



TUNA Swim Club Athlete Code of Conduct

Purpose: The purpose of these codes of conduct are to help promote the best possible individual, team, and program environments which support the development of a first-class swim club at all times. Let's make the most out of our time together!

- I will respect and show courtesy to my teammates and coaches at all times.
- I will show good sportsmanship at all practices and meets.
- I will set a good example of behavior and work ethic for my younger teammates. I will be respectful of my teammates' feelings and personal space. Swimmers who exhibit sexist, racist, homophobic, or otherwise inappropriate behavior will be faced with consequences.
- I will attend all team meetings and training sessions, unless I am excused by my coach.
- I will show respect for all facilities and other property (including locker rooms) used during practices, competitions, and team activities.
- I will refrain from foul language, violence, behavior deemed dishonest, offensive, or illegal.
- I WILL NOT USE MY CELL PHONE IN LOCKER ROOMS OR BEHIND THE STARTING BLOCKS ON THE POOL DECK FOR ANY PURPOSE. This includes practices and swim meets, home or away. Cell phones will not be taken out of packs for any reason in locker rooms (other than emergencies).
- If I disagree with an official's call, I will talk with my coach and not approach the official directly.
- I will obey all of NHCP's and USA Swimming's rules and codes of conduct.

I understand that if I violate this Code of Conduct, I will be subject to disciplinary action as determined by my coaches and/or the swim club's Board of Directors. Upon notification of any potential violation of the Code of Conduct, the coaches and/or Board of Directors shall investigate the circumstances of the potential violation (as necessary) and notify the swimmer and his or her parent(s) or guardian(s). The swimmer shall promptly be advised of any disciplinary action imposed as a result of the violation. Disciplinary actions can range from a verbal or written warning to dismissal from the swim club.

Swimmer's Signature/Date _____

Parent's Signature/Date _____