



School of Swimming  
**NYC**

**2010 Imagine Invite**  
**Hosted by the Manhattan Makos**  
**Saturday, December 11, 2010**  
**Flushing Meadows Aquatic Center**

**USA Swimming Sanction #101206**

**Teams Invited:**  
**ABBE, APEX, BGHA, LGA, North Shore, NYCC, Riverbank RedTails, YFD**

# 2010 Imagine Invite

Saturday, December 11, 2010

- SANCTION:** Held under the sanction of USA Swimming/Metropolitan Swimming, Inc.,
- LOCATION:** Flushing Meadows Aquatic Center  
Flushing Meadows Corona Park  
Avery Avenue and 131 Street  
Flushing, NY 11368
- HOST:** Imagine Swimming Inc.
- FACILITY:** 25 yards x 50 meters (7'-6" deep to 12'-9" deep) with ten lanes (Olympic-sized) and floating bulkhead. 8 lanes will be used for competition. Colorado Electric Timing System with visible scoreboard. Stadium seating for spectators. The pool has been certified in accordance with Article 104.2.2C (4)
- SESSIONS:** One session only. Warm-ups begin at 8:00am. Meet start of 9:00am.
- FORMAT:** All events are timed finals in the short course yards format.
- ELIGIBILITY:** Open to all Invited USA Swimming/Metropolitan Swimming Inc. registered swimmers. All swimmers participating in this meet must be registered by the first day of the meet. Age as of December 11, 2010 will determine age for the entire meet.
- DISABILITY SWIMMERS:** Swimmers with disabilities are encouraged to participate. Special considerations contact meet director. The athlete (or the athlete's coach) is also responsible for notifying the meet referee of any disability prior to the competition.
- ENTRIES:** Each swimmer will have a limit of four individual events plus two relays.
- Metropolitan LSC teams will be given priority and Meet Host will determine meet invitees. Entries will not be accepted past entry deadline and/or until meet fills to capacity. Meet will be run using Hy-Tek's Meet Manager. All entry times must be in yards; NT's will be accepted.
- U.S. Mail Entries/Payment to:  
**Attention: Elliot Ptasnik**  
**Imagine Swimming Inc.**  
**41 Union Square West, Suite 1528, New York, NY 10003**
- Email Entries in Team Manager format/Confirm Entry Receipt: [elliot@imagineswimming.com](mailto:elliot@imagineswimming.com)
- DEADLINE:** **Entries must be received by: 6:00pm Friday, December 3, 2010**
- An email confirming receipt of entries upon request. Please contact Meet Director if you do not receive such a report within 2 days of your original email or any other questions.
- ENTRY FEE:** An entry fee of \$3 per individual event and \$8 per relay must accompany the entries.
- Make check payable to: Imagine Swimming Inc.** Please see address above.
- Payment must be received by 6:00pm Friday, December 3, 2010 for email entries. Payment must be included with all mail entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet.
- WARM-UP:** Warm-ups will follow the adopted Metropolitan Swimming Procedure.
- SCRATCHES:** Coaches will be given scratch sheets upon check-in for each session. All scratches are due no later than 30 minutes prior to the start of the session. Coaches are asked to indicate clearly individual events scratches and which swimmers will not be participating in the session.

- COACHES:** In accordance with Metropolitan Swimming Inc. Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area. Corona Park Facility rules must be followed including no smoking or alcoholic beverages on the premises.
- AWARDS:** Ribbons 1<sup>st</sup>-8<sup>th</sup> place in all age groups. All awards will be given to the coach after the meet. Male and Female swimmer-of-the-meet based on coaches poll will be given a trophy.
- OFFICIALS:** Meet Referee: TBD  
Officials wishing to volunteer should contact Meet Referee by Friday, December 3, 2010
- MEET DIRECTOR:** **Meet Director:** Michael Poropat; 212-253-9650; michael@imagineswimming.com  
Head Coach: Elliot Ptasnik; 212-253-9650; elliot@imagineswimming.com
- RULES:** The current USA Swimming Rules and Regulations will apply.  
**The USA Swimming Code of Conduct is in effect for the duration of the meet.**  
The overhead start procedure may be used at the discretion of the meet Referee.
- SAFETY:** Metropolitan Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the meet Referee, any swimmer, coach, club, or spectator for failure to follow the safety rules.
- DISCLAIMER:** Upon acceptance of his/her entries, the participant waives all claims against Flushing Meadows Aquatic Center, Imagine Swimming, Manhattan Makos, Metropolitan Swimming Inc., USA Swimming Inc., their agents or representatives for any injury occurring as a result of the meet.
- ADMISSION:** Adult Admission (18 & Over) is \$4 per person. Session program is \$3.
- MERCHANTS:** TBD
- PARKING:** Free parking will be available at the Flushing Meadows Aquatic Center
- DIRECTIONS:** Coaches will be emailed specific directions to Flushing Meadows Aquatic Center.

## List of Events

Warm-up: 8:00am

Saturday, Dec 11, 2010

Start: 9:00am

| GIRLS | EVENT                   | BOYS |
|-------|-------------------------|------|
| 1     | 10 & U 200 Medley Relay | 2    |
| 3     | 11-12 200 Medley Relay  | 4    |
| 5     | 13-14 200 Medley Relay  | 6    |
| 7     | 10 & U 100 IM           | 8    |
| 9     | 11-12 100 IM            | 10   |
| 11    | 13-14 200 IM            | 12   |
| 13    | 10 & U 50 Back          | 14   |
| 15    | 11-12 100 Back          | 16   |
| 17    | 13-14 200 Back          | 18   |
| 19    | 10 & U 50 Fly           | 20   |
| 21    | 11-12 50 Fly            | 22   |
| 23    | 13-14 100 Fly           | 24   |
| 25    | 10 & U 50 Free          | 26   |
| 27    | 11-12 50 Free           | 28   |
| 29    | 13-14 50 Free           | 30   |
|       | -10 Minute break-       |      |
| 31    | 11-12 200 Free          | 32   |
| 33    | 13-14 200 Free          | 34   |
| 35    | 10 & U 50 Breast        | 36   |
| 37    | 11-12 100 Breast        | 38   |
| 39    | 13-14 200 Breast        | 40   |
| 41    | 10 & U 100 Free         | 42   |
| 43    | 11-12 100 Free          | 44   |
| 45    | 13-14 100 Free          | 46   |
| 47    | 10 & U 200 Free Relay   | 48   |
| 49    | 11-12 200 Free Relay    | 50   |
| 51    | 13-14 200 Free Relay    | 52   |