



## **MEMBERSHIP DUES & BILLING AGREEMENT**

### **A. Membership Dues**

- a. **Membership Fees:** In consideration of the participation of the swimmer(s) in the Condors Swim Team of Clarkstown, Inc.'s (Condors Swim Club or "Condors") competitive, year-round swim program, the Parent/Guardian agrees to pay the dues for the swimmer's practice level as outlined in the attached Membership Dues Schedule.
- b. **Payment Plan Options:**
  - i. **Pay in Full:**
    1. All dues will be paid at the time of registration.
    2. Receive a 5% discount with this option.
  - ii. **4-Month Trimester Payment Plan (3-Pay):**
    1. Dues are billed for every 4-month commitment period.
    2. Payments are due at registration, and then billed to your account on January 1, 2026, and May 1, 2026
  - iii. **10-Month Payment Plan (10-Pay)**
    1. This option is only available to Future Stars group
    2. First payment is due at registration, and then billed to your account on the first of the month starting October 1, 2025 through June 1, 2026.
  - iv. **Credit card on File:** Upon registration, you will be required to keep a credit card on file. This card will be used for recurring payments each month for incidental charges such as meet fees.
- c. **USA Swimming Registration:**
  - i. All members must be USA Swimming members to participate in the program.
  - ii. **Returning swimmers:** The Condors will re-register any returning member for the 2025-2026 year by a bulk registration with USA Swimming. This fee will be charged at registration.
  - iii. **New Swimmers:** New families are responsible for registration with USA Swimming. A step-by-step guide with screenshots is available on the Condors Website under the "USA Swimming Registration" tab. You must pay this fee directly to USA Swimming during online registration. Once charged, the fee will be credited back to your Condors account by our administrator.
  - iv. **Outreach Membership:** For more details, please refer to Section D.g (below). In brief, this program offers reduced fees for USA Swimming membership and meet entry.
- d. **Cancellation Policy:**
  - i. If you do not wish to renew your membership for the next commitment period, you must provide a written cancellation at least 10 days prior to the next billing cycle. Please email the Rockland billing administrator at [billing@swimcondors.org](mailto:billing@swimcondors.org) to cancel your membership.
- e. **Refunds:**
  - i. Condor swimmers are eligible for a refund within 30 days of registration, minus a \$220 non-refundable portion of the membership dues per swimmer. The USA Swimming Registration Fee is also non-refundable.
  - ii. After the first 30 days, all membership dues and fees for Condors programs and training groups are non-refundable. Refunds will not be issued until all outstanding incidental charges, such as meet entry fees and equipment fees, have been paid in full.
  - iii. By electronically accepting this waiver, the participant acknowledges that the Condors have the right to make changes to the coaching staff and/or practice schedule as necessary, and nothing herein shall be construed to limit that right.



**f. Prorations:**

- i. Pro-rating for New Members: The Condors will prorate your 4-Month Trimester Payment Plan dues based on your date of entry to the team.
- ii. Pro-rating for Returning Members:
  1. Returning Condors members are required to pay the full amount for each 4-month commitment period, regardless of their start date.
  2. If you leave the Condors during the season to participate in another sport, your annual dues will not be prorated.
  3. We encourage swimmers to attend swim practice as often as their schedule allows. There will be no prorating of dues for participation in other sports.
- iii. Practice Group Changes ("Move-ups"): If a swimmer is transferred to a different practice group by the coaching staff, the difference in dues between the two practice levels will be prorated for the remainder of the swim year and charged to your account.

**g. Discounts:** Families with more than one swimmer can benefit from our multi-swimmer discount.

**i. Discount Structure:**

1. You pay 100% of the dues for your highest group swimmer.
2. Each additional swimmer receives a \$240 discount on their dues.

**ii. Eligibility:**

1. The multi-swimmer family discount applies only to families participating for the entire season.
2. If a swimmer resigns from the team during the year, the family will lose the discount, and their account will be adjusted accordingly.
3. Families who join the team after November 1st will receive prorated family discounts based on their registration date.

**iii. Payment Plans:**

1. **Pay In Full:** Discounts will be applied at registration.
2. **4-Month Trimester Payment Plan (3-Pay):** Discounts will be applied to the second payment on January 1, 2026, and the third payment on May 1, 2026, at \$120 per swimmer per trimester.
3. **10-Month Payment Plan (10-Pay, Future Stars only):** A \$26 discount per discounted Future Stars swimmer will be applied to the following 9 monthly payments.

**h. Conditions for Returning Members Enrollment:** Families with a current balance will not be allowed to register for the upcoming season until all past due amounts are paid in full.

**B. Incidental Charges:**

- a. In consideration of the participation of the swimmer(s) in Condors' competitive, year-round swim program, the Parent/Guardian agrees to pay for the swimmer's incidental charges.
- b. Certain fees will be invoiced to your account as they arise.
- c. Common incidental charges include meet entry fees and related Condors surcharges, which are billed after each swim meet. Other incidental charges include but are not limited to mandatory equipment and swim cap fees.

**C. Club Service Hours Requirement:**

- a. In consideration of the participation of the swimmer(s) in Condors' competitive, year-round swim program, the Parent/Guardian agrees to fulfill a specified number of service hours as outlined in the CLUB SERVICE HOURS REQUIREMENT policy, or pay the opt-out service fee. Otherwise, the parent/guardian will be charged twenty dollars (\$20.00) per hour per unfilled service hour.
  - i. Opt-out service fee exception: Specific non-Condor hosted meets including but not limited to **Senior**



**Metropolitan Championships** and **ISCA Summer Blast** require volunteer support and are not eligible for the volunteer opt-out policy. Participation in these meets is contingent upon fulfilling this volunteer requirement.

- b. All Condor families will be required to fulfill a set number of service hours based on the highest group level of their athlete(s).
- c. For the 2025-2026 season, families must complete 50% of their service hours during the short-course season (September 2025 - March 2026) and 50% during the long-course season (April 2026 - August 2026).
- d. All families are required to work the 2026 8 & Under Championships meet unless they choose to pay the club service fee.

#### **D. Suspension Policy**

- a. If membership dues are not received in full by the due date, a notice of delinquency (electronic payment failure) will be automatically emailed by the registration system.
- b. It is the account holder's responsibility to check their email (including junk mail folders) for any notifications.
- c. The account holder must ensure that charges to their credit card or ACH debit account are approved and settled.
- d. **Late Fees and Account Delinquency:**
  - i. If your credit card is declined for processing a payment, you will be automatically notified through the SportsEngine Billing System. From the date of notification, you will have 15 days to update your account with a valid credit card and make the scheduled payment. If the account is not rectified within 15 days, a late fee of \$50 will be assessed to the account.
  - ii. Once an account is past due by 30 days, an invoice will be sent to the email address on file.
  - iii. After 30 days of delinquency, the account will be blocked from the online meet entry (OME) or meet-opt-in system, including championship meets.
- e. **Meet Participation:**
  - i. If the account is brought current before the meet opt-in deadline, the family can use the regular procedure to opt-in to that meet.
  - ii. If the account is brought current after the meet opt-in deadline, the family will not be able to enter that meet using the OME system. Possible outcomes include:
    - 1. If a meet is closed to further entries by the meet director, your swimmer(s) will not be able to participate.
    - 2. If a meet remains open to new entries, the appropriate head coach will do their best (but cannot guarantee) to get your swimmer(s) entered.
- f. **60-Day Delinquency:**
  - i. Once an account is past due by 60 days, an invoice will be sent to the main email address on file. Additionally, an email will be sent indicating that:
    - 1. Swimmer(s) will not be able to enter any meets until the account is brought current.
    - 2. The swimmer's head coach and group coach will be informed that the swimmer(s) cannot participate in any training (including dryland) until the account is brought current.
- g. **Financial Hardship:**
  - i. If Parent/Guardian experiences financial hardship and becomes delinquent in payment of dues or assessments, they may apply in writing to the Team Administrator at [billing@swimcondors.org](mailto:billing@swimcondors.org) for a waiver of late fees and account suspension. Condors may grant a waiver if satisfactory payment arrangements are made for the delinquent amounts. However, If the account fails to comply with the established payment arrangements, it will be immediately suspended from all team-related activities.
  - ii. USA Swimming's Outreach Membership program provides an affordable way for swimmers from



underserved or financially disadvantaged communities to participate in the sport. It offers reduced registration fees and access to USA Swimming benefits, helping to remove barriers and promote inclusivity. This initiative supports athletes who might not otherwise have the opportunity to join competitive swimming while fostering growth and diversity within the sport. More information available here:

<https://www.usaswimming.org/news/2023/06/01/usa-swimming-outreach-membership>

**E. Account Management**

- a. It is the responsibility of the account holder to maintain the integrity of their account.
- b. Please make sure that any changes to your credit card, addresses, phone numbers, email addresses, emergency contacts, etc. are updated immediately to your account.
- c. Condors recommends enabling SMS text and/or push notifications in the SportsEngine app to receive emergency and last-minute updates. These notifications can be set up directly through your user account.



### **2025-2026 PRACTICE SCHEDULES**

For ongoing updates, please refer to the “Join Rockland” and “Google Calendar” sections under the “Rockland Team” tab on the Condors website.

Any changes to the regular practice schedule for each training location will be communicated to families as they arise due to emergencies, weather, or scheduling conflicts. The Condors staff will make every effort to provide timely updates. Therefore, it is important to provide your cell phone number at the time of registration and opt-in for text alerts.

**\*Practice Schedule Subject to change based on facility availability\***

#### **April through July:**

Over the past two years, Condors secured additional pool time from April through July, allowing most groups to benefit from increased lane availability and, where possible, extended practice sessions. Please be prepared for the possibility of further updates to the group practice schedule.



## **MEET ENTRY POLICY**

As with any other youth sport, team members are expected to compete in all events they are scheduled for. We understand there are other commitments and athletes will not always be able to attend every meet. To streamline our Meet Entry process and minimize direct expenses to parents, we have enabled parents to declare their intention to attend swim meets in advance. Parents or swimmers must log onto the Online Meet Entry System (OME) and indicate their intention to participate or not participate (Opt-Out) in competitions by the indicated deadline for EACH meet. Swimmers that fail to opt-in by the indicated deadline will NOT be entered in the meet. While it is not required to indicate you will not attend a meet, logging onto the OME to Opt-Out/Decline helps assist the process and avoids follow up messages by the group coach.

Condor swimmers will be charged for participating in home meets. Our team often constitutes a significant percentage of the swimmers at these meets, limiting the number of entries we can accept from other teams who pay to participate. Unfilled spots from absent swimmers leave gaps where paying participants could have been placed. We encourage our swimmers and parents/guardians to attend away meets to take full advantage of all of the opportunities available to them.

### **Meet Opt-In Policies:**

- **Meet Opt-In Dates:** Each meet has a specific Opt-in date, found on the “Meet & Events” page of the website. Once an Opt-in deadline has passed, the system will not allow changes to the athlete’s commitment status, and the athlete will be entered into the meet, with the account charged accordingly. Our deadlines are based on the host team’s registration deadlines. Please review the opt-in dates ahead of time and plan accordingly for any meet you cannot attend. The Condors will make every effort to send out reminder emails regarding upcoming meet entry deadlines, however, families should not rely on emails and should check the website regularly for upcoming deadlines and important team information.
- **Online Meet Entry:** All Meet Declarations must be done through the Online Meet Entry (OME) website. To ensure our coaches can focus on coaching, we will not accept meet entries through email, phone, or verbal. Once a deadline has passed, changes to meet entries will only be accepted **VIA EMAIL** under extenuating circumstances (verbal communications will NOT be accepted).
- **Communication:** We will not accept dispute emails with regards to meet entry fees that indicate an opt-out was communicated directly to a coach or other Condor staff members verbally. All communications ***must be in writing***.
- **Entry Fees:** The coaches spend considerable time determining appropriate events for your child. When swimmers are entered into events, the Condors pay the host team these fees up-front. Entry fees are paid on the swimmer’s behalf on the good-faith understanding that we will be reimbursed for these fees when your account balance is paid in full each month. The host team will not return fees once an entry has been submitted.
- **Absences/Withdrawals:** If your swimmer(s) does not swim due to illness or any other issue, you are **still responsible** for reimbursing the Condors Swim Team. These charges will not be removed from your account unless you can provide proof that proper procedures were followed (e.g., you can produce a chain of written communications between you and the coach indicating these changes were requested at least two weeks before the start of the meet). Refunds for Withdrawals are subject to the rules of the host team and its meet director.



- **Missed Deadlines:** If the swimmer/family misses a deadline for a *Condors-hosted meet*, we will attempt to accommodate the swimmer depending on availability. Due to high demand, Condor's hosted meets typically fill up quickly, and we cannot guarantee entry due to time limits imposed by USA Swimming.
- **Host Team Deadlines:** The Condors must adhere to entry deadlines imposed by the host team. If an opt-in deadline has passed, we will attempt to contact the host team to determine if your late entry can be accepted. Many times, the host team will not accept late entries, especially after a deadline has passed. Often, meets we attend close due to time limitations, and teams may be unable to accommodate any entry changes.



## **CLUB SERVICE HOURS REQUIREMENT**

There is a strong connection between swimmers' success and the commitment of their parents/guardians. Volunteering is a powerful way to demonstrate your support for your child and their sport. The Condors Swim Club depends on the active participation of all its members, and our success reflects the dedication of the families that support us.

All Condor families are required to fulfill a set number of service hours based on the highest training group level of their athlete. These hours must be completed over the course of the annual season, from September to August. For the 2025-2026 season, families must complete 50% of their service hours during the short-course season (September 2025 - March 2026) and 50% during the long-course season (April 2026 - August 2026).

### **Incomplete Service Hours:**

- As of April 1, 2026, any unfulfilled short-course service hours will be billed at a rate of \$20 per hour.
- As of August 1, 2026, any unfulfilled long-course service hours will be billed at the same rate.

**Opt-Out Service Fee:** Families have the option to pay a club service fee instead of fulfilling the service hours. However, we encourage families to volunteer their time, as your support is highly valued over the fee. If you choose to opt out of volunteering, please select the fee corresponding to your highest-level swimmer at the time of registration.

Condors will be hosting the **2026 Metropolitan 8&Under Championships**. All families are required to work this meet unless they choose to pay the club opt-out service fee.

Training Group	Required Service Hours	Fee to opt-out of service hours (\$15/hr)	Fee at the end of the season for unfulfilled hours (\$20/hr)
Future Stars	8 hours	\$120	\$160
Bronze	22 hours	\$330	\$440
Silver	26 hours	\$390	\$520
Junior Varsity	8 hours	\$120	\$160
Gold	32 hours	\$480	\$640
Gold Elite	36 hours	\$540	\$720
Senior Prep	36 hours	\$540	\$720
Senior 1	40 hours	\$600	\$800
Senior	44 hours	\$660	\$880

***\*Please note that service commitment is required regardless of whether your swimmer intends on entering any competitions throughout the year.***

***\*\*All families will be required to volunteer at the Condors hosted 2026 Metropolitan 8&U Championships.***





## Volunteer Opportunities and Support

The Condors Swim Team relies on your support throughout the year to run successful meets and team social events. There are several essential volunteer positions that contribute to our team's success.

### Become an Official:

- **Interested in the Best Seat in the House?** Consider becoming a swim meet official! Having more Condors officials increases our recognition with USA Swimming and helps us run our meets efficiently.
- **Why We Need Officials:** The Condors host a minimum of six competitions annually (September – August). To ensure we can adequately staff these meets, we offer service hour credit only for Condors-hosted meets or USA Swimming championship meets.
- **Benefits for Officials:**
  - The Condors will cover your non-athlete registration fees for each competition year.
  - We will reimburse any testing or background check fees incurred while becoming a registered official.
  - Meet entry fees for Condors-hosted meets in which you volunteer will be waived.

### Service Outside of Meets:

In addition to working at meets, there are organizational jobs that require time outside of swim meets and can supplement your volunteer hours. If you have ideas to help improve our team, please share them by emailing [Volunteer@swimcondors.org](mailto:Volunteer@swimcondors.org). We will email the membership about available positions as they arise, giving everyone a chance to participate.

### Volunteering at Away Meets:

Some away meets require the Condors to provide timers or marshals. We will seek volunteers for these positions before the meet begins. Condors family members who volunteer at away meets that require Condor volunteer coverage will receive service hour credit.

However, if our participation is not required but requested to fill a shortage, that volunteer time will not count towards your Condors service hour commitment. While we encourage you to volunteer at other team meets, our service hour requirement is based on the meets we host and non-hosted meets where we are required to provide volunteers.

### Opt-out service fee exception:

Specific non-Condor hosted meets including but not limited to **Senior Metropolitan Championships** and **ISCA Summer Blast** require volunteer support and are not eligible for the volunteer opt-out policy. Participation in these meets is contingent upon fulfilling this volunteer requirement.



## **LIABILITY WAIVERS**

### **LIABILITY RELEASE & INDEMNIFICATION**

I, the undersigned participant and parent, request voluntary participation for a minor to participate in all events, which are hereinafter referred to as the "ACTIVITIES", sponsored by Condors Swim Team of Clarkstown, Inc., and/or Condors Aquatics, LLC, USA Swimming, and its local swimming committees. This agreement is valid whether or not the participant is a member of USA Swimming.

I consent to my/minor's participation in the ACTIVITIES and acknowledge that the minor and I fully understand my/minor's participation may involve risk of serious injury or death, including losses which may result not only from my/minor's own actions, inactions or negligence, but also from the actions, inactions, or negligence of others, the condition of the facilities, equipment, or areas where the event or activity is being conducted, and/or the rules of play of this type of event or activity. I understand that if I have any risk concerns, I should discuss the risks associated with my participation with the activity coordinators and event staff, before I sign this document and before any ACTIVITIES begin.

### **RELEASE MINORS RIGHTS:**

In consideration of allowing Minor Participant to participate in the ACTIVITIES, I hereby release and hold harmless Condors Swim Team of Clarkstown, Inc., Condors Aquatics, LLC, and USA Swimming and its local swimming committee and their members of its board of directors, officers, employees, volunteers, other participants, and agents (collectively, the "Released Parties"), of and from, and do discharge and waive, any and all claims, demands, losses, damages, and liabilities that Minor Participant may have or sustain with respect to any and all damage and/or injury, of any type, arising out of his or her participating in the ACTIVITIES. I also agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.

### **RELEASE PARENTS/GUARDIANS RIGHTS:**

In consideration of allowing Minor Participant to participate in this USA Swimming event, I hereby release and hold harmless the Released Parties, of and from, and do discharge and waive, any and all claims, demands, losses, damages, and liabilities that I may have or sustain with respect to any and all damage and/or injury, of any type, arising from Minor Participant's participation in the ACTIVITIES. I also agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.

### **INDEMNIFICATION BY PARENT/GUARDIAN:**

The undersigned parent/guardian further agrees to indemnify, save and hold harmless the Released Parties from any and all claims, demands, losses, damages, and liabilities for indemnities, contribution or otherwise with respect to any damage and/or injury, of any type, arising from Minor Participant's participation in the ACTIVITIES. The undersigned also agrees that this Release and Waiver of Liability, Assumption of Risk and Indemnity Agreement extends to all acts of negligence by the Releasee and is intended to be as broad and inclusive as is permitted by the laws of the State in which the Event(s) is/are conducted and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.



## **MEDICAL RELEASE**

I certify that I am the parent or legal guardian for my child(ren). I hereby give my permission for any supervisor, coach or other team administrator associated with Condors Swim Team of Clarkstown, Inc. and Condors Aquatics, LLC. (collectively, CONDORS) to seek and give appropriate medical attention for our child(ren) in the event of accident, injury, illness. I will be responsible for any and all costs associated with any necessary medical attention and/or treatment.

I hereby waive, release and forever discharge CONDORS and associated supervisor, coach or other team administrator from all rights and claims for damages, injury, loss to person or property which may be sustained or occur during participation in CONDORS activities, whether or not damages or loss is due to negligence.

I hereby acknowledge that my child(ren) is (are) physically fit and capable of participation in all swim team activities. I agree to communicate with the coach regarding any medical conditions or special needs that are pertinent for the team to be aware of.

### **Emergency Medical Care:**

CONDORS has my permission to seek appropriate emergency medical attention for the minor named in this registration process, in the event the designated parties are unavailable. I/We agree to hold CONDORS, its employees, or agents harmless for any liability arising out of any good faith actions taken in seeking and carrying out emergency treatment.



## **MINOR ATHLETE ABUSE PREVENTION POLICY 2.0 (MAAPP)**

All USA Swimming member clubs and LSCs are required to implement the updated Minor Athlete Abuse Protection Policy (MAAPP) in full. These changes stem from requirements imposed on USA Swimming by the U.S. Center for SafeSport.

This policy must be reviewed and agreed to by all athletes, parents, coaches, and other applicable adults. We ask that all parents review this policy along with their swimmers. The Full Policy and other resources are linked on the website under the "Safe Sport" tab.

### **Adult Athlete APT Membership Requirement**

All adult athlete members (athletes ages 18 and over) will be required to complete the online Athlete Protection Training (APT) course as a condition of membership. Any adult athlete who has not completed APT will not be a USA Swimming athlete member in good standing. Athletes who are turning 18 must complete this training prior to their birthday. Any athlete who has not completed the APT before the deadline will be flagged in the Meet Recon and automatically be pulled from the meet entries.

### **Locker Rooms**

Cell Phones or other recording devices are never permitted to be used in the locker rooms. Swimmers should keep their phones in their swim bags at all times when using the locker rooms. Any parents or swimmers noticing that a cell phone is being used should report it to a coach or staff member immediately.

### **Applicable Adults**

Applicable adults include many people that are part of our meet operations and includes people who may NOT be USA Swimming members but are participating non-members, have frequent contact with or authority over minor athletes. Keep this in mind when volunteering for future meets. You can visit the Applicable Adult link below for more information.

### **General Acknowledgment**

The Condors have adopted MAAPP and must adhere to its guidelines. During the registration process, MAAPP must be reviewed and agreed to in writing by all athletes, parents, coaches, and non-athlete members of the club.

### **Important Links:**

[Condors MAAPP Policy, effective October 16, 2024](#)

[USA Swimming MAAPP Website](#)



### **PHOTO/VIDEO/NEWS RELEASE**

I hereby grant permission for images and video footage of my child, captured during any swim lesson, swim practice, or team-related activity, to be used by Condors Swim Team of Clarkstown, Inc. ("CONDORS") for promotional and educational purposes. This includes, but is not limited to, use in digital and print publications, team marketing materials, CONDORS official social media platforms, and the official CONDORS website. I waive any rights of compensation or ownership related to the use of such media.

I also consent to my child being filmed or photographed for purposes of performance analysis, including stroke technique review and race feedback.

Furthermore, I authorize CONDORS to use my child's name and/or photograph in press releases or announcements related to CONDORS swimming activities and meet results, including distribution to local news media and online publications.

[Parents have a right to refuse agreement to their child being photographed by completing and submitting the form linked here.](#)



## **PARENT/GUARDIAN CODE OF CONDUCT**

As a parent of the Condors Swim Team swimmer, I will support the positive development of my child's swimming career by;

1. Reading and supporting my child's practice group requirements and goals.
2. Encouraging my child to attend the recommended number of practices.
3. Encouraging my child to attend the recommended competitions.
4. Communicating with my child's coaches first in the event that any problems arise.
5. Understanding that it is a privilege, not a right for my child to participate in competitive swimming

As a parent, I will agree to the following Parent/Guardian Code of Conduct:

1. I will set the right example for our children by demonstrating sportsmanship and showing respect and common courtesy at all times to the team members, coaches, competitors, officials, parents, team staff, and all facilities.
2. I will get involved by volunteering, observing practices, cheering at meets, and talking with my child and their coach about their progress.
3. I will refrain from coaching my child from the stands during practices or meets.
4. I understand that criticizing, name-calling, and use of abusive language or gestures directed toward coaches, officials, volunteers, and/or any participating swimmer will not be tolerated.
5. I will respect the integrity of the officials.
6. I will direct my concerns first to the Head Coach; then, if not satisfied, to the appropriate supervisor.

I understand the above expectations and that my failure to adhere to them may result in disciplinary action or removal from the team.



## **ATHLETE CODE OF CONDUCT**

As an authorized representative of Condors Swimming, Metropolitan Swimming Local Swimming Committee (LSC), and USA Swimming, I will comply with the following guidelines.

1. I will respect and show courtesy to my teammates and coaches at all times.
2. I will demonstrate good sportsmanship at all practices and meets.
3. I will set a good example of behavior and work ethic for my younger teammates.
4. I will be respectful of my teammates' feelings and personal space. Swimmers who exhibit sexist, racist, homophobic or otherwise inappropriate behavior will be faced with consequences.
5. I will attend all team meetings and training sessions unless I am excused by my coach.
6. I will show respect for all facilities and other property (including locker rooms) used during practices, competitions, and team activities.
7. I will refrain from foul language, violence, or behavior deemed dishonest, offensive, or illegal.
8. If I disagree with an official's call, I will talk with my coach and not approach the official directly.
9. I will obey all of USA Swimming's rules and codes of conduct.

I understand that if I violate this code of conduct, I will be subject to disciplinary action determined by my coaches and the swim club's board of directors.