

Sea Devils Swimming: Fee and Level Description

Fall/Winter 25/26

	Swimming	Dryland	Focus	Practice	Meet	Level fee	Payment Plan	2025 USA Swimming	2025 LSC Fee	Partial Season availability?
Minnows	Practice 50-60 min, 2x/week	20 min, 1x/week	Focus on learning proper body and head position. Introduction to circle swimming with basic drills for freestyle and backstroke. Introduction to breaststroke and butterfly.	Regular practice attendance is encouraged.	Meet competition optional.	\$410	\$50 due at the time of registration. \$90 due on 10/1, 11/1, 12/1 and 1/1 Full season start: September 8 - last meet	\$70	\$13	No
Guppies	Practice 50-60 min, 2-3x/week	20 min, 1x/week	Continuous focus on basic skills in freestyle, backstroke, breaststroke, butterfly, streamlines, starts, & turns. Emphasis on the necessary foundations to swim competitively.	Regular practice attendance is encouraged.	Meet participation encouraged.	\$525	\$50 due at the time of registration. \$118.75 due on 10/1, 11/1, 12/1 and 1/1 Full season start: September 8 - last meet	\$70	\$13	No
Sharks	Practice 60-75 min, 2-3x/week	20 min, 1-2x/week	Introduction to interval training using the 4 competitive strokes, breathing patterns, starts, & turns.	Regular practice attendance is encouraged.	Should be competing in at least 1 meet per month.	\$690	\$50 due at the time of registration. \$160 due on 10/1, 11/1, 12/1 and 1/1 Full season start: September 8 - last meet	\$70	\$13	No
Red	Practice 60-75 min, 3x/week	30 min, 1-2x/week	Interval training with an emphasis on meet competition. Swimmers must have mastered the basic skills of the 4 competitive strokes, streamline, starts, and turns.	Regular practice attendance is encouraged.	Should be competing in at least 1 meet per month.	\$725	\$50 due at the time of registration. \$168.75 due on 10/1, 11/1, 12/1 and 1/1 Full season start: September 8 - last meet	\$70	\$13	Partial Seasons available: \$475each Boys Session (Sept 8 - Nov 28) or Girls Session (Dec 1 - Last Meet Swam) \$50 at registration. \$212.50 on 10/1, 11/1(Boys)or 1/1, 2/1 (Girls)
Yellow	Practice 60-90 min, 3-4x/week	30 min, 1-2x/week	Continuing interval training with an emphasis on test sets. Advanced stroke technique required in all 4 competitive strokes.	Regular practice attendance is encouraged.	Should be competing in at least 1 meet per month.	\$770	\$50 due at the time of registration. \$180 due on 10/1, 11/1, 12/1 and 1/1 Full season start: September 8 - last meet	\$70	\$13	Partial Seasons available: \$505each Boys Session (Sept 8 - Nov 28) or Girls Session (Dec 1 - Last Meet Swam) \$50 at registration. \$227.50 on 10/1, 11/1(Boys)or 1/1, 2/1 (Girls)
Black	Practice 75-120 min, 4-5x/week	30 min, 1-2x/week	Focus will be on mastering all aspects of technique using training sets and classroom. Swimmers should be able to finish all aspects of a 1.5-2 hour practice.	Must attend a minimum of 60% of the offered practice times.	Meet attendance is expected once a month.	\$845	\$50 due at the time of registration. \$198.75 due on 10/1, 11/1, 12/1 and 1/1 Full season start: September 8 - last meet	\$70	\$13	Partial Seasons available: \$550each Boys Session (Sept 8 - Nov 28) or Girls Session (Dec 1 - Last Meet Swam) \$50 at registration. \$250 on 10/1, 11/1(Boys)or 1/1, 2/1 (Girls)
Senior	Practice 90-120 min, 5-6x/week	Dryland as scheduled	Introduction to race pace and resistance training. Swimmers must exhibit a high level of workout ability and competition performance. Expected that swimmers can adequately finish a 2 hour practice.	Regular practice attendance is highly recommended.	Optional Meet Attendance.	\$970	\$50 due at the time of registration. \$230 due on 10/1, 11/1, 12/1 and 1/1 Full season start: September 8 - last meet	\$70	\$13	Partial Seasons available: \$635each Boys Session (Sept 8 - Nov 28) or Girls Session (Dec 1 - Last Meet Swam) \$50 at registration. \$292.50 on 10/1, 11/1(Boys)or 1/1, 2/1 (Girls)
Age-Group Elite	Practice 90-120 min, 5-6x/week	Required dryland as scheduled	Focus on advanced race strategy. Swimmers are expected to maintain a high level of workout ability and competition performance. Must have all required training equipment at every practice. For swimmers ages 11-14 by coach-invitation only.	Must maintain 80% practice attendance.	Regular meet attendance is expected. Must compete in highest competition qualified for.	\$1,025	\$50 due at the time of registration. \$243.75 due on 10/1, 11/1, 12/1 and 1/1 Full season start: September 8 - last meet	\$70	\$13	Partial Seasons available: \$665each Boys Session (Sept 8 - Nov 28) or Girls Session (Dec 1 - Last Meet Swam) \$50 at registration. \$307.50 on 10/1, 11/1(Boys)or 1/1, 2/1 (Girls)
Senior Elite	Practice 90-120 min, 5-6x/week	Required dryland as scheduled	Focus on maximum performance and training. Swimmers need to exhibit a high level of workout ability and competition performance. Must have all required training equipment at every practice. For swimmers 15 and over by coach-invitation only.	Must maintain 80% practice attendance.	Regular meet attendance is expected. Must compete in highest competition qualified for.	\$1,080	\$50 due at the time of registration. \$257.50 due on 10/1, 11/1, 12/1 and 1/1 Full season start: September 8 - last meet	\$70	\$13	Partial Seasons available: \$695each Boys Session (Sept 8 - Nov 28) or Girls Session (Dec 1 - Last Meet Swam) \$50 at registration. \$322.50 on 10/1, 11/1(Boys)or 1/1, 2/1 (Girls)(STMA HS Fitness Center Membership recommended at add'l cost)
Master's Program	Practice 60 min, 3x/week	N/A	To promote adult fitness and a healthier lifestyle through swimming. This program is perfect for all levels and abilities. For swimmers age 18+.	Regular practice attendance is encouraged.		\$45/mo	\$20 registration fee. Monthly fee of \$45	\$45		Continued monthly - need 30 days written notice to cancel.