



"Kindness makes for much better teamwork" John Wooden

2024-25 Season

SECTION I-Coaching staff Reach out at anytime to us:

Head Coach-Kathy Coffin-Sheard kathy@gtbayymca.org

Central Lead Age Group -Coach Chris Corrado chris@gtbayymca.org

Assistant Coaches:

- Matt Anderson Sr/Sr. Development m,w, th
- Julia Brunner Silver/Gold m,tu,th
- Megan Schroeder silver/Senior tues
- Aaron Patterson silver/gold/sr dryland for Gold
- Megan Petroelje returns December, Sr. /Sr. Devp.
- Kevin D'Allesandro Wed -Bronze 1 & Bronze 2
- Leah Steele m,th minis, intro to swim
- Ari Cobb Minis, Bronze 1
- Hannah Lantz, minis, bronze 1
- Ben Freundl minis

Dryland Instructors:

- Coach Kathy and Aaron Patterson Silver/Gold respectively
- Jennifer McClellan Sr. Devp/Senior

SECTION II USA SAFESPORT: Kathy reviews Safesport topics & code of conduct

USA Safe Sport requires that all USA Swimming member clubs have the following policies in place. Focus is prevention and education.

- **The BIG FIVE**
- **Code of Conduct -waiver on team unify**

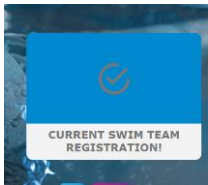
SECTION III-Parent Expectations/Communication

Parent Expectations: **Patience/Support/Expectations/LOVE**

- Parent objectives
- At all USA swim meets, no parents are allowed on deck
- TEAM UNIFY-Very important for communication
- USA SWIMMING

- **Communication - TCBREAKERS.COM & TEAM UNIFY:**

You will need to register your swimmer at the website, click on



Scroll down and start the process. - do not do it on cellphone- you will struggle!!! You will not receive any communication if you do not register here. No costs attached. Needs to be done before September 20th

Billing and Membership-30 day cancellation window for all programming changes

Section IV-MEETS review meet schedule

1. First home meet is 10/11 @ WEST- Fun MEET 4-6:00 pm Potluck to follow -7:00 pm
2. How do I know my swimmer is ready for a meet? For a travel meet?
3. What is Short Course? (25 yd. pool) Long Course? (50 Meters)
4. **Choosing Events?** Sign up – sign up on **tcbreakers.com** Follow prompts- Meet fees range vary- but the average is \$5 per **swim**. Leave events blank if you want coach to choose. There is a MI swim surcharge and facility surcharge per facility that we have no control of
5. Meet surcharge per swimmer for all meets to cover our coaching staff wages/travel costs. This will vary upon meet size and the number of coaches that we need to travel. In season meets between \$20-\$45 This also fluctuates based on distance to travel/area etc.
6. Championship meets/prelims and finals meets-rates vary based on numbers of swimmers and coaches- ranges will vary \$100 and higher
7. Relays are determined by coaches and paid for by each member of the relay.
8. Some swim meets will only be available to certain groups, please refer to meet schedule.

CHAMPIONSHIP MEETS:

CHAMP MEETS START IN FEB

- **YMCA 8&U STATE MEET- SITE tbd probably Waterford/February 15th**
- **USA REGIONS (NO YMCA STATES THIS YEAR – EXPLAIN PHILOSOPHY) Feb 22-23**
- **USA 10 & U/11-14 MAGS/ULTRA in March**

SECTION V Fundraising and Volunteering-commitment on waiver on team unify

1. Fundraising- WE have one team fundraiser a year that benefits all our swimmers which is SWIM4FUNZ\$ (swim a thon) which supports. The date is January 8,2025
 - Awards and other social events/meet awards/facility rental/
 - General shared (borrowed) training gear (kickboards, dryland equipment, mats, fins, pull buoys) Record boards yearly updates/STOPWATCHES/EXTRA GEAR/
 - Your family will be charged \$50 for non-participation
2. Volunteering... it's what we do.... expected that you contribute time/supplies/ meet donations etc.
3. BLOCK SPONSORSHIPS-2 open for the taking \$250 each side

REVISED 9.04.2024

PRACTICE CANCELLATIONS:

- NO PRACTICE OCT 31 FOR ALL GROUPS

SECTION VI Team Gear/Suits/Suit Fitting/Apparel

1. We are currently under a contract with **SPEEDO** for all suits/deck swim equipment/coaches' apparel
 - a. ELSMORE SWIM SHOP-updated on tcbreakers.com website/call them if you have questions
<https://elsmoreswim.com/collections/grand-traverse-bay-ymca>
tel:952.997.6255
 - b. Black speedo team suits this year-with GTBY logo
2. SWIM GEAR/suits/ parkas/sweat tops & bottoms
3. Each swimmer gets 2 shirts and 1 silicone cap, replacement if rips at meet
4. Dedicated dryland groups- a team shirt, shorts, leggings,... must be worn as well as athletic shoes & water bottle. If your swimmer fails to come with athletic shoes they will miss dryland that day.

2023-24 GEAR BY GROUP	Gear bag	Snorkel	FINS	Finis TEMPO TRAINER	Water bottle	TEAM SUIT Black with GTBY WITH LOGO
SR/SR DEVP	X	X	X	X	X	X
GOLD	X	X	Provided or buy own	N/a	X	X
SILVER	X	X	provided	N/a	X	X
BRONZE 1	OPTIONAL	X	Provided	n/a	X	X
MINIS AND BRONZE 2	Provided	Provided	provided	n/a	X	X
Intro to team	n/a	n/a	provided	n/a	x	Optional

Q&A....