

Summer Time Classic Invitational June 4-5, 2011 Sanction #110601

Invited Teams: AQUA, BAC, BAD BASC, BGNW, BBSC, CAT(NJ), CONDORS, HAA, IA, LGAC, LBA, MAG(NE), MSC, NFS, NJW(NJ), NS, TS, TVSC, WYW(CT), other teams interested please contact Ginny Nussbaum at <a href="mailto:qnussbaum@longislandswimming.com">qnussbaum@longislandswimming.com</a>

### **Summer Time Classic Invitational**

June 4-5, 2011

SANCTION: Held under the sanction of USA Swimming/Metropolitan Swimming, Inc., # 110601

LOCATION: Nassau County Aquatic Center

Eisenhower Park, East Meadow, NY 11554

FACILITY: 10 Lane by 50 meter competition pool w/ 2 meter min depth

The pool Has Not been certified in accordance with Article 104.2.2C (4)

SESSIONS: Session I – 12&U – Saturday June 4 warm-up 8-8:50am Start 9am

Session II - Open - Saturday June 4 warm-up 1:30-2:20pm Start 2:30pm

Session III – 12&U – Sunday June 5 warm-up 8-8:50am Start 9am

Session IV – Open – Sunday June 5 warm-up 1:30-2:20pm Start 2:30pm

**FORMAT:** The meet is a Timed Final Event

The meet will be Deck Seeded

**ELIGIBILITY:** Open to all Invited USA Swimming/Metropolitan Swimming Inc. registered swimmers.

All swimmers participating in this meet must be registered by the first day of the meet.

Age on June 4, 2011 will determine age for the entire meet.

DISABILITY SWIMMERS:

Swimmers with disabilities are encouraged to attend. Contact the meet director if you need special

consideration.

The athlete (or the athlete's coach) is also responsible for notifying the meet referee of any disability

prior to the competition.

**ENTRIES:** All Athletes are limited to enter 3 events per session

Deck entries will not be accepted

NT's will not be accepted

Entries are by invite only Hy-Tek Email entries will be accepted. AN Entry Summary with a signed

waiver must be sent to the office for entries to be considered by Thursday May 24, 2011

U.S. Mail Entries/Payment to: Karla Leite, 750F Stewart Ave., Garden City, NY 11530

Email Entries/Confirm Entry Receipt: <a href="mailto:entries.liac@gmail.com">entries.liac@gmail.com</a>
If sending express mail, please sign the waiver on the front.

DEADLINE: Entries must be received by: Tuesday May 24, 2011

An email confirming receipt of entries if you provide an email contact. Please contact Meet Director if

you do not receive such a report within 2 days of your original email.

**ENTRY FEE:** An entry fee of \$4.00 per individual event must accompany the entries.

Make check payable to: Long Island Swimming

Payment must be received by June 5, 2011 for email entries. Payment must be included with all mail entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet.

WARM-UP: General warm up with assigned lanes for the first 40 minutes. Sprint lanes and General lanes

will be available for the remaining 10 minutes. Lane assignments will be distributed along with

the scratch sheet each session.

**SCRATCHES:** Coaches will be given scratch sheets upon check-in for each session. All scratches are due no later than

30 minutes prior to the start of the session. Coaches are asked to draw a line through an individual event to indicate clearly that individual event is a scratch or when an athlete is out of the session completely draw a line through the swimmers name who will not be participating in the session.

**COACHES:** In accordance with Metropolitan Swimming Inc. Policy, only those coaches who display current, valid

USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do

not possess these credentials will be required to leave the deck area.

AWARDS: 1st – 10th place awards will be given to the 12&U athletes. Events 17&18 will be awarded for 1st-

10<sup>th</sup> for both 10&U and 11-12. Both 9-10 and 8&U awards will be given in the 10&U events. 1<sup>st</sup>-3<sup>rd</sup>

place awards will be given to the 13-14 and OPEN Swimmers.

OFFICIALS: Meet Referee: A. Nakkab, 171 Atlantic Ave., Carle Place, NY 11514

Officials wishing to volunteer should contact Meet Referee by June 3, 2011

**MEET** 

DIRECTOR: Ginny Nussbaum, gnussbaum@longislandswimming.com 516.378.8467 – Questions concerning

the meet will only be entertained when communicated via a certified coach on an invited team.

**RULES:** The current USA Swimming Rules and Regulations will apply.

The USA Swimming Code of Conduct is in effect for the duration of the meet. The overhead start procedure may be used at the discretion of the meet Referee.

"Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal

guardian to ensure compliance with this requirement.

**SAFETY:** Metropolitan Safety and Warm-up procedures will be in effect. Marshals will be present throughout

warm-ups and competition, and have the authority to remove, with the concurrence of the meet Referee,

any swimmer, coach, club, or spectator for failure to follow the safety rules.

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legal guardian, to ensure compliance with this requirement"

**DISCLAIMER:** Upon acceptance of his/her entries, the participant waives all claims against **Nassau County Aquatic** 

Center, Long Island Aquatic Club, Long Island Swimming, Metropolitan Swimming Inc., USA Swimming Inc., their agents or representatives for any injury occurring as a result of the meet.

ADMISSION: Admission –\$7.00

Programs - \$2.00

MERCHANTS: A concession stand is operated by the Nassau County Aquatic Center. No glass will be

permitted on the deck.

Hobieswim will be available throughout the entire meet

PARKING: There is ample free parking available in the park

**DIRECTIONS:** FROM VERRAZANO NARROWS BRIDGE AND KENNEDY AIRPORT:

Follow signs to Belt Parkway/Long Island East. Take Belt Parkway eastbound past Kennedy Airport - after Kennedy Airport stay in the left lane and look for signs to Southern State Parkway East. Take So.State Pkwy East to Meadowbrook Pkwy (northbound) to NY-24 Hempstead Turnpike (exit M4) East. On Hempstead Turnpike go to the left lane and make a left at the first light (Merrick Ave.) At first traffic light make a right. This

is the entrance to the pool.

FROM WHITESTONE AND THROGS NECK BRIDGES

Take Cross Island Parkway South to Exit 29, Grand Central Parkway eastbound. Follow Grand Central Pkwy to Meadowbrook Pkwy southbound (Jones Beach). Get off Meadowbrook Pkwy at NY-24 Hempstead Tpke.(exit M4). On Hempstead Turnpike go to the left lane and make a left at the first light (Merrick Ave.) At first traffic light make a right. This is the entrance to the pool.



#### LONG ISLAND AQUATIC CLUB

#### **Presents**

## The Summer Time Classic Invitational June 4-5, 2011

To be held at Nassau County Aquatic Center, Eisenhower Park, East Meadow, New York

	SESSION I			SESSION IV	
S	SATURDAY JUNE 4, 201	11	SU	<b>NDAY JUNE 5, 2011</b>	
WARM	-UP 7:30AM START	8:45AM	WARM-UP	7:30AM START 8	8:45AM
WOMEN	EVENT	MEN	WOMEN	EVENT	MEN
1	11-12 200m fly	2	41	11-12 200m back	42
3	10&U 200m free	4	43	10&U 100m free	44
5	11-12 100m Breast	6	45	11-12 50m fly	46
7	10&U 100m Breast	8	47	10&U 50m fly	48
9	11-12 50m free	10	49	11-12 50m breast	50
11	10&U 50m free	12	51	10&U 50m breast	52
13	11-12 50m back	14	53	11-12 200m free	54
15	10&U 50m back	16	55	11-12 100m back	56
17	12&U 200m IM	18	57	10&U 100m back	58
			*SWIMMERS	MUST PROVIDE TH	EIR OWN
				TIMERS	

	SESSION III				SESSION VI	
	SATURDAY JUNE 4, 201	1		S	UNDAY JUNE 5, 2011	L
WARN	I-UP 1:30PM START	2:30PM		WARM-U	P 1:30PM START	<b>2:30PM</b>
WOMEN	EVENT	MEN		WOMEN	EVENT	MEN
19	13-14 200m free	20		59	13-14 200m IM	60
21	OPEN 200m IM	22		61	OPEN 200m free	62
23	13-14 100m fly	24		63	13-14 200m fly	64
25	OPEN 200m fly	26		65	OPEN 100mfly	66
27	13-14 200m back	28		67	13-14 100m back	68
29	OPEN 100m back	30		69	OPEN 200m back	70
31	13-14 200m breast	32		71	13-14 100m breast	72
33	OPEN 100m breast	34		73	OPEN 200m breast	74
35	13-14 50m free	36		75	13-14 100m free	76
37	OPEN 100m free	38		77	OPEN 50m free	78
*39	OPEN 400m IM	*40		*79	OPEN 1500m free	*80
*N	IAY BE LIMITED TO 2 H	IEATS – SWI	MMERS MUST	PROVIDE	THEIR OWN TIMER	S



#### LONG ISLAND AQUATIC CLUB

#### presents

# THE SUMMER TIME CLASSIC SWIM MEET JUNE 4-5, 2011

to be held at Nassau County Aquatic Center , Eisenhower Park, East Meadow, Long Island Sanctioned by Metropolitan Swimming sanction #110601

#### **ENTRY SUMMARY**

Town	StateZ	ip	
Contact		Phone	E-Mail
# 10&UNDER	WOMEN	_ # EVENTS	x \$4.00 = \$
# 11-12	WOMEN	_ # EVENTS	x \$4.OO = \$
# SENIOR	WOMEN	_ # EVENTS	x \$4.00 = \$
# 10 &UNDER	MEN	# EVENTS	x \$4.OO = \$
# 11-12	MEN	# EVENTS	x \$4.00 = \$
# SENIOR	MEN	# EVENTS	x \$4.OO = \$
#OPEN Relays	WOMEN	#EVENTS	x\$10.00 = \$
#OPEN RELAYS	MEN	#EVENTS	x \$10.00 = \$
			Total \$
			re conditions for acceptance of enti