

WRIGHT COUNTY WAVE SWIM CLUB CODE OF CONDUCT

(As of 3/14/2020)

Wright County Wave Swim Club is a program driven by high character athletes. We will act with integrity and honesty and will operate on a basis of mutual trust and respect.

Swimmers will:

- Abide by the USA Swimming Code of Conduct & the MAAPP.
- Always exhibit good sportsmanship and will place the interests of the team ahead of self-interest at any team activity.
- Dedicate themselves to the academic process, show appreciation for those who provide learning opportunities, and strive to achieve academic excellence.
- Be respectful and courteous to their teammates, coaches and parents always. Swimmers who exhibit inappropriate behavior will be excused from practice or a meet and will be subject to a disciplinary process as determined by the head coach. Any coach at any time has the authority to send a swimmer from the pool for disciplinary reasons.
- NOT use drugs or alcohol. The self-discipline of our athletes will promote healthy and appropriate personal choices and will, therefore, enhance the quality and culture of our team.
- Be on time. Swimmers will be ready for dry land and ready to get in the water on time for practice and meet warm-ups; will be prepared to swim; and will have suitable equipment ready.
- Be responsible for checking in, checking postings and heat & lane assignments, reporting to their coach before and after each race, and for being behind their block prior to their race.
- Never confront an official or stroke & turn judge at a meet but will be respectful and courteous to meet volunteers.
- Communicate problems with their coach. It is the athlete's responsibility to communicate problems with their coach. If the problem persists, the parent or swimmer should contact the head coach. If the problem continues or the problem rests with the head coach, the Board of Directors will intervene.

As parent(s), I (we) will:

- Abide by the USA Swimming Code of Conduct & the MAAPP.
- Practice teamwork with other parents, swimmers and coaches by supporting the values of discipline, loyalty, commitment, and hard work.
- Support swimmers, coaches, and other parents with positive communication and actions.
- Support my swimmer in attending practices regularly, plus facilitate attendance at meets.
- Be supportive of the team's training and technical philosophies. I will bring any questions or concerns about training directly to my child's coach. If need be, I/we will communicate with our child's coach - via email or appointment - outside of practice time.
- Refrain from disrupting practice in any way. Not coach or instruct any swimmer at a practice or meet (from the stands or any other area).
- Always maintain self-control and demonstrate good sportsmanship by conducting ourselves in a manner that earns the respect of our child, other swimmers, parents, officials, and the coaches at the meets and practices.
- Provide my child with sensible nutrition before and immediately following practice, and during competition. I understand that swimmers have a special need for high intake of healthy calories.
- Volunteer for jobs as needed at all WAVE home swim meets.
- Use no abusive language toward coaches, officials, swimmers or family; and will not question a meet officials' decision but instead direct all questions to a Wright County Wave coach.

Wright County Wave athletes and parents are reminded that when traveling on trips, participating in meets, and attending other team-related functions, you are representing the Wright County Wave. Athlete and parent behavior must positively reflect the high standards of the Wright County Wave and USA Swimming.

Failure to comply with team rules as set forth in this document may result in disciplinary action. Such discipline may include but is not limited to:

1. Dismissal from practice.
2. Dismissal from a trip; disqualification from future team travel meets.
3. Disqualification from competition.
4. Dismissal from the team.