



SPRING SESSION-2026

We offer lessons year round!

SKATE SCHOOL CLASSES

Classes offered: Snowplow 1-4, Basic 1-6, Hockey 1-4, Adult 1-4 - Class descriptions on website www.mfscskate.org

DAY	TIME	LOCATIONS	DATES	COST
SATURDAY	10:45-11:15 a.m.	POLAR ARENA (next to North High School)	March 14, 21, 28 (no class 4/4) April 11, 18, 25, May 2	7 weeks - \$105
SATURDAY	11:15-11:45 a.m.	POLAR ARENA (next to North High School)	March 14, 21, 28 (no class 4/4) April 11, 18, 25, May 2	7 weeks - \$105
TUESDAY	5:50-6:20 p.m.	TCO SPORTS GARDEN (Vadnais Sports Center)	March 17, 24, 31 April 7, 14, 21, 28, May 5	8 weeks - \$120
TUESDAY	6:20-6:50 p.m.	TCO SPORTS GARDEN (Vadnais Sports Center)	March 17, 24, 31 April 7, 14, 21, 28, May 5	8 weeks - \$120

POWER/EDGE SKATING CLASSES10

Must be passed Basic 2 or Hockey 1 to take class - contact director for questions - groups are split based on level and skating experience

DAY	TIME	LOCATIONS	DATES	COST
SATURDAY	10:15-10:45 a.m.	POLAR ARENA (next to North HS)	March 14, 21, 28 (no class 4/4) April 11, 18, 25, May 2	7 weeks - \$84

FIGURE SKATING SPECIALITY CLASSES

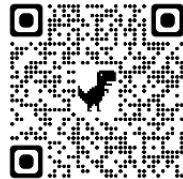
Classes offered: Pre-Freeskate - Freeskate 3 -- Class descriptions on website www.mfscskate.org

DAY	TIME	LOCATIONS	DATES	COST
SATURDAY FS CLASS	9:15-10:15 a.m.	POLAR ARENA (next to North HS)	March 14, 21, 28 (no class 4/4) April 11, 18, 25, May 2	7 weeks - \$161 (ice time & group lesson)
TUESDAY FS CLASS	7:00-8:00 p.m.	TCO SPORTS GARDEN (Vadnais Sports Center)	March 17, 24, 31 April 7, 14, 21, 28, May 5	8 weeks - \$184 (ice time & group lesson)

REGISTER: 1) Register online at www.mfscskate.org - click on North Stars Skate School
2) Mail form and payment to: NSSS - 8036 Hudson Blvd N Oakdale, MN 55128

QUESTIONS: Skate School Director Nikki at 651-398-7183

nsssdirector@gmail.com - email or text preferred



WHO CAN TAKE LESSONS?

Children can start classes as young as 3 years old - we have a place for all levels - even Adults!

WHAT DO SKATERS NEED?

-We recommend all young snowplow beginners wear helmets. Bicycle helmets or lightweight hockey helmets are acceptable. NSSS does not have helmets available.

-Figure skates or Hockey skates - no double blade skates. Please make sure your skates fit properly and the blades are sharp. RENTAL SKATES: Now available at Polar Arena and TCO Sports Garden (Vadnais Sports Center) for NSSS lessons! They are first come first serve and payment for rentals is \$2-\$5 a time. Skates can be rented from Arena staff at the main Welcome Desk in lobby. Limited availability and sizes.

-Skaters should wear warm, comfortable clothing. We suggest they dress in layers so jackets or sweaters may be removed as the skaters warm up. Mittens or gloves are a must. No tight jeans, as they restrict movement. Many young skaters wear snow pants.

WHAT CLASS DO I SIGN UP FOR?

All new skaters to the program will be evaluated on the first day based on skating ability given on registration form and age. More details regarding class descriptions are available on our website www.mfscskate.org Parents are not allowed on the ice during class time or practice time

We offer classes year round! Check website for registration forms and class schedules.

QUESTIONS: Skate School Director Nikki at 651-398-7183 - nsssdirector@gmail.com