

BADGER MAY SEASON STARTER DISTANCE MEET

MAY 8, 2011
APEX CENTER, LEHMAN COLLEGE

SANCTION:	Held under the sanction of USA Swimming/Metropolitan Swimming, Inc., #110607
LOCATION:	Lehman College APEX Aquatic Center 250 Bedford Park Boulevard West Bronx, New York 10468
FACILITY:	8 Lane 50 Meter Pool utilizing Daktronic Timing System and Scoreboard The pool Has been certified in accordance with Article 104.2.2C (4)
SESSIONS:	1 Session - Sunday, May 8, 2011
FORMAT:	Timed Finals Deck Seeding
ELIGIBILITY:	Open to all USA Swimming/Metropolitan Swimming Inc. registered swimmers. All swimmers participating in this meet must be registered by the first day of the meet. Age on will determine age for the entire meet. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement
DISABILITY SWIMMERS:	Swimmers with disabilities are encouraged to attend. Contact the meet director if you need special consideration. The athlete (or the athlete's coach) is also responsible for notifying the meet referee of any disability prior to the competition.
ENTRIES:	Swimmers may enter 2 Individual events per session Entries are accepted on a first come, first served basis. Entries received after the entry deadline will only be accepted if the meet is not full. Deck Entries are NOT permitted. All Entries must be sent as a Hy-Tek file. Manual Entries will NOT be accepted. Mail payment along with Hy-Tek Meet Entry Fee Report and detailed Meet Entry Report U.S. Mail Entries/Payment to: Badger Swim Club 119 Rockland Avenue Larchmont, NY 10538 Email Entries/Confirm Entry Receipt: badgerswimclub@gmail.com Signature Waiver Required for Express Mailed Entries
DEADLINE:	1: Metro LSC teams will be given priority on a first come/first served basis. Metro teams entries must be received by April 27, 2011 . 2: The final entry deadline for this meet is May 1, 2011 3: Metro entries received between April 27, 2011 and May 1, 2011 and all entries from other LSC's will be entered in the order they were received, as space allows.

	An email confirming receipt of entries if you provide an email contact. Please contact Meet Director if you do not receive such a report within 2 days of your original email.
ENTRY FEE:	An entry fee of \$4.00 per individual even must accompany the entries. Make check payable to: Badger Swim Club. Payment must be received by for email entries. Payment must be included with all mail entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet.
WARM-UP:	General Warm up in effect. There will be a fifteen minute warmup after the last heat of the 800M freestyle and the 1500M freestyle. Teams will be notified of the timeline prior to the start of the meet.
SCRATCHES:	Coaches will be given scratch sheets upon check-in for each session. All scratches are due no later than 30 minutes prior to the start of the session. Coaches are asked to indicate clearly individual events scratches and which swimmers will not be participating in the session.
COACHES:	In accordance with Metropolitan Swimming Inc. Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.
AWARDS:	Medals 1-3, Ribbons 4-8.
OFFICIALS:	Meet Referee: Steven Kessler - stevenkessler@msn.com Officials wishing to volunteer should contact Meet Referee by May 1, 2011.
MEET DIRECTOR:	Maria Kessler - mariakessler@hotmail.com
RULES:	The current USA Swimming Rules and Regulations will apply. The USA Swimming Code of Conduct is in effect for the duration of the meet. The overhead start procedure may be used at the discretion of the meet Referee.
SAFETY:	Metropolitan Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the meet Referee, any swimmer, coach, club, or spectator for failure to follow the safety rules.
DISCLAIMER:	Upon acceptance of his/her entries, the participant waives all claims against, Metropolitan Swimming Inc., USA Swimming Inc., Badger Swim Club, Lehman College, and their agents or representatives for any injury occurring as a result of the meet.
ADMISSION:	\$5 Admission Fee, \$3 for Programs (Fees are set and collected by Lehman College)
MERCHANTS:	Parent Concession
PARKING:	Parking is Free in The North Lot (alongside the reservoir) There is also ample free and metered street parking however be sure to read all signs to avoid costly parking tickets.

DIRECTIONS:	DIRECTIONS TO LEHMAN COLLEGE APEX Bedford Park Boulevard between Goulden and Paul Aves. BY SUBWAY: Take the IRT #4 (Lexington) or IND ‘D’ to Bedford Park Boulevard and walk West on Bedford Park Blvd. past Paul Ave. to entrance on south side of street. BY BUS: FROM WESTCHESTER: (White Plains, Hartsdale, Scarsdale, Yonkers via Central Park Ave.) #20 or #2oX or (Yonkers via Getty Square/South Broadway/McClean Ave./Central Park Ave.) #4 to Bedford Park Blvd. Terminus and walk West. BY CAR: Take Major Deegan Expressway (I-87) to the Van Cortlandt Park South Exit and turn left onto Van Cortlandt Ave. Proceed up the winding hill to Sedgwick Ave. And make left onto Sedgwick and continue uphill. Turn right at Goulden Ave. (keeping Reservoir on right) and go south to Bedford Park Blvd. Proceed two long blocks. Parking lots will be on your right. Via Saw Mill River Parkway South (it becomes the Henry Hudson Parkway) to Mosholu Parkway exit. Proceed on long exit ramp. At the second traffic light, before the subway underpass, turn right onto Paul Avenue. Go for two long blocks. At Bedford Park Boulevard, turn right. APEX building is on your left. Proceed to traffic light and then turn left onto Goulden. Parking lots will be on your right. IMPORTANT! IN CASE OF EMERGENCY: Pool Office: 718-960-7123 Meet Desk: 718-960-1134

Session 1 8am Warmup / 9am Start

Event	Event	Heat Max
1	Girls Open 800M Freestyle	5
	15 Minute Warmup	
2	Boys Open 1500M Freestyle	4
	15 Minute Warmup	
3	Girls Open 400M Individual Medley	5
4	Boys Open 400M Individual Medley	5