



**Condors NCAA
Format Invitational**
January 27 – 29th, 2012

**Sanction #120116
Time Trial #110155-T**

Invited Teams: Asphalt Green, Badger Swim Club, BGNW Marlins, Condors, Flushing YMCA, HYB, LaGuardia Aquatics, Long Island Aquatic Club, Long Island Express, Marist Swim Club, New York City Aquatic Club, New York Sharks Aquatics, Team Suffolk, Three Village Swim Club, Wagner Aquatics Club, Seacoast Swimming Association, Cheshire C-Dogs, NJ Wave, Bernal's Gators, Berkley Aquatic Club, Crimson Aquatic, Scarlet Aquatic Club, Schenectady Sharks, STAR, NJ Wahoos, Wycoff YMCA, Germantown Academy Aquatic Club, Hershey Aquatic Club, and West Hartford Aquatic Club, Northern Dutchess Aquatic Club, Hopkins Mariner Swim Team, Hauppauge Area Aquatics

Any other teams who would like to be invited, please contact Don.Wagner@CondorsSwimming.com

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- SANCTION:** Held under the sanction of USA Swimming/Metropolitan Swimming, Inc., **Sanction #120116, Time Trial #-110155-T**
- LOCATION:** Felix Festa Middle School Pool
30 Parrott Road
West Nyack, NY 10994
- FACILITY:** 50 meter pool with 7-foot lanes and non-turbulent lane lines. Shallow end of pool will be used for continuous warm up and warm downs during prelims. Colorado electronic timing system and an 8-line scoreboard. Seating for 800 spectators.
The pool has not been certified in accordance with Article 104.2.2C (4)
- SESSIONS:** Session 1: Friday Timed Finals - Warm-Up 4:30 PM, Start 5:30 PM
Session 2: Saturday Prelims – Warm-Up 7:45 AM, Start 9:00 AM
Session 3: Saturday Finals – Warm-Up 3:45 PM, Start 5:00 PM
Session 4: Sunday Prelims – Warm-Up 7:45 AM, Start 9:00 AM
Session 5: Sunday Finals – Warm-Up 2:45 PM, Start 4:00 PM
- FORMAT:** Friday session will be a timed finals session in **yards**. Saturday and Sunday will be Prelims / Finals with **finals being long course**. There will be 2 heats of finals. Time Trials may be offered at the discretion of the meet director. Shallow end of pool will be used for continuous warm up and warm downs during **prelims**. There will be a **5-10 minute warm-down break between final events**.
This will be a deck seeded event.
- ELIGIBILITY:** Open to all Invited USA Swimming/Metropolitan Swimming Inc. registered swimmers.
All swimmers participating in this meet must be registered by the first day of the meet.
Age on January 27, 2012 will determine age for the entire meet.
- Entry times must equal or better the qualifying standards. Short course yards times will be the conforming standard and will be seeded faster than meter times. Entry times may NOT be converted.
- DISABILITY SWIMMER:** Swimmers with disabilities are encouraged to attend. Contact the meet director if you need special consideration. The athlete (or the athlete's coach) is also responsible for notifying the meet referee of any disability prior to the competition.
- ENTRIES:** Swimmers may enter each event qualified for, but are limited to compete in 3 individual events and 2 relay events per day.
- Invited teams will be given priority in acceptance of entries. Entries will be cut on a first come first serve basis for invited teams – if after all teams are accepted there needs to be additional cuts, they will be cut by time. Teams will be informed of any cuts at least 2 weeks prior to the meet. Finals of the 1650 will be limited to the fastest 2 heats of each gender and the 400 IM's will be limited to the fastest 5 heats of each gender. Any remaining heats of the 1650 or 400 IM will be swum in a separate session. The host team reserves the right to keep its swimmers entered in the meet.
- Emailed Hy-Tek entry file is preferred. If sending by mail, entries should be sent on disk. A Master Sheet must accompany all entries.

U.S. Mail Entries/Payment to:

**Condors Swim Club
115 North Main Street
New City, NY 10956**

Email Entries/Confirm Entry Receipt: **MeetEntries@CondorsSwimming.com**
Sign Express Mail Waiver allowing delivery without signature.

- DEADLINE:** 1: Metro LSC teams will be given priority on a first come/first served basis. Metro teams entries must be received by **January 5, 2012**.
2: The final entry deadline for this meet is **January 12, 2012**
3: Metro entries received between **January 5, 2012** and **January 12, 2012** and all entries from other LSC's will be entered in the order they were received, as space allows.
An email confirming receipt of entries if you provide an email contact. Please contact Meet Director if you do not receive such a report within 2 days of your original email.
- ENTRY FEE:** An entry fee of \$3.00 per individual event for Timed Finals, \$4.00 per individual event for Prelims/Finals, and \$8.00 per relay event must accompany the entries.
Make check payable to: Condors Swimming

Payment must be received by January 12, 2012 for email entries. Payment must be included with all mail entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet.
- WARM-UP:** Warm-up lanes will be open. The first 50 minutes will be general warm-up. The last 25 minutes: lanes 2-7 will be open for one-way sprints; lanes 1 & 8 will be designated for pace. No diving will be allowed except in designated sprint lanes. All swimmers must be supervised by a coach.
- SCRATCH:** Coaches will be given scratch sheets upon check-in for each session. All scratches are due no later than 30 minutes prior to the start of the session. Coaches are asked to indicate clearly individual events scratches and which swimmers will not be participating in the session.

A swimmer qualifying for any finals swim based upon the results of the prelims must notify the Clerk of Course within 30 minutes after announcement of the qualifier for that event that he/she may not intend to compete, and further must declare his/her final intention within 30 minutes following his/her last preliminary event. If a swimmer fails to follow this procedure, he/she will be barred from further competition for the remainder of the meet, except as noted in Rule 207.5.9 E1 and E3.

The relay scratch rule will be as follows: Any relay team entered in a relay event and not properly scratched must swim the event. Failure to do so will result in each member of the relay team being barred from the next relay event in which they may otherwise be eligible to compete. A relay team member failing to appear ready to swim for a relay event will be barred from his/her next individual event. Relay members who do appear ready to swim shall not be penalized.
- COACHES:** In accordance with Metropolitan Swimming Inc. Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.
- AWARDS:** Medals will be awarded to 1st – 3rd place in each event and ribbons for 4th – 8th place. The first 3 place in relays will be awarded. Team High Point Awards will be given.
- SCORING:** **All events will be scored to 16 places. Points for Individual events are:**
• **Consolation Final – 9,7,6,5,4,3,2,1.**
• **Championship Final – 30,17,16,15,14,13,12,11**
Points will be double for relays. Only two relay teams per club may score.
- OFFICIALS:** **Meet Referee:** Mike Natale
Officials wishing to volunteer should contact Meet Referee by email mfnnc45@optonline.net
- MEET DIRECTOR:** Don Wagner, contact information phone: 845-638-4381,
email Don.Wagner@CondorsSwimming.com
- RULES:** The current USA Swimming Rules and Regulations will apply.
The USA Swimming Code of Conduct is in effect for the duration of the meet.
The overhead start procedure may be used at the discretion of the meet Referee.
- WATER DEPTH:** USA 2011 - 202.3.7 "The meet announcement shall include information about water depth measured for a distance of 3 feet 3½ inches (1.0 meter) to 16 feet 5 inches (5.0 meters) from both end walls."
1.0 meter = 4 feet 6 inches, 5 meters = 13 feet

DISCLAIMER: Upon acceptance of his/her entries, the participant waives all claims against **Clarkstown Central School District, Condors Swim Club**, Metropolitan Swimming Inc., USA Swimming Inc., their agents or representatives for any injury occurring as a result of the meet. "It is understood that USA Swimming, Inc. and Metropolitan Swimming, Inc. shall be free from liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event."

AUDIO/VISUAL STATEMENT: **Use of Audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms**

ADMISSION \$5.00 Adults/session
\$3.00 Program/session

MERCHAN: A concession stand will be available throughout the meet.

PARKING: There is ample on-site parking next to the pool. Please park in the school lots to avoid ticketing or towing.

HOTEL: A group rate has been reserved at the Comfort Inn & Suites for \$99.00 per night plus tax. The group block is reserved under "Condors Swim Club" and the deadline for the special rate is Dec. 28, 2011. The hotel is 2.9 miles away from the pool and is roughly a 6 minute drive. The address of the hotel is:

Comfort Inn & Suites
425 E Route 59
Nanuet, NY 10954
(845) 623-6000

DIRECTION: From North of Rockland County: Take Palisades Interstate Parkway South to Exit 10. Make a left off the exit. Make a left at the first traffic light onto Middletown Road. Take a right at next traffic light onto Germonds Road...

From the George Washington Bridge: Take Palisades Interstate Parkway North to Exit 10. Make a right off the exit onto Germonds Road...

From the Tappan Zee Bridge: Take the NYS Thruway (I-87 North) to Exit 13N (Palisades Interstate Parkway – North). Take Palisades Interstate Parkway North to Exit 10. Make a right off the exit onto Germonds Road...

...follow Germonds Road through the intersection of Germonds Road and Route 304 (you will pass Albertus Magnus High School on your right). Make a left onto Parrott Road. The entrance for the pool is down the walkway at the end of the tennis courts.



Friday Evening – Session 1
Warm-up 4:30pm/ Start 5:30pm
Timed Finals – Short Course Yards

Girls		Friday Evening - Session 1	Boys	
Cut Time	Event No.	Event	Event No.	Cut Time
NCT	1	200 Freestyle relay Timed Final	2	NCT
4:51.54	3	400 yard IND Medley Timed Final	4	4:41.45
18:19.30	5	1650 yard Freestyle Timed Final	6	17:26.37

*The 1600 Free will run fastest to slowest alternating heats of girls and boys.

*Swimmers in the 1000 Free will need to provide their own timers.

Saturday Morning – Session Two
Warm-up 7:30am/ Start 9:00am
Prelims – Short Course Yards

Girls		Saturday Morning - Session 2	Boys	
Cut Time	Event No.	Event	Event No.	Cut Time
2:17.73	9	200 yard Individual Medley	10	2:08.01
5:20.55	11	500 yard Freestyle	12	5:02.69
1:13.89	13	100 yard Breaststroke	14	1:07.38
2:17.37	15	200 yard Backstroke	16	2:08.35
57.32	17	100 yard Freestyle	18	51.82
2:22.39	19	200 yard Butterfly	20	2:10.90
NCT	21	800 Free Relay Timed Final	22	NCT

Saturday Evening – Session Three
Warm-up 3:30pm/ Start 5:00pm
Finals – Long Course Meters

Girls		Saturday Evening - Session 3	Boys	
Cut Time	Event No.	Event	Event No.	Cut Time
NCT	7	400 yard Medley Relay Timed Final	9	NCT
2:17.73	9	200 Individual Medley Final	10	2:08.01
5:20.55	11	500 yard Freestyle Final	12	5:02.69
1:13.89	13	100 yard Breaststroke Final	14	1:07.38
2:17.37	15	200 yard Backstroke Final	16	2:08.35
57.32	17	100 yard Freestyle Final	18	51.82
2:22.39	19	200 yard Butterfly Final	20	2:10.90

Sunday Morning – Session Four
Warm-up 7:30am/ Start 9:00am

Prelims – Short Course Yards

Girls		Sunday Morning - Session 4	Boys	
Cut Time	Event No.	Event	Event No.	Cut Time
2:03.22	25	200 yard Freestyle	26	1:54.28
1:04.25	27	100 yard Butterfly	28	56.31
1:04.61	29	100 yard Backstroke	30	59.28
2:38.76	31	200 yard Breaststroke	32	2:27.52
26.55	33	50 yard Freestyle	34	23.85
NCT	35	200 yard Medley Relay Timed Final	36	NCT

Sunday Evening – Session Five Warm-up 2:30pm/ Start 4:00pm Finals – Long Course Meters

Girls		Sunday Evening - Session 5	Boys	
Cut Time	Event No.	Event	Event No.	Cut Time
NCT	23	400 yard Freestyle Relay Timed Final	24	NCT
2:03.22	25	200 yard Freestyle Final	26	1:54.28
1:04.25	27	100 yard Butterfly Final	28	56.31
1:04.61	29	100 yard Backstroke Final	30	59.28
2:38.76	31	200 yard Breaststroke Final	32	2:27.52
26.55	33	50 yard Freestyle Final	34	23.85