)	2:20.01 (36.18)
X	Julia Fynewever	Hamilton		2:21.08
	31.33 (31.33)	1:07.65 (36.32)	1:45.21 (37.56)	2:21.08 (35.87)
X	Aubrey Hoezee	Unity Christian		2:27.43
	2:27.43 (2:27.43)			
X	Olivia Dubbink	Hamilton		2:27.45
	32.38 (32.38)	1:09.53 (37.15)	1:48.91 (39.38)	2:27.45 (38.54)
X	Kalena LaRock	Spring Lake		2:28.11
	32.90 (32.90)	1:10.14 (37.24)	1:44.78 (34.64)	2:28.11 (43.33)
X	Morgan Siffin	Holland		2:34.06
	33.96 (33.96)	1:12.42 (38.46)	1:55.00 (42.58)	2:34.06 (39.06)
X	Karinna Martinez	Holland		2:40.78
	35.25 (35.25)	1:16.38 (41.13)	1:59.90 (43.52)	2:40.78 (40.88)





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Event #2 - 200 Free Women

B Final

Name		Team	Score	Time
1	Alyssa Volkers	Hamilton	20	1:59.47
	27.09 (27.09)	56.98 (29.89)	1:28.03 (31.05)	1:59.47 (31.44)
2	Madeleine Mills	Grand Rapids Christian	17	2:00.78
	27.92 (27.92)	58.48 (30.56)	1:29.48 (31.00)	2:00.78 (31.30)
3	Sara Algera	Holland Christian	16	2:01.93
	27.62 (27.62)	58.32 (30.70)	1:30.33 (32.01)	2:01.93 (31.60)
4	Lily Dewaalmalefyt	Unity Christian	15	2:02.24
	28.55 (28.55)	59.48 (30.93)	1:31.22 (31.74)	2:02.24 (31.02)
5	Sophia Meyers	Spring Lake	14	2:05.48
	28.95 (28.95)	1:01.17 (32.22)	1:33.52 (32.35)	2:05.48 (31.96)
6	Emma Reilly	Hamilton	13	2:07.46
	28.78 (28.78)	1:00.38 (31.60)	1:34.35 (33.97)	2:07.46 (33.11)
7	Eden Byker	Unity Christian	12	2:07.59
	29.18 (29.18)	1:01.74 (32.56)	1:35.71 (33.97)	2:07.59 (31.88)
8	Sadie Vander Heide	Spring Lake	11	2:12.15
	29.47 (29.47)	1:02.18 (32.71)	1:36.61 (34.43)	2:12.15 (35.54)

C Final

Name		Team	Score	Time
9	Emma Brower	Holland Christian	9	2:06.98
	29.34 (29.34)	1:01.22 (31.88)	1:34.42 (33.20)	2:06.98 (32.56)
10	Macy Subka	Spring Lake	7	2:08.03
	28.37 (28.37)	1:00.49 (32.12)	1:34.48 (33.99)	2:08.03 (33.55)
11	Lucy Molenbeek	Grand Rapids Christian	6	2:08.93
	28.38 (28.38)	1:00.02 (31.64)	1:33.87 (33.85)	2:08.93 (35.06)
12	Claire Hoezee	Unity Christian	5	2:09.46
	29.12 (29.12)	1:01.37 (32.25)	1:35.11 (33.74)	2:09.46 (34.35)
13	Anneke Nederveld	Grand Rapids Christian	4	2:10.45
	2:10.45 (2:10.45)			
14	Addison Slenk	Holland Christian	3	2:12.04
	29.85 (29.85)	1:03.22 (33.37)	1:38.34 (35.12)	2:12.04 (33.70)
15	Payton Myrick	Holland Christian	2	2:12.85
	29.51 (29.51)	1:03.11 (33.60)	1:38.75 (35.64)	2:12.85 (34.10)
16	Katherine Brandt	Grand Rapids Christian	1	2:18.65
	31.64 (31.64)	1:06.07 (34.43)	1:42.15 (36.08)	2:18.65 (36.50)

Prelims

Name		Team	Time
1	Alyssa Volkers	Hamilton	2:00.31
	26.93 (26.93)	57.67 (30.74)	1:28.92 (31.25)
2	Madeleine Mills	Grand Rapids Christian	2:01.22
	28.02 (28.02)	58.64 (30.62)	1:29.50 (30.86)
3	Sara Algera	Holland Christian	2:03.17
	28.39 (28.39)	59.24 (30.85)	1:31.18 (31.94)
4	Lily Dewaalmalefyt	Unity Christian	2:03.93
	28.62 (28.62)	59.88 (31.26)	1:32.29 (32.41)





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Event #2 - 200 Free Women

Prelims

Name	Team	Time
5 Sophia Meyers	Spring Lake	2:04.86
28.96 (28.96)	1:00.96 (32.00)	1:33.24 (32.28)
2:04.86 (31.62)		
6 Emma Reilly	Hamilton	2:07.08
28.67 (28.67)	1:00.74 (32.07)	1:34.02 (33.28)
2:07.08 (33.06)		
7 Eden Byker	Unity Christian	2:07.21
29.16 (29.16)	1:01.44 (32.28)	1:34.82 (33.38)
2:07.21 (32.39)		
8 Sadie Vander Heide	Spring Lake	2:08.50
28.94 (28.94)	1:01.14 (32.20)	1:34.61 (33.47)
2:08.50 (33.89)		
9 Lucy Molenbeek	Grand Rapids Christian	2:08.55
28.16 (28.16)	59.87 (31.71)	1:33.64 (33.77)
2:08.55 (34.91)		
10 Emma Brower	Holland Christian	2:10.69
30.66 (30.66)	1:03.46 (32.80)	1:37.22 (33.76)
2:10.69 (33.47)		
11 Macy Subka	Spring Lake	2:10.86
28.45 (28.45)	1:00.76 (32.31)	1:35.17 (34.41)
2:10.86 (35.69)		
12 Claire Hoezee	Unity Christian	2:10.97
28.74 (28.74)	1:01.39 (32.65)	1:35.61 (34.22)
2:10.97 (35.36)		
13 Anneke Nederveld	Grand Rapids Christian	2:12.71
29.36 (29.36)	1:02.38 (33.02)	1:37.37 (34.99)
2:12.71 (35.34)		
14 Addison Slenk	Holland Christian	2:14.00
29.75 (29.75)	1:03.56 (33.81)	1:38.99 (35.43)
2:14.00 (35.01)		
15 Payton Myrick	Holland Christian	2:15.04
30.46 (30.46)	1:04.75 (34.29)	1:40.88 (36.13)
2:15.04 (34.16)		
16 Katherine Brandt	Grand Rapids Christian	2:17.34
31.53 (31.53)	1:05.63 (34.10)	1:41.16 (35.53)
2:17.34 (36.18)		
X Callie Rantanen	Spring Lake	2:17.55
29.91 (29.91)	1:03.98 (34.07)	1:41.11 (37.13)
2:17.55 (36.44)		
X Adela Maloney	Spring Lake	2:19.42
30.67 (30.67)	1:05.63 (34.96)	1:42.84 (37.21)
2:19.42 (36.58)		
X Julia Fynewever	Hamilton	2:23.29
31.52 (31.52)	1:08.49 (36.97)	1:47.24 (38.75)
2:23.29 (36.05)		
X Kalena LaRock	Spring Lake	2:24.53
32.81 (32.81)	1:09.53 (36.72)	1:47.91 (38.38)
2:24.53 (36.62)		
X Aubrey Hoezee	Unity Christian	2:28.44
32.28 (32.28)	1:09.31 (37.03)	1:49.28 (39.97)
2:28.44 (39.16)		
X Olivia Dubbink	Hamilton	2:30.18
32.12 (32.12)	1:09.51 (37.39)	1:49.54 (40.03)
2:30.18 (40.64)		
X Morgan Siffin	Holland	2:30.65
34.33 (34.33)	1:11.84 (37.51)	1:52.05 (40.21)
2:30.65 (38.60)		
X Karinna Martinez	Holland	2:35.82
33.11 (33.11)	1:13.31 (40.20)	1:54.36 (41.05)
2:35.82 (41.46)		
25 Raegan Yanke	Spring Lake	2:36.55
34.95 (34.95)	1:13.59 (38.64)	1:54.91 (41.32)
2:36.55 (41.64)		
X Linnea Larson	Mona Shores (Muskegon)	2:39.17
35.38 (35.38)	1:16.02 (40.64)	1:58.74 (42.72)
2:39.17 (40.43)		
X Emily Zheng	Mona Shores (Muskegon)	2:42.79
34.16 (34.16)	1:13.73 (39.57)	1:58.89 (45.16)
2:42.79 (43.90)		





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Results



Event #2 - 200 Free Women

Prelims

Name	Team	Time
28 Grace Appold	Spring Lake	2:53.06
36.92 (36.92)	1:20.66 (43.74)	2:07.56 (46.90)
29 Grace Prince	Spring Lake	3:01.10
40.81 (40.81)	1:26.19 (45.38)	2:14.41 (48.22)
30 Shaylen Anderson	Holland	3:11.56
41.92 (41.92)	2:24.19 (2:24.19)	3:11.56 (47.37)

Event #3 - 200 IM Women

A Final

Name	Team	Time
X Jackie Brink	Holland Christian	2:47.80
36.97 (36.97)	1:25.25 (48.28)	2:08.68 (43.43)
X Alexis Bazzett	Mona Shores (Muskegon)	2:52.92
37.20 (37.20)	1:17.61 (40.41)	2:13.29 (55.68)
X Brooke Drenth	Unity Christian	2:55.33
36.62 (36.62)	1:23.51 (46.89)	2:15.17 (51.66)
X Karley Cough	Spring Lake	3:00.60
40.72 (40.72)	1:26.38 (45.66)	2:21.45 (55.07)
X Michelle Mui	Mona Shores (Muskegon)	3:04.48
33.74 (33.74)	1:21.36 (47.62)	2:20.50 (59.14)
X Teagan Wallace	Mona Shores (Muskegon)	3:12.73
40.68 (40.68)	1:35.67 (54.99)	2:31.11 (55.44)
X Sydney McFarland	Holland	3:23.55
1:40.14 (1:40.14)	2:40.17 (2:40.17)	3:23.55 (43.38)
X Lena D'Addona	Holland	3:32.83
50.23 (50.23)	1:47.69 (57.46)	2:47.29 (59.60)
		3:32.83 (45.54)

B Final

Name	Team	Score	Time
1 Camryn Siegers	Holland Christian	20	2:09.65
27.71 (27.71)	59.64 (31.93)	1:39.21 (39.57)	2:09.65 (30.44)
2 Ellie Adams	Spring Lake	17	2:15.55
28.70 (28.70)	1:03.06 (34.36)	1:44.63 (41.57)	2:15.55 (30.92)
3 Natalie Gates	Unity Christian	16	2:15.85
28.38 (28.38)	1:03.14 (34.76)	1:44.28 (41.14)	2:15.85 (31.57)
4 Ruth Ryden	Holland Christian	15	2:20.30
29.40 (29.40)	1:03.97 (34.57)	1:47.82 (43.85)	2:20.30 (32.48)
5 Adaline Garvelink	Hamilton	14	2:23.42
30.52 (30.52)	1:08.16 (37.64)	1:48.92 (40.76)	2:23.42 (34.50)
6 Ellie Vredevoogd	Unity Christian	13	2:27.38
33.42 (33.42)	1:10.27 (36.85)	1:51.65 (41.38)	2:27.38 (35.73)
7 Jayda Velzen	Unity Christian	12	2:31.22
30.89 (30.89)	1:10.88 (39.99)	1:56.58 (45.70)	2:31.22 (34.64)
8 Olivia Koldenhoven	Grand Rapids Christian	11	2:32.36
30.47 (30.47)	1:08.41 (37.94)	1:55.71 (47.30)	2:32.36 (36.65)





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Event #3 - 200 IM Women

C Final

Name		Team		Score	Time
9 Rachael Brower		Spring Lake		9	2:33.70
	32.23 (32.23)		1:10.05 (37.82)		2:33.70 (34.97)
10 Ali Buist		Grand Rapids Christian		7	2:37.00
	31.58 (31.58)		1:13.50 (41.92)		2:37.00 (36.21)
11 Emily Vander Heide		Grand Rapids Christian		6	2:38.20
	33.01 (33.01)		1:11.74 (38.73)		2:38.20 (36.33)
12 Kiera Lewis		Hamilton		5	2:38.62
	34.14 (34.14)		1:15.26 (41.12)		2:38.62 (38.26)
13 Abigail Weis		Spring Lake		4	2:39.19
	34.55 (34.55)		1:16.70 (42.15)		2:39.19 (37.13)
14 Gertie Heerema		Grand Rapids Christian		3	2:40.74
	34.39 (34.39)		1:14.27 (39.88)		2:40.74 (35.58)
15 Bella Vandermeer		Spring Lake		2	2:45.01
	34.69 (34.69)		1:17.66 (42.97)		2:45.01 (38.33)
16 Kendall Cornell		Hamilton		1	2:46.52
	33.95 (33.95)		1:19.68 (45.73)		2:46.52 (41.71)

Prelims

Name		Team		Time
1 Camryn Siegers		Holland Christian		2:13.55
	28.33 (28.33)		1:01.07 (32.74)	2:13.55 (31.31)
2 Ellie Adams		Spring Lake		2:16.17
	28.95 (28.95)		1:02.86 (33.91)	2:16.17 (32.70)
3 Natalie Gates		Unity Christian		2:17.83
	29.14 (29.14)		1:03.97 (34.83)	2:17.83 (32.19)
4 Adaline Garvelink		Hamilton		2:24.75
	30.70 (30.70)		1:08.85 (38.15)	2:24.75 (35.16)
5 Ruth Ryden		Holland Christian		2:25.83
	30.81 (30.81)		1:07.19 (36.38)	2:25.83 (33.37)
6 Ellie Vredevoogd		Unity Christian		2:29.80
	34.81 (34.81)		1:11.70 (36.89)	2:29.80 (35.23)
7 Olivia Koldenhoven		Grand Rapids Christian		2:30.77
	30.55 (30.55)		1:08.26 (37.71)	2:30.77 (35.54)
8 Jayda Velzen		Unity Christian		2:31.83
	31.82 (31.82)		1:12.64 (40.82)	2:31.83 (34.86)
9 Rachael Brower		Spring Lake		2:34.33
	32.42 (32.42)		1:11.70 (39.28)	2:34.33 (34.94)
10 Ali Buist		Grand Rapids Christian		2:36.28
	30.48 (30.48)		1:10.81 (40.33)	2:36.28 (36.61)
11 Gertie Heerema		Grand Rapids Christian		2:38.88
	34.41 (34.41)		1:14.33 (39.92)	2:38.88 (35.70)
12 Kiera Lewis		Hamilton		2:39.64
	34.86 (34.86)		1:16.01 (41.15)	2:39.64 (38.73)
13 Abigail Weis		Spring Lake		2:39.92
	34.21 (34.21)		1:17.24 (43.03)	2:39.92 (38.14)
14 Emily Vander Heide		Grand Rapids Christian		2:41.01
	32.80 (32.80)		1:12.66 (39.86)	2:41.01 (38.41)





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Event #3 - 200 IM Women

Prelims

Name	Team	Time
15 Bella Vandermeer	Spring Lake	2:41.82
34.95 (34.95)	1:17.61 (42.66) 2:05.38 (47.77)	2:41.82 (36.44)
16 Kendall Cornell	Hamilton	2:43.76
33.16 (33.16)	1:17.92 (44.76) 2:03.28 (45.36)	2:43.76 (40.48)
X Jackie Brink	Holland Christian	2:49.14
36.23 (36.23)	1:26.63 (50.40) 2:09.94 (43.31)	2:49.14 (39.20)
X Alexis Bazzett	Mona Shores (Muskegon)	2:51.45
35.34 (35.34)	1:16.52 (41.18) 2:11.24 (54.72)	2:51.45 (40.21)
X Brooke Drenth	Unity Christian	2:51.74
36.61 (36.61)	1:19.49 (42.88) 2:11.11 (51.62)	2:51.74 (40.63)
X Karley Cough	Spring Lake	3:01.77
38.06 (38.06)	1:24.25 (46.19) 2:20.95 (56.70)	3:01.77 (40.82)
X Michelle Mui	Mona Shores (Muskegon)	3:08.47
34.90 (34.90)	1:23.53 (48.63) 2:24.26 (1:00.73)	3:08.47 (44.21)
X Teagan Wallace	Mona Shores (Muskegon)	3:15.06
41.39 (41.39)	1:36.86 (55.47) 2:33.11 (56.25)	3:15.06 (41.95)
X Sydney McFarland	Holland	3:24.47
53.15 (53.15)	1:44.85 (51.70) 2:41.41 (56.56)	3:24.47 (43.06)
X Lena D'Addona	Holland	3:31.60
50.16 (50.16)	1:49.59 (59.43) 2:47.12 (57.53)	3:31.60 (44.48)

Event #4 - 50 Free Women

A Final

Name	Team	Time
X Chelan Langstraat	Unity Christian	29.03
X Grace Offman	Mona Shores (Muskegon)	29.09
X Elise Bradley	Mona Shores (Muskegon)	29.29
X Olivia Bernal	Holland	29.35
X Gabby Dykstra	Holland Christian	29.62
X Ellie Myers	Holland Christian	29.78
X Ashlynn Laarman	Holland Christian	29.82
X Avery Lampen	Holland Christian	30.19

B Final

Name	Team	Score	Time
1 Hannah Brown	Spring Lake	20	24.78
2 Maeve Harkness	Grand Rapids Christian	17	25.21
3 Katherine Gates	Unity Christian	16	25.26
4 Courtney Holtrop	Unity Christian	14.5	25.89
4 Miriam Lopez-Koolhaas	Holland	14.5	25.89
6 Keira Volkers	Hamilton	13	26.09
7 Alana Mazurek	Spring Lake	12	26.11
8 Ava Helms	Holland Christian	11	26.31

C Final

Name	Team	Score	Time
9 Julia Benthem	Grand Rapids Christian	9	26.08
10 Maya Ludema	Hamilton	7	26.42





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Event #4 - 50 Free Women

C Final

Name	Team	Score	Time
11 Kyla Schippers	Holland Christian	6	26.46
12 Alex Botbyl	Spring Lake	5	26.60
13 Lindsey Wierenga	Grand Rapids Christian	4	27.00
14 Susie Van Baale	Mona Shores (Muskegon)	3	28.80
15 Charlotte Van Harken	Spring Lake	2	28.81
16 Maddox Veldkamp	Grand Rapids Christian	1	29.07

Prelims

Name	Team	Time
1 Hannah Brown	Spring Lake	24.77
2 Maeve Harkness	Grand Rapids Christian	25.57
3 Courtney Holtrop	Unity Christian	25.65
4 Katherine Gates	Unity Christian	25.83
5 Miriam Lopez-Koolhaas	Holland	25.99
6 Keira Volkers	Hamilton	26.05
7 Alana Mazurek	Spring Lake	26.25
8 Ava Helms	Holland Christian	26.34
9 Maya Ludema	Hamilton	26.41
10 Alex Botbyl	Spring Lake	26.45
11 Kyla Schippers	Holland Christian	26.54
12 Julia Benthem	Grand Rapids Christian	26.57
13 Lindsey Wierenga	Grand Rapids Christian	27.34
14 Susie Van Baale	Mona Shores (Muskegon)	28.22
15 Charlotte Van Harken	Spring Lake	28.78
16 Maddox Veldkamp	Grand Rapids Christian	29.04
X Olivia Bernal	Holland	29.18
X Grace Offman	Mona Shores (Muskegon)	29.19
X Elise Bradley	Mona Shores (Muskegon)	29.39
X Ashlynn Laarman	Holland Christian	29.50
X Gabby Dykstra	Holland Christian	29.55
X Chelan Langstraat	Unity Christian	29.59
X Ellie Myers	Holland Christian	29.60
X Avery Lampen	Holland Christian	29.81
25 Claire Bradley	Mona Shores (Muskegon)	30.39
26 Paige Frens	Holland	30.87
27 Lexi McKee	Grand Rapids Christian	30.93
28 Grace Vander Woerd	Grand Rapids Christian	30.99
29 Ainsley Buhr	Spring Lake	31.16
30 Calleigh Fogel	Spring Lake	31.25
31 Rebekah Poppen	Grand Rapids Christian	31.62
32 Rhyan Hare	Spring Lake	31.78
33 Saree Heil	Holland Christian	31.89
34 Sami Zhou	Holland Christian	31.92
35 Eva Carini	Holland Christian	32.12
36 Hollen Emmick	Mona Shores (Muskegon)	32.30
37 Kathryn Tackett	Hamilton	32.32
38 Bela Heil	Holland Christian	32.40
39 Lyla Quiney	Spring Lake	32.59
40 Allyson Valentine	Holland	33.27





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Event #4 - 50 Free Women

Prelims

Name	Team	Time
41 Kayla Vanderlinde	Mona Shores (Muskegon)	33.48
42 Lily Kline	Spring Lake	33.56
43 Josie VanderVeen	Holland Christian	33.74
44 Bee Hopper	Mona Shores (Muskegon)	33.87
45 Zoe DeGraaf	Holland	34.66
46 Louise Liu	Grand Rapids Christian	36.28
47 Aurora Morin	Mona Shores (Muskegon)	37.20
48 Daria Vander Griend	Grand Rapids Christian	37.96
49 Alejandra Martin Fernandez	Spring Lake	39.21
50 Charlee Hoover	Hamilton	40.06
51 Vendela Anderbro	Spring Lake	40.83
52 Letizia de Bortoli	Spring Lake	43.69
53 Marua Koudri	Holland	53.10

Event #5 - 1 M Diving Women

Finals, 11 Dives

Name	Team	Score	Pts
1 Josi Popma	Hamilton	20	390.15
2 Beatrice Volkema	Grand Rapids Christian	17	379.55
3 Layla Winklepleck	Hamilton	16	358.95
4 Emily Setlock	Grand Rapids Christian	15	346.80
5 Sadie DuBois	Holland Christian	14	336.70
6 Sabrina Iverson	Holland Christian	13	325.65
7 Mackenzie Mulder	Holland Christian	12	319.00
8 Maya Miller	Hamilton	11	312.95
9 Joselyn Paskvan	Hamilton	9	310.65
10 Aubrey Perton	Holland Christian	7	298.25
11 Lilly deVries	Grand Rapids Christian	6	287.30
12 Hollen Emmick	Mona Shores (Muskegon)	5	278.45
13 Emmarie VanOss	Grand Rapids Christian	4	276.55
14 Charlotte Gast	Unity Christian	3	266.20
15 Maggie Telgenhof	Holland	2	262.00
16 Ava Cervenak	Spring Lake	1	243.60
X Avery Fischer	Unity Christian	-	200.20
X Amaya Wiseman	Spring Lake	-	217.80
X Maddi Kline	Spring Lake	-	222.90
X Maggie Kamper	Unity Christian	-	226.70
X Allyson Valentine	Holland	-	228.20
X Victoria Hekman	Holland Christian	-	241.10
X Bella Hager	Hamilton	-	264.05
X Ella Vliem	Grand Rapids Christian	-	265.10

Prelims, 11 Dives

Name	Team	Pts
1 Josi Popma	Hamilton	274.00
2 Layla Winklepleck	Hamilton	268.60
3 Beatrice Volkema	Grand Rapids Christian	266.05
4 Sadie DuBois	Holland Christian	252.60
5 Emily Setlock	Grand Rapids Christian	244.60





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Event #5 - 1 M Diving Women

Prelims, 11 Dives

Name	Team	Pts
6 Sabrina Iverson	Holland Christian	243.15
7 Maya Miller	Hamilton	232.10
8 Joselyn Paskvan	Hamilton	231.35
9 Aubrey Perton	Holland Christian	230.65
10 Mackenzie Mulder	Holland Christian	230.00
11 Lilly deVries	Grand Rapids Christian	204.80
12 Emmarie VanOss	Grand Rapids Christian	204.05
X Bella Hager	Hamilton	201.60
14 Maggie Telgenhof	Holland	199.95
15 Hollen Emmick	Mona Shores (Muskegon)	198.65
X Ella Vliem	Grand Rapids Christian	192.55
17 Charlotte Gast	Unity Christian	186.65
X Victoria Hekman	Holland Christian	178.65
19 Ava Cervenak	Spring Lake	176.80
X Amaya Wiseman	Spring Lake	173.40
X Maggie Kamper	Unity Christian	171.95
X Maddi Kline	Spring Lake	171.35
X Allyson Valentine	Holland	168.95
X Avery Fischer	Unity Christian	145.00
25 Madeline Vink	Spring Lake	94.50
26 Kayla Vanderlinde	Mona Shores (Muskegon)	94.20
27 Allory Netz	Unity Christian	92.40
28 Cambree Bowen	Mona Shores (Muskegon)	85.60
Madeline Marozsan	Spring Lake	NS

Event #6 - 100 Fly Women

A Final

Name	Team	50m	100m	Time
X Charlotte Van Harken	Spring Lake	38.57 (38.57)	1:23.89 (45.32)	1:23.89
X Alexis Bazzett	Mona Shores (Muskegon)	37.88 (37.88)	1:24.42 (46.54)	1:24.42
X Michelle Mui	Mona Shores (Muskegon)	35.64 (35.64)	1:24.78 (49.14)	1:24.78
X Teagan Wallace	Mona Shores (Muskegon)	40.13 (40.13)	1:30.52 (50.39)	1:30.52
X Imagyn Van Veen	Holland	37.08 (37.08)	1:31.86 (54.78)	1:31.86
X Karley Cough	Spring Lake	40.99 (40.99)	1:33.86 (52.87)	1:33.86
X Rebekah Poppen	Grand Rapids Christian	41.20 (41.20)	1:35.34 (54.14)	1:35.34
X Danni Hughes	Holland	46.65 (46.65)	1:42.59 (55.94)	1:42.59

B Final

Name	Team	50m	100m	Score	Time
1 Natalie Gates	Unity Christian	27.97 (27.97)	59.14 (31.17)	20	59.14
2 Juliana Mills	Grand Rapids Christian	27.94 (27.94)	1:00.32 (32.38)	17	1:00.32
3 Veda Harkness	Grand Rapids Christian	28.46 (28.46)	1:01.57 (33.11)	16	1:01.57
4 Sara Algera	Holland Christian	29.25 (29.25)	1:02.09 (32.84)	15	1:02.09
5 Olivia Koldenhoven	Grand Rapids Christian	30.55 (30.55)	1:06.51 (35.96)	14	1:06.51
6 Kennie Lewis	Holland Christian	31.94 (31.94)	1:07.60 (35.66)	13	1:07.60
7 Jayda Velzen	Unity Christian	30.38 (30.38)	1:07.75 (37.37)	12	1:07.75
8 Erica Schuur	Unity Christian	30.81 (30.81)	1:07.96 (37.15)	11	1:07.96





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Event #6 - 100 Fly Women

C Final

Name	Team	50m	100m	Score	Time
9 Ava Helms	Holland Christian	31.64 (31.64)	1:08.23 (36.59)	9	1:08.23
10 Isabelle Troost	Hamilton	32.60 (32.60)	1:10.31 (37.71)	7	1:10.31
11 Emily Vander Heide	Grand Rapids Christian	32.80 (32.80)	1:11.22 (38.42)	6	1:11.22
12 Rilee Hoebbel	Holland	35.18 (35.18)	1:14.62 (39.44)	5	1:14.62
13 Morgan Siffin	Holland	35.14 (35.14)	1:16.57 (41.43)	4	1:16.57
14 Julia Fynewever	Hamilton	35.50 (35.50)	1:18.49 (42.99)	3	1:18.49
15 Brooke Drenth	Unity Christian	37.91 (37.91)	1:22.79 (44.88)	2	1:22.79
16 Calleigh Fogel	Spring Lake	35.13 (35.13)	1:24.13 (48.00)	1	1:24.13

Prelims

Name	Team	50m	100m	Time
1 Veda Harkness	Grand Rapids Christian	27.70 (27.70)	1:00.10 (32.40)	1:00.10
2 Natalie Gates	Unity Christian	28.35 (28.35)	1:00.11 (31.76)	1:00.11
3 Juliana Mills	Grand Rapids Christian	28.00 (28.00)	1:00.12 (32.12)	1:00.12
4 Sara Algera	Holland Christian	29.88 (29.88)	1:03.80 (33.92)	1:03.80
5 Olivia Koldenhoven	Grand Rapids Christian	30.60 (30.60)	1:07.35 (36.75)	1:07.35
6 Jayda Velzen	Unity Christian	30.77 (30.77)	1:07.45 (36.68)	1:07.45
7 Erica Schuur	Unity Christian	31.09 (31.09)	1:08.15 (37.06)	1:08.15
8 Kennie Lewis	Holland Christian	31.24 (31.24)	1:08.49 (37.25)	1:08.49
9 Isabelle Troost	Hamilton	31.91 (31.91)	1:09.29 (37.38)	1:09.29
10 Ava Helms	Holland Christian	31.33 (31.33)	1:09.65 (38.32)	1:09.65
11 Emily Vander Heide	Grand Rapids Christian	33.08 (33.08)	1:11.17 (38.09)	1:11.17
12 Rilee Hoebbel	Holland	34.00 (34.00)	1:15.44 (41.44)	1:15.44
13 Morgan Siffin	Holland	33.92 (33.92)	1:15.71 (41.79)	1:15.71
14 Julia Fynewever	Hamilton	35.94 (35.94)	1:19.32 (43.38)	1:19.32
15 Brooke Drenth	Unity Christian	38.00 (38.00)	1:21.63 (43.63)	1:21.63
16 Calleigh Fogel	Spring Lake	35.06 (35.06)	1:21.94 (46.88)	1:21.94
X Charlotte Van Harken	Spring Lake	38.65 (38.65)	1:22.10 (43.45)	1:22.10
X Imagyn Van Veen	Holland	35.85 (35.85)	1:22.75 (46.90)	1:22.75
X Alexis Bazzett	Mona Shores (Muskegon)	38.42 (38.42)	1:24.21 (45.79)	1:24.21
X Michelle Mui	Mona Shores (Muskegon)	36.78 (36.78)	1:26.50 (49.72)	1:26.50
X Karley Cough	Spring Lake	39.95 (39.95)	1:28.32 (48.37)	1:28.32
X Teagan Wallace	Mona Shores (Muskegon)	41.37 (41.37)	1:32.96 (51.59)	1:32.96
X Rebekah Poppen	Grand Rapids Christian	43.06 (43.06)	1:36.39 (53.33)	1:36.39
X Danni Hughes	Holland	44.15 (44.15)	1:40.92 (56.77)	1:40.92

Event #7 - 100 Free Women

A Final

Name	Team	50m	100m	Time
X Adela Maloney	Spring Lake	30.84 (30.84)	1:03.99 (33.15)	1:03.99
X Isabelle Ruiters	Hamilton	31.27 (31.27)	1:05.28 (34.01)	1:05.28
X Avery Lampen	Holland Christian	31.75 (31.75)	1:05.99 (34.24)	1:05.99
X Karson VanDenened	Grand Rapids Christian	31.80 (31.80)	1:06.18 (34.38)	1:06.18
X Kalena LaRock	Spring Lake	32.31 (32.31)	1:06.18 (33.87)	1:06.18
X Gabby Dykstra	Holland Christian	31.40 (31.40)	1:06.52 (35.12)	1:06.52
X Grace Vander Woerd	Grand Rapids Christian	31.74 (31.74)	1:07.42 (35.68)	1:07.42
X Emily Zheng	Mona Shores (Muskegon)	32.26 (32.26)	1:07.70 (35.44)	1:07.70





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Event #7 - 100 Free Women

B Final

Name	Team	50m	100m	Score	Time
1 Hannah Brown	Spring Lake	25.67 (25.67)	54.88 (29.21)	20	54.88
2 Maeve Harkness	Grand Rapids Christian	26.70 (26.70)	55.95 (29.25)	17	55.95
3 Lily Dewaalmalefyt	Unity Christian	27.05 (27.05)	56.32 (29.27)	16	56.32
4 Kyla Schippers	Holland Christian	27.41 (27.41)	57.78 (30.37)	15	57.78
5 Macy Subka	Spring Lake	27.53 (27.53)	57.93 (30.40)	14	57.93
6 Keira Volkers	Hamilton	27.30 (27.30)	58.13 (30.83)	13	58.13
7 Claire Hoezee	Unity Christian	28.79 (28.79)	58.88 (30.09)	12	58.88
Miriam Lopez-Koolhaas	Holland	26.19 (26.19)	56.59 (30.40)	-	DQ

C Final

Name	Team	50m	100m	Score	Time
9 Evelyn Gast	Unity Christian	28.69 (28.69)	59.33 (30.64)	9	59.33
10 Elizabeth Doezeema	Grand Rapids Christian	28.84 (28.84)	59.89 (31.05)	7	59.89
11 Payton Myrick	Holland Christian	29.00 (29.00)	59.95 (30.95)	6	59.95
12 Maya Ludema	Hamilton	28.46 (28.46)	1:01.35 (32.89)	5	1:01.35
13 Izzy Rotman	Holland Christian	29.82 (29.82)	1:01.57 (31.75)	4	1:01.57
14 Lily Brummel	Holland Christian	29.61 (29.61)	1:01.92 (32.31)	3	1:01.92
15 Eleanor Nelson	Spring Lake	28.60 (28.60)	1:02.40 (33.80)	2	1:02.40
16 Katherine Brandt	Grand Rapids Christian	30.45 (30.45)	1:03.27 (32.82)	1	1:03.27

Prelims

Name	Team	50m	100m	Time
1 Hannah Brown	Spring Lake	25.97 (25.97)	55.38 (29.41)	55.38
2 Lily Dewaalmalefyt	Unity Christian	27.08 (27.08)	56.35 (29.27)	56.35
3 Maeve Harkness	Grand Rapids Christian	26.82 (26.82)	56.40 (29.58)	56.40
4 Miriam Lopez-Koolhaas	Holland	26.97 (26.97)	56.62 (29.65)	56.62
5 Macy Subka	Spring Lake	27.45 (27.45)	57.69 (30.24)	57.69
6 Keira Volkers	Hamilton	27.36 (27.36)	57.85 (30.49)	57.85
7 Kyla Schippers	Holland Christian	27.42 (27.42)	58.20 (30.78)	58.20
8 Claire Hoezee	Unity Christian	28.67 (28.67)	59.16 (30.49)	59.16
9 Evelyn Gast	Unity Christian	29.14 (29.14)	59.79 (30.65)	59.79
10 Elizabeth Doezeema	Grand Rapids Christian	28.81 (28.81)	1:00.10 (31.29)	1:00.10
11 Maya Ludema	Hamilton	28.00 (28.00)	1:01.27 (33.27)	1:01.27
12 Payton Myrick	Holland Christian	28.83 (28.83)	1:01.32 (32.49)	1:01.32
13 Eleanor Nelson	Spring Lake	29.31 (29.31)	1:02.23 (32.92)	1:02.23
14 Lily Brummel	Holland Christian	29.55 (29.55)	1:02.55 (33.00)	1:02.55
15 Izzy Rotman	Holland Christian	29.99 (29.99)	1:03.11 (33.12)	1:03.11
16 Katherine Brandt	Grand Rapids Christian	30.29 (30.29)	1:03.41 (33.12)	1:03.41
X Adela Maloney	Spring Lake	30.45 (30.45)	1:03.78 (33.33)	1:03.78
X Isabelle Ruiter	Hamilton	30.60 (30.60)	1:05.00 (34.40)	1:05.00
X Avery Lampen	Holland Christian	31.17 (31.17)	1:05.01 (33.84)	1:05.01
X Gabby Dykstra	Holland Christian	31.08 (31.08)	1:05.64 (34.56)	1:05.64
X Karson VanDenened	Grand Rapids Christian	31.69 (31.69)	1:06.44 (34.75)	1:06.44
X Kalena LaRock	Spring Lake	32.76 (32.76)	1:07.36 (34.60)	1:07.36
23 Elise Bradley	Mona Shores (Muskegon)	31.55 (31.55)	1:07.43 (35.88)	1:07.43
X Emily Zheng	Mona Shores (Muskegon)	32.75 (32.75)	1:07.72 (34.97)	1:07.72
25 Olivia Bernal	Holland	33.00 (33.00)	1:08.21 (35.21)	1:08.21
X Grace Vander Woerd	Grand Rapids Christian	32.45 (32.45)	1:08.62 (36.17)	1:08.62
27 Saree Heil	Holland Christian	34.15 (34.15)	1:10.47 (36.32)	1:10.47





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Prelims

Name	Team	50m	100m	Time
28 Sami Zhou	Holland Christian	34.35 (34.35)	1:10.85 (36.50)	1:10.85
29 Sherry Jiang	Mona Shores (Muskegon)	33.27 (33.27)	1:11.08 (37.81)	1:11.08
30 Emersyn Fischer	Unity Christian	32.97 (32.97)	1:11.17 (38.20)	1:11.17
31 Kathryn Tackett	Hamilton	33.53 (33.53)	1:11.50 (37.97)	1:11.50
32 Claire Bradley	Mona Shores (Muskegon)	34.07 (34.07)	1:12.64 (38.57)	1:12.64
33 Hannah Compagner	Grand Rapids Christian	36.00 (36.00)	1:12.74 (36.74)	1:12.74
34 Bela Heil	Holland Christian	34.08 (34.08)	1:12.91 (38.83)	1:12.91
35 Elizabeth Snow	Grand Rapids Christian	36.01 (36.01)	1:13.28 (37.27)	1:13.28
36 Bee Hopper	Mona Shores (Muskegon)	36.21 (36.21)	1:13.83 (37.62)	1:13.83
37 Lyla Quiney	Spring Lake	35.54 (35.54)	1:14.42 (38.88)	1:14.42
38 Josie VanderVeen	Holland Christian	36.15 (36.15)	1:14.50 (38.35)	1:14.50
39 Braylon VanDenend	Grand Rapids Christian	36.81 (36.81)	1:16.42 (39.61)	1:16.42
40 Eva Carini	Holland Christian	35.43 (35.43)	1:16.83 (41.40)	1:16.83
41 Louise Liu	Grand Rapids Christian	38.35 (38.35)	1:20.38 (42.03)	1:20.38
42 Rylie Solomon	Holland	39.62 (39.62)	1:21.88 (42.26)	1:21.88
43 Charlee Hoover	Hamilton	42.21 (42.21)	1:29.27 (47.06)	1:29.27
44 Letizia de Bortoli	Spring Lake	47.81 (47.81)	1:39.09 (51.28)	1:39.09
45 Marua Koudri	Holland	56.12 (56.12)	1:58.57 (1:02.45)	1:58.57

Event #8 - 500 Free Women





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A Final

Name	Team			Time
X Sylvia Mannes	Hamilton			6:31.49
	33.88 (33.88)	1:11.36 (37.48)	1:50.31 (38.95)	2:30.26 (39.95)
	3:10.67 (40.41)	3:51.09 (40.42)	4:31.59 (40.50)	5:12.26 (40.67)
	5:53.16 (40.90)	6:31.49 (38.33)		
X Paige Frens	Holland			6:51.82
	35.00 (35.00)	1:15.65 (40.65)	1:57.82 (42.17)	2:39.97 (42.15)
	3:23.05 (43.08)	4:06.01 (42.96)	4:48.16 (42.15)	5:31.33 (43.17)
	6:13.01 (41.68)	6:51.82 (38.81)		
X Karinna Martinez	Holland			7:00.13
	33.78 (33.78)	1:14.20 (40.42)	1:57.52 (43.32)	2:40.57 (43.05)
	3:23.17 (42.60)	4:06.24 (43.07)	5:32.99 (1:26.75)	6:17.49 (44.50)
	7:00.13 (7:00.13)			
X Linnea Larson	Mona Shores (Muskegon)			7:13.62
	38.49 (38.49)	1:20.50 (42.01)	2:03.85 (43.35)	2:48.25 (44.40)
	3:32.85 (44.60)	4:18.16 (45.31)	5:03.59 (45.43)	5:48.91 (45.32)
	6:33.04 (44.13)	7:13.62 (40.58)		
X Elizabeth Grotenhuis	Mona Shores (Muskegon)			7:28.47
	37.05 (37.05)	1:21.78 (44.73)	2:08.70 (46.92)	2:54.54 (45.84)
	3:40.87 (46.33)	4:27.55 (46.68)	5:14.32 (46.77)	5:59.41 (45.09)
	6:44.87 (45.46)	7:28.47 (43.60)		
X Grace Appold	Spring Lake			7:34.02
	38.32 (38.32)	1:23.87 (45.55)	2:11.22 (47.35)	2:58.94 (47.72)
	3:45.45 (46.51)	4:32.91 (47.46)	5:20.51 (47.60)	6:06.60 (46.09)
	6:52.62 (46.02)	7:34.02 (41.40)		
X Shaylen Anderson	Holland			8:33.38
	43.36 (43.36)	1:35.50 (52.14)	2:28.52 (53.02)	3:21.75 (53.23)
	4:14.20 (52.45)	5:06.30 (52.10)	6:00.89 (54.59)	6:54.09 (53.20)
	7:44.55 (50.46)	8:33.38 (48.83)		

B Final

Name	Team			Score	Time
1 Camryn Siegers	Holland Christian			20	5:09.67
	26.36 (26.36)	56.39 (30.03)	1:27.54 (31.15)		1:58.56 (31.02)
	2:29.99 (31.43)	3:01.76 (31.77)	3:33.95 (32.19)		4:06.22 (32.27)
	4:38.40 (32.18)	5:09.67 (31.27)			
2 Alyssa Volkers	Hamilton			17	5:29.11
	28.19 (28.19)	1:00.03 (31.84)	1:33.19 (33.16)		2:06.82 (33.63)
	2:40.85 (34.03)	3:15.19 (34.34)	3:49.23 (34.04)		4:23.35 (34.12)
	4:57.29 (33.94)	5:29.11 (31.82)			
3 Madeleine Mills	Grand Rapids Christian			16	5:30.27
	29.44 (29.44)	1:02.60 (33.16)	1:36.29 (33.69)		2:10.46 (34.17)
	2:44.25 (33.79)	3:18.39 (34.14)	3:52.18 (33.79)		4:26.06 (33.88)
	4:58.88 (32.82)	5:30.27 (31.39)			





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B Final

Name		Team		Score	Time
4	Ava Schepers	Unity Christian		15	5:37.80
	29.33 (29.33)	1:01.73 (32.40)	1:35.87 (34.14)		2:10.72 (34.85)
	2:46.54 (35.82)	3:21.49 (34.95)	3:56.71 (35.22)		4:31.14 (34.43)
	5:05.29 (34.15)	5:37.80 (32.51)			
5	Sophia Meyers	Spring Lake		14	5:38.30
	30.76 (30.76)	1:03.82 (33.06)	1:38.08 (34.26)		2:12.68 (34.60)
	2:47.54 (34.86)	3:22.34 (34.80)	3:57.35 (35.01)		4:31.95 (34.60)
	5:05.94 (33.99)	5:38.30 (32.36)			
6	Alex Botbyl	Spring Lake		13	5:40.07
	29.00 (29.00)	1:02.37 (33.37)	1:36.41 (34.04)		2:10.66 (34.25)
	2:45.59 (34.93)	3:20.80 (35.21)	3:55.94 (35.14)		4:31.23 (35.29)
	5:06.49 (35.26)	5:40.07 (33.58)			
7	Emma Brower	Holland Christian		12	5:41.31
	30.54 (30.54)	1:03.72 (33.18)	1:38.08 (34.36)		2:12.89 (34.81)
	2:47.64 (34.75)	3:22.68 (35.04)	3:57.53 (34.85)		4:31.97 (34.44)
	5:06.96 (34.99)	5:41.31 (34.35)			
8	Eden Byker	Unity Christian		11	5:47.27
	29.52 (29.52)	1:03.07 (33.55)	1:37.94 (34.87)		2:13.07 (35.13)
	2:48.46 (35.39)	3:24.72 (36.26)	4:01.15 (36.43)		4:37.44 (36.29)
	5:13.08 (35.64)	5:47.27 (34.19)			

C Final

Name		Team		Score	Time
9	Emma Reilly	Hamilton		9	5:51.60
	30.26 (30.26)	1:03.36 (33.10)	1:37.78 (34.42)		2:13.23 (35.45)
	2:49.19 (35.96)	3:26.02 (36.83)	4:03.13 (37.11)		4:39.87 (36.74)
	5:16.84 (36.97)	5:51.60 (34.76)			
10	Anneke Nederveld	Grand Rapids Christian		7	5:52.16
	30.65 (30.65)	1:05.15 (34.50)	1:40.59 (35.44)		2:16.51 (35.92)
	2:52.57 (36.06)	3:28.90 (36.33)	4:05.29 (36.39)		4:41.85 (36.56)
	5:17.93 (36.08)	5:52.16 (34.23)			
11	Rachael Brower	Spring Lake		6	5:52.27
	30.13 (30.13)	1:04.26 (34.13)	1:39.08 (34.82)		2:14.65 (35.57)
	2:50.65 (36.00)	3:27.12 (36.47)	4:03.83 (36.71)		4:40.84 (37.01)
	5:17.84 (37.00)	5:52.27 (34.43)			
12	Addison Slenk	Holland Christian		5	5:52.51
	30.90 (30.90)	1:05.12 (34.22)	1:41.01 (35.89)		2:17.00 (35.99)
	2:53.60 (36.60)	3:30.00 (36.40)	4:06.54 (36.54)		4:43.59 (37.05)
	5:19.55 (35.96)	5:52.51 (32.96)			
13	Lucy Molenbeek	Grand Rapids Christian		4	5:57.13
	31.46 (31.46)	1:05.74 (34.28)	1:41.26 (35.52)		2:17.61 (36.35)
	2:54.25 (36.64)	3:30.97 (36.72)	4:07.82 (36.85)		4:44.66 (36.84)
	5:21.41 (36.75)	5:57.13 (35.72)			





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C Final

Name	Team	Score	Time
14 Erica Schuur	Unity Christian	3	6:10.82
32.30 (32.30)	1:08.36 (36.06)	1:46.71 (38.35)	2:24.70 (37.99)
3:03.06 (38.36)	3:41.40 (38.34)	4:19.00 (37.60)	4:57.49 (38.49)
5:34.83 (37.34)	6:10.82 (35.99)		
15 Ali Buist	Grand Rapids Christian	2	6:15.94
31.32 (31.32)	1:07.36 (36.04)	1:45.43 (38.07)	2:23.92 (38.49)
3:02.78 (38.86)	3:42.10 (39.32)	4:20.95 (38.85)	5:00.18 (39.23)
5:39.68 (39.50)	6:15.94 (36.26)		
16 Bella Vandermeer	Spring Lake	1	6:27.52
33.36 (33.36)	1:10.36 (37.00)	1:49.61 (39.25)	2:29.52 (39.91)
3:09.29 (39.77)	3:49.31 (40.02)	4:29.74 (40.43)	5:10.27 (40.53)
5:50.24 (39.97)	6:27.52 (37.28)		

Prelims

Name	Team	Time
1 Camryn Siegers	Holland Christian	5:15.50
27.65 (27.65)	58.96 (31.31)	1:30.82 (31.86)
2:35.34 (32.11)	3:07.68 (32.34)	3:39.84 (32.16)
4:43.97 (31.90)	5:15.50 (31.53)	4:12.07 (32.23)
2 Alyssa Volkers	Hamilton	5:25.02
28.36 (28.36)	1:00.28 (31.92)	1:33.35 (33.07)
2:39.65 (33.33)	3:13.04 (33.39)	3:47.15 (34.11)
4:53.19 (32.95)	5:25.02 (31.83)	4:20.24 (33.09)
3 Madeleine Mills	Grand Rapids Christian	5:29.85
29.41 (29.41)	1:02.71 (33.30)	1:36.42 (33.71)
2:44.51 (33.75)	3:18.54 (34.03)	3:52.01 (33.47)
4:58.41 (32.71)	5:29.85 (31.44)	4:25.70 (33.69)
4 Ava Schepers	Unity Christian	5:36.23
29.66 (29.66)	1:03.44 (33.78)	1:38.40 (34.96)
2:47.83 (35.00)	3:21.89 (34.06)	3:56.61 (34.72)
5:05.04 (33.66)	5:36.23 (31.19)	4:31.38 (34.77)
5 Alex Botbyl	Spring Lake	5:38.23
29.11 (29.11)	1:02.11 (33.00)	1:36.35 (34.24)
2:45.95 (34.96)	3:21.15 (35.20)	3:56.04 (34.89)
5:05.30 (34.52)	5:38.23 (32.93)	4:30.78 (34.74)
6 Sophia Meyers	Spring Lake	5:43.28
30.13 (30.13)	1:04.16 (34.03)	1:38.53 (34.37)
2:48.39 (35.00)	3:23.40 (35.01)	3:59.31 (35.91)
5:09.67 (35.05)	5:43.28 (33.61)	4:34.62 (35.31)
7 Eden Byker	Unity Christian	5:46.61
30.29 (30.29)	1:03.89 (33.60)	1:39.04 (35.15)
2:50.35 (35.82)	3:26.00 (35.65)	4:01.60 (35.60)
5:12.88 (35.74)	5:46.61 (33.73)	4:37.14 (35.54)





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Prelims

Name	Team	Time
8 Emma Brower	Holland Christian	5:47.31
31.31 (31.31)	1:05.30 (33.99)	1:40.09 (34.79)
2:51.19 (35.59)	3:26.94 (35.75)	2:15.60 (35.51)
5:13.63 (35.12)	4:02.60 (35.66)	4:38.51 (35.91)
5:47.31 (33.68)		
9 Emma Reilly	Hamilton	5:50.06
30.90 (30.90)	1:04.44 (33.54)	1:38.40 (33.96)
2:48.34 (35.11)	3:24.35 (36.01)	2:13.23 (34.83)
5:15.01 (36.89)	4:01.32 (36.97)	4:38.12 (36.80)
5:50.06 (35.05)		
10 Addison Slenk	Holland Christian	5:58.23
31.26 (31.26)	1:05.89 (34.63)	1:41.67 (35.78)
2:55.47 (37.09)	3:32.78 (37.31)	2:18.38 (36.71)
5:23.55 (36.79)	4:09.27 (36.49)	4:46.76 (37.49)
5:58.23 (34.68)		
11 Rachael Brower	Spring Lake	5:58.29
29.28 (29.28)	1:02.17 (32.89)	1:36.51 (34.34)
2:47.80 (35.83)	3:25.26 (37.46)	2:11.97 (35.46)
5:20.45 (38.97)	4:03.03 (37.77)	4:41.48 (38.45)
5:58.29 (37.84)		
12 Lucy Molenbeek	Grand Rapids Christian	6:02.46
31.11 (31.11)	1:05.49 (34.38)	1:41.15 (35.66)
2:55.23 (37.27)	3:32.74 (37.51)	2:17.96 (36.81)
5:25.45 (37.36)	4:10.41 (37.67)	4:48.09 (37.68)
6:02.46 (37.01)		
13 Anneke Nederveld	Grand Rapids Christian	6:05.28
31.01 (31.01)	1:06.40 (35.39)	1:43.28 (36.88)
2:58.61 (37.64)	3:36.72 (38.11)	2:20.97 (37.69)
5:29.02 (37.34)	4:14.38 (37.66)	4:51.68 (37.30)
6:05.28 (36.26)		
14 Erica Schuur	Unity Christian	6:08.73
33.13 (33.13)	1:10.44 (37.31)	1:48.44 (38.00)
3:04.45 (37.80)	3:41.72 (37.27)	2:26.65 (38.21)
5:33.17 (36.09)	4:19.61 (37.89)	4:57.08 (37.47)
6:08.73 (35.56)		
15 Ali Buist	Grand Rapids Christian	6:10.23
30.62 (30.62)	1:06.72 (36.10)	1:43.46 (36.74)
2:59.62 (38.31)	3:37.97 (38.35)	2:21.31 (37.85)
5:33.68 (38.00)	4:16.74 (38.77)	4:55.68 (38.94)
6:10.23 (36.55)		
16 Bella Vandermeer	Spring Lake	6:31.11
32.77 (32.77)	1:10.48 (37.71)	1:50.36 (39.88)
3:11.87 (41.17)	3:52.81 (40.94)	2:30.70 (40.34)
5:53.48 (39.44)	4:33.83 (41.02)	5:14.04 (40.21)
6:31.11 (37.63)		
X Sylvia Mannes	Hamilton	6:35.57
34.16 (34.16)	1:12.00 (37.84)	1:51.44 (39.44)
3:11.71 (40.43)	3:52.55 (40.84)	2:31.28 (39.84)
5:56.55 (41.59)	4:33.93 (41.38)	5:14.96 (41.03)
6:35.57 (39.02)		
X Karinna Martinez	Holland	7:00.97
35.97 (35.97)	1:17.03 (41.06)	1:59.13 (42.10)
3:23.56 (42.29)	4:05.58 (42.02)	2:41.27 (42.14)
6:17.86 (43.30)	4:49.25 (43.67)	5:34.56 (45.31)
7:00.97 (43.11)		





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Prelims

Name	Team	Time
X Paige Frens	Holland	7:05.00
34.72 (34.72)	1:15.08 (40.36)	1:57.38 (42.30)
3:25.01 (43.89)	4:08.49 (43.48)	4:53.11 (44.62)
6:22.88 (45.22)	7:05.00 (42.12)	5:37.66 (44.55)
X Linnea Larson	Mona Shores (Muskegon)	7:10.28
36.32 (36.32)	1:18.66 (42.34)	2:02.53 (43.87)
3:31.30 (45.39)	4:15.66 (44.36)	5:00.47 (44.81)
6:29.42 (44.69)	7:10.28 (40.86)	5:44.73 (44.26)
X Elizabeth Grotenhuis	Mona Shores (Muskegon)	7:23.81
36.09 (36.09)	1:19.21 (43.12)	2:04.35 (45.14)
3:35.73 (45.87)	4:21.08 (45.35)	5:07.85 (46.77)
6:39.97 (45.49)	7:23.81 (43.84)	5:54.48 (46.63)
X Grace Appold	Spring Lake	7:35.05
39.75 (39.75)	1:26.34 (46.59)	2:13.28 (46.94)
3:46.41 (46.59)	4:33.03 (46.62)	5:20.80 (47.77)
6:53.36 (45.69)	7:35.05 (41.69)	6:07.67 (46.87)
X Shaylen Anderson	Holland	8:24.87
42.97 (42.97)	1:33.10 (50.13)	2:25.61 (52.51)
4:07.96 (51.67)	5:00.62 (52.66)	3:16.29 (50.68)
7:37.04 (52.07)	8:24.87 (47.83)	6:44.97 (52.17)

Event #9 - 200 Free Relay Women

A Final

Name	Score	Time
1 Unity Christian A	40	1:42.22
Courtney Holtrop		25.82 (25.82)
Jayda Velzen		51.98 (26.16)
Natalie Gates		1:17.06 (25.08)
Lily Dewaalmalefyt		1:42.22 (25.16)
2 Spring Lake A	34	1:42.89
Macy Subka		26.54 (26.54)
Alex Botbyl		52.68 (26.14)
Sophia Meyers		1:18.89 (26.21)
Hannah Brown		1:42.89 (24.00)
3 Grand Rapids Christian A	32	1:43.24
Veda Harkness		26.37 (26.37)
Juliana Mills		52.23 (25.86)
Madeleine Mills		1:18.34 (26.11)
Maeve Harkness		1:43.24 (24.90)
4 Holland Christian A	30	1:43.76
Ava Helms		26.46 (26.46)
Payton Myrick		52.77 (26.31)
Kyla Schippers		1:18.73 (25.96)
Sara Algera		1:43.76 (25.03)





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Event #9 - 200 Free Relay Women

A Final

Name	Score	Time
5 Hamilton A	28	1:45.65
Keira Volkers	26.00 (26.00)	
Maya Ludema	51.42 (25.42)	
Kiera Lewis	1:18.55 (27.13)	
Emma Reilly	1:45.65 (27.10)	
6 Mona Shores (Muskegon) A	26	1:57.00
Elise Bradley	30.45 (30.45)	
Michelle Mui	1:00.47 (30.02)	
Grace Offman	1:29.28 (28.81)	
Susie Van Baale	1:57.00 (27.72)	
7 Holland A	24	1:57.90
Miriam Lopez-Koolhaas	26.21 (26.21)	
Paige Frens	56.66 (30.45)	
Rilee Hoebbel	1:27.17 (30.51)	
Maggie Telgenhof	1:57.90 (30.73)	

B Final

Name	Time
9 Grand Rapids Christian B	1:46.50
Ali Buist	26.16 (26.16)
Lucy Molenbeek	53.36 (27.20)
Lindsey Wierenga	1:20.09 (26.73)
Julia Benthem	1:46.50 (26.41)
10 Unity Christian B	1:51.32
Ellie Vredevoogd	27.69 (27.69)
Evelyn Gast	54.80 (27.11)
Emersyn Fischer	1:24.50 (29.70)
Aubrey Hoezee	1:51.32 (26.82)
11 Holland Christian B	1:54.18
Lily Brummel	29.27 (29.27)
Ashlynn Laarman	58.35 (29.08)
Addison Slenk	1:26.04 (27.69)
Izzy Rotman	1:54.18 (28.14)
12 Spring Lake B	1:54.83
Abigail Weis	28.91 (28.91)
Adela Maloney	58.43 (29.52)
Callie Rantanen	1:27.24 (28.81)
Sadie Vander Heide	1:54.83 (27.59)
13 Hamilton B	1:57.86
Isabelle Ruiter	30.09 (30.09)
Kendall Cornell	57.89 (27.80)
Joselyn Paskvan	1:28.22 (30.33)
Layla Winklepleck	1:57.86 (29.64)





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Event #9 - 200 Free Relay Women

B Final

Name		Time
14	Mona Shores (Muskegon) B	2:04.78
	Claire Bradley	30.98 (30.98)
	Alexis Bazzett	1:03.15 (32.17)
	Hollen Emmick	1:35.05 (31.90)
	Emily Zheng	2:04.78 (29.73)
15	Holland B	2:17.53
	Zoe DeGraaf	35.46 (35.46)
	Imagyn Van Veen	1:07.58 (32.12)
	Allyson Valentine	1:43.97 (36.39)
	Karinna Martinez	2:17.53 (33.56)

C Final

Name		Time
17	Holland Christian C	2:01.73
	Jackie Brink	30.15 (30.15)
	Bela Heil	1:01.48 (31.33)
	Avery Lampen	1:32.14 (30.66)
	Gabby Dykstra	2:01.73 (29.59)
18	Grand Rapids Christian C	2:08.28
	Rebekah Poppen	32.81 (32.81)
	Hannah Compagner	1:03.69 (30.88)
	Braylon VanDenend	1:36.91 (33.22)
	Elizabeth Snow	2:08.28 (31.37)
19	Spring Lake C	2:13.47
	Rhyan Hare	32.37 (32.37)
	Lily Kline	1:06.24 (33.87)
	Kalena LaRock	1:43.71 (37.47)
	Grace Appold	2:13.47 (29.76)
20	Mona Shores (Muskegon) C	2:13.62
	Bee Hopper	33.04 (33.04)
	Elizabeth Grotenhuis	1:09.90 (36.86)
	Teagan Wallace	1:40.77 (30.87)
	Linnea Larson	2:13.62 (32.85)
21	Hamilton C	2:15.62
	Olivia Dubbink	31.46 (31.46)
	Sylvia Mannes	1:04.01 (32.55)
	Kathryn Tackett	1:35.89 (31.88)
	Charlee Hoover	2:15.62 (39.73)

Prelims

Name		Time
1	Spring Lake A	1:43.21
	Macy Subka	26.35 (26.35)
	Alex Botbyl	52.44 (26.09)
	Sophia Meyers	1:19.05 (26.61)
	Hannah Brown	1:43.21 (24.16)





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Results



Event #9 - 200 Free Relay Women

Prelims

Name		Time
2	Grand Rapids Christian A	1:43.63
	Veda Harkness	25.92 (25.92)
	Juliana Mills	52.65 (26.73)
	Madeleine Mills	1:18.46 (25.81)
	Maeve Harkness	1:43.63 (25.17)
3	Unity Christian A	1:46.22
	Claire Hoezee	27.05 (27.05)
	Courtney Holtrop	53.38 (26.33)
	Natalie Gates	1:19.57 (26.19)
	Jayda Velzen	1:46.22 (26.65)
4	Hamilton A	1:47.17
	Keira Volkers	26.01 (26.01)
	Maya Ludema	52.12 (26.11)
	Kiera Lewis	
	Emma Reilly	1:47.17 (1:47.17)
5	Grand Rapids Christian B	1:48.14
	Julia Benthem	26.92 (26.92)
	Lucy Molenbeek	55.07 (28.15)
	Lindsey Wierenga	1:22.04 (26.97)
	Ali Buist	1:48.14 (26.10)
6	Holland Christian A	1:48.29
	Ava Helms	26.99 (26.99)
	Izzy Rotman	55.28 (28.29)
	Sara Algera	1:22.13 (26.85)
	Kyla Schippers	1:48.29 (26.16)
7	Spring Lake B	1:51.89
	Abigail Weis	28.78 (28.78)
	Adela Maloney	57.49 (28.71)
	Callie Rantanen	1:25.11 (27.62)
	Sadie Vander Heide	1:51.89 (26.78)
8	Holland Christian B	1:55.38
	Payton Myrick	27.77 (27.77)
	Ashlynn Laarman	56.95 (29.18)
	Gabby Dykstra	1:26.69 (29.74)
	Lily Brummel	1:55.38 (28.69)
9	Holland A	1:57.35
	Paige Frens	31.99 (31.99)
	Olivia Bernal	1:01.29 (29.30)
	Rilee Hoebbel	1:31.74 (30.45)
	Miriam Lopez-Koolhaas	1:57.35 (25.61)
10	Unity Christian B	1:58.58
	Brooke Drenth	32.00 (32.00)
	Emersyn Fischer	1:03.80 (31.80)
	Ellie Vredevoogd	1:31.42 (27.62)
	Eden Byker	1:58.58 (27.16)





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Results



Event #9 - 200 Free Relay Women

Prelims

Name		Time	
11	Mona Shores (Muskegon) A		1:58.68
	Grace Offman	29.80 (29.80)	
	Michelle Mui	1:00.48 (30.68)	
	Susie Van Baale	1:29.33 (28.85)	
	Elise Bradley	1:58.68 (29.35)	
12	Hamilton B		2:01.88
	Isabelle Ruiter	30.35 (30.35)	
	-	31.39 (31.39)	32.48 (32.48)
	Kendall Cornell	1:29.40 (27.66)	
13	Holland Christian C		2:02.65
	Jackie Brink	29.59 (29.59)	
	Bela Heil	1:02.72 (33.13)	
	Avery Lampen	1:33.20 (30.48)	
	Addison Slenk	2:02.65 (29.45)	
14	Mona Shores (Muskegon) B		2:07.11
	Claire Bradley	32.38 (32.38)	
	Alexis Bazzett	1:04.52 (32.14)	
	Hollen Emmick	1:37.04 (32.52)	
	Emily Zheng	2:07.11 (30.07)	
15	Grand Rapids Christian C		2:11.85
	Rebekah Poppen	33.77 (33.77)	
	Hannah Compagner	1:05.21 (31.44)	
	Braylon VanDenend	1:39.77 (34.56)	
	Elizabeth Snow	2:11.85 (32.08)	
16	Mona Shores (Muskegon) C		2:12.18
	Bee Hopper	33.45 (33.45)	
	Elizabeth Grotenhuis	1:05.91 (32.46)	
	Teagan Wallace	1:38.07 (32.16)	
	Linnea Larson	2:12.18 (34.11)	
17	Holland B		2:13.54
	Zoe DeGraaf	33.59 (33.59)	
	Imagyn Van Veen	1:04.65 (31.06)	
	Allyson Valentine	1:40.33 (35.68)	
	Karinna Martinez	2:13.54 (33.21)	
18	Spring Lake C		2:14.26
	Rhyan Hare	32.88 (32.88)	
	Lily Kline	1:07.49 (34.61)	
	Kalena LaRock	1:39.00 (31.51)	
	Grace Appold	2:14.26 (35.26)	
	Holland C		NS
	Rylie Solomon		
	Marua Koudri		
	Shaylen Anderson		
	Danni Hughes		





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Event #10 - 100 Back Women

A Final

Name	Team	50m	100m	Time
X Raegan Yanke	Spring Lake	36.90 (36.90)	1:17.36 (40.46)	1:17.36
X Chelan Langstraat	Unity Christian	37.05 (37.05)	1:18.12 (41.07)	1:18.12
X Sherry Jiang	Mona Shores (Muskegon)	37.02 (37.02)	1:18.42 (41.40)	1:18.42
X Ellie Myers	Holland Christian	39.66 (39.66)	1:20.23 (40.57)	1:20.23
X Karson VanDenened	Grand Rapids Christian	39.38 (39.38)	1:20.41 (41.03)	1:20.41
X Olivia Dubbink	Hamilton	39.98 (39.98)	1:22.34 (42.36)	1:22.34
X Imagyn Van Veen	Holland	39.61 (39.61)	1:22.34 (42.73)	1:22.34
X Elizabeth Snow	Grand Rapids Christian	–	1:27.09 (1:27.09)	1:27.09

B Final

Name	Team	50m	100m	Score	Time
1 Ellie Adams	Spring Lake	29.40 (29.40)	1:00.36 (30.96)	20	1:00.36
2 Ruth Ryden	Holland Christian	29.66 (29.66)	1:01.56 (31.90)	17	1:01.56
3 Juliana Mills	Grand Rapids Christian	30.42 (30.42)	1:03.13 (32.71)	16	1:03.13
4 Ava Schepers	Unity Christian	31.81 (31.81)	1:05.35 (33.54)	15	1:05.35
5 Kennie Lewis	Holland Christian	32.39 (32.39)	1:06.96 (34.57)	14	1:06.96
6 Isabelle Troost	Hamilton	32.55 (32.55)	1:07.67 (35.12)	13	1:07.67
7 Alana Mazurek	Spring Lake	32.28 (32.28)	1:07.68 (35.40)	12	1:07.68
8 Evelyn Gast	Unity Christian	34.04 (34.04)	1:09.59 (35.55)	11	1:09.59

C Final

Name	Team	50m	100m	Score	Time
9 Julia Benthem	Grand Rapids Christian	34.05 (34.05)	1:09.95 (35.90)	9	1:09.95
10 Grace Offman	Mona Shores (Muskegon)	34.77 (34.77)	1:11.05 (36.28)	7	1:11.05
11 Aubrey Hoezee	Unity Christian	34.21 (34.21)	1:11.66 (37.45)	6	1:11.66
12 Gertie Heerema	Grand Rapids Christian	35.17 (35.17)	1:12.53 (37.36)	5	1:12.53
13 Eleanor Nelson	Spring Lake	34.88 (34.88)	1:14.00 (39.12)	4	1:14.00
14 Isabelle Ruiters	Hamilton	36.86 (36.86)	1:16.25 (39.39)	3	1:16.25
15 Rilee Hoebbel	Holland	37.95 (37.95)	1:17.29 (39.34)	2	1:17.29
16 Lily Brummel	Holland Christian	37.68 (37.68)	1:18.76 (41.08)	1	1:18.76

Prelims

Name	Team	50m	100m	Time
1 Ellie Adams	Spring Lake	29.48 (29.48)	1:01.36 (31.88)	1:01.36
2 Ruth Ryden	Holland Christian	31.63 (31.63)	1:05.01 (33.38)	1:05.01
3 Ava Schepers	Unity Christian	32.14 (32.14)	1:05.15 (33.01)	1:05.15
4 Kennie Lewis	Holland Christian	31.85 (31.85)	1:05.88 (34.03)	1:05.88
5 Juliana Mills	Grand Rapids Christian	32.50 (32.50)	1:06.62 (34.12)	1:06.62
6 Isabelle Troost	Hamilton	32.09 (32.09)	1:06.77 (34.68)	1:06.77
7 Alana Mazurek	Spring Lake	33.17 (33.17)	1:08.30 (35.13)	1:08.30
8 Evelyn Gast	Unity Christian	33.90 (33.90)	1:09.43 (35.53)	1:09.43
9 Julia Benthem	Grand Rapids Christian	–	1:10.12 (1:10.12)	1:10.12
10 Grace Offman	Mona Shores (Muskegon)	35.12 (35.12)	1:11.63 (36.51)	1:11.63
11 Gertie Heerema	Grand Rapids Christian	35.18 (35.18)	1:13.14 (37.96)	1:13.14
12 Aubrey Hoezee	Unity Christian	35.35 (35.35)	1:14.02 (38.67)	1:14.02
13 Eleanor Nelson	Spring Lake	36.12 (36.12)	1:15.42 (39.30)	1:15.42
14 Isabelle Ruiters	Hamilton	35.53 (35.53)	1:16.33 (40.80)	1:16.33
15 Rilee Hoebbel	Holland	37.56 (37.56)	1:17.48 (39.92)	1:17.48
16 Lily Brummel	Holland Christian	37.49 (37.49)	1:17.92 (40.43)	1:17.92





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Event #10 - 100 Back Women

Prelims

Name	Team	50m	100m	Time
X Chelan Langstraat	Unity Christian	36.42 (36.42)	1:18.13 (41.71)	1:18.13
X Raegan Yanke	Spring Lake	37.07 (37.07)	1:19.28 (42.21)	1:19.28
X Sherry Jiang	Mona Shores (Muskegon)	38.43 (38.43)	1:19.68 (41.25)	1:19.68
X Ellie Myers	Holland Christian	41.43 (41.43)	1:22.57 (41.14)	1:22.57
X Imagyn Van Veen	Holland	39.46 (39.46)	1:23.10 (43.64)	1:23.10
X Karson VanDenened	Grand Rapids Christian	–	1:23.14 (1:23.14)	1:23.14
X Olivia Dubbink	Hamilton	40.64 (40.64)	1:23.48 (42.84)	1:23.48
X Elizabeth Snow	Grand Rapids Christian	42.44 (42.44)	1:25.94 (43.50)	1:25.94
25 Braylon VanDenend	Grand Rapids Christian	42.86 (42.86)	1:27.01 (44.15)	1:27.01
26 Rylie Solomon	Holland	45.05 (45.05)	1:29.78 (44.73)	1:29.78
27 Grace Prince	Spring Lake	44.05 (44.05)	1:32.56 (48.51)	1:32.56
28 Zoe DeGraaf	Holland	–	1:32.85 (1:32.85)	1:32.85
29 Danni Hughes	Holland	44.60 (44.60)	1:34.28 (49.68)	1:34.28
30 Aurora Morin	Mona Shores (Muskegon)	–	1:38.47 (1:38.47)	1:38.47

Event #11 - 100 Breast Women

A Final

Name	Team	50m	100m	Time
X Callie Rantanen	Spring Lake	40.11 (40.11)	1:23.95 (43.84)	1:23.95
X Lexi McKee	Grand Rapids Christian	39.63 (39.63)	1:27.35 (47.72)	1:27.35
X Rhyan Hare	Spring Lake	41.65 (41.65)	1:27.83 (46.18)	1:27.83
X Maggie Telgenhof	Holland	41.47 (41.47)	1:28.02 (46.55)	1:28.02
X Sylvia Mannes	Hamilton	42.40 (42.40)	1:28.56 (46.16)	1:28.56
X Maddox Veldkamp	Grand Rapids Christian	43.15 (43.15)	1:28.65 (45.50)	1:28.65
X Lily Kline	Spring Lake	41.19 (41.19)	1:29.86 (48.67)	1:29.86
X Daria Vander Griend	Grand Rapids Christian	42.98 (42.98)	1:31.21 (48.23)	1:31.21

B Final

Name	Team	50m	100m	Score	Time
1 Courtney Holtrop	Unity Christian	33.00 (33.00)	1:10.43 (37.43)	20	1:10.43
2 Susie Van Baale	Mona Shores (Muskegon)	33.40 (33.40)	1:11.70 (38.30)	17	1:11.70
3 Sadie Vander Heide	Spring Lake	33.20 (33.20)	1:11.75 (38.55)	16	1:11.75
4 Katherine Gates	Unity Christian	33.60 (33.60)	1:12.17 (38.57)	15	1:12.17
5 Ellie Vredevoogd	Unity Christian	33.86 (33.86)	1:13.02 (39.16)	14	1:13.02
6 Adaline Garvelink	Hamilton	34.27 (34.27)	1:13.16 (38.89)	13	1:13.16
7 Veda Harkness	Grand Rapids Christian	33.97 (33.97)	1:13.75 (39.78)	12	1:13.75
8 Kiera Lewis	Hamilton	33.94 (33.94)	1:14.25 (40.31)	11	1:14.25

C Final

Name	Team	50m	100m	Score	Time
9 Elizabeth Doezeema	Grand Rapids Christian	34.50 (34.50)	1:15.91 (41.41)	9	1:15.91
10 Abigail Weis	Spring Lake	36.01 (36.01)	1:16.66 (40.65)	7	1:16.66
11 Jackie Brink	Holland Christian	36.00 (36.00)	1:18.57 (42.57)	6	1:18.57
12 Lindsey Wierenga	Grand Rapids Christian	35.74 (35.74)	1:18.58 (42.84)	5	1:18.58
13 Ashlynn Laarman	Holland Christian	37.88 (37.88)	1:20.91 (43.03)	4	1:20.91
14 Izzy Rotman	Holland Christian	38.88 (38.88)	1:21.55 (42.67)	3	1:21.55
15 Kendall Cornell	Hamilton	38.41 (38.41)	1:23.08 (44.67)	2	1:23.08
16 Ainsley Buhr	Spring Lake	39.97 (39.97)	1:23.60 (43.63)	1	1:23.60





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Event #11 - 100 Breast Women

Prelims

Name	Team	50m	100m	Time
1 Sadie Vander Heide	Spring Lake	32.67 (32.67)	1:09.90 (37.23)	1:09.90
2 Courtney Holtrop	Unity Christian	33.49 (33.49)	1:11.89 (38.40)	1:11.89
3 Susie Van Baale	Mona Shores (Muskegon)	33.36 (33.36)	1:12.92 (39.56)	1:12.92
4 Katherine Gates	Unity Christian	34.45 (34.45)	1:13.66 (39.21)	1:13.66
5 Ellie Vredevoogd	Unity Christian	34.27 (34.27)	1:13.92 (39.65)	1:13.92
6 Adaline Garvelink	Hamilton	34.45 (34.45)	1:14.04 (39.59)	1:14.04
7 Veda Harkness	Grand Rapids Christian	34.10 (34.10)	1:14.06 (39.96)	1:14.06
8 Kiera Lewis	Hamilton	34.36 (34.36)	1:14.60 (40.24)	1:14.60
9 Elizabeth Doezeema	Grand Rapids Christian	34.90 (34.90)	1:14.71 (39.81)	1:14.71
10 Jackie Brink	Holland Christian	35.09 (35.09)	1:17.08 (41.99)	1:17.08
11 Abigail Weis	Spring Lake	36.36 (36.36)	1:17.53 (41.17)	1:17.53
12 Lindsey Wierenga	Grand Rapids Christian	35.43 (35.43)	1:18.15 (42.72)	1:18.15
13 Ashlynn Laarman	Holland Christian	37.50 (37.50)	1:21.41 (43.91)	1:21.41
14 Izzy Rotman	Holland Christian	38.94 (38.94)	1:21.50 (42.56)	1:21.50
15 Kendall Cornell	Hamilton	38.26 (38.26)	1:22.06 (43.80)	1:22.06
16 Ainsley Buhr	Spring Lake	40.34 (40.34)	1:22.49 (42.15)	1:22.49
X Callie Rantanen	Spring Lake	38.65 (38.65)	1:24.44 (45.79)	1:24.44
X Maggie Telgenhof	Holland	39.93 (39.93)	1:25.59 (45.66)	1:25.59
X Lexi McKee	Grand Rapids Christian	40.18 (40.18)	1:28.04 (47.86)	1:28.04
X Sylvia Mannes	Hamilton	41.74 (41.74)	1:28.49 (46.75)	1:28.49
X Rhyan Hare	Spring Lake	42.77 (42.77)	1:28.87 (46.10)	1:28.87
X Maddox Veldkamp	Grand Rapids Christian	41.08 (41.08)	1:29.40 (48.32)	1:29.40
X Lily Kline	Spring Lake	42.65 (42.65)	1:31.22 (48.57)	1:31.22
X Daria Vander Griend	Grand Rapids Christian	44.62 (44.62)	1:32.60 (47.98)	1:32.60
25 Sydney McFarland	Holland	45.18 (45.18)	1:35.58 (50.40)	1:35.58
26 Lena D'Addona	Holland	44.94 (44.94)	1:36.04 (51.10)	1:36.04
27 Elizabeth Grotenhuis	Mona Shores (Muskegon)	43.93 (43.93)	1:36.27 (52.34)	1:36.27
28 Hannah Compagner	Grand Rapids Christian	46.20 (46.20)	1:38.19 (51.99)	1:38.19
29 Vendela Anderbro	Spring Lake	47.99 (47.99)	1:44.44 (56.45)	1:44.44
30 Alejandra Martin Fernandez	Spring Lake	49.00 (49.00)	1:54.78 (1:05.78)	1:54.78
Emersyn Fischer	Unity Christian	44.10 (44.10)	1:18.00 (33.90)	DQ

Event #12 - 400 Free Relay Women

A Final

Name	Score	Time
1 Holland Christian A	40	3:40.29
Ruth Ryden	26.93 (26.93)	56.24 (29.31)
Kyla Schippers	26.98 (26.98)	57.54 (30.56)
Sara Algera	25.92 (25.92)	55.11 (29.19)
Camryn Siegers	23.69 (23.69)	51.40 (27.71)
2 Spring Lake A	34	3:43.68
Alana Mazurek	26.93 (26.93)	57.01 (30.08)
Ellie Adams	26.01 (26.01)	54.93 (28.92)
Macy Subka	27.10 (27.10)	56.98 (29.88)
Hannah Brown	25.22 (25.22)	54.76 (29.54)





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Event #12 - 400 Free Relay Women

A Final

Name			Score	Time
3	Unity Christian A		32	3:50.02
	Lily Dewaalmalefyt	27.41 (27.41)		56.74 (29.33)
	Claire Hoezee	28.38 (28.38)		58.86 (30.48)
	Ava Schepers	27.15 (27.15)		57.15 (30.00)
	Katherine Gates	26.85 (26.85)		57.27 (30.42)
4	Grand Rapids Christian A		30	3:53.82
	Madeleine Mills	27.56 (27.56)		57.40 (29.84)
	Ali Buist	27.39 (27.39)		59.04 (31.65)
	Lucy Molenbeek	27.52 (27.52)		58.24 (30.72)
	Anneke Nederveld	27.68 (27.68)		59.14 (31.46)
5	Hamilton A		28	3:56.10
	Keira Volkers	27.64 (27.64)		58.62 (30.98)
	Alyssa Volkers	27.06 (27.06)		58.03 (30.97)
	Emma Reilly	28.47 (28.47)		1:00.01 (31.54)
	Adaline Garvelink	27.44 (27.44)		59.44 (32.00)
6	Holland A		26	4:51.18
	Morgan Siffin	33.87 (33.87)		1:10.78 (36.91)
	Lena D'Addona	35.25 (35.25)		1:17.48 (42.23)
	Karinna Martinez	33.35 (33.35)		1:12.75 (39.40)
	Paige Frens	32.34 (32.34)		1:10.17 (37.83)
7	Mona Shores (Muskegon) A		24	5:12.65
	Aurora Morin	41.57 (41.57)		1:24.78 (43.21)
	Hollen Emmick	35.23 (35.23)		1:16.12 (40.89)
	Kayla Vanderlinde	38.47 (38.47)		1:19.65 (41.18)
	Sherry Jiang	34.03 (34.03)		1:12.10 (38.07)

B Final

Name				Time
9	Holland Christian B			4:01.56
	Payton Myrick	29.19 (29.19)		1:00.37 (31.18)
	Emma Brower	28.69 (28.69)		1:00.26 (31.57)
	Kennie Lewis	28.44 (28.44)		1:00.29 (31.85)
	Ava Helms	27.94 (27.94)		1:00.64 (32.70)
10	Unity Christian B			4:08.26
	Jayda Velzen	28.50 (28.50)		58.79 (30.29)
	Brooke Drenth	31.74 (31.74)		1:09.28 (37.54)
	Erica Schuur	29.18 (29.18)		1:01.25 (32.07)
	Eden Byker	28.02 (28.02)		58.94 (30.92)
11	Grand Rapids Christian B			4:10.63
	Olivia Koldenhoven	28.80 (28.80)		1:00.45 (31.65)
	Gertie Heerema	29.58 (29.58)		1:02.91 (33.33)
	Emily Vander Heide	29.77 (29.77)		1:04.71 (34.94)
	Elizabeth Doezeema	29.82 (29.82)		1:02.56 (32.74)





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Event #12 - 400 Free Relay Women

B Final

Name				Time
12	Spring Lake B			4:16.61
	Alex Botbyl	29.01 (29.01)	1:01.42 (32.41)	
	Charlotte Van Harken	32.28 (32.28)	1:05.72 (33.44)	
	Eleanor Nelson	32.53 (32.53)	1:09.49 (36.96)	
	Rachael Brower	27.93 (27.93)	59.98 (32.05)	
13	Hamilton B			4:25.27
	Julia Fynewever	31.14 (31.14)	1:06.48 (35.34)	
	Isabelle Troost	29.88 (29.88)	1:04.36 (34.48)	
	Isabelle Ruiters	31.17 (31.17)	1:06.41 (35.24)	
	Olivia Dubbink	32.22 (32.22)	1:08.02 (35.80)	
14	Holland B			5:27.59
	Shaylen Anderson	44.32 (44.32)	1:32.16 (47.84)	
	Sydney McFarland	35.46 (35.46)	1:16.12 (40.66)	
	Danni Hughes	36.99 (36.99)	1:20.31 (43.32)	
	Rylie Solomon	36.63 (36.63)	1:18.00 (42.37)	

C Final

Name				Time
17	Grand Rapids Christian C			4:32.99
18	Spring Lake C			4:40.76
	Bella Vandermeer	31.47 (31.47)	1:06.74 (35.27)	
	Lyla Quiney	34.99 (34.99)	1:14.46 (39.47)	
	Karley Cough	31.38 (31.38)	1:07.77 (36.39)	
	Calleigh Fogel	33.35 (33.35)	1:11.79 (38.44)	
19	Holland Christian C			4:44.27
	Bela Heil	33.63 (33.63)	1:13.26 (39.63)	
	Josie VanderVeen	34.82 (34.82)	1:12.32 (37.50)	
	Eva Carini	36.58 (36.58)	1:17.78 (41.20)	
	Addison Slenk	28.88 (28.88)	1:00.91 (32.03)	

Prelims

Name				Time
1	Spring Lake A			3:45.54
	Alana Mazurek	27.58 (27.58)	57.99 (30.41)	
	Ellie Adams	26.67 (26.67)	56.09 (29.42)	
	Macy Subka	27.03 (27.03)	57.19 (30.16)	
	Hannah Brown	25.02 (25.02)	54.27 (29.25)	
2	Holland Christian A			3:45.82
	Ruth Ryden	27.96 (27.96)	58.22 (30.26)	
	Kyla Schippers	27.80 (27.80)	59.18 (31.38)	
	Sara Algera	26.90 (26.90)	57.07 (30.17)	
	Camryn Siegers	24.42 (24.42)	51.35 (26.93)	





Ok Lakeshore Girls Conference

Nov 8, 2024, 09:00:00 AM Hamilton, MI – 25 yards

Results



Event #12 - 400 Free Relay Women

Prelims

Name				Time
3	Unity Christian A			3:52.14
	Jayda Velzen	28.71 (28.71)	59.28 (30.57)	
	Ava Schepers	28.14 (28.14)	58.45 (30.31)	
	Lily Dewaalmalefyt	27.10 (27.10)	56.40 (29.30)	
	Katherine Gates	27.30 (27.30)	58.01 (30.71)	
4	Hamilton A			3:55.20
	Keira Volkers	27.34 (27.34)	57.87 (30.53)	
	Alyssa Volkers	26.34 (26.34)	57.16 (30.82)	
	Emma Reilly	28.47 (28.47)	59.79 (31.32)	
	Adaline Garvelink	28.03 (28.03)	1:00.38 (32.35)	
5	Grand Rapids Christian A			3:57.88
	Madeleine Mills	27.38 (27.38)	57.23 (29.85)	
	Ali Buist	28.05 (28.05)	1:00.22 (32.17)	
	Lucy Molenbeek	28.11 (28.11)	59.55 (31.44)	
	Anneke Nederveld	28.64 (28.64)	1:00.88 (32.24)	
6	Holland Christian B			4:04.27
	Payton Myrick	29.07 (29.07)	1:01.15 (32.08)	
	Ava Helms	27.71 (27.71)	1:00.79 (33.08)	
	Kennie Lewis	29.12 (29.12)	1:01.08 (31.96)	
	Emma Brower	29.41 (29.41)	1:01.25 (31.84)	
7	Grand Rapids Christian B			4:07.38
	Olivia Koldenhoven	28.37 (28.37)	59.30 (30.93)	
	Gertie Heerema	29.70 (29.70)	1:02.09 (32.39)	
	Emily Vander Heide	30.39 (30.39)	1:05.41 (35.02)	
	Elizabeth Doezeema	28.93 (28.93)	1:00.58 (31.65)	
8	Spring Lake B			4:17.07
	Alex Botbyl	27.95 (27.95)	59.45 (31.50)	
	Charlotte Van Harken	32.44 (32.44)	1:06.33 (33.89)	
	Eleanor Nelson	32.59 (32.59)	1:09.01 (36.42)	
	Rachael Brower	29.01 (29.01)	1:02.28 (33.27)	
9	Hamilton B			4:20.84
	Julia Fynewever	30.85 (30.85)	1:05.39 (34.54)	
	Isabelle Troost	29.16 (29.16)	1:01.57 (32.41)	
	Isabelle Ruiters	30.63 (30.63)	1:05.13 (34.50)	
	Olivia Dubbink	32.05 (32.05)	1:08.75 (36.70)	
10	Unity Christian B			4:25.64
	Eden Byker	30.06 (30.06)	1:02.75 (32.69)	
	Erica Schuur	30.93 (30.93)	1:03.43 (32.50)	
	Brooke Drenth	32.72 (32.72)	1:09.98 (37.26)	
	Aubrey Hoezee	33.39 (33.39)	1:09.48 (36.09)	
11	Grand Rapids Christian C			4:37.28
	Katherine Brandt	30.03 (30.03)	1:02.81 (32.78)	
	Grace Vander Woerd	31.81 (31.81)	1:08.54 (36.73)	
	Rebekah Poppen	36.24 (36.24)	1:18.20 (41.96)	
	Maddox Veldkamp	32.24 (32.24)	1:07.73 (35.49)	





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Results



Event #12 - 400 Free Relay Women

Prelims

Name				Time
12	Spring Lake C			4:41.69
	Bella Vandermeer	31.08 (31.08)	1:07.25 (36.17)	
	Lyla Quiney	35.98 (35.98)	1:16.01 (40.03)	
	Karley Cough	31.96 (31.96)	1:07.59 (35.63)	
	Calleigh Fogel	33.38 (33.38)	1:10.84 (37.46)	
13	Holland A			4:43.25
	Morgan Siffin	32.58 (32.58)	1:08.88 (36.30)	
	Karinna Martinez	35.65 (35.65)	1:16.00 (40.35)	
	Paige Frens	31.76 (31.76)	1:10.37 (38.61)	
	Olivia Bernal	32.16 (32.16)	1:08.00 (35.84)	
14	Holland Christian C			4:52.74
	Bela Heil	34.59 (34.59)	1:13.11 (38.52)	
	Josie VanderVeen	37.01 (37.01)	1:17.00 (39.99)	
	Eva Carini	37.07 (37.07)	1:20.61 (43.54)	
	Addison Slenk	28.66 (28.66)	1:02.02 (33.36)	
15	Mona Shores (Muskegon) A			5:17.15
	Aurora Morin	42.31 (42.31)	1:26.36 (44.05)	
	Hollen Emmick	35.75 (35.75)	1:17.02 (41.27)	
	Kayla Vanderlinde	38.87 (38.87)	1:21.45 (42.58)	
	Sherry Jiang	34.18 (34.18)	1:12.32 (38.14)	
16	Holland B			5:38.66
	Shaylen Anderson	45.74 (45.74)	1:37.58 (51.84)	
	Sydney McFarland	36.96 (36.96)	1:16.66 (39.70)	
	Lena D'Addona	37.92 (37.92)	1:20.67 (42.75)	
	Rylie Solomon	39.35 (39.35)	1:23.75 (44.40)	

