

NDAC *Winter Festival*



• 2010 •

Invitational

December 4 and 5, 2010

Sanction # 101204

Invited Teams: All Metropolitan LSC Teams, Hawks-AD, Kingston Hurricanes-AD

Any other team who would like to be invited, please contact NDAC at
ndaquatic@yahoo.com

NDAC Winter Festival

December 4 and 5, 2010

- SANCTION:** Held under the sanction of USA Swimming/Metropolitan Swimming, Inc., # **101204**
- LOCATION:** **Washingtonville High School**
54 West Main Street
Washingtonville, NY 10992
- FACILITY:** **25 yard pool with six 7-foot lanes; Non-turbulent lane lines;**
Ample seating for 350 is available. Colorado electronic timing system and scoreboard.
The pool **has not been** certified in accordance with Article 104.2.2C (4)
- SESSIONS:** **Session 1: 8:00am Warm-up - 9:00am Start**
Session 2: 1:00pm Warm-up - 2:00pm Start
Session 3: 8:00am Warm-up - 9:00am Start
Session 4: 1:00pm Warm-up - 2:00pm Start
- FORMAT:** All events are timed finals. Slow to fast standard Pre-Seed Seeding. Metropolitan Association scratch rules will be in effect for this meet.
- ELIGIBILITY:** Open to all Invited USA Swimming/Metropolitan Swimming Inc. registered swimmers.
All swimmers participating in this meet must be registered by the first day of the meet.
No Time or NT is not acceptable!
Age on **December 4, 2010** will determine age for the entire meet.
- DISABILITY SWIMMERS:** Swimmers with disabilities are encouraged to attend. Contact the meet director if you need special consideration.
The athlete (or the athlete's coach) is also responsible for notifying the meet referee of any disability prior to the competition.
- ENTRIES:** **Limit of 4 individual events and 1 relay per day. Meet will be run using Hy-Tek's Meet Manager. All entries must be in yards;** NT's will not be accepted. All entries must be sent in Team Manager format. Entries will be accepted on first come first served basis.
- E-Mail Entries should be send to:** MeetEntries@ndaquaticclub.com
- Mail Hard Copies and Entry Fees to: **Annette Mackrel**
90 Witchtree Rd
Woodstock, NY 12498
(845) 679-5463
Email: MeetEntries@ndaquaticclub.com
- Signature waiver required for Express Mailed Entries/Payment**
It is not necessary to use overnight or express mail to send hard copy and check which are sent in support of an emailed entry.
- DEADLINE:** **Entries must be received by : Friday, November 19, 2010**
- An email confirming receipt of entries if you provide an email contact. Please contact Meet Director if you do not receive such a report within 2 days of your original email.
- ENTRY FEE:** An entry fee of **\$3 per individual event** and **\$8 per relay** must accompany the entries.
Make check payable to: **NDAC**
Payment must be received by **Monday, November 22, 2010** for email entries. Payment must be included with all mail entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet.

- WARM-UP:** Assigned warm up procedures will be in effect .
- SCRATCHES:** Coaches will be given scratch sheets upon check-in for each session. All scratches are due no later than 30 minutes prior to the start of the session. Coaches are asked to indicate clearly individual events scratches and which swimmers will not be participating in the session.
- COACHES:** In accordance with Metropolitan Swimming Inc. Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.
- AWARDS:** Events will be scored as follows:
Morning sessions: 8&Under, 9-10, 11-12
Afternoon sessions: 14&Under, 15&Up
- Individual Events: Medals 1st-3rd , Ribbons through 6th place in all age groups.**
Relays: Ribbons 1st-3rd
- OFFICIALS:** Meet Referee: David Cavotti
email: dcavotti@frontiernet.net
Officials wishing to volunteer should contact Meet Referee by December 1, 2010
- MEET DIRECTORS:** Tom Weckesser phone: 845-464-0119 and Annette Mackrel
email: ndaquatic@yahoo.com
- RULES:** The current USA Swimming Rules and Regulations will apply.
The USA Swimming Code of Conduct is in effect for the duration of the meet.
The overhead start procedure may be used at the discretion of the meet Referee.
- SAFETY:** Metropolitan Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the meet Referee, any swimmer, coach, club, or spectator for failure to follow the safety rules.
- DISCLAIMER** Upon acceptance of his/her entries, the participant waives all claims against Washingtonville School District & Northern Dutchess Aquatic Club (NDAC), Metropolitan Swimming Inc., USA Swimming Inc., their agents or representatives for any injury occurring as a result of the meet.
- ADMISSION:** Admission \$4, Session Program: \$3
- MERCHANTS** Swimmer's Choice
- PARKING:** Park in appropriate marked spots. Illegally parked cars will be towed at the owner's expense.
- DIRECTIONS:** <http://www.mapquest.com/maps?name=Washingtonville+High+School&city=Washingtonville&state=NY&address=54+W+Main+St&zipcode=10992&country=US&latitude=41.424006&longitude=-74.172052&geocode=ADDRESS&id=21372742>

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Session 1

Saturday Morning Warm-up: 8:00 AM / Start: 9:00 AM

Girls	Events		Boys
1	8 & U	200 Medley Relay*	2
3	9-10	200 Medley Relay*	4
5	11-12	200 Medley Relay*	6
7	8 & U	100 Freestyle	8
9	12 & U	200 Freestyle	10
11	8 & U	25 Butterfly	12
13	9-10	50 Butterfly	14
15	11-12	100 Butterfly	16
17	8 & U	50 Backstroke	18
19	9-10	100 Backstroke	20
21	11-12	50 Backstroke	22
23	8 & U	25 Breaststroke	24
25	9-10	50 Breaststroke	26
27	11-12	100 Breaststroke	28
29	8 & U	50 Freestyle	30
31	9-10	50 Freestyle	32
33	11-12	50 Freestyle	34

***Relays will be pre-seeded. There will be no re-seed.**

Session 2

Saturday Afternoon Warm-up: 1:00 PM / Start: 2:00 PM

Girls	Events		Boys
35	13-14	200 Medley Relay*	36
37	15&Over	200 Medley Relay*	38
39	Open	200 Freestyle	40
41	Open	100 Butterfly	42
43	Open	200 Backstroke	44
45	Open	100 Breaststroke	46
47	Open	50 Freestyle	48
49	Open	400 I.M.	50

***Relays will be pre-seeded. There will be no re-seed.**

Session 3

Sunday Morning Warm-up: 8:00 AM / Start: 9:00 AM

Girls	Events		Boys
51	8 & U	200 Free Relay*	52
53	9-10	200 Free Relay*	54
55	11-12	200 Free Relay*	56
57	8 & U	100 I.M.	58
59	12 & U	200 I.M.	60
61	8 & U	50 Butterfly	62
63	9-10	100 Butterfly	64
65	11-12	50 Butterfly	66
67	8 & U	25 Backstroke	68
69	9-10	50 Backstroke	70
71	11-12	100 Backstroke	72
73	8 & U	50 Breaststroke	74
75	9-10	100 Breaststroke	76
77	11-12	50 Breaststroke	78
79	8 & U	25 Freestyle	80
81	9-10	100 Freestyle	82
83	11-12	100 Freestyle	84

***Relays will be pre-seeded. There will be no re-seed.**

Session 4

Sunday Afternoon Warm Up: 1:00 PM / Start: 2:00 PM

Girls	Events		Boys
85	13-14	200 Free Relay*	86
87	15&Over	200 Free Relay*	88
89	Open	200 I.M.	90
91	Open	200 Butterfly	92
93	Open	100 Backstroke	94
95	Open	200 Breaststroke	96
97	Open	100 Freestyle	98
99	Open	500 Freestyle**	100

***Relays will be pre-seeded. There will be no re-seed.**

**** Swimmers must provide own timers and counters.**