

# SEA DEVILS SWIM CLUB EXPECTATIONS OF SWIMMERS

**OBJECTIVE:** To define behavioral expectations for all swimmers to ensure that all athletes enjoy an optimal team experience.

### PRACTICE:

Swimmers need to be ready to swim at the start of practice. We recommend that swimmers arrive 5-10 minutes prior to the start of their practice to get into the pool area and ready to swim. Swimmers should wait in the bleachers until the coaches are ready to begin.

#### **LOCKER ROOM:**

Swimmers need to keep track of their equipment and belongings and are NOT to touch belongings that belong to other swimmers. Unless the swimmer has a school-assigned locking locker, it is recommended that all personal belongings be brought into the pool and left in the bleachers during practice.

## **BEHAVIORAL EXPECTATIONS:**

The safety of our athletes is our first concern, which means that coaches must maintain discipline in a structured environment. Furthermore, swimmers learn and are best able to enjoy their experience in a controlled setting. It is not fair for one swimmer's misbehavior to interfere with the progress of the rest of the group. All swimmers are expected to conduct themselves in a manner that is respectful to other swimmers, coaches, parents, officials and the facilities in which they are present. Neither disrespectful nor profane language nor dangerous and destructive behavior will be tolerated. Any behaviors which are disruptive to other swimmers' ability to train will be dealt with swiftly and decisively.

# **DISCIPLINE:**

The coach will determine the level of discipline at the time they see behavior that is not consistent with the expectations defined above. Actions they may take can include:

- A time out where the swimmer will sit on deck for a period of time. For repeated behavior or serious action, a swimmer may be required to sit out the remainder of practice on the pool deck or the bleachers.
- If a swimmer's inappropriate behavior escalates or is repeated and not corrected through "time outs", the coaches along with a board member will hold a discussion with the parent(s) to explain the impact of the behavior and request their assistance in preventing further occurrences.
- The coaches have the authority to remove any swimmer who engages in behavior they feel is disruptive, disrespectful or dangerous. They have the discretion to suspend a child from practice for any period of time, or if related to the behavior, suspend locker room privileges.
- Any discipline outside of a "time out" will be communicated to the parents.
- A swimmer who cannot conduct themselves appropriately will be moved to a different swim group or suspended from practice for a period of time determined by the coaches.
- For sustained inappropriate behavior, a swimmer may be expelled from the Club.