

Mary Ament-Johnson – USFS and PSA Coach

Aspire Coordinator - Chaska Figure Skating Club

Specializes in all competitive, test track, and recreational skaters, moves in the field, choreography, and power skating

Mary has been skating for 35+ years. She started skating with the Duluth Figure Skating Club, and skated with the Minneapolis Figure Skating while in college. She has competed at the US Precision Skating National Championships, where she received a bronze medal with her team.

Mary has been coaching since 2009 and is registered with USFS and is PSA Accredited/CER A Certified. She coaches private students and small group lessons for both competitive and recreational skaters. She also specializes in focus on moves in the field, and off-ice training. Her passion is bridging skaters from skate school to full CFSC membership, and she is the current Jr. Club, Director.

Mary graduated from the University of Concordia with a degree in Business and a concentration in Organization Management. Mary is an IT Professional with a primary focus on Project Management Office (PMO) start-up, Process Development, Project and Program Management with many clients around the Twin Cities.

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