

Fall Spook-tacular

SUNDAY, OCT. 23, 2011

Sanction Number: 111007

MW Marlins Fall Spook-Takular

Sunday, Oct 23, 2011

SANCTION: Held under the sanction of USA Swimming/Metropolitan Swimming, Inc., #111007

LOCATION: Monroe-Woodbury Middle School, 199 Dunderberg Road, Central Valley, NY 10917

FACILITY: 25 yard pool with 6 lanes. Colorado electronic timing system with 6 line scoreboard.

The pool HAS been certified in accordance with Article 104.2.2C (4)

SESSIONS: Session 1: 8 & under and 9-10 - 8:00 AM Warm Up - 9:00 AM Start

Session 2: 11-12 and 13-18 - 12:00 PM Warm Up - 1:00 PM Start

FORMAT: Timed Finals

Pre-Seeded Meet

ELIGIBILITY: Open to all USA Swimming/Metropolitan Swimming Inc. registered swimmers.

All swimmers participating in this meet must be registered by the first day of the meet.

Age on October 23, 2011 will determine age for the entire meet.

DISABILITY Swimmers with disabilities are encouraged to attend. Contact the meet director if you need special

SWIMMERS: consideration. The athlete (or the athlete's coach) is also responsible for notifying the meet referee

of any disability prior to the competition.

ENTRIES: Swimmers may swim a maximum of 3 individual events.

Entries are on a first come, first serve basis in the order they are received within the USA

Swimming. 4 hour per session timeline. Hy-Tek entries are preferred.

U.S. Mail Entries/Payment to:

Roger Ridenour MW Marlins Swim Club 8 Lakeshore Drive Lake Sapphire Monroe, NY 10950

Email Entries/Confirm Entry Receipt:

Barbara Paul or Roger Ridenour - MWSCMeetEntries@yahoo.com

Signature Waiver Payment to:

MW Marlins, c/o Roger Ridenour, 8 Lakeshore Dr., Lake Saphire, Monroe, NY 10917

1: Metro LSC teams will be given priority on a first come/first served basis. Metro teams entries must be received by October 8, 2011.

2: The final entry deadline for this meet is October 15, 2011

3: Metro entries received between October 9, 2011 and October 15, 2011 and all entries from other LSC's

will be entered in the order they were received, as space allows.

An email confirming receipt of entries if you provide an email contact. Please contact Meet Director if you do

not receive such a report within 2 days of your original email.

ENTRY FEE: An entry fee of \$3.00 per individual event and \$8.00 per relay event must accompany the entries.

Make check payable to: MW Swim Club.

Payment must be received by October 16, 2011 for email entries. Payment must be included with all mail

entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet.

WARM-UP: Warm Up lanes will be organized by teams. Lane assignments will be available the day of the meet.

SCRATCHES: Coaches will be given scratch sheets upon check-in for each session. All scratches are due no later than 30

minutes prior to the start of the session. Coaches are asked to indicate clearly individual events scratches

and which swimmers will not be participating in the session.

COACHES: In accordance with Metropolitan Swimming Inc. Policy, only those coaches who display current, valid USA

Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not

possess these credentials will be required to leave the deck area.

AWARDS: Medals for 1-3 Place, Ribbons for 4-6 Place, Medals for 1-3 Relays. Heat winner prizes will also be

distributed.

OFFICIALS: Meet Referee: Stephen Lockhart, star41@frontiernet.net

Officials wishing to volunteer should contact Meet Referee by October 16, 2011.

MEET

DIRECTOR: Barbara Paul, bmpaul60@hotmail.com, 845-541-9278.

RULES: The current USA Swimming Rules and Regulations will apply.

The USA Swimming Code of Conduct is in effect for the duration of the meet. The overhead start procedure may be used at the discretion of the meet Referee.

SAFETY: Metropolitan Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-

ups and competition, and have the authority to remove, with the concurrence of the meet Referee, any

swimmer, coach, club, or spectator for failure to follow the safety rules.

"Any swimmer entered in the meet must be certified by a USA Swimming member coach as being

proficient in performing a racing start or must start each race from within the water. When

unaccompanied by a member-coach, it is the responsibility of the swimmer, or the swimmer's legal

guardian, to ensure compliance with this requirement"

It is understood that USA Swimming, Inc and Metropolitan Swimming, Inc shall be free

from any liabilities or claims for damages arising by reason of injuries to anyone during

the conduct of the event"

WATER USA 2011 - 202.3.7 "The meet announcement shall include information about water depth measured for a

DEPTH: distance of 3 feet 3½ inches (1.0 meter) to 16 feet 5 inches (5.0 meters) from both end walls."

"[Click and Input water Depth at 1 meter and at 5 meters]" -TBD

DISCLAIMER: Upon acceptance of his/her entries, the participant waives all claims against Monroe-Woodbury Middle

School, Monroe-Woodbury Central School District. Monroe-Woodbury Swim Club, Metropolitan Swimming Inc., USA Swimming Inc., their agents or representatives for any injury occurring as a result of

the meet.

ADMISSION: There will be an admission charge of \$3.00 per adult, per session. Programs will be available for

\$2.00 each session.

MERCHANTS: A concession and apparel / swim needs table will be available during both sessions.

PARKING: There is parking available on-site.

DIRECTIONS: NYS Thruway to Exit 16, Harriman. When you go through the toll, exit right towards Central Valley.

At traffic light, go straight onto Ninnenger Road. About $\frac{1}{4}$ mile make right onto Dunderberg Road. The Middle School is the first school on your right. Enter main entrance and follow signs to the pool.

FOOTWEAR MUST BE WORN AT ALL TIMES WHILE NOT IN THE POOL AREA.

Swimmers will be seated in the cafeteria and will be lined up for their events. Please have a parent volunteer from each team to monitor their swimmers.

Volunteer timers are welcome.



GIRLS	EVENTS	BOYS
	0.40.400	
1	9-10 - 100 IM	2
3	8 & Under - 25 Free	4
5	9-10 - 50 Free	6
7	8 & Under - 25 Breast	8
9	9-10 - 50 Breast	10
11	8 & Under - 50 Free	12
13	9-10 - 100 Free	14
15	8 & Under - 25 Back	16
17	9-10 - 50 Back	18
19	8 & Under - 25 Fly	20
21	9-10 - 50 Fly	22
23	8 & Under - 100 Free Relay	24
25	9-10 - 200 Free Relay	26
		20
	00 PM Warm Up - 1:00 PM Start EVENTS	BOYS
SESSION 2 - 12:0	00 PM Warm Up - 1:00 PM Start EVENTS	BOYS
SESSION 2 - 12:0 GIRLS	00 PM Warm Up - 1:00 PM Start EVENTS 11-12 - 200 IM	BOYS 28
SESSION 2 - 12:0 GIRLS 27 29	00 PM Warm Up - 1:00 PM Start EVENTS 11-12 - 200 IM OPEN - 200 IM	BOYS 28 30
SESSION 2 - 12:0 GIRLS 27 29 31	00 PM Warm Up - 1:00 PM Start EVENTS 11-12 - 200 IM OPEN - 200 IM 11-12 - 50 Free	BOYS 28 30 32
SESSION 2 - 12:0 GIRLS 27 29 31 33	00 PM Warm Up - 1:00 PM Start EVENTS 11-12 - 200 IM OPEN - 200 IM 11-12 - 50 Free OPEN - 100 Free	BOYS 28 30 32 34
SESSION 2 - 12:0 GIRLS 27 29 31 33 35	00 PM Warm Up - 1:00 PM Start EVENTS 11-12 - 200 IM OPEN - 200 IM 11-12 - 50 Free OPEN - 100 Free 11-12 - 50 Breast	28 30 32 34 36
SESSION 2 - 12:0 GIRLS 27 29 31 33 35 37	DO PM Warm Up - 1:00 PM Start EVENTS 11-12 - 200 IM OPEN - 200 IM 11-12 - 50 Free OPEN - 100 Free 11-12 - 50 Breast OPEN - 100 Breast	28 30 32 34 36 38
SESSION 2 - 12:0 GIRLS 27 29 31 33 35 37 39	DO PM Warm Up - 1:00 PM Start EVENTS 11-12 - 200 IM OPEN - 200 IM 11-12 - 50 Free OPEN - 100 Free 11-12 - 50 Breast OPEN - 100 Breast 11-12 - 50 Fly	28 30 32 34 36 38 40
SESSION 2 - 12:0 GIRLS 27 29 31 33 35 37 39 41	DO PM Warm Up - 1:00 PM Start EVENTS 11-12 - 200 IM OPEN - 200 IM 11-12 - 50 Free OPEN - 100 Free 11-12 - 50 Breast OPEN - 100 Breast 11-12 - 50 Fly OPEN - 100 Fly	28 30 32 34 36 38 40 42
SESSION 2 - 12:0 GIRLS 27 29 31 33 35 37 39 41 43	DO PM Warm Up - 1:00 PM Start EVENTS 11-12 - 200 IM OPEN - 200 IM 11-12 - 50 Free OPEN - 100 Free 11-12 - 50 Breast OPEN - 100 Breast 11-12 - 50 Fly OPEN - 100 Fly 11-12 - 50 Back	28 30 32 34 36 38 40 42 44
SESSION 2 - 12:0 GIRLS 27 29 31 33 35 37 39 41 43 45	DO PM Warm Up - 1:00 PM Start EVENTS 11-12 - 200 IM OPEN - 200 IM 11-12 - 50 Free OPEN - 100 Free 11-12 - 50 Breast OPEN - 100 Breast 11-12 - 50 Fly OPEN - 100 Fly 11-12 - 50 Back OPEN - 100 Back	28 30 32 34 36 38 40 42 44 46
SESSION 2 - 12:0 GIRLS 27 29 31 33 35 37 39 41 43	DO PM Warm Up - 1:00 PM Start EVENTS 11-12 - 200 IM OPEN - 200 IM 11-12 - 50 Free OPEN - 100 Free 11-12 - 50 Breast OPEN - 100 Breast 11-12 - 50 Fly OPEN - 100 Fly 11-12 - 50 Back	28 30 32 34 36 38 40 42 44



Fall Spook-tacular

SUNDAY, OCT. 23, 2011
Sanction Number: # 111007

PLEASSE COMPLETE THIS FORM AND MAIL WITH CHECK

CLUB:	CLUB CC	DDE:	_
ADDRESS:			
CITY:	_STATE:	ZIP:	
COACH:			
PHONE:EMA	AIL:		_
CLUB CONTACT	EMAIL:		
ENTRY FEES: MAKE CHECK PAYABLE TO: MONR	OE-WOODBURY SWIM	CLUB	
TOTAL INDIVIDUAL ENTRIES:		_ X \$3.00 =	
TOTAL RELAY EVENTS:		_ x \$8.00 =	
TO	ΓAL DUE:		_
EMAIL ENTRIES TO: Roger Ridenour - MWS	CMeetEntries@yaho	oo.com	
SEND CHECK AND HARD COPY OF ENTRIES TO:	Monroe-Woodbury 8 Lakeshore Drive Lake Sapphire Monroe, NY 10950	Marlins Swim Club 't call after 9:00 am)	

WAIVER: USA Swimming, Inc., Metropolitan Swimming, Inc., the MW Swim Club (Marlins) and the Monroe-Woodbury Central School District or representatives shall be held free and harmless from liabilities or claims for damages arising by reason of injuries to anyone during the conduct of these events.

Signed (Club Official):
