

Practice Schedule - South Lyon

Week of: January 12

| | Monday 1/12 | Tuesday 1/13 | Wednesday 1/14 | Thursday 1/15 | Friday 1/16 | Saturday 1/17 | Sunday 1/18 |
|-----------------------------------|-------------------|-------------------|---------------------|-------------------|--|---------------|-------------|
| Development B | OFF | 5:30-6:30 at East | OFF | 5:30-6:30 at East | No Practice - SLA Arctic Blast at Brighton High School | | |
| | | | | | | | |
| Development A | OFF | 6:30-7:30 at East | OFF | 6:30-7:30 at East | | | |
| | | | | | | | |
| Green | 7:15-8:30 at East | OFF | 5:30-6:45 at Howell | 7:15-8:30 at Old | | | |
| | | | | | | | |
| WB | 5:30-7:00 at East | OFF | 6:30-8:00 at Howell | 5:30-7:30 at Old | | | |
| | | | | | | | |
| Competition | 7:00-8:45 at East | 6:45-9:00 at East | 5:45-8:00 at Howell | 6:45-9:00 at East | | | |
| | | | | | | | |
| Senior | 5:30-7:30 at East | 5:30-8:00 at East | 5:45-8:00 at Howell | 5:30-8:00 at East | | | |
| | | | | | | | |
| Blue - South Lyon High School | | | | | | | |
| | | | | | | | |
| Black - Whitmore Lake High School | | | | | | | |
| | | | | | | | |

Practice Schedule - Howell

Week of: January 12

| | Monday 1/12 | Tuesday 1/13 | Wednesday 1/14 | Thursday 1/15 | Friday 1/16 | Saturday 1/17 | Sunday 1/18 |
|-------------------------------|---------------------|-------------------|---------------------|-------------------|--|---------------|-------------|
| Development B | 5:30-6:30 at Howell | OFF | 5:30-6:30 at Howell | OFF | No Practice - SLA Arctic Blast at Brighton High School | | |
| | | | | | | | |
| Development A | 5:30-6:30 at Howell | OFF | 5:30-6:30 at Howell | OFF | | | |
| | | | | | | | |
| Green | 5:30-6:45 at Howell | OFF | 5:30-6:45 at Howell | 7:15-8:30 at Old | | | |
| | | | | | | | |
| WB | 6:30-8:00 at Howell | OFF | 6:30-8:00 at Howell | 5:30-7:30 at Old | | | |
| | | | | | | | |
| Competition | 5:45-8:00 at Howell | 6:45-9:00 at East | 5:45-8:00 at Howell | 6:45-9:00 at East | | | |
| | | | | | | | |
| Senior | 5:45-8:00 at Howell | 5:30-8:00 at East | 5:45-8:00 at Howell | 5:30-8:00 at East | | | |
| | | | | | | | |
| Green - Parker Middle School | | | | | | | |
| Blue - South Lyon High School | | | | | | | |