



Ozark Swimming's 2024 Division I Championship

February 23-25, 2024



HOSTS:	<ul style="list-style-type: none"> • St. Peters Rec-Plex Sharks • Metro East Titans Swimming • Flyers Aquatic Swim Team 		
SANCTION:	<ul style="list-style-type: none"> • Held under the sanction of USA Swimming/Ozark Swimming, Inc., SANCTION NO: OZ-6243 • USA Swimming, Inc., Ozark Swimming, Inc., and the City of St. Peters shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event. • An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the CDC, senior citizens and individuals with underlying medical conditions are especially vulnerable. USA Swimming, Inc., Ozark Swimming, Inc., and the City of St. Peters cannot prevent you (or your children) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming/Ozark Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming/Ozark Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19. • BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND OZARK SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY AND ALL LIABILITY OR CLAIMS FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNONWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH. 		
LOCATION:	City of St. Peters Rec-Plex 5200 Mexico Rd., St. Peters, MO 63376, (636) 939-2386 Prime parking is in front of the Rec-Plex. Additional parking is behind the Rec-Plex, on the other side of St. Peters City Hall, and next door at Lutheran High School.		
FACILITY:	<ul style="list-style-type: none"> • The indoor pool is 50 meters with a movable bulkhead to divide it into two 8-lane, 25-yard pools. All lanes are 9 feet wide & have 6" Competitor non-turbulent lane lines. The minimum depth of the competition pool at the start end is 12' 10" and at the turn end is 11' 7". A Colorado System 6 timing system will be used with two 8-line scoreboards. There is permanent seating for 1300 spectators. • The competition course has been certified in accordance with current <i>USA Swimming Rules and Regulations</i>, Article 104.2.2C(4). The copy of such certification is on file with USA Swimming 		
MEET DIRECTOR:	Rebecca Ostrander	rebajeff520@gmail.com	(636) 541-6124
AGE GROUP CHAIR:	Chris Etherington	cetherington@cspswim.com	(314) 727-7946
ADMIN OFFICIAL:	Karen Butz	Sharkmeetentry@yahoo.com	(636) 688-1512
MEET REFEREE:	Steve Grimm	steve.grimm-swim@charter.net	(636) 233-7076
MEET MARSHALS:	Alison Asuncion	apirsein@hotmail.com	(314) 750-2296
	Scott Meyers	scottlmeyers78@gmail.com	(636) 357-4678

ELIGIBILITY:	<ul style="list-style-type: none"> • No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302. • No on-deck Ozark Swimming athlete registration will be permitted. • Swimmers entered in the meet who do not hold current membership will be dropped from the meet and entry fees will NOT be refunded. If a swimmer swims and is not registered, a \$100 fine per athlete will be imposed on the swimmer's club, made payable to Ozark Swimming. • Open to all Ozark Swimming athletes registered before the first day of the meet. • Age on February 23, 2024 (first day of the meet) will determine age for the entire meet. • Qualifying swims must have occurred between February 24, 2023 and the entry deadline of February 14, 2024. • Swimmers must have achieved the USA Swimming BB time standard in each event for which they are entered. Swimmers who only have the long course meter or short course meter cut for an individual event must enter at the long course meter or short course meter time achieved. Those swimmers who achieved BB times in either the 1000/800 Free or the 1650/1000 Free may enter the 1000 Free event. If entering with a cut other than the 1000 Free time, enter at the time and in the course the time was achieved. The meet will be seeded in the following order: a) SCY, b) LCM, and c) SCM. The meet will be seeded in accordance with USA Swimming rules (refer to rule 207.11.7). • The Administrative Officials will confirm all entry times with the USA Swimming SWIMS database prior to the meet. Any entry time that is not found in SWIMS will be flagged and a report will be mailed to team contacts prior to the meet. If a club cannot resolve the missing time in SWIMS, the discrepant entry will be adjusted to the time listed in SWIMS (if it qualifies) or will be scratched (if no qualifying time exists). Either short course or long course qualifying times that meet the USA Swimming BB standard for that event may be accepted as proof and used as entry times.
FORMAT:	<ul style="list-style-type: none"> • This is a Preliminaries/Finals Championship meet. The events will include "A" (Championship) and "B" (Consolation) final heats for the top 16 swimmers from the Saturday and Sunday morning preliminaries. All Friday evening events, all relay events, and the 1000 Free on Saturday will be swum as Timed Finals. • After all entries have been received, pool assignment for each age/gender group will be determined to optimize the meet timeline. Coaches will be notified prior to the meet, and the host will post the assignments on their website. All Consolation and Championship final heats will be swum in the South Pool. • During Finals, the "B" (Consolation) heat will be swum prior to the "A" (Championship) heat. All "B" finalists and alternates are to report immediately to the southeast corner of the pool deck (across from the Starter) when the "A" heat of the event prior to theirs is paraded to the blocks. The "B" finalists will have their names announced during their event. • There will be a "Ready Room" and parade of the "A" finalists of each event. All "A" finalists will be asked to report immediately to the "Ready Room" (located in the southeast corner of the pool deck, across from the Starter) during the announcement of the "A" final of the event prior to their event. "A" finalists will be paraded out to music and have their names announced prior to their stepping up on the blocks.
SCHEDULE:	<ul style="list-style-type: none"> • Friday evening: Warm-up 1 at 4:00-4:25pm; Warm-up 2 at 4:25-4:50pm; Warm-up 3 at 4:50-5:15pm; competition starts at 5:30pm. • Saturday & Sunday morning prelims sessions: Warm-up 1 at 6:30-6:55am; Warm-up 2 at 6:55-7:20am; Warm-up 3 at 7:20-7:45am; competition starts at 8:00am • Saturday evening finals session: Warm-up 1 at 3:30-3:55pm; Warm-up 2 at 3:55-4:20pm; Warm-up 3 at 4:20-4:45pm; competition starts at 5:00pm • Sunday evening finals session: Warm-up 1 at 3:00-3:25pm; Warm-up 2 at 3:25-3:50pm; Warm-up 3 at 3:50-4:15pm; competition starts at 4:30pm • Lane assignment and warm-up times for individual clubs will be emailed to the contact person of the participating clubs.

DISABILITY SWIMMERS:	<ul style="list-style-type: none"> • Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director. • The athlete (or the athlete's coach) is also responsible for notifying the Meet Referee of any disability prior to the competition.
SCRATCH PROCEDURES:	<ul style="list-style-type: none"> • Any swimmer not reporting for, or competing in, a preliminary or timed final event (except the 1000 Free) shall not be penalized. • If a swimmer positively checks-in for the 1000 Free and then fails to swim, they will be scratched from their next individual event. There will be no penalty if the Meet Referee is notified of an illness or injury and accepts proof thereof, or if it is determined it was caused by circumstances beyond their control. • Any swimmer who qualifies for a Consolation or Championship final and then fails to report for the final event shall be ejected from their next individual event of the meet. There will be no penalty for failure to compete in finals if: <ol style="list-style-type: none"> A. The Meet Referee is notified in the event of illness or injury and accepts proof thereof. B. A swimmer notifies the Meet Referee within thirty minutes after the announcement of the finalists for an event that they may not intend to compete and further declare their final intention within thirty minutes following their last individual preliminary event of the session. This is called "declaring an intent to scratch." C. The swimmer "scratches" their name within thirty minutes following the announcement of finalists for that event. The swimmer or coach must report to the announcer's table in order to "scratch" an event. D. It is determined by the Meet Referee that failure to compete was caused by circumstances beyond the control of the swimmer.
ENTRIES:	<ul style="list-style-type: none"> • DEADLINE FOR THE RECEIPT OF ENTRIES IS February 14, 2024 at noon. • Entry times must be submitted in the course the qualifying time was achieved using Hy-Tek compatible format. Swimmers who qualify with long course meter times, short course meter times, or swimmers who qualify for the 1000 Free with a 1650, 1500, or 800 Free time, must enter the meet with those times. • Teams must submit entries via e-mail. E-mail entries will receive confirmation of receipt by automatic response. If you do not receive confirmation, please contact Karen Butz by February 14, 2024 at 3:00pm. You will have until noon on February 15, 2024 to make changes after review of your entry report (no exceptions). No phone or fax entries will be accepted. • Swimmers may enter a maximum of seven individual events for the meet, and no more than three individual events per day. Any swimmer who enters more than the maximum number will be scratched down to the limit, starting with the highest event number on the day the over-entry occurs. • Each team will be permitted to enter up to two scoring relay teams for each relay event. There will be no exhibition relays permitted in the 400- or 800-yard relay events. Teams may, however, enter exhibition relay teams in the 200-yard relay events. All exhibition relays are to be entered at "No Time" (NT). You may enter relay-only swimmers in the meet to swim on relay teams, even if they do not qualify for individual events, but those swimmers must still pay the posted surcharge for entering the meet. • No deck entries will be allowed. • Email entries to: Karen Butz at Sharkmeentry@yahoo.com
SEEDING:	<ul style="list-style-type: none"> • All events, except the 1000 Free, will be pre-seeded. • Swimmers must positively check-in for the 1000 Free before 9:00am on Saturday. SWIMMERS MUST POSITIVELY CHECK-IN TO BE SEEDED IN THE EVENT. The 1000 Free will be swum fastest to slowest, and alternating heats of girls and boys (if held in one pool). The host team reserves the right to hold the 1000 Free in either the South Pool, or both the North and South Pool, depending on the timeline. After all entries have been received, coaches will be notified on the format to be used in swimming the 1000 Free. • Coaches must turn in their relay cards each session by the announced deadline.

FEES:	<ul style="list-style-type: none"> • Individual events: \$7.00 • Relay events: \$20.00 • Swimmer Surcharge: \$20.00 • \$2.00 of the Swimmer Surcharge is paid to Ozark Swimming. The remaining surcharge amount is being retained by the St. Peters Rec-Plex Sharks • Checks should be made payable to: Rec-Plex Sharks Swim Team. • Mail payment to: <ul style="list-style-type: none"> Karen Butz, Meet Entry Chair c/o Rec-Plex Sharks Swim Team 13 Arrowhead Circle St. Charles, MO 63301 • Payment must be received by February 19, 2024. Failure to pay by this deadline could result in teams being dropped from the meet. • No refunds will be given.
AWARDS:	<ul style="list-style-type: none"> • Individual Events: Medals for 1st-8th place; Ribbons for 9th-16th place • Relay Events: Medals for 1st-3rd place; Ribbons for 4th-8th place • Bill Karasick Memorial Award: This award will be presented to the outstanding swimmer of the meet, as voted on by the coaches and through the following point system: 1 point for a National Reportable Time, 1 point for an Ozark Record, 1 point for winning an individual event, and 1 point for each coach's vote. • Ozark Team Sportsmanship Award: This award is presented to the team which displays the best sportsmanship, team support, positive attitudes, and has the best team appearance. • Individual High Point Trophies: The Top 3 swimmers scoring the highest number of individual points in each age group and gender will be awarded a trophy. • Age Group Team Awards: The team scoring the most points in each age group and gender will be announced at the conclusion of the meet. No physical awards, however, will be given out for these categories. • Overall Team Awards: Trophies will be presented to the 1st, 2nd, and 3rd Place teams.
SCORING:	<ul style="list-style-type: none"> • Scoring will be to 16 places as follows: • Individual Events: 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1 • Relay Events: 40, 34, 32, 30, 28, 26, 24, 22, 18, 14, 12, 10, 8, 6, 4, 2
SAFETY:	<ul style="list-style-type: none"> • In accordance with the recommendations of USA Swimming and Ozark Swimming, Inc., the St. Peters Rec-Plex Sharks will operate this meet under the guidance of Meet Marshals. In addition, lifeguards employed by the City of St. Peters will be present to provide medical assistance to athletes participating in the meet.
RULES:	<ul style="list-style-type: none"> • The current USA Swimming Rules and Regulations will apply. • Any swimmer entered in the meet must be certified by a USA-S member coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. • The flyover start procedure will be used for all sessions. • Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, rest rooms or locker rooms. In addition, photography behind the blocks is <u>not permitted</u>. • Deck changes are prohibited. • Deck access is restricted to USA Swimming athletes, coaches, officials, and meet volunteers. All non-athlete members must have proof of registration or a credential while on deck and present them upon meet management request. USA Swimming app is acceptable proof of USA Swimming membership. <ul style="list-style-type: none"> ○ Coaches who have valid USA Swimming credentials but who are unable to provide them upon request will be issued temporary credentials by the meet director. ○ Coaches with expired or non-current credentials will be required to leave the deck.

	<ul style="list-style-type: none"> • Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. • All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”) and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. • A quality control system has been implemented to ensure that individuals who are ineligible for participation are unable to participate in this competition. This includes, without limitation, individuals listed on the U.S. Center for SafeSport’s Disciplinary Database, USA Swimming’s List of Individuals Permanently Suspended or Ineligible for Membership, USA Swimming’s List of Individuals Suspended or Ineligible-Specific Date, and all adult members (defined by the SafeSport Code for the Olympic and Paralympic Movement as 18 years and over) of USA Swimming who have not completed athlete protection education as required by the U.S. Center for SafeSport.
OFFICIALS:	<ul style="list-style-type: none"> • Officials will be needed for all positions and all sessions for this meet. • Volunteers should contact Steve Grimm (steve.grimm-swim@charter.net). • Official briefings will be held in the Hospitality area, 45 minutes prior to each session.
TIMERS:	<ul style="list-style-type: none"> • Clubs may be asked to provide timers in proportion to the number of swimmers they have entered in each session. • If timers are required for Friday evening or Saturday/Sunday preliminaries sessions, it will be posted on the Sharks website no later than Wednesday, February 21, 2024, and will also be emailed to the contact person of each of the individual clubs. • If timers are required for either of the finals sessions, there will be an announcement during warm-ups prior to the start of the session.
GENERAL:	<ul style="list-style-type: none"> • Food and drink will be available in the Rec-Plex concession stand beginning at 7:00am. • B&B Aquatics will be on-site throughout the meet.
FACILITY RULES:	<ul style="list-style-type: none"> • Keep all trash picked up and do not block exit doors or aisles. • Swimmers, parents, and spectators are not permitted in any unauthorized areas. The following areas are off limits: Gymnasium, Ice Rink, Weight Room, Jacuzzi & Sauna, Leisure Pool, and the rear hallway from the locker rooms to the Emergency Exit. • <u>No outside chairs, food, drinks, or coolers are permitted in the Rec-Plex</u>, per the City of St. Peters. Only items purchased from the concession stand are permitted in the spectator area. No food or drink is permitted on the pool deck. “No Smoking” laws are in effect, and smokers are required to smoke outside the building. • Swimmers may rest in the spectator stands (including the far corner), but not under the pullout stands. A clear path to all emergency exits must be maintained with no obstructions. • Cell phones with video and video recording devices are prohibited in all locker rooms and restrooms.
500 & 1000 FREESTYLE:	<ul style="list-style-type: none"> • Swimmers must provide their own lap counter for the 500 Freestyle. • Swimmers must provide a timer and their own lap counter for the 1000 Freestyle

ORDER OF EVENTS

Friday, February 23, 2024 – Timed Finals

Girls	LCM BB	SCY BB	Events	SCY BB	LCM BB	Boys
1			13-14 800 Free Relay			2
3	3:43.19	3:15.59	10&U 200 IM	3:13.19	3:40.79	4
5	3:11.39	2:47.29	11-12 200 IM	2:43.99	3:08.49	6
7	6:25.89	5:37.59	13-14 400 IM	5:17.09	6:04.69	8
9	3:20.99	2:57.19	10&U 200 Free	2:47.99	3:12.09	10
11	5:56.49	6:38.19	11-12 500 Free	6:27.49	5:48.69	12
13	5:40.59	6:18.69	13-14 500 Free	5:58.99	5:24.09	14

Saturday, February 24, 2024 – Preliminaries

Girls	LCM BB	SCY BB	Events	SCY BB	LCM BB	Boys
15	2:49.19	2:28.99	11-12 200 Free	2:23.49	2:44.89	16
17	2:41.79	2:21.29	13-14 200 Free	2:12.79	2:32.29	18
19	1:59.79	1:44.99	10&U 100 Breast	1:41.69	1:55.99	20
21	1:40.89	1:27.19	11-12 100 Breast	1:24.49	1:38.39	22
23	3:23.99	2:57.29	13-14 200 Breast	2:43.99	3:10.79	24
25	48.89	41.89	10&U 50 Back	42.29	49.19	26
27	40.79	35.39	11-12 50 Back	34.99	40.39	28
29	1:23.59	1:11.19	13-14 100 Back	1:06.39	1:17.89	30
31	1:52.99	1:39.09	10&U 100 Fly	1:37.09	1:50.79	32
33	1:28.49	1:17.59	11-12 100 Fly	1:16.09	1:26.29	34
35	2:59.19	2:36.89	13-14 200 Fly	2:26.89	2:47.99	36
37	39.89	35.19	10&U 50 Free	34.49	39.49	38
39	35.69	31.29	11-12 50 Free	30.29	34.69	40
41	34.49	30.19	13-14 50 Free	27.79	31.99	42
5 Minute Break						
43			10&U 200 Medley Relay			44
45			11-12 400 Medley Relay			46
47			13-14 400 Medley Relay			48
10 Minute Break						
49	11:41.99	13:01.79	13-14 1000 Free	12:23.89	11:13.99	50

Saturday, February 24, 2024 – Finals

Girls		Events		Boys
51		11-12 200 Medley Relay		52
53		13-14 200 Medley Relay		54
5 Minute Break				
15	<i>Top 16 from Prelims</i>	11-12 200 Free	<i>Top 16 from Prelims</i>	16
17	<i>Top 16 from Prelims</i>	13-14 200 Free	<i>Top 16 from Prelims</i>	18
19	<i>Top 16 from Prelims</i>	10&U 100 Breast	<i>Top 16 from Prelims</i>	20
21	<i>Top 16 from Prelims</i>	11-12 100 Breast	<i>Top 16 from Prelims</i>	22
23	<i>Top 16 from Prelims</i>	13-14 200 Breast	<i>Top 16 from Prelims</i>	24
25	<i>Top 16 from Prelims</i>	10&U 50 Back	<i>Top 16 from Prelims</i>	26
27	<i>Top 16 from Prelims</i>	11-12 50 Back	<i>Top 16 from Prelims</i>	28
29	<i>Top 16 from Prelims</i>	13-14 100 Back	<i>Top 16 from Prelims</i>	30
31	<i>Top 16 from Prelims</i>	10&U 100 Fly	<i>Top 16 from Prelims</i>	32
33	<i>Top 16 from Prelims</i>	11-12 100 Fly	<i>Top 16 from Prelims</i>	34
35	<i>Top 16 from Prelims</i>	13-14 200 Fly	<i>Top 16 from Prelims</i>	36
37	<i>Top 16 from Prelims</i>	10&U 50 Free	<i>Top 16 from Prelims</i>	38
39	<i>Top 16 from Prelims</i>	11-12 50 Free	<i>Top 16 from Prelims</i>	40
41	<i>Top 16 from Prelims</i>	13-14 50 Free	<i>Top 16 from Prelims</i>	42

Sunday, February 25, 2024 – Preliminaries

Girls	LCM BB	SCY BB	Events	SCY BB	LCM BB	Boys
55	N/A	1:31.69	10&U 100 IM	1:28.89	N/A	56
57	N/A	1:18.09	11-12 100 IM	1:14.99	N/A	58
59	3:01.79	2:37.59	13-14 200 IM	2:28.49	2:51.39	60
61	1:31.19	1:19.99	10&U 100 Free	1:18.79	1:30.19	62
63	1:18.09	1:08.29	11-12 100 Free	1:05.89	1:15.49	64
65	1:14.79	1:05.49	13-14 100 Free	1:00.89	1:09.89	66
67	53.99	47.49	10&U 50 Breast	46.59	53.29	68
69	45.49	39.99	11-12 50 Breast	39.49	45.19	70
71	1:34.79	1:21.69	13-14 100 Breast	1:15.49	1:28.09	72
73	1:45.99	1:30.69	10&U 100 Back	1:29.29	1:43.09	74
75	1:30.99	1:18.09	11-12 100 Back	1:15.69	1:27.99	76
77	2:58.69	2:34.89	13-14 200 Back	2:25.09	2:49.09	78
79	47.09	41.79	10&U 50 Fly	40.49	45.99	80
81	38.29	33.89	11-12 50 Fly	34.19	38.59	82
83	1:20.39	1:10.89	13-14 100 Fly	1:06.09	1:15.49	84
5 Minute Break						
85			10&U 200 Free Relay			86
87			11-12 400 Free Relay			88
89			13-14 400 Free Relay			90

Sunday, February 25, 2024 – Finals

Girls		Events		Boys
91		11-12 200 Free Relay		92
93		13-14 200 Free Relay		94
5 Minute Break				
55	<i>Top 16 from Prelims</i>	10&U 100 IM	<i>Top 16 from Prelims</i>	56
57	<i>Top 16 from Prelims</i>	11-12 100 IM	<i>Top 16 from Prelims</i>	58
59	<i>Top 16 from Prelims</i>	13-14 200 IM	<i>Top 16 from Prelims</i>	60
61	<i>Top 16 from Prelims</i>	10&U 100 Free	<i>Top 16 from Prelims</i>	62
63	<i>Top 16 from Prelims</i>	11-12 100 Free	<i>Top 16 from Prelims</i>	64
65	<i>Top 16 from Prelims</i>	13-14 100 Free	<i>Top 16 from Prelims</i>	66
67	<i>Top 16 from Prelims</i>	10&U 50 Breast	<i>Top 16 from Prelims</i>	68
69	<i>Top 16 from Prelims</i>	11-12 50 Breast	<i>Top 16 from Prelims</i>	70
71	<i>Top 16 from Prelims</i>	13-14 100 Breast	<i>Top 16 from Prelims</i>	72
73	<i>Top 16 from Prelims</i>	10&U 100 Back	<i>Top 16 from Prelims</i>	74
75	<i>Top 16 from Prelims</i>	11-12 100 Back	<i>Top 16 from Prelims</i>	76
77	<i>Top 16 from Prelims</i>	13-14 200 Back	<i>Top 16 from Prelims</i>	78
79	<i>Top 16 from Prelims</i>	10&U 50 Fly	<i>Top 16 from Prelims</i>	80
81	<i>Top 16 from Prelims</i>	11-12 50 Fly	<i>Top 16 from Prelims</i>	82
83	<i>Top 16 from Prelims</i>	13-14 100 Fly	<i>Top 16 from Prelims</i>	84