

2023 Girls Ok Rainbow Conference - 11/3/2023 to 11/4/2023

Results - Swimming / Diving Finals

Event 1 Girls 200 Yard Medley Relay			
Team	Relay	Finals Time	
A - Final			
1 Zeeland-D1	A	1:48.64	
1) Brinks, Abigail	2) Gettings, Ariyah		
3) Ensing, Madison 15	4) Meyer, Jenna		
28.65 29.40	25.38 25.21		
2 HOLCH-D3	A	1:50.25	
1) Siegers, Camryn	2) Siegers, Eden		
3) Ryden, Ruthie	4) Heeres, Maria		
26.06 32.78	27.47 23.94		
3 Spring Lake-D3	A	1:56.64	
1) Rose, Tegan	2) Vander Heide, Sadie		
3) Boodt, Bella	4) Brown, Hannah		
30.22 33.61	28.43 24.38		
4 Hamilton-D3	A	1:57.19	
1) Garvelink, Adaline 15	2) Lucas, Lydia 17		
3) Volkers, Alyssa 15	4) Volkers, Keira 15		
30.40 32.82	28.03 25.94		
5 HOLND-D2	A	1:59.84	
1) Legg, Natalie	2) VanIngen, Abby		
3) Tran, Thy	4) Lopez-Koolhaas, Miriam		
27.95 35.50	30.66 25.73		
6 Mmsg-D1-D1	A	2:00.09	
1) Sytsema, Sydney 17	2) Van Baale, Susie 14		
3) Stout, Eva 17	4) Gaston, Marilyn 17		
29.45 33.91	29.99 26.74		
7 GRCC	A	2:01.85	
1) Braun, Mae	2) McNamara, Kate		
3) Rodriguez, Valeria	4) Eliassen, Jacqueline		
28.67 35.69	29.90 27.59		
B - Final			
9 Zeeland-D1	B	x1:57.81	
1) Meyering, Molly	2) Wolters, Jossalyn 16		
3) Davis, Paige	4) Alberda, Dana		
30.16 33.59	27.53 26.53		
10 HOLCH-D3	B	x2:00.02	
1) Myrick, Payton	2) Brink, Jackie		
3) Algera, Sara	4) Huisenga, Rylie		
32.79 32.93	28.61 25.69		
11 Hamilton-D3	B	x2:04.31	
1) Troost, Isabelle 16	2) Lewis, Kiera 16		
3) Barnhill, Sydney 17	4) Reilly, Emma 16		
32.57 34.67	30.74 26.33		
12 Spring Lake-D3	B	x2:06.32	
1) Brower, Rachel	2) Fouchea, Ava		
3) Geschiere, Renee	4) Rantanen, Callie		
32.46 34.65	30.75 28.46		
13 GRCC	B	x2:10.20	
1) Krajewski, Katie	2) Meerman, Lauren		
3) Bocian, Isabelle	4) Behmer, Lainey		
32.99 36.21	33.02 27.98		
14 HOLND-D2	B	x2:12.17	
1) Vasquez-Trejo, Marlene	2) Mendels, Lilly		
3) Hoebbel, Rilee	4) Martinez, Niah		
36.06 35.24	32.12 28.75		
15 Mmsg-D1-D1	B	x2:12.86	
1) Zziwambazza, Sophia 17	2) DeJonge, Isabella 17		
3) Curow, Millie 18	4) Offman, Grace 15		
32.19 38.66	32.63 29.38		
C - Final			
17 Zeeland-D1	C	x2:04.73	
1) Guzicki, Riley	2) Tracy, Alaina		
3) Mishler, Addison 15	4) Nykamp, Reese		
32.93 35.99	28.79 27.02		
18 HOLCH-D3	C	x2:04.74	
1) Schippers, Kyla	2) VanderZwaag, Baylee		
3) Helms, Ava	4) Knot, Hannah		
33.40 35.00	28.60 27.74		
19 Spring Lake-D3	C	x2:21.47	
1) Nelson, Eleanor	2) Gootjes, Julia		
3) Fogel, Calleigh	4) Dill, Alexis		
34.09 42.28	33.83 31.27		
20 Hamilton-D3	C	x2:26.45	
1) Overbeek, Olivia 17	2) Fyneweever, Josie 17		
3) Rodriguez Gonzalez, Sandra 15	4) Hoover, Charlee		
35.87 34.09	45.35 31.14		
21 GRCC	C	x2:26.97	
1) Boivin, Mirabelle	2) Troth, Alyza		
3) Russo, Caylee	4) Morrow, Ella		
34.85 47.21	33.31 31.60		
22 Mmsg-D1-D1	C	x2:37.57	
1) Bradley, Claire 15	2) Bazzett, Alexis 14		
3) Bowen, Cambree 17	4) Jiang, Sherry 14		
37.35 46.66	39.12 34.44		
Event 2 Girls 200 Yard Freestyle			
Name	Age	School	Finals Time
A - Final			
1 Siegers, Eden		HOLCH-D3	2:00.67
28.61 30.41		31.06 30.59	
2 DeVries, Adeline		Zeeland-D1	2:02.37
28.64 30.94		31.07 31.72	
3 VanDyken, Anna	15	Zeeland-D1	2:02.53
28.30 31.42		32.27 30.54	
4 Weenum, Peyton	15	Zeeland-D1	2:03.87
28.87 31.44		32.16 31.40	
5 Algera, Sara		HOLCH-D3	2:04.83
28.85 31.84		32.13 32.01	
6 Reilly, Emma	16	Hamilton-D3	2:06.98
29.81 31.48		32.96 32.73	
7 Grabinski, Addison	17	Hamilton-D3	2:08.24
29.16 31.78		33.36 33.94	
8 Meyers, Sophia		Spring Lake-D3	2:10.84
29.53 33.47		34.60 33.24	
B - Final			
9 Fouchea, Ava		Spring Lake-D3	2:11.32
29.62 33.10		34.38 34.22	
10 Frens, Nora		HOLND-D2	2:13.00
29.84 33.70		35.35 34.11	
11 Brower, Emma		HOLCH-D3	2:14.04
30.92 33.73		35.18 34.21	
12 Stout, Eva	17	Mmsg-D1-D1	2:16.58
32.22 35.48		35.32 33.56	

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B - Final ... (Event 2 Girls 200 Yard Freestyle)

Name	Age	School	Finals Time
13 Schwallier, Annabelle		GRCC	2:19.42
31.28	34.91	36.68	36.55
14 Scholten, Makena	17	Hamilton-D3	2:20.90
31.24	35.22	37.28	37.16
15 Curow, Millie	18	Mmsg-D1-D1	2:22.07
32.30	36.10	37.95	35.72
16 Eliassen, Jacqueline		GRCC	2:23.05
31.03	36.09	38.10	37.83
C - Final			
17 Troost, Isabelle	16	Hamilton-D3	2:16.62
31.79	34.65	35.40	34.78
18 Pyle, Emily		Zeeland-D1	2:17.89
31.30	35.62	36.11	34.86
19 Nelson, Eleanor		Spring Lake-D3	2:23.48
32.43	36.47	38.12	36.46
20 McGee, Eden		HOLCH-D3	2:23.61
32.47	36.70	37.69	36.75
21 Bocian, Isabelle		GRCC	2:25.04
34.00	36.90	38.07	36.07
22 Stapleton, Emma Kate		GRCC	2:25.43
32.51	36.56	38.17	38.19
23 Hoebbel, Rilee		HOLND-D2	2:26.04
34.13	37.64	38.09	36.18
24 Gootjes, Julia		Spring Lake-D3	2:29.24
31.32	37.35	40.26	40.31

Event 3 Girls 200 Yard IM

Name	Age	School	Finals Time
A - Final			
1 Ensing, Madison	15	Zeeland-D1	2:08.11
27.17	32.84	38.68	29.42
2 Gettings, Ariyah		Zeeland-D1	2:16.37
29.70	37.06	36.53	33.08
3 Ryden, Ruthie		HOLCH-D3	2:21.02
30.17	35.88	42.82	32.15
4 Volkers, Alyssa	15	Hamilton-D3	2:21.37
29.63	37.04	43.54	31.16
5 Boodt, Bella		Spring Lake-D3	2:26.06
29.79	38.67	45.72	31.88
6 Garvelink, Adaline	15	Hamilton-D3	2:26.20
31.40	37.20	43.12	34.48
7 Tracy, Alaina		Zeeland-D1	2:32.60
33.52	40.19	44.01	34.88
8 VanIngen, Abby		HOLND-D2	2:35.13
32.74	38.32	47.76	36.31
B - Final			
9 Wolters, Jossalyn	16	Zeeland-D1	2:33.05
34.22	41.45	43.30	34.08
10 Barnhill, Sydney	17	Hamilton-D3	2:37.19
33.44	41.46	48.34	33.95
11 Van Baale, Susie	14	Mmsg-D1-D1	2:44.53
36.12	40.98	49.73	37.70
12 Lewis, Kiera	16	Hamilton-D3	2:44.86
36.85	43.93	45.60	38.48

13 Rantanen, Callie		Spring Lake-D3	2:46.72
35.19	43.76	49.82	37.95
14 Offman, Grace	15	Mmsg-D1-D1	2:47.61
35.88	40.41	52.86	38.46
15 Sullivan, Kathleen		GRCC	2:53.12
35.83	43.55	55.40	38.34
16 Russo, Caylee		GRCC	2:59.29
38.13	44.63	58.52	38.01
C - Final			
17 Byrne, Brigid		GRCC	2:54.64
37.32	42.25	59.10	35.97
18 Fogel, Calleigh		Spring Lake-D3	2:55.84
36.36	1:40.33	39.15	

Event 4 Girls 50 Yard Freestyle

Name	Age	School	Finals Time
A - Final			
1 Brown, Hannah		Spring Lake-D3	24.70
2 Heeres, Maria		HOLCH-D3	24.99
3 Meyer, Jenna		Zeeland-D1	25.49
4 Brinks, Abigail		Zeeland-D1	25.62
*5 Hutt, Miah		Zeeland-D1	25.64
*5 Rose, Tegan		Spring Lake-D3	25.64
7 Huisenga, Rylie		HOLCH-D3	26.23
8 Lopez-Koolhaas, Miriam		HOLND-D2	26.25
B - Final			
9 Sytsema, Sydney	17	Mmsg-D1-D1	25.91
10 Lucas, Lydia	17	Hamilton-D3	26.31
11 Mishler, Addison	15	Zeeland-D1	26.53
12 Helms, Ava		HOLCH-D3	26.76
13 Ludema, Maya	16	Hamilton-D3	26.80
14 Schippers, Kyla		HOLCH-D3	27.01
15 Tran, Thy		HOLND-D2	27.05
--- Volkers, Keira	15	Hamilton-D3	DQ
C - Final			
17 Botbyl, Alex		Spring Lake-D3	26.57
18 Alberda, Dana		Zeeland-D1	x27.05
19 Myrick, Payton		HOLCH-D3	x27.07
20 Nykamp, Reese		Zeeland-D1	x27.58
21 Vander Heide, Sadie		Spring Lake-D3	27.79
22 Wilson, Avarey		Zeeland-D1	x27.89
23 Levandoski, Ava	16	Zeeland-D1	x27.98
24 Linn, Elise		Zeeland-D1	x28.19

Event 5 Girls 1 mtr Diving

Name	Age	School	Finals Score
A - Final			
1 DuBois, Sadie		HOLCH-D3	381.70
2 Cotter, Lucy		GRCC	369.30
3 Popma, Josi		Hamilton-D3	359.15
4 Winklepleck, Layla	16	Hamilton-D3	346.35
5 Meyering, Emmerson		Zeeland-D1	337.10
6 Iverson, Sabrina		HOLCH-D3	331.45
7 Paskvan, Joselyn	15	Hamilton-D3	312.15
8 Emmick, Hollen	15	Mmsg-D1-D1	297.10
B - Final			
9 Medendorp, Jessica	18	Hamilton-D3	271.95

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B - Final ... (Event 5 Girls 1 mtr Diving)

Name	AgeSchool	Finals Score
10 Perton, Aubrey	HOLCH-D3	262.75
11 Telgenhof, Maggie	HOLND-D2	256.85
12 Hekman, Victoria	HOLCH-D3	240.60
13 Kline, Maddi	Spring Lake-D3	199.45
14 Wiseman, Amaya	Spring Lake-D3	198.75
15 Peacock, Elizabeth	GRCC	154.00
--- Brown, Ava	GRCC	X185.70

C - Final

--- Miller, Maya	Hamilton-D3	X273.35
--- Deur, Myleigh	15 Zeeland-D1	X208.65
--- Korte, Annabelle	GRCC	X169.45
--- Brakora, Sophia	Spring Lake-D3	DQ

Event 6 Girls 100 Yard Butterfly

Name	AgeSchool	Finals Time
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A - Final

1 Ensing, Madison	15 Zeeland-D1	58.63
27.41	31.22	
2 Davis, Paige	Zeeland-D1	1:02.06
28.35	33.71	
3 Braun, Mae	GRCC	1:03.04
29.24	33.80	
4 Algera, Sara	HOLCH-D3	1:03.63
29.44	34.19	
5 Legg, Natalie	HOLND-D2	1:03.88
29.35	34.53	
6 Boodt, Bella	Spring Lake-D3	1:04.06
29.82	34.24	
7 Volkers, Alyssa	15 Hamilton-D3	1:04.49
30.15	34.34	
8 Stout, Eva	17 Mmsg-D1-D1	1:07.05
30.96	36.09	

B - Final

9 Gaston, Marilyn	17 Mmsg-D1-D1	1:08.17
31.50	36.67	
10 Mishler, Addison	15 Zeeland-D1	1:09.25
32.65	36.60	
11 Barnhill, Sydney	17 Hamilton-D3	1:09.59
33.49	36.10	
12 Helms, Ava	HOLCH-D3	1:10.31
32.22	38.09	
13 Rodriguez, Valeria	GRCC	1:10.46
32.16	38.30	
14 Meyers, Sophia	Spring Lake-D3	1:11.33
33.32	38.01	
15 Hoebbel, Rilee	HOLND-D2	1:15.69
34.55	41.14	
16 Fynewever, Josie	17 Hamilton-D3	1:15.70
33.98	41.72	

C - Final

17 Linn, Elise	Zeeland-D1	1:15.24
35.79	39.45	
18 Mendels, Lilly	HOLND-D2	1:16.24
35.37	40.87	

19 Fogel, Calleigh	Spring Lake-D3	1:19.11
35.66	43.45	
20 Boivin, Mirabelle	GRCC	1:22.72
36.56	46.16	
21 Michaelis, Olivia	16 Mmsg-D1-D1	1:35.22
43.21	52.01	
22 Hughes, Danielle	HOLND-D2	1:36.52
43.55	52.97	

Event 7 Girls 100 Yard Freestyle

Name	AgeSchool	Finals Time
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A - Final

1 Siegers, Camryn	HOLCH-D3	51.40
24.37	27.03	
2 Heeres, Maria	HOLCH-D3	53.95
25.88	28.07	
3 Meyering, Molly	Zeeland-D1	55.62
26.75	28.87	
4 Brown, Hannah	Spring Lake-D3	55.89
26.78	29.11	
5 Rose, Tegan	Spring Lake-D3	56.39
26.76	29.63	
6 Hutt, Miah	Zeeland-D1	56.92
27.41	29.51	
7 Huisenga, Rylie	HOLCH-D3	58.49
27.67	30.82	
8 Lopez-Koolhaas, Miriam	HOLND-D2	59.06
28.23	30.83	

B - Final

9 Lucas, Lydia	17 Hamilton-D3	57.81
27.43	30.38	
10 Alberda, Dana	Zeeland-D1	58.87
28.24	30.63	
11 Myrick, Payton	HOLCH-D3	1:00.17
28.70	31.47	
12 Ludema, Maya	16 Hamilton-D3	1:00.24
27.64	32.60	
13 Brower, Rachel	Spring Lake-D3	1:00.65
28.23	32.42	
14 Volkers, Keira	15 Hamilton-D3	1:01.80
28.88	32.92	
15 Behmer, Lainey	GRCC	1:01.85
29.37	32.48	
16 McCullough, Madelyn	Zeeland-D1	1:02.92
29.43	33.49	

C - Final

17 Eenigenburg, Maria	17 Mmsg-D1-D1	1:01.76
29.66	32.10	
18 Knot, Hannah	HOLCH-D3	x1:02.40
30.68	31.72	
19 Krajewski, Katie	GRCC	1:03.23
30.47	32.76	
20 DeJonge, Isabella	17 Mmsg-D1-D1	1:03.48
30.11	33.37	
21 Dalrymple, Liz	GRCC	1:03.55
30.00	33.55	

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C - Final ... (Event 7 Girls 100 Yard Freestyle)									
Name	Age	School	Finals Time						
22 Zziwambazza, Sophia	17	Mmsg-D1-D1	1:03.58		12 Geschiere, Renee	Spring Lake-D3		6:06.66	
31.42	32.16				29.95	34.54	37.53	37.57	
					38.22	37.79	39.35	38.70	
23 Lampen, Avery		HOLCH-D3	x1:03.62		37.85	35.16			
30.38	33.24				13 Schwallier, Annabelle	GRCC		6:13.76	
					32.10	35.17	36.66	38.33	
24 Sullivan, Kathleen		GRCC	1:04.09		39.66	39.27	39.31	38.70	
30.63	33.46				38.27	36.29			
Event 8 Girls 500 Yard Freestyle					14 VanIngen, Abby	HOLND-D2		6:15.33	
Name	Age	School	Finals Time		32.00	36.32	37.52	38.41	
A - Final					38.69	38.39	39.27	39.48	
1 VanDyken, Anna	15	Zeeland-D1	5:26.49		37.97	37.28			
29.11	32.71	33.44	33.03		15 Scholten, Makena	17 Hamilton-D3		6:23.50	
33.89	33.11	33.74	32.93		32.00	37.03	38.67	39.11	
32.78	31.75				39.47	39.99	40.15	39.86	
					40.13	37.09			
2 DeVries, Adeline		Zeeland-D1	5:28.27		16 Eliassen, Jacqueline	GRCC		6:28.84	
29.92	32.42	33.13	33.07		31.97	36.84	40.30	40.89	
33.65	33.50	33.86	33.70		40.41	40.65	39.85	41.49	
33.42	31.60				39.18	37.26			
3 Weenum, Peyton	15	Zeeland-D1	5:29.16		C - Final				
29.71	32.30	32.37	33.22		17 Byrne, Brigid	GRCC		x6:08.53	
33.17	33.58	34.04	34.00		33.53	36.81	37.38	37.12	
33.83	32.94				37.74	37.24	37.42	37.63	
4 Grabinski, Addison	17	Hamilton-D3	5:49.23		37.73	35.93			
30.78	33.87	34.67	34.91		18 McGee, Eden	HOLCH-D3		6:22.01	
35.71	35.76	35.84	36.06		34.31	38.26	38.57	38.96	
36.35	35.28				39.37	39.48	39.59	39.32	
5 Reilly, Emma	16	Hamilton-D3	5:50.01		38.00	36.15			
31.08	34.27	34.88	34.90		19 Curow, Millie	18 Mmsg-D1-D1		6:23.09	
34.85	35.21	36.56	37.23		33.00	35.87	36.66	38.07	
36.60	34.43				38.13	41.28	42.00	41.11	
6 McNamara, Kate		GRCC	5:52.49		40.62	36.35			
30.89	34.38	35.23	36.09		20 Stapleton, Emma Kate	GRCC		x6:32.87	
37.11	36.78	36.39	36.16		33.82	36.99	39.24	40.03	
35.56	33.90				40.69	40.94	41.19	41.02	
7 Brower, Emma		HOLCH-D3	5:53.26		41.24	37.71			
32.09	34.24	35.32	36.03		21 Dill, Alexis	Spring Lake-D3		6:47.27	
36.08	36.31	36.51	36.33		34.64	38.71	40.10	41.49	
35.76	34.59				41.69	42.30	42.80	42.54	
8 Bothyl, Alex		Spring Lake-D3	5:57.92		42.90	40.10			
28.87	33.56	36.14	36.85		22 Martinez, Karinna	HOLND-D2		6:48.87	
37.62	37.65	37.25	37.30		32.94	39.97	41.98	42.00	
37.44	35.24				42.66	43.39	41.79	2:04.17	
B - Final					23 Bazzett, Alexis	14 Mmsg-D1-D1		7:37.82	
9 Wilson, Avarey		Zeeland-D1	5:59.65		37.03	43.51	45.32	46.70	
30.25	34.22	36.79	36.25		48.11	47.23	48.01	48.12	
36.50	37.61	37.66	37.32		48.86	44.93			
37.76	35.29				24 Vanderlinde, Zoey	17 Mmsg-D1-D1		7:54.19	
10 VanderZwaag, Baylee		HOLCH-D3	6:04.47		41.59	47.34	48.51	49.00	
30.71	35.63	37.23	37.42		48.51	48.98	49.03	47.57	
37.98	38.38	38.35	38.09		47.55	46.11			
37.38	33.30								
11 Rodriguez, Valeria		GRCC	6:05.10						
30.79	35.43	36.79	36.82						
38.75	38.09	38.24	38.25						
37.62	34.32								

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Results - Swimming / Diving Finals

Event 9 Girls 200 Yard Freestyle Relay				Event 10 Girls 100 Yard Backstroke				
Team	Relay	Finals Time		Name	Age	School	Finals Time	
A - Final				A - Final				
1	Zeeland-D1	A	1:42.08	15	HOLND-D2	B	x2:08.22	
	1) Gettings, Ariyah	2) Wolters, Jossalyn 16			1) Martinez, Niah	2) Hughes, Danielle		
	3) Hutt, Miah	4) VanDyken, Anna 15			3) Rodriguez, Ayanna	4) Martinez, Karinna		
	25.28 26.09	24.89 25.82			29.06 36.00	31.24 31.92		
2	Hamilton-D3	A	1:44.20	C - Final				
	1) Lucas, Lydia 17	2) Volkers, Keira 15		17	Zeeland-D1	C	x1:54.68	
	3) Ludema, Maya 16	4) Volkers, Alyssa 15			1) Albrecht, Maggie	2) Levandoski, Ava 16		
	26.28 26.17	25.91 25.84			3) Shoemaker, Anna	4) Wilson, Avarey		
					28.81 27.85	30.50 27.52		
3	HOLND-D2	A	1:45.35	18	HOLCH-D3	C	x2:10.98	
	1) Legg, Natalie	2) Frens, Nora			1) Vanderveen, Josie	2) Raby, Paityn		
	3) Tran, Thy	4) Lopez-Koolhaas, Miriam			3) Carini, Eva	4) Heil, Bela		
	25.85 26.62	26.79 26.09			32.35 33.02	33.70 31.91		
4	HOLCH-D3	A	1:46.23	19	Mmsg-D1-D1	C	x2:12.38	
	1) Algera, Sara	2) Myrick, Payton			1) Emmick, Hollen 15	2) Michaelis, Olivia 16		
	3) Helms, Ava	4) Huisenga, Rylie			3) Zheng, Emily 17	4) Jiang, Sherry 14		
	27.04 26.86	26.85 25.48			33.06 37.06	29.77 32.49		
5	Mmsg-D1-D1	A	1:47.93	20	Hamilton-D3	C	x2:13.68	
	1) Gaston, Marilyn 17	2) Stout, Eva 17			1) Overbeek, Olivia 17	2) Rodriguez Gonzalez, Sandra 15		
	3) Eenigenburg, Maria 17	4) Sytsema, Sydney 17			3) Ruiter, Isabelle 16	4) Hoover, Charlee		
	27.75 27.16	27.37 25.65			30.80 30.42	31.02 41.44		
6	Spring Lake-D3	A	1:49.17	21	GRCC	C	x2:18.27	
	1) Botbyl, Alex	2) Vander Heide, Sadie			1) Vos, Maddie	2) Morrow, Ella		
	3) Fouchea, Ava	4) Meyers, Sophia			3) Troth, Alyza	4) Sova, Natalie		
	26.67 27.70	27.47 27.33			36.31 32.13	35.29 34.54		
7	GRCC	A	1:52.69	22	Spring Lake-D3	C	x2:29.21	
	1) Dalrymple, Liz	2) Bocian, Isabelle			1) Raguse, Sophia	2) Vandenberg, Violet		
	3) Behmer, Lainey	4) Sullivan, Kathleen			3) Quiney, Lyla	4) Dill, Alexis		
	29.76 27.06	28.00 27.87			47.38 36.48	33.56 31.79		
B - Final				B - Final				
9	Zeeland-D1	B	x1:46.75	9	Gaston, Marilyn	17	Mmsg-D1-D1	1:08.88
	1) Alberda, Dana	2) Mishler, Addison 15			33.49	35.39		
	3) Linn, Elise	4) DeVries, Adeline		10	Troost, Isabelle	16	Hamilton-D3	1:09.36
	26.83 26.31	27.53 26.08			33.64	35.72		
10	Hamilton-D3	B	x1:53.10	11	Mendels, Lilly		HOLND-D2	1:09.95
	1) Fyneweever, Josie 17	2) Lewis, Kiera 16			34.21	35.74		
	3) Scholten, Makena 17	4) Grabinski, Addison 17		12	Tran, Thy		HOLND-D2	1:10.76
	28.07 29.47	28.10 27.46			34.51	36.25		
11	HOLCH-D3	B	x1:55.78					
	1) Brummel, Lily	2) Knot, Hannah						
	3) McGee, Eden	4) VanderZwaag, Baylee						
	29.94 28.53	29.43 27.88						
12	Mmsg-D1-D1	B	x2:02.21					
	1) Van Baale, Susie 14	2) Bradley, Claire 15						
	3) Bradley, Elise 17	4) DeJonge, Isabella 17						
	29.73 31.10	31.40 29.98						
13	GRCC	B	x2:02.38					
	1) Schwallier, Annabelle	2) Byrne, Brigid						
	3) Russo, Caylee	4) Rosario, Victoria						
	30.28 29.50	28.31 34.29						
14	Spring Lake-D3	B	x2:03.70					
	1) Fogel, Calleigh	2) Yanke, Raegan						
	3) Gootjes, Julia	4) Rantanen, Callie						
	31.72 34.45	28.77 28.76						

2023 Girls Ok Rainbow Conference - 11/3/2023 to 11/4/2023

Results - Swimming / Diving Finals

B - Final ... (Event 10 Girls 100 Yard Backstroke)

Name	Age	School	Finals Time
13 Brower, Rachel		Spring Lake-D3	1:11.00
33.97	37.03		
14 Zziwambazza, Sophia	17	Mmsg-D1-D1	1:11.22
34.50	36.72		
15 Schippers, Kyla		HOLCH-D3	1:12.46
35.45	37.01		
16 Guzicki, Riley		Zeeland-D1	1:14.17
24.38	49.79		

C - Final

17 Jackson, Aubrey		Zeeland-D1	x1:12.11
34.47	37.64		
18 Boivin, Mirabelle		GRCC	1:12.97
35.32	37.65		
19 Nelson, Eleanor		Spring Lake-D3	1:13.10
34.63	38.47		
20 Offman, Grace	15	Mmsg-D1-D1	1:13.54
36.11	37.43		
21 Nykamp, Reese		Zeeland-D1	x1:14.18
35.37	38.81		
22 Doyle, Maggie		GRCC	1:15.44
36.66	38.78		
23 Pyle, Emily		Zeeland-D1	x1:16.49
36.62	39.87		
24 Krajewski, Katie		GRCC	1:31.39
1:11.83	19.56		

Event 11 Girls 100 Yard Breaststroke

Name	Age	School	Finals Time
A - Final			
1 Gettings, Ariyah		Zeeland-D1	1:06.19
31.30	34.89		
2 Siegers, Eden		HOLCH-D3	1:11.17
33.67	37.50		
3 Meyer, Jenna		Zeeland-D1	1:12.59
34.19	38.40		
4 Vander Heide, Sadie		Spring Lake-D3	1:13.36
34.49	38.87		
5 Van Baale, Susie	14	Mmsg-D1-D1	1:14.54
35.10	39.44		
6 Garvelink, Adaline	15	Hamilton-D3	1:15.79
34.95	40.84		
7 Brink, Jackie		HOLCH-D3	1:16.26
35.13	41.13		
8 Fynewever, Josie	17	Hamilton-D3	1:16.63
35.51	41.12		
B - Final			
9 Fouchea, Ava		Spring Lake-D3	1:13.80
35.09	38.71		
10 Lewis, Kiera	16	Hamilton-D3	1:16.48
36.05	40.43		
11 Wolters, Jossalyn	16	Zeeland-D1	1:17.24
36.54	40.70		
12 Laarman, Ashlynn		HOLCH-D3	1:19.01
37.42	41.59		

13 VanderZwaag, Baylee		HOLCH-D3	1:19.04
37.19	41.85		
14 Tracy, Alaina		Zeeland-D1	1:20.12
38.24	41.88		
15 McNamara, Kate		GRCC	1:20.22
36.95	43.27		
16 Meerman, Lauren		GRCC	1:21.98
37.23	44.75		

C - Final

17 Frens, Nora		HOLND-D2	1:19.83
38.14	41.69		
18 Behmer, Lainey		GRCC	1:21.46
38.58	42.88		
19 Bocian, Isabelle		GRCC	1:22.73
40.83	41.90		
20 Albrecht, Maggie		Zeeland-D1	x1:23.31
38.60	44.71		
21 Levandoski, Ava		16 Zeeland-D1	x1:23.95
38.90	45.05		
22 Rantanen, Callie		Spring Lake-D3	1:25.11
39.60	45.51		
23 DeJonge, Isabella	17	Mmsg-D1-D1	1:26.43
41.18	45.25		
24 Gootjes, Julia		Spring Lake-D3	1:34.25
42.98	51.27		

Event 12 Girls 400 Yard Freestyle Relay

Team	Relay	Finals Time
A - Final		
1 HOLCH-D3	A	3:36.26
1) Heeres, Maria	2) Ryden, Ruthie	
3) Siegers, Eden	4) Siegers, Camryn	
25.92	54.39	26.11
26.50	55.48	24.08
		50.68
2 Zeeland-D1	A	3:39.30
1) Ensing, Madison 15	2) Meyering, Molly	
3) Brinks, Abigail	4) Meyer, Jenna	
24.90	51.83	26.77
26.61	56.20	56.14
		26.83
		55.13
3 Spring Lake-D3	A	3:50.93
1) Rose, Tegan	2) Meyers, Sophia	
3) Boodt, Bella	4) Brown, Hannah	
26.94	56.50	28.67
27.29	57.43	1:00.77
		25.98
		56.23
4 Hamilton-D3	A	4:00.92
1) Grabinski, Addison 17	2) Reilly, Emma 16	
3) Ludema, Maya 16	4) Garvelink, Adaline 15	
29.34	1:00.48	28.03
27.08	59.60	59.76
		28.05
		1:01.08
5 GRCC	A	4:04.45
1) Rodriguez, Valeria	2) Eliassen, Jacqueline	
3) McNamara, Kate	4) Braun, Mae	
29.89	1:03.55	29.32
28.72	1:01.37	1:03.44
		26.78
		56.09

2023 Girls Ok Rainbow Conference - 11/3/2023 to 11/4/2023

Results - Swimming / Diving Finals

A - Final ... (Event 12 Girls 400 Yard Freestyle Relay)

Team	Relay	Finals Time
6 HOLLND-D2	A	4:11.24
1) VanIngen, Abby	2) Hoebbel, Rilee	
3) Mendels, Lilly	4) Frens, Nora	
29.73 1:02.59	31.05 1:05.83	
29.69 1:02.46	28.56 1:00.36	
7 Mmsg-D1-D1	A	4:37.77
1) Curow, Millie 18	2) Offman, Grace 15	
3) Zziwambazza, Sophia 17	4) Eenigenburg, Maria 17	
30.61 1:04.40	31.89 1:39.36	
33.93 1:03.73	33.24 50.28	

B - Final

9 Zeeland-D1	B	x3:51.76
1) Weenum, Peyton 15	2) Hutt, Miah	
3) VanDyken, Anna 15	4) Davis, Paige	
28.55 58.96	27.07 56.62	
28.08 59.75	26.67 56.43	
10 Spring Lake-D3	B	x4:09.78
1) Botbyl, Alex	2) Nelson, Eleanor	
3) Geschiere, Renee	4) Brower, Rachel	
28.30 59.28	31.85 1:12.90	
22.91 56.33	29.20 1:01.27	
11 HOLCH-D3	B	x4:21.64
1) Brummel, Lily	2) Lampen, Avery	
3) McGee, Eden	4) Brower, Emma	
31.82 1:05.46	31.71 1:06.49	
31.03 1:05.76	31.32 1:03.93	
12 Hamilton-D3	B	x4:26.33
1) Scholten, Makena 17	2) Barnhill, Sydney 17	
3) Ruiter, Isabelle 16	4) Troost, Isabelle 16	
30.33 1:04.60	30.80 1:06.45	
33.63 1:11.08	30.21 1:04.20	
13 HOLLND-D2	B	x4:58.40
1) Martinez, Karinna	2) Hughes, Danielle	
3) Rodriguez, Ayanna	4) Vasquez-Trejo, Marlene	
35.53 1:16.24	38.26 1:21.98	
33.01 1:21.40	24.27 58.78	
14 Mmsg-D1-D1	B	x5:15.85
1) Michaelis, Olivia 16	2) Vanderlinde, Zoey 17	
3) Zheng, Emily 17	4) Bradley, Elise 17	
40.91 1:04.96	21.41 1:02.38	
46.92 1:19.28	37.06 1:49.23	
--- GRCC	B	DQ
1) Schwallier, Annabelle	2) Sullivan, Kathleen	
3) Dalrymple, Liz	4) Krajewski, Katie	
31.42 1:05.03	30.98 1:04.80	
32.64 1:10.37	30.42 1:03.47	
C - Final		
17 HOLCH-D3	C	x4:29.95
1) Dykstra, Gabby	2) Heil, Bela	
3) Lees, Rylie	4) Laarman, Ashlynn	
31.21 1:05.00	33.19 1:10.32	
32.70 1:08.80	31.05 1:05.83	

18 GRCC	C	x4:30.43
1) Richard, McKenna	2) Stapleton, Emma Kate	
3) Doyle, Maggie	4) Boivin, Mirabelle	
30.75 1:06.24	32.33 1:08.60	
33.87 1:13.20	28.81 1:02.39	
19 Zeeland-D1	C	x4:32.19
1) McCullough, Madelyn	2) Shoemaker, Anna	
3) Wilson, Avarey	4) Partisani, Lucia	
30.66 1:03.71	28.93 1:02.61	
32.79 1:08.23	35.10 1:17.64	
20 Mmsg-D1-D1	C	x5:14.17
1) Emmick, Hollen 15	2) Staley, Rowynn 14	
3) Bazzett, Alexis 14	4) Bowen, Cambree 17	
37.89 1:19.23	39.21 1:21.21	
21.67 1:19.37	35.04 1:14.36	
21 Spring Lake-D3	C	x5:30.03
1) Prince, Grace	2) Quiney, Lyla	
3) Raguse, Sophia	4) Yanke, Raegan	
38.46 1:22.63	39.76 1:32.89	
32.52 1:18.50	36.40 1:16.01	

Scores - Women

Women - Team Rankines - Through Event 12	
1. Zeeland High School	512.5
2. Holland Christian	410
3. Hamilton HS Girls	330
4. Spring Lake High School	261.5
5. Holland High School	181
6. Muskegon Mona Shores HS Co-op	172
7. Grand Rapids Catholic Central	168