



VIKING CLASSIC SWIM MEET

Thirteenth Annual

2010-MR VAC Viking Classic SC

November 12, 13, & 14

Sanction #101106

Sponsored by the VIKING AQUATIC CLUB

VIKING CLASSIC SWIM MEET

November 12, 13, & 14, 2010

SANCTION: Held under the sanction of USA Swimming/Metropolitan Swimming, Inc., Sanction #101106

LOCATION: Valley Central High School Natatorium, Route 17K, Montgomery, NY

FACILITY: 8-Lane, 25-yard, indoor pool with non-turbulent lane dividers.
Colorado Timing System, 8-Lane Display Scoreboard
Tiered Bleacher seating for spectators.

The pool has not been certified in accordance with Article 104.2.2C (4)

SESSIONS:

Session 1: Friday, November 12	Warm-ups at 4:00 p.m. Session starts at 5:00 p.m.
Session 2: Friday, November 12	Warm-ups at 9:00 p.m. Session Starts at 9:30 p.m.
Session 3: Saturday, November 13	Warm-ups at 7:30 a. m. Session Starts at 9:00 a. m.
Session 4: Saturday, November 13	Warm-ups at 1:00 p.m. Session Starts at 2:00 p.m.
Session 5: Sunday, November 14	Warm-ups at 7:30 a. m. Session Starts at 9:00 a. m.
Session 6: Sunday, November 14	Warm-ups at 1:00 p. m. Session Starts at 2:00 p.m.

FORMAT: US Swimming Rules govern this meet. All Events are Timed Finals

ELIGIBILITY: Open to all USA Swimming/Metropolitan Swimming Inc. registered swimmers.
All swimmers participating in this meet must be registered by the first day of the meet.
Age on November 7, 2010 will determine age for the entire meet.

DISABILITY SWIMMERS: Swimmers with disabilities are encouraged to attend. Contact the meet director if you need special consideration.
The athlete (or the athlete's coach) is also responsible for notifying the meet referee of any disability prior to the competition.

ENTRIES: Swimmers may enter up to 3 individual events and 1 relay per session.
Swimmers entered in the 1000 yard freestyle must supply their own timers and counters.
Metropolitan LSC Clubs will be given priority on a first come/first served basis if their entries are received by 5 pm, October 31, 2010. Teams from LSC's other than Metropolitan will be entered after October 31, 2010, based on the order that they are received. All entries received later than 5 pm, October 31, 2010 will be entered in the order they are received regardless of LSC affiliation and as space allows. Entries will not be accepted after November 7, 2010 at 5 pm or after the meet fills to capacity.
Because Metropolitan Swimming requires pre-screening of all swimmers' USS registrations before they are permitted to swim, *deck entries will not be accepted.*

U.S. Mail Entries/Payment to :

Mailing Address: Viking Aquatic Club
PO Box 321
Montgomery, NY 12549
Email: hytekentries@vacswim.com

Website: vacswim.com

Please enter competitors in HyTek Meet Manager format via email (hytekentries@vacswim.com)

Email Entries/Confirm Entry Receipt:

DEADLINE: 1: Metro LSC teams will be given priority on a first come/first served basis. Metro teams entries must be received by October 23, 2010.
2: The final entry deadline for this meet is November 3, 2010
3: Metro entries received between October 24, 2010 and November 3, 2010 and all entries from other LSC's will be entered in the order they were received, as space allows. An email confirming receipt of entries will be sent if you provide an email contact. Please contact Meet Director if you do not receive such a report within 2 days of your original email.

ENTRY FEE: An entry fee of **\$3.00** per individual must accompany the entries. Additionally \$8.00 per Relay
All fees must accompany entries.
Make check payable to: **VAC**.
Payment must be received by **5 pm , October 31, 2010** for email entries. Payment must be included with all mail entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet.

WARM-UP: Warm up lanes and times will be assigned by the host team. Warm up schedules will be posted at the timing office. Coaches are responsible for enforcing feet first pool entry during warm-ups.

SCRATCHES: Coaches will be given scratch sheets upon check-in for each session. All scratches are due no later than 30 minutes prior to the start of the session. Coaches are asked to indicate clearly individual events scratches and which swimmers will not be participating in the session.

COACHES: In accordance with Metropolitan Swimming Inc. Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.

*On deck seeding is in effect for the meet. (Host Club reserves the right to seed from off deck depending on number of entries accepted. Team representatives will be notified of any change.)

*Scratch sheets will be issued to Coaches prior to each session. Scratches are to be indicated and initialed by the Coach and returned to the score table one-half hour before the session starts.

*Coaches will pick up relay cards with scratch sheets. Relay swimmers' names must be listed on card in the order they will swim. Relay cards must be initialed by the coach and turned in by the start of the session. Swimmers and the order they are swimming may not be changed once cards are submitted.,

*Depending on entries, swimmers may be seeded from adjoining gym (mats and hand held toys are recommended).

AWARDS: **Medals for 1st, 2nd, 3rd and 4th places**
Ribbons awarded for 5th-8th places for individual events and 1st-3rd place relays.
High Point Trophy for each male and female high point scorer in each age group. Coaches are to pick up their team awards at the end of the meet..

OFFICIALS: **Meet Referee: Corrine Cody email: Corinneck@frontiernet.net or cell: 914-443-0457.**
Officials wishing to volunteer should contact Meet Referee by **November 1, 2010**.

**MEET
DIRECTORS:**

Lisa Heilig
845-978-9569

Cindy Bacigal
845-294-8292

RULES: The current USA Swimming Rules and Regulations will apply.

The USA Swimming Code of Conduct is in effect for the duration of the meet.

The overhead start procedure may be used at the discretion of the meet Referee.

- SAFETY:** Metropolitan Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the meet Referee, any swimmer, coach, club, or spectator for failure to follow the safety rules.
- DISCLAIMER:** Upon acceptance of his/her entries, the participant waives all claims against [Valley Central School District, Viking Aquatic Club](#), Metropolitan Swimming Inc., USA Swimming Inc., their agents or representatives for any injury occurring as a result of the meet.
- ADMISSION:** [\\$5.00 Admission per session. \(All Day Saturday Pass-\\$8.... All Day Sunday Pass-\\$8\)](#)
[Meet Programs will be available for \\$2 per session.](#)
- MERCHANTS:** [There will be a variety of T-shirts, swim suits, goggles and other assorted swim merchandise for sale from the Ultimate Swim Shop.](#)
[Food will be available at the concession stand](#)
[Absolutely NO food will be allowed on the pool deck. Only drinks in plastic bottles allowed on deck.](#)
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[Absolutely NO food will be allowed on the pool deck. Only drinks in plastic bottles allowed on deck.](#)
- PARKING:** Free Parking is available on-site at the Valley Central Middle and High Schools.
Absolutely NO parking in the fire zone in front of the buildings OR on Route 17K
- IF YOU ARE PARKED ILLEGALLY...YOU WILL BE
TICKETED AND TOWED***
- DIRECTIONS:** [See Website for a list of hotels and directions to the pool. \[www.vacswim.com\]\(http://www.vacswim.com\)](#)

ADDITIONAL INFORMATION

All persons on deck must be USS registered and should have their registration card visible. This is a USA Swimming rule and will be enforced. The USA Swimming Code of Conduct is in effect for the duration of the meet.

Grievances (disputed finishes, etc.) must be made to Referee who will have final say. It is each team's responsibility to make sure their swimmer is on time to be seeded.

Any cuts will be made based on the date and time of receipt of team entries. Host Club reserves the right to enter all its swimmers. If a swimmer is late, the referee will make the decision if the swimmer can be placed in a different heat.

Viking Classic
November 12, 13, & 14
Sanction #

Session 1

Friday, Nov. 12 - warm-ups @ 4:00 p.m.

GIRLS#

1	11-12 200 yard IM
3	13-14 400 yard IM
5	Open 400 yard IM
7	9 -10 200 yard freestyle
9	11-12 200 yard freestyle
11	Open 500 yard freestyle

BOYS#

2
4
6
8
10
12

SESSION 2

Friday, Nov. 12 - warm-ups @ 9:00pm (warm up time may be adjusted)
Open 1000 yard freestyle

13	14
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SESSION 3

Saturday, Nov. 13- warm-ups @ 7:30 a.m.

15	9-10 100 yard freestyle	16
17	13-14 50 yard freestyle	18
19	9-10 50 yard backstroke	20
21	13-14 100 yard backstroke	22
23	9-10 100 yard breast stroke	24
25	13-14 100 yard butterfly	26
27	9-10 200 yard freestyle relay	28
29	13-14 200 yard freestyle relay	30
31	9-10 50 yard butterfly	32
33	13-14 200 yard freestyle	34
35	9-10 100 yard IM	36
37	13-14 200 yard butterfly	38
39	Open 200 yard butterfly	40

Viking Aquatic Club
Viking Classic Swim Meet (#0) November 12, 13,& 14
SESSION 4
Saturday, Nov. 13 - warm-ups @ 1:00 p.m.

EVENTS

GIRLS #		BOYS#
41	11-12 100 yard freestyle	42
43	Open 50 yard freestyle	44
45	8/U 50 yard freestyle	46
47	11-12 50 yard backstroke	48
49	Open 100 yard backstroke	50
51	8/U 200 yard freestyle relay	52
53	11-12 200 yard freestyle relay	54
55	Open 200 yard freestyle relay	56
57	11-12 50 yard butterfly	58
59	Open 100 yard butterfly	60
61	8/U 100 yard IM	62
63	11-12 100 yard IM	64
65	8 /U 50 yard breaststroke	66
67	11-12 100 yard breaststroke	68

SESSION 5

Sunday, Nov. 14 - warm-ups @ 7:30 a.m.

69	9-10 50 yard freestyle	70
71	13-14 100 yard freestyle	72
73	9-10 100 yard butterfly	74
75	13-14 200 yard IM	76
77	9-10 50 yard breast stroke	78
79	13-14 100 yard breast stroke	80
81	9-10 200 yard medley relay	82
83	13-14 200 yard medley relay	84
85	Open 200 backstroke	86
87	9-10 100 yard backstroke	88
89	13-14 200 yard backstroke	90

SESSION 6

Sunday, Nov. 14 - warm-ups @ 1:00 p.m.

91	11-12 50 yard freestyle	92
93	Open 100 yard freestyle	94
95	8/U 100 yard freestyle	96
97	11-12 100 yard butterfly	98
99	Open 200 yard IM	100
101	8/U 50 yard backstroke	102
103	11-12 200 yard medley relay	104
105	Open 200 yard medley relay	106
107	8/U 200 yard medley relay	108
109	11-12 50 yard breaststroke	110
111	Open 100 yard breaststroke	112
113	11-12 100 yard backstroke	114
115	8/U 50 yard butterfly	116