

Wave Swim Club

Long Course Practice Schedule

2026

April 14 - May 30, 2026					
Group/Day	Tuesday	Wednesday	Thursday	Friday	Saturday
Purple	6 - 6:50 PM		6 - 6:50 PM		Make Ups 9 - 9:50
Blue		6 - 7 PM		6 - 7 PM	Make Ups 9 - 10 AM
Bronze W/F		6 - 7:15 PM		6 - 7:15 PM	Make Ups 9 - 10:15 AM
Bronze T/T	7 - 8:15 PM		7 - 8:15 PM		Make Ups 9 - 10:15 AM
Silver	4 - 5:30 PM or 6 - 7:30 PM		4 - 5:30 PM or 6 - 7:30 PM	4 - 5:30 PM or 6 - 7:30 PM	Make Ups 9 - 10:30 AM
Gold/Platinum/SM	4 - 6 PM or 6 - 8 PM	7 - 9 PM (Thru 6/4)	4 - 6 PM or 6 - 8 PM	4 - 6 PM or 6 - 8 PM	9 - 11 AM
Masters	6 - 7 AM	7 - 8 PM	6 - 7 AM	6 - 7 AM or 7 - 8 PM	

June 1 - July 17, 2026					
Group/Day	Monday	Tuesday	Wednesday	Thursday	Friday
Purple	Make Ups 6 - 6:50 PM	6 - 6:50 PM		6 - 6:50 PM	
Blue	Make Ups 6 - 7 PM		6 - 7 PM		6 - 7 PM
Bronze W/F	Make Ups 6 - 7:15 PM		6 - 7:15 PM		6 - 7:15 PM
Bronze T/T	Make Ups 6 - 7:15 PM	7 - 8:15 PM		7 - 8:15 PM	
Silver	Make Ups 4 - 5:30 PM or 5:30 - 7 PM	4 - 5:30 PM or 6 - 7:30 PM		4 - 5:30 PM or 6 - 7:30 PM	4 - 5:30 PM or 6 - 7:30 PM
Gold/Platinum/SM	4 - 6 PM	4 - 6 PM	4 - 6 PM (Starting 6/10)	4 - 6 PM	4 - 6 PM
Masters	6 - 7 PM	6 - 7 AM	6 - 7 PM	6 - 7 AM	6 - 7 AM or 7 - 8 PM

* Please email/text/call Jace if your swimmer needs to attend a make up practice *

<p>Need to miss practice?</p> <p>Contact: Jace Hanson</p> <p>Call/Text: 507-351-1233</p> <p>** Note: Please call/text btwn 9 AM -9 PM on non-meet days</p> <p>Email: wcwaveheadcoach@gmail.com</p>	<p>NO PRACTICE:</p> <p>May 25</p> <p>June 19</p>
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