Website: https://www.teamunify.com/team/mnhht/page/home Boar

Board Email: hutchhightides@gmail.com

### **Latest Updates and Happenings within the Club!!**

#### **SHORT COURSE SEASON!!**

Short Course Season will begin on September7, 2021! Watch your emails for registration details and the calendar for practice times. We can't wait to get back into the pool!

We are planning another Splash Night for late August/early September – details to follow as soon!



### **OLYMPIC TRIALS!**

High Tides wishes to **CONGRATULATE Grace Hanson** on participating in the Olympic Trials.
We are so proud of your accomplishments and representation of the club.

Big things are in your future! Congratulations from everyone at High Tides!

# LONG COURSE BANQUET

Day: Tuesday, August 24<sup>th</sup>

Time: 6:30 PM

Watch for sign up information to follow in the next week. Hope to see you there!

Ice cream treats will be provided by the club!

Also, mum fundraiser information due on Tuesday, August 24<sup>th</sup>!

### **TIGERSHARK GIRLS MEETS**

Come and support the Hutch Tigershark girls!

Home meets for August and September are as follows:

Saturday, August 28<sup>th</sup> 10:00 AM Start Time (Diving)

1:00 PM Start Time (Swimming)

Thursday, September 9<sup>th</sup> 6:00 PM Start Time Thursday, September 16<sup>th</sup> 6:00 PM Start Time

Spectators are currently allowed for meets. This may change as the season progresses.

High Tides will not have practice the nights of home meets, per usual procedure.

### **CONGRATS TO GRACE HANSON ON HER OLYMPIC TRIALS DEBUT!**

The following article was written by Stephen Wiblemo and published by the Hutchinson Leader on June 24, 2021

When Hutchinson's Grace Hanson goes swimming, she's used to being the fastest person in the pool. But after June 7, the seven-time high school state champion now knows how it feels to be a small fish in a big pond.

Hanson was at the CHI Health Center in Omaha, Nebraska, earlier this month to compete in the first wave of the 2021 U.S. Olympic Time Trials. She earned her shot at the Olympics back in 2019 during the Minnesota Long Course Senior State Championship when her time of 25.98 in the 50 freestyle beat the cut by 0.01 seconds.

While the time trials are where athletes competed to qualify for the Tokyo Olympics later this summer, Hanson, who is 17 and will be a senior at Hutchinson High School next year, knew she wasn't quite fast enough for that. "I really was just going there for the whole experience, and it was so cool just being able to go there and see all the big competition," she said. "I've never been to a meet that big before, and everything was so much more amped up. Everyone had goals going into there ... and the feeling of walking into the pool and seeing all the competition was so much more different and inspiring."

While she wasn't competing for a spot on the Olympic team, Hanson said she was still "nervous/excited" before her race. "I wasn't nervous about how I would perform, I was just nervous about being in front of all those people," she said. "It was such a huge space and a different feeling swimming in a pool like that.

The time trials were divided into two waves. The first wave was generally made up of top college and high school athletes, while the second wave included the best swimmers in the country. Hanson competed in the first wave. "It was weird because you feel like you're fast going into it because you made it to the Olympic Trials," Hanson said. "I felt good about myself, and then you get there and you're like, 'I'm the youngest one here.""

Hanson's race went by so quickly she said she doesn't even remember it. She took 55th place out of 61 swimmers in the first wave with a time of 26.83. The winning time in the first wave was 25.49, but that wasn't even close to the top times in the second wave, where Simone Manuel led the U.S. with a time of 24.29.

Besides the race, Hanson was thrilled to experience everything else that goes along with one of the biggest swimming meets in the country: hanging out with other top athletes, seeing the encouraging digital messages sent to her by friends and family, and she even got to meet some of her future teammates and coaches at the University of Missouri, where she plans to continue her swimming career after high school.

One of her favorite memories, though, was warming up in the big pool at CHI when she had it all to herself. "It was cool because there was nobody there and it was really relaxing," Hanson said.

As she wraps up her time with the Hutchinson High Tides Swim Club and prepares for her final year as a Tigershark, she's looking forward to finishing her time in Hutchinson on a high note, and then moving on to Missouri to continue getting faster.

"I know they're going to get me to my goals and hopefully I'll make it back to trials in three years," Hanson said. "That would be super amazing."



"I enjoyed every bit of my swimming career. I think that's the most important advice – to enjoy what you do.

Summer Sanders

#### VOLUNTEER POSITIONS AVAILABLE

We Need You!

Please contact any current board member if you have questions or are interested in any of these positions.

- \*Swim Meet Director
- \*Swim-a-Thon chair / Fundraising Chair plus Committee Members
- \*Marketing/Promotion Committee Chair and Members
- \*Officials

# NEWS AND TIPS FROM USA SWIMMING

#### Join the Supporters Club!

Showcase your swimming fandom by joining the USA Swimming Supporters Club! The Supporters Club is designed for swim fans of all ages and member types.

Check it out on the USA Swimming website!

## **COACHES CORNER**

Congrats to the following swimmers on personal best times!

#### WEST Swim 4 Jenna – May 2021

Sophia Collett, Conner Hogan, Makaila Wakefield and Adley Wendlandt

#### MAN Red, White and Blue - June 2021

Hailey Farrell, Theo Lakovic, Graham O'Neill, Grayson O'Neill, Ellie Scheidt, Noah Tague, Adley Wendlandt, Billy Witte, Madison Witte, Kyrin Yerks and Riley Yerks

#### MONC Summer Splash - July 2021

Sydney Redmann, Adley Wendlandt and Kyrin Yerks

#### MAN MN Last Chance Meet - July 2021

Ben Campbell, Carter Johnson, Grant Kosek, Sydney Redmann, Adley Wendlandt, Billy Witte, Madison Witte, Leyton Yerks and Riley Yerks

#### MN U of M Speedos - July 2021

Hailey Farrell and Conner Hogan

# Congrats to the following swimmers for attaining Championship Times (14 & U)!

Carter Johnson, Grant Kosek, Adley Wendlandt, Anthony Witte, Billy Witte, Kyrin Yerks and Leyton Yerks

# <u>Congrats to the following swimmers for</u> attaining Championship Times (Senior Division)!

Hailey Farrell, Grace Hanson, Conner Hogan, Lexi Kucera, Noah Tague, Madison Witte and Riley Yerks Ethan Field, relay swimmer



## **THANK YOU!**

A big THANK YOU to all who participated in the First Annual Jerry Carlson Memorial Golf Outing!

Thank you to our participants, sponsors and everyone who helped make it a successful tournament.

A detailed recap to follow in the next newsletter.



#### **TEAM TID-BITS!**

We are hosting a **Fitter and Faster** <u>High Performance Butterfly & Breaststroke Technique & Race Strategy Swim Camp Series</u> swim camp on September 18-19

As the host we get the first opportunity to sign up. Please keep in mind that session sizes are limited. So, please sign up soon. CLICK HERE for details and registration

There will be two sessions each day, one for swimmers ages 11 and under and one for swimmers ages 12 and older. The curriculum each day will be:



**September 18:** High Performance Butterfly Technique **September 19:** High Performance Breaststroke Technique

Sign up for one session or SAVE by signing up for all of them! Click here for the curriculum and to sign up asap.

# STATE MEETS 14 & U and SENIOR







#### **BOARD OF DIRECTORS**

**Emily Reck** 

Past President

emily\_reck@hotmail.com

**Kristy Scheidt** 

President

kristyscheidt@gmail.com

**Adam Wendlandt** 

Vice President

adamwendlandt@yahoo.com

Sarah Yerks

Treasurer

swimtreas@gmail.com

Rob Collett

Secretary

sandr@hutchtel.net

**Travis Wakefield** 

Member at Large

travis.wakefield@outlook.com

Leanne Redmann

Member at Large

Iredmann23@gmail.com

**Jared Martig** 

Member at Large

jmartig@ci.hutchinson.mn.us

#### **COACHES**

**RJ Greseth** 

Head Coach

coachrj@hutchhightides.com

320-583-9182

Mark Field

**Assistant Coach** 

Megan Bateman

Assistant Coach

### **MINNESOTA SWIMMING**

 ${\it Integrity. Sportsmanship. Pursuit of Excellence. Fun.}$ 









# **MN Swim Information**

Stay tuned for upcoming Short Course information as it becomes available from MN Swim. As always, things can change quickly depending on regulations from State and/or Federal mandates.





LAST CHANCE MEE

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