

THE LAB ATHLETIC

CREATE YOUR OWN LEGACY

Multi-Sport Holiday Clinic

December 30th and 31st

COED | Ages 8-13

Activities Include:

- Basketball: drills, skills, and fun (heavy focus on fundamentals)
- Sports Performance Training: Speed, agility, and strength
- Baseball or Fastpitch Softball: hitting and defense

Registration Details:

- Sign up for 1, 2, or all 3 activities
- Choose 1 day or both
- Each activity will run simultaneously both days, starting at 9am, 10am, and 11am
- Trainers will break down groups according to age/skill-level
- **1-day package (all 3 activities for one day) = \$90 (plus processing)**
- **2-day package (all 3 activities for both days) = \$175 (plus processing)**
- **Individual session = \$35 (plus processing)**

Please fill out the form below and we will follow up with the link to register/pay:

<https://forms.gle/Dw2tReZTx3XZ3YEf6>